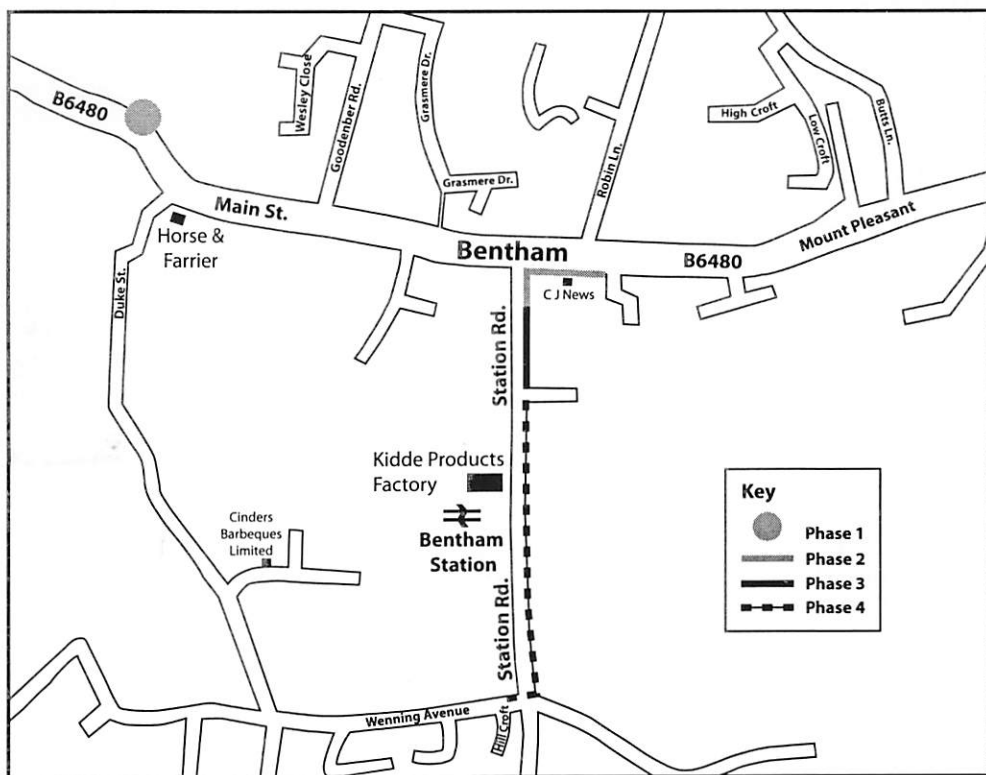


BENTHAM NEWS



REPLACING THE GAS MAINS IN BENTHAM

The work of replacing the gas mains in Bentham will last for approximately 16 weeks, and will be carried out in 4 phases. Some work will be done at night to ease traffic problems.

Phase 1 - Installation of a gas regulator below ground in Main Street, adjacent to Bigger Farm, when 2 way temporary traffic signals will be in use. Due to start in June and last 3 weeks.

Phase 2 - Replacement of 70 metres of gas pipe from Main Street to outside NatWest Bank, with closure of Main Street from Station Road to Robin Lane. 2 way temporary traffic signals will be in use on Station Road and Main Street. Due to start 5th July and last 2 weeks.

Phase 3 - Replacement of 140 metres of gas pipe in Station Road up to Kidde Products Factory. 2 way temporary traffic signals will be in use on Station Road. Due to start last week July and last 4-6 weeks.

Phase 4 - Replacement of 230 metres of gas pipe, Station Road to Wenning Avenue, including railway bridge crossing. Due to start in September and last for 4-5 weeks.

ENTERPRISING LOCAL WOMAN OPENS GIFT SHOP

By Shirley Brown

Since March this year a new shop has opened in Station Road. It's called "Farmstead" and is the brainchild of Louise Coates, an enterprising young Bentham woman.

Louise has already packed a lot into her 30 years. She's worked as an animal nurse for the vet in Settle, has worked for Social Services as a care worker in the community (which she still does one night a week) and has taught herself the craft of jewellery making. She's married to Ian and they have two children, Korben aged 6 and Esmae aged 3. Both Louise's parents live in Bentham and she was educated at Bentham Primary, Ingleton Middle and Settle High schools. A Bentham lass through and through!

Her granddad, Billy Noble, lived in a house on Main Street called 'Farmstead', and when he died Louise discovered some old beads in his house that used to belong to her maternal grandmother. She worked with them and made some beautiful jewellery, which was much admired and will no doubt become future family heirlooms. This gave her the idea that making jewellery could be a career move. She began to organise children's jewellery-making parties and also did jewellery parties for adults where she could sell what she'd made. Although she still does parties, when the shop became available in Station Road she was tempted to have a go at expanding and running her business from there.



Having now had a good browse round the shop (well it says "Browsers Welcome"!) I can tell you that there's a lot more than jewellery for sale. Everything is hand-made locally or in the north of England and is not mass-produced. There's purses, bags, belts, fascinators, cards, children's bags and gifts, scarves, pottery (made by Nurse Sue Lumb's husband Ken), fragrances and lavender sachets. With a free gift-wrapping service as well, this shop feels classy and unique and yet most items cost less than £20 and there's a lot under £10. A particular feature of Louise's shop is her selection of beads. You can buy these to make your own jewellery, or choose colours and shapes that you like to go with a special outfit, which Louise will then make up for you. You can get bespoke fascinators as well, which are proving very popular for weddings, and have your jewellery repaired.

And that's not all - Louise plans to open a clothing agency in the back room of her shop, which will deal in quality second-hand clothes - look out for details in a future Bentham News. It's wonderful how few shops stay empty or unused for any length of time here. We are very fortunate to have such a lively High Street, and 'Farmstead' is an attractive and useful addition, which will tempt shoppers into the town.

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JUNE'S TOWN COUNCIL

By Shirley Brown and Charlotte Munday

A full copy of the Minutes will be available on the Town Council website, but here are some of the things that interested us at the meeting. Apart from County Cllr David Ireton, all the councillors were there, including the two district councillors. There were four members of the public, and perhaps it was a shame there weren't more to witness this well-chaired, lively, engaging meeting.

Co-option

Seven names were put forward for possible co-option. The mayor, Thomas Marshall, said that although he was pleased to have so many candidates, it was perhaps a shame that they hadn't come forward before the town council election. The councillors had a silent paper ballot and the two district councillors refereed the counting. The three successful candidates were: Keith Webster (LB), Clare Procter (HB) and Elaine Brown (HB). Maybe the candidates (Kay Piper (LB), Graham Pritchard (HB), Brian Hanford (HB) and Julie Bridgeman (LB))who weren't successful on this occasion will try again next time.

Gas Pipes and Road Closures

Mark Humphreys from Enterprise plc, the contractors working on behalf of the National Grid, gave a presentation about the imminent replacement of Bentham's gas mains, which "will not be an easy job". Issues concerning the Auction Mart, the buses and Kidde's deliveries were all discussed and he assured us that every effort was being made to limit the number of HGVs going through Bentham. Work on Station Road is planned to coincide with Kidde's shut fortnight (5-16 July). Cllrs were concerned about the impact on businesses, parking, access and the Little Red Bus. They were reassured that the contractors were already having discussions with relevant parties to try to minimise disruption. However, this is an essential major project so we will just have to make the best of it. We hope that the work will be more accurate than the map on the leaflet

which local people will have noticed has the Primary School in Tweed Street and A & M 'Fost' running a café in Station Road.

Police Report

PC Barton from Ingleton said it hadn't been a bad month. There were a number of incidents but only 9 recorded crimes, of which one, theft of a horsebox, was in Austwick. Five were criminal damage and three were miscellaneous, including drug seizures.

District Councillors' Report

Lin Barrington and Linda Brockbank are waiting for the first full council meeting since the election but both are on important committees and are looking forward to "getting going".

Bikers' Weekend

Cllrs were very supportive of this event, which puts Bentham on the map internationally and are sending a letter to the organisers to say this and suggest a meeting to discuss future events.

Working Together

Cllrs are keen to talk with the Victoria Institute trustees and management about working together; and the concerned young parents of Low Bentham about the playing field; and BEST about the Green Communities Yorkshire Dales Project and have arranged a visit to Cedar House School.

Low Bentham School Playing Field

Cllrs were positive about this playing field being used but there were safety concerns about the lack of a boundary fence between the school building and the field, which they are following up.

Sign on for Flooding Alert

An early warning system for flooding has been installed on the Wenning in Low Bentham. This will trigger an automatic alert system, which will phone through to designated people. Anyone wanting to be included on the list or to find out more can contact the Town Clerk, Jo Burton, on 62587.

Mystery of The Disappearing Bench

The metal bench on Mill Lane has disappeared. Has anybody seen it?

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NATURE NOTES

By David Fisher

The discovery of a location for bats emerging proved very difficult. I headed towards Fowgill on the Wenning and waited from just getting dusk. The possible places for bats coming out of hollows in trees and bankside roosts were my goal, but this proved hard. I was getting bitten by midges. Then at 9.30pm I saw some bats flying about, just avoiding banging into the trees. Using a bat detector, set at 50khts, they were soprano pipistrelles, going by the sound they were emitting. So I know now what time they come out.

On 19th May I led a walk to the summit of Moughton at the back of Wharfe, near Austwick. On the path up to Wharfe I found a curlew eggshell, one that had hatched, and discarded from the nest. There were four of us in the group, and the climb was fairly strenuous.

At the top there were many juniper bushes and purple orchids, near the limestone pavement. In parts the path was not well defined and a good sense of direction was needed on the rough ground.

One particular stile was difficult but all managed to pass down to some fields. More wild plants were found in Oxenber Wood, near Feizor, and we all had a good day out.

LINE DANCING

By Jen Durrant

In June, Bentham Line Dancers, based at New Butts Farm, donated £100 to the Victoria Institute, Low Bentham. The beginners line dance group, based at the Victoria Institute, also raised £50. These sums will go towards repairs to the ceiling.

Both groups of dancers continue to thrive. The beginners can be very proud of themselves. Some members have joined the more advanced group at New Butts on Thursday evenings.

Both groups are great fun to be involved with and there is always a warm welcome to any new members. Thanks for all the continued support of everyone.

Line dancing is alive and well and very enjoyable. Keep it country!

CRAVEN CONCERNS

By Cllr Lin Barrington 015242 61034

linbarrington@live.co.uk

Meetings

Since I wrote this column for the June edition of Bentham News, Linda Brockbank (our new Craven District Councillor) and I have been to a few Craven District Council meetings. The first one was the Full Council meeting, where the committee places were sorted out.

Both Linda and myself are on the Overview and Scrutiny committee. This committee looks in detail at specific aspects of Craven District Council's work, as well as areas which are not the responsibility of the Council but affect Craven residents. In the near future the committee is going to review how the Council gives grants, look at concessionary fares and discretionary rate relief, review how the collection of bulky waste such as unwanted furniture etc. is working now that charges are being made for collection, and study how community transport works in Craven.

Linda is also on the Licensing Committee and I am on Audit. We are both going to the next meeting of the Forest of Bowland Joint Advisory Committee.

New Planning Rules?

Eric Pickles, the new Secretary of State for Communities and Local Government, has sent a letter to Local Authorities which says he will 'rapidly abolish Regional Strategies and return decision making powers on housing and planning to local councils.

Consequently, decisions on housing supply (including the provision of travellers sites) will rest with Local Planning Authorities without the framework of regional numbers and plans.' Mr Pickles says he will make a formal announcement on this soon, and it may be that by the time you receive the July Bentham News we will know more.

Craven is part way through the production of the Local Development Framework, a lengthy process of deciding what the demand is for housing and business premises, identifying sites which could be built on, getting local opinion on the proposals and making decisions on where new development can feasibly take place. Until now, Craven District Council along with all other local councils has been allocated a target number of new houses to produce for Craven residents, but what Mr Pickles seems to be saying is that changes in this process will be made. It will be interesting to see what he has in mind.

Ideas Wanted

Is there anything about Craven District Council which you would like to have explained? I would be interested to hear from you if you think it would be useful to cover any particular topics in this column - suggestions welcome!

BENTHAM NEWS FLIERS

There has been some confusion lately about the inclusion of fliers in the BN. To clarify the matter, our policy is that we can include two single sheet A5 fliers (plain or coloured 80g paper) or one flier on glossy paper. Contact Bill Kennedy on 62492 to book fliers or for information about them.

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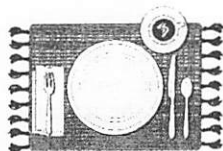
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COOKERY PAGE

By Patsy Henderson



Lemon Yoghurt Chicken Wraps

Recipe - Serves 4

4 skinless, boned chicken breasts

2 garlic cloves, crushed

¼tsp ground cinnamon

¼tsp all spice

1 tsp black pepper

1 tbsp olive oil

3 tbsp lemon juice

2 tbsp Greek yoghurt

4 pitta breads

1 handful lettuce, shredded

4 tomatoes sliced

8 radishes, sliced

mayonnaise (see below)

4 metal skewers.

Method

Cut the chicken breasts into long thin strips. Mix together the garlic, cinnamon, all spice, pepper, oil, lemon juice and yoghurt. Add the chicken strips and coat evenly, then cover and leave in the fridge for half an hour.

Thread the chicken strips onto 4 skewers and grill. Warm the pitta breads and split them open. Fill each pitta bread from 1 skewer and a quarter of the lettuce, tomatoes and radishes. Spoon the mayonnaise over. Season to taste.

Mayonnaise Recipes - gives 300ml

Roast Garlic

1 head of garlic

300ml mayonnaise

Method

Slice the top off the garlic, just clipping the clove tops. Put the garlic on an oven tray, drizzle with olive oil and sprinkle with salt and pepper. Pre-heat the oven to 150C/gas 2. Roast the garlic for about half an hour until soft. Leave to cool, then squeeze out the cloves and mash until smooth. Whisk into the mayonnaise.

Roast Red Pepper

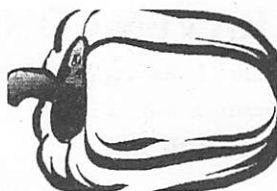
2 red peppers

300ml mayonnaise

Method

Grill the peppers until blackened on all sides and allow to cool in a covered bowl. Peel off the skins and discard.

Cut the peppers and discard the core and seeds. Place the peppers in a food processor and whizz until smooth. Whisk the pepper puree into the mayonnaise.



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RESTORING A POST OFFICE SERVICE IN LOW BENTHAM

By Trevor Blackwell

When the post office closed in April it was a real blow to Low Bentham. In the past two years the primary school has closed, the chapel has closed, and now the only shop has closed. So what's happening about restoring a post office service in the village?

David Alder at High Bentham post office says that the Post Office have approached him about running a service in Low Bentham, but all they are willing to offer is an "out-reach service" for two half-days a week. David thinks this is very unsatisfactory. "It would be a lot of hassle for us for not very much benefit for the people of Low Bentham", he says. He believes that the Victoria Institute could provide a perfectly adequate space, but thinks that a pattern of three hour sessions on at least four days is the minimum that would offer a workable service.

When I contacted the Post Office press department they didn't seem very clear where Bentham was, but they have now issued this statement to the Bentham News: "We apologise for any inconvenience the temporary closure of Low Bentham post office is causing customers but we can assure them that we are committed to restoring a post office service to the village as soon as possible". Well, we must be grateful for small mercies, but that's not what I'd call an enthusiastic promise of total support. Just how soon is "as soon as possible"? One

person I've spoken to - who asked not to be named - suggests that the Post Office will wait and see how many people kick up a fuss, and if there aren't very many it will simply let the matter slide.

I think you would have to be very cynical to believe that. But, just in case, might this be the moment to start organising a petition to get a proper post office service restored to Low Bentham? And, whilst we are it, how about combining it with a small shop and café like they do in Burton? Or is that a dream too far?

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COME AND ENJOY A PICNIC IN THE PARK

In aid of Macmillan Cancer Care

By Debbie Denison and Pam Read

Goodenbergh Country Holiday Park will be hosting a picnic in the park event on Sunday 29th August at 6pm. There will be "live music" from "The Bad Taste Blues Band" and singer Amy Forrest.

Feel free to bring your own picnic and wine. The cost is £3 per head and all proceeds will go to the Macmillan Cancer Care fund. So please do attend and support this worthy cause.

Admission is by ticket only. Tickets are available from Tooby's and Hash Browns, Main Street, High Bentham. Tickets will also be available on the evening at the entrance and there will be refreshments on sale during the event.

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HOME GROWN

By Rev Richard Wallace

Sunday 4th July will see a lot of people coming together in Bradford Cathedral. There will be folk there from Bradford, from Keighley and from the more distant parts of Bradford Diocese – like Bentham. Each group will be there to support and encourage one particular person. In the case of the Bentham contingent it's because Stephen Dawson is one of those who is to be ordained Deacon that morning.

Every Christian is called to be a witness and a pilgrim. To be ordained, as Stephen will be, is to have a special calling and commission to minister within the Church and within the whole community. In the past it would be very unusual for someone who was already your near neighbour to become an extra Rev in your setting. And some of those being ordained at this time will be going to an area and a congregation that they did not know before. The other way is when it's someone from your patch who has been led to take this step and who will be continuing his or her Christian service in the same place and setting. For Stephen that's Bentham, the linked parishes of St Margaret's and St John's, and his particular role through his many years with Brown and Whittaker. That work will continue, so will his key parish links where he has already had some years as a Reader; and then in time he will be available throughout this area when the need arises on a Sunday. Already he has been quite a regular visitor at Keasden.

It can be a shock for a family when Dad makes this change and sometimes changes his collar. (My family were inured to this from the beginning!). Bentham too will come to find that it's still the same Stephen, ready to be deployed as the two Bentham parishes and their Rector need, and ever alert to respond to the opportunities and challenges that Bentham provides.

July 4th will be stage one and then in the coming months there will be further training and learning. It's a year hence that Stephen will be ordained Priest, still sharing the same good news, and now becoming one of those authorised to lead and to bless when people

come together for Communion. One simple quote that I found after my own ordination always stays with me. 'With people for God, and with God for people'. May that be Stephen's experience on 4th July and afterwards. Home grown? Yes – and with more growth to come.

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COMMUNITY CONSULTATION AT GOODENBER PLAY AREA

By Viki Hindle

The committee of Goodenber Play Area have been working extremely hard these past few months to secure funding to upgrade the play facilities available to our community. So far we have secured approximately £19,000, with more grant application responses for £55,000 imminent.

We are now trying to arrange a *Community Consultation* to find out what our community would like to see in the play area. So whether it's more toddler equipment, more teenager equipment or seats for harassed parents to sit on - maybe you have been to another play ground and seen something you think would be suitable - please let us know. What you think is *extremely* important to how the finished play area will look. If you have comments about facilities you would like to see, please let us know by contacting Mike Wynne on 62336, Viki Hindle on 64858 or Claire Proctor on 63395 or you could pop into The Nose Bag to speak with Claire. We will be having a coffee morning at Bentham Town Hall on July 17th, come along and speak to any member of the committee about your ideas.

In addition, we are looking for a locally based landscape architect and a lead professional, with appropriate professional qualifications, to help us deliver this project. If you think you would be interested in these funded positions, please contact us.

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CHURCHES TOGETHER

By Revd Monsignor Anthony Boylan

15th July – St Swithin's Day

After the last few wet summers, do we dread a wet St Swithin's day and expect yet another ruined summer? Some people do watch the weather on that day on account of the old jingle:

St Swithin's day, if thou dost rain, for forty days it will remain.

St Swithin's day, if thou be fair, for forty days 'twill rain nae mair. (=no more)

We might ask: who was St Swithin anyway? What's the origin of this weatherlore proverb? And is there any truth in it?

To answer the last question first, the Met Office claims that this "old wives' tale" has been tested no less than 55 times, and 40 days of similar weather have never followed. That seems to be convincing evidence that our unreliable summer weather is not controlled by such a jingle.

But how did it start? There must be a story behind it. And there is. St Swithin was bishop of Winchester from 852 to 862, when that city was the capital of the kingdom of Wessex. He was known to be a most dedicated bishop, and promoted the building of new churches and the restoration of old ones. More significant, though, was his reputation for being a truly humble man – even though he was one of the most important bishops of his time. He made his journeys around his diocese on foot rather

than on horseback or in a carriage. When he held a banquet, the poor were invited rather than the rich.

Consistent with that, St Swithin left instructions that on his death he was to be buried not in a tomb inside his cathedral, but outside it where his grave would be walked on and rained on. But, over a century after his death, because of his saintly reputation, the monks of Winchester transferred his body to a splendid tomb inside the cathedral. It was on 15th July, 971. Accounts of the time say that this took place during a ferocious and violent rain storm, and that the same weather continued for another 40 days. This was taken to indicate the saint's displeasure at being moved from his humble place of burial. So what might have happened just once after the transfer of his body seems to have given rise to this weather forecast – that if it rains on 15th July, the same weather will continue for 40 more days.

Anyway, the 40th day after St Swithin's day is 25th August. Three days after that, Saturday, 28th August, Churches Together are holding a Fun Day on High Bentham Playing Fields from 2pm to 6pm. Everyone welcome. Put it in your diary. More details next month. If we do have 40 wet days, the weather should be fine by then!

High Bentham Methodist Church has had a complete interior makeover. It's bright, cheerful, welcoming and all high tech. If you missed one of the Open Days in June, Revd Roger Fox will be very happy to show you around. Call him on Bentham 61257 after 12th July and he will arrange a visit for you.

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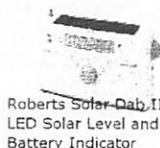
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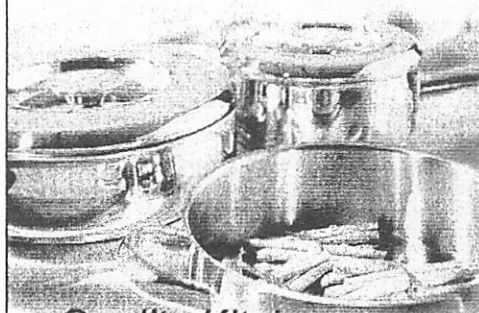
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HAYTIME

By John Dawson

We have a photo taken in about 1941 of my granddad, his two sons, the farm-hand and two neighbours. All are in rolled up shirt sleeves and battered trilbies, leaning against the wall at "baggin time" (tea break). I guess it must not have been threatening rain or they wouldn't have had time for the picture or the baggin.

My dad told the story of his dad attaching the mower to the horse. Dad asked "Why are you going mowing on a Saturday night?" The reply was "if I mow the last setting in the big meadow (18 acres) it will all have been mown in a week and that may never be done again." The 18-acre meadow can now be mown in 3 hours, without a single "giddyup" and whilst listening to Test Match Special.

We still make some hay and this requires 4 days of hot sun, some worn out machinery, a full set of spanners and the number of the local mechanic.

Immediately the grass is cut the skies darken and what was "warm and sunny all week" becomes "dull with a chance of rain." This should not cause alarm, it is perfectly normal. It does mean that what was going to be really good hay by day four now has to be beaten into submission by the end of day three. It is an old saying in farming that nothing makes hay like the threat of rain.

Eventually the baler is brought out, the henmuck wiped off (the hens roost there in winter) and tyres inflated. The baler is the only machine ever invented that can half work. It sits in the shed for eleven months of the year, it is expected to plod around the field and just do the job. First of all it will make good bales then for no reason maybe half a dozen loose ones, this usually coincides with the first spit of rain, and then back to good ones. In our case more loose ones than good ones. After losing quite a bit of skin trying to use a spanner that does not fit it is time to ring the mobile mechanic who is miles away. It is still spitting.

Eventually the hay is baled and carted to the barn. It has to be said that there is something satisfying about the smell of good hay wafting out of the barn door.

I am not sure what previous generations would make of today's grass harvesting machinery, most of which looks like it costs as much to buy and run as an MP's second home. Huge tractors howl far into the night and fields are cleared at an unbelievable rate. Of course, it is necessary for it to be like this as farms count their livestock in hundreds, alongside the number of acres of grass needed to carry them through the approaching winter. The first cut has to be cleared by a certain date otherwise the second cannot grow, let alone the third.

Although the techniques of harvesting grass have changed dramatically over the years, the weather is still the dominant ingredient, no matter that you have a state of the art forage harvester with 350 horsepower under starters orders poised in the gateway. If it is a wet day the whole thing grinds to a halt. Just as it would with a single horse drawn mower 120 years ago. Some things never change.



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YESTERDAY IN BENTHAM

Keith Hartley takes a light-hearted look at Bentham and its people, as first seen through the pages of the Bentham News edition of twenty years ago.

July 1990

Everyone knows that Low Bentham residents are not normally given to complaining, but 20 years ago they had just cause to do so and it was the Water Board that had earned their displeasure. The front page of this month's issue carried a report that domestic water being delivered in Low Bentham contained small black worms, which probably did nothing to enhance the flavour of the morning cuppa! BN reporter Debbie Garman (she's still a valued BN worker) was on the case and asking the Water Board for an explanation. They told her that the worms were actually the larvae of the midge fly that had found their way into the water supply because of abnormal weather conditions and that they were quite harmless, having been found to contain no harmful bacteria. The WB said they were flushing out the pipes and installing nets to catch the worms.

And if they didn't catch the worms they'd have a chance of bringing in a few brown trout!

Sharing the front page was an announcement that a new *Bentham News* T-shirt was now on sale.

Now worth a fortune (to Sue Ryder) for anyone who still has one!

The debate about a proposed housing development on Butts Lane had been in progress for over two years. There was now little doubt that the development would eventually happen, but opinion on the Town Council was divided about how much involvement the TC should seek in the planning of it. There was a strong view that every aspect of the plans should be questioned in order to ensure that the local infrastructure could cope adequately with a new housing development, and that the Butts Lane environment would not be abused. The opposing view was a "let 'em get on with it" opinion based on the principle

that Bentham was desperately in need of all the new housing it could get.

I've no idea which faction won this debate, but they would have been pleased to see the creation of a housing development that is a credit to the planners and by reputation, a great place to live.

Running parallel to this debate was a half-page advertisement placed by the Town Council which was desperately seeking to purchase land in Low Bentham on which could be built affordable housing. The ad contained phrases such as "any site or plot or part of a plot will be considered for purchase" and "sites that would not normally be suitable for planning permission may still be able to secure permission ..."

Desperate indeed! This was a very creditable attempt to enable the young people of Low Bentham to stay in the village. Sadly, however, the vast majority of houses built in Low Bentham over the past 20 years have been anything but affordable, so I guess the response to the Council's ad was somewhat underwhelming!

Still on the subject of housing, in his monthly report District Councillor Ralph Atkinson expressed his concerns about the scarcity of lower-cost housing in Bentham and quoted some interesting figures (from Barclays in Bentham) to support his worries. At the time mortgage interest rates were running at over 15 per cent per annum and the repayments on a £40,000 mortgage were £435 per month. With most young people having a monthly take-home pay of between £100 and £120 it is easy to see why so few of them were able to afford their first home.

It's 20 years this month since our fire station acquired its 40 foot drill tower. The tower arrived ready assembled on the back of a lorry and was craned into position then bolted to the floor.

Finally, it was reported that the County's overall crime rate had risen by over 22 per cent over the past year, with crimes against property showing the greatest increase. However, the detection rate had risen correspondingly and the County's 9 murders had all been solved, although this is not good news for me as I will now have to find some other means of dealing with the owner of the big white cat that thinks my garden is a feline lavatory!

LITTLE RED BUS TAXIBUS SERVICE MONDAY TO FRIDAY 8.30 A.M. TO 4.30P.M.

By Lin Barrington

Lots of people tell us they see our Little Red Bus people carrier running around town but do not fully understand how the service works.

The Taxibus is run by us on behalf of North Yorkshire County Council and provides a service around the local area to complement the 'ordinary' bus routes. Our Taxibus is not scheduled to run to specific places at specific times but is a dial a ride which means as a passenger you must phone our office to book your place. We ask that you phone as early as you can, preferably the day before, but we will always do our best to fit you in. If you need a lift around the area from Hornby, Wennington, Lowgill or Tatham in the south or Ingleton, Clapham, Cold Cotes or Austwick in the north then please give us a call on 62753. If you don't have a bus pass our fares are in line with the service buses.

The most important thing that we find incredibly hard to get across is that IT IS OPEN TO EVERYONE. We accept bus passes as we are part of the Concessionary Fares Scheme and we do a lot of work taking people to the surgeries in Bentham and Ingleton for their appointments but it is not only for older or less mobile passengers.

We look forward to taking you on our service!

LEEDS-SKIPTON- BENTHAM-LANCASTER- MORECAMBE SUMMER RAILWAY TIMETABLE

By David Alder (LASRUG)

The timetable in force until 11th December 2010 is almost the same as the previous one. Trains leave Bentham in a westward direction [towards Morecambe] on weekdays at: 06.22[SX]; 07.21[SO]; 09.39; 11.39; 15.13; 18.04;

and on Sundays [until 12th September] at: 10.06; 12.08; 16.15; 18.39.

Trains leave Bentham in an eastward direction [towards Leeds] on weekdays at: 07.39[SX]; 08.53[SO]; 11.29; 14.18; 16.52[SX]; 17.09[SO]; 19.54;

and on Sundays [until 12 September] at: 13.17; 15.20; 18.33; 20.49.

Full timetables are available from the Post Office, the Town Hall, the Library and Bentham Station Building. You may also wish to visit the website for the line at www.lmr.co.uk

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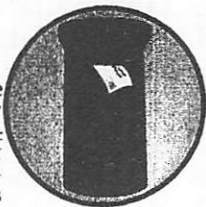
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10.30am - 3.30pm each day.

Dear Bentham News

Old Bentham

Did you come and see the "Old Bentham" Exhibition at the end of May? Lots of people did and some stayed for ages - it obviously fascinated them.



David and I now feel that we are getting a little short of energy to stage another such event. It takes months of preparation apart from the exhibition itself. So, what is to happen to all the material? 1,500 photos and numerous other memoirs, censuses, business records etc. etc. It will all go to the County Archives in Northallerton into their storerooms if we in Bentham do nothing.

What Bentham deserves is a room devoted to the care and display of the wealth of historical information and photographs that are our heritage. We must not allow it to disappear forever. David is creating a web site for the photos that will be made public.

Plans to include a small digitally based public archive of photos have been made at St John's Church, Low Bentham in their new Church extension (when sufficient funds have been accumulated) However, these will be restricted to photos of the Church, Low Bentham village and possibly some from Bentham Grammar School.

When Sedbergh Junior School closed Jack Warbrick had to re-house the Bentham Grammar School archive that is now stored away in a barn and inaccessible. Bentham needs a secure public archive, not a storeroom, where everything can be displayed for Bentham and its visitors.

David has done his best as has Jack Warbrick-now it's your turn!

Judith Johnson

Dear Bentham News,

Where have all the bees gone?

Forget the fairies! Have you got bees at the bottom of your garden?

Most people will have heard or seen in the media that bee populations worldwide are in danger and may be in decline. Two young researchers, one at the University of Leeds and one at the University of Stirling

are hoping to gain information about bee populations in the UK so that a body of knowledge can be built up that may help to reverse this decline. The researcher at Leeds hopes to discover wild colonies of Honey bees, the one at Stirling is looking for Bumblebees.

I keep honey bees myself and am very mindful of the importance of this research - even to the extent of its effect on the ultimate survival of mankind!

If you think you know where a colony of bees is nesting please could you contact me on 01524 771415. With your permission I will come and try to identify the bees involved and pass the information on to the researchers. Thank you for your help.

Peter Silvester.

Dear Editor,

I would like to endorse everything the "Grateful Patient" says about Sister Sue Lumb.

My late husband, Glyn, and I knew Sue going back to when she nursed in the old Nuffield Hospital way back in 1989. Sue nursed Glyn then and again later on in the RLI.

When I knew Sue was coming to our Surgery I was delighted for I knew Glyn would be the happiest patient when he realised Sue would be looking after him - even her lovely smile did wonders for him - she was to us not just a wonderful nurse, but a very good friend.

Yours truly, Beth Williams.



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WOMEN'S INSTITUTES

High Bentham

By Anne Yaman

The June meeting was held on Thursday 3rd June when we welcomed twenty members and one visitor. We had two new members who joined on the night. The meeting opened with a report from Rosemary Blanchfield, who had been our local delegate to the AGM in Cardiff the previous day. She gave an interesting report which included a video link talk with the Speaker of the House of Commons, John Bercow, and a performance by "Only Men Aloud" who were the winners of the TV Reality Show Last Choir Standing.

The business of the evening was led by Miss Wendy Dowbiggin, President, who reported on a successful evening out to Feizor and an upcoming visit to the Show West Side Story in Lancaster. The speaker for the evening was Ms Isabel Stirk who talked to us about the Bronte family. She has studied them in depth and lectures through the Bronte Society. Her knowledge was amazing and all agreed the talk was very successful and informative. The raffle on the evening was won by Janet Bargh and the competition for a Bronte book was won by Ruth Bridgewood with an equal second between the two Joan's - Weekley and Sharman!

The next meeting will be on Thursday 1st July when the speaker will be Eileen Scholes on Rag Rugs with a competition for a silk scarf. All visitors will be most welcome in the Lower Town Hall from 7.30pm

Low Bentham

By Jennifer Watkinson

A pleasant relaxing "members" evening was held in the Victoria Institute. After the business meeting Mrs. Sephton distributed a questionnaire for everyone to complete. Afterwards we all tucked into a delicious Jacob's Join supper, which the members supplied. The evening concluded with a tantalizing quiz which Mrs Cooper composed. The winners were Mrs. Faith Wilson, Mrs. Sheila Brown, Mrs. Pam Warbrick and Mrs. Jennifer Watkinson.

The Victoria Hall, Settle, was the venue for this year's group rally which was hosted by Settle W.I. The buffet supper was most enjoyable as was the entertainment by the barber shop singers.

The next meeting will be a garden visit on 15th July to Mr. Brian Jackson's garden at the Station House, Ashbank Lane, High Bentham. Our annual coffee morning will be held at the Town Hall on 31st July.

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THE HESTLETON DIARIES PART 5

By Peter Phillips

We reached December 1942 in Part 4.

1943 Jan 1st. No Police Ball last night. Its war time.

8th. Been ice storn through night. Branches hanging and broken

Jun 25th. Maid back from holidays and says her mate has come to work at Mewith Hall for R.Parkers. (*Maid was Margaret Shuttleworth, Mrs. Percy Hartley; Mate was Cissie, Eunice Brennand, now Taylor*).

Jul 23rd. Got 5 good loads of hay in. Harriet and Cissie raked up. Good staff on at night.

Oct 2nd. Doris Mecca weds Joe Ellershaw. Going to farm at Burn Head, Keasden.

23rd. R.B.Wilcock came for a tup, price 23/-

29th. Got half sled ful of rushes. Them lasses gone dancin to Eldroth.

Dec 8th. Slow trade at markit today. Maids gone Lowgill School to Home Guard Dance.

25th. Christmas Day. Cock chicken on for dinner.

31st Butterfields flitting to Bradford from Sunny Bank. Been good neighbours. Sad day it was for me. Larry Dowbiggin dead AMEN.

1944 Jan 8th Me went to vote. Missus went by car in style.

26th PROPERTY DAY. Turner, Ford Farm, Keasdin, 33 acres sold to Robert Parker, Mewith, for £1600; Watson House, Keasdin, 42 acres sold to W.Atkinson for £1550. Parker's maid on here at night. She said Jepson, mill owner from Blackburn was staying at Mewith Head due to property sales.

Mar 1st. In like a lion. Snowing and bitter cold.

8th Missus birthday, 70 years.

13th. Me went to let cows out out to water and lost them on fell.. Found them at Scarfe's Barn on other side of Flannagill late afternoon.

Apr 5th. Nobody went markit. Lambing time doing bad. Harriet feeding and bottling. Missus in bed, Dr come.

May 2nd. Army wagon ran into Smithy. Nocked part of gable end down. Nobody hurt thankful.

24th. Missus had heart attack. In bed, poorly

she was. Dr came. Me took a ham to Feathermire. (*I suppose the work had to go on as usual*).

Jun 22nd. HIRING DAY. Men asked £40 for month. (*Wartime, and labour was scarce*).

Jul 18th. Good hay weather. Mowing again.

20th. Loading hay at Holly Tree. Ike jiggered (*Ike was one of his horses*).

Aug 1st. Poor old Ike jacked in so borrowed Fred Lund's horse to lead hay. Lasses didn't like Lund's horse, it was young like them. They couldn't steady it. They were used to poor old Isaac. Gordon on cart loading.

Dec 14th. Me went Settle to get rum for missus.

1945 Jan 1st. Missus not well at all.

15th. Missus died today at noon. AMEN.

16th. Me rolling oats then went see our Fred. (*His brother*).

(*William was now 73 and had been married for 15 years. Maybe working kept his mind off his grief*).

18th. Missus funeral. Snow and rain. Wild sad day. AMEN.

27th. Fred Lund adopted a girl. Freezing cream in pantry.

Jun 13th. Hoeing turnips and red shank.

Jul 13th. Billy Woods shot old Lassie and Batty burried her in Low Pasture with other faithful dogs.

Sep 1st. Gordon cre-a-soting gates.

Oct 9th. Me and Harriet get sledful of bedding.

Oct 16th. Batty died (*He was William's farmhand*)

Dec 25th. XMAS DAY. Nowt doing at Beck Grange.

1946 Jan 11th. Nowt doing. Ken Leeming lost his car at Morecambe.

16th. PROPERTY DAY. Maryland, a bungalow on top of Robin Lane sold to Mark Kendal £2250.

Mar 2nd. Me in bed poorly. Joe Parker came to see me. Chimla smoking.

6th. Me not well enough to attend Thomas Townley's funeral. (*From April 3rd the diary was in Maid's handwriting, probably at William's dictation*).

Apr 10th. Old favourite cow sold, price £37.

30th SPRING WEDDINGS. Molly Wilcock and Dick Lawson; Mary Knowles, Lowgill and Tom Matty of Summersgill, wed at

(*continued on page 19*)

THE HESELTON DIARIES PART 5

(Continued from page 18)

last after what could be a 20 year courtship (!)

Aug 18th. SUNDAY. Me resting.

Sep 11th. Turning wet swathes over.

16th. Shook out then cocked up again.

18th. Rain and more rain.

26th. Managed two more loads of hay. Sickenning.

Oct 20th. Finished haytime and threw our hats up.

Nov 7th. Me not good again so sent to Leeds for Gordon to help.

8th. Me stayed in bed all day.

11th. MARTINMASS Me back in bed again. Dr came.

12th. Load of lime delivered. Clara came. Zilla came at night. Kitty Proctor from Mill Dam knocked down by train at Liverpool station and killed out right.

18th. Me got up for half an hour. Still not well.

19th. Me in bed all day. Clara seeing to me.

From the 21st to the 26th Nov. various relatives and friends visited. The diary stopped after this – AMEN).

I would like to thank Mrs Valerie Nowell for letting me put these extracts into print and also Mrs Eunice Taylor, Mr Cliff Wilcock and Mrs Doreena Crayston for their help.

INGLETON MIDDLE SCHOOL

By Mary Parker, Head Teacher

My attention has been brought to a rumour circulating in the area that the Middle School is to close. I should like to make it clear that this is not the case. A review of 0-19 education covering the whole of North Yorkshire is taking place at the moment and North Craven and Skipton/Upper Wharfedale are areas under review.

This process is in the very early stages and there will be a public consultation period if there are to be any changes to the education system.

EXTREME ARCHAEOLOGY!

By Chris Bonsall

For two days this summer the Ingleborough Archaeology Group (IAG) will be giving free guided tours around the summit of Ingleborough. This event is their contribution to the Festival of British Archaeology organised nationally by the Council for British Archaeology.

Members of the public are invited to find their own way to the top of Ingleborough where they will be met by members of the IAG – easily identifiable in high visibility vests – to be shown the secrets of this ancient landscape. Weather permitting the event will take place between 11.00am and 3.00pm on both Saturday and Sunday, 24th & 25th July. All are welcome! Full details of this and the other specially organised events can be found on www.archaeologyfestival.org.uk For further details contact carolhoward192@btinternet.com or chrisbonsall@gmail.com

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LOCAL EVENTS IN JULY

Fri 2nd Yoga at the Lower Town Hall, 6.30-7.30pm. Also on 9th, 16th and 23rd.

7-8pm GFI for school years 6, 7 and 8 and 8.15-9.15pm for school years 9+ at the Methodist Church Hall.

Bentham Footpath Group walk, Low Bentham circular, 4 miles, leader Kay Piper, 61977. Meet at Low Bentham car park 6.30pm.

Age Concern at the Masonic Hall, 10am-2.30pm, and every Friday.

Sat 3rd Farmers' Market at the Lower Town Hall, 9.00am-1.30pm.

Burton Under 5s coffee morning at the Town Hall, 10am-12noon.



Mon 5th Gentle walks for women, leave Lairgill 9.30am. Also on 12th, 19th and 26th.

Looking Well, 9.15am-1.00pm, Food Hygiene Certificate/Access to working in schools. Telephone Rosie 07890011298. Also on 12th and 19th.

Craven Customer Services at the Town Hall, 10am-12.30pm. Also on 12th, 19th and 26th.

Jittabugs at the Lower Town Hall, 1.45-2.45pm.

Town Council meeting at the Lower Town Hall, 7.30pm.

10-11.30am, Toddle-in for parents/carers and babies/toddlers, Methodist Church Hall, and every Monday.

3.45-4.45pm Adventurers Group for 4-6 year olds at Methodist Church Hall.

6.15pm Springboard leavers service at Methodist Church.

Victoria Institute, Drop-in 10am-12noon, Community Link Café 11.30am-3.00pm, Slimming Group 5.30-6.30pm, Tai Chi 6.15-7.15pm, Peak Fitness 7.30-8.30pm. All 5 events also on 12th, 19th and 26th.

Tue 6th

Looking Well Creative Writing Group 11.30am-1pm, also on 13th, 20th and 27th.

Singing in Harmony at Looking Well, 7.30-9.30pm. Also on 13th.

Men's Walking Group leave Looking Well 9.30am, return 11.30am. Also on 13th, 20th and 27th.

Craft Club at the Town Hall, Wenningdale Room, 10am-12noon. Also on 13th, 20th and 27th.

Yoga at the Town Hall, 6-7pm. Also on 13th, 20th and 27th.

Wed 7th

Coffee morning at the Methodist Church, 10-11.30am, and every Wednesday. Donations to local charities.

Pilates at the Lower Town Hall, 9.30-11.30am. Also on 14th.

Bentham Footpath Group walk, Whitbarrow, 9½ miles, leaders Ed and Sue Badley 62502. Meet at Lairgill 9.30am.

Victoria Institute, Drop-in 10am-12noon. Community Link Café 11.30am-2.30pm. Line Dancing 2-3pm. All three events also on 14th and 21st.

Looking Well, 11am-1.30pm Café-IN. Also on 14th, 21st and 28th.

Looking Well, 11am-1.30pm, Positive Futures Project. Also on 14th.

Looking Well, 10am-12noon, Gardening Group. Also on 14th, 21st and 28th.

Looking Well, 2-4pm, Art for All, beginners welcome. Also on 14th.

Moving Well-gentle exercise to music, at the Town Hall, 10.30-11.30am. Also on 14th.

Looking Well, 11am-4pm, Community Art Shed. Also on 14th, 21st and 28th.

NSPCC monthly meeting at 44 Robin Lane, High Bentham, 7.30pm.

Thu 8th

2-4pm. Welcome-in dominoes for all ages, Methodist Church Hall, for transport contact Kath or Nigel 62272.

- Thu 8th Swimming at Hornby for over 50s (men and women). Leave at 8.45am. Contact Barbara 62873 or Carol 61233 to arrange transport. Also on 15th, 22nd and 29th.
Art Class at the Town Hall, Wenningdale Room, 1-3pm. Also on 15th and 22nd.
Rosemary Conley Fitness Club at the Town Hall Ballroom, 6-7.30pm. Also on 8th, 15th 22nd and 29th.
Victoria Institute, Bat n' Chat 10am-12noon. Gardening 1-3pm. Art Classes 10am-3pm. All three events also on 15th and 22nd.
- Fri 9th Victoria Institute, Tribute to John Denver by Chris Bannister, 8.00pm.
- Sat 10th Tatham Fells Women's Institute coffee morning at the Town Hall, 10am-12noon. Cake stall, raffle, all welcome.
Victoria Institute, Book Swap from 10am onwards.
Day of Mindfulness at Looking Well, 9.30am-4.30pm. All welcome. Contact Pete on 62049 for details.
- Mon 12th Mindfulness Meditation Group at Looking Well, 7-9.30pm. Also on 26th.
- Tue 13th Bentham Child Health Clinic at the Surgery, 2-4pm.
- Thu 15th Copy deadline for August edition of Bentham News.
Low Bentham Women's Institute. A visit to Mr Brian Jackson's garden at "The Station House", Ashbank Lane, High Bentham at 7.30pm.
Bentham Footpath Group walk, Eldroth/Lawkland, 3½ miles, leaders John and Sue Pilkington, 61757. Meet at Lairgill 6.30pm.
- Fri 16th Waste paper collection at Lairgill car park, 8.30-11am. Proceeds to NSPCC.
- Sat 17th Goodenber Play Area Committee coffee morning at the Town Hall, 10am-12noon.
- Wed 21st Bentham First Responders meeting at Looking Well, 7pm. Come along and talk to us about joining.
- Thu 22nd 2-4pm. Welcome-in dominoes for all ages, Methodist Church Hall, for transport contact Kath or Nigel 62272.
- Sat 24th Thornton and Burton-in-Lonsdale Mother's Union coffee morning at the Town Hall, 10am-12noon.
Bentham Footpath Group walk, Aughton, 7 miles, leader Cherith Metcalfe, 61742. Meet at Lairgill at 9.30am.
- Tue 27th Until Friday 30th. 10am-12noon. Razzamatazz Robots Holiday Club for primary school children at Richard Thornton School, Burton. Bentham Child Health Clinic at the Surgery, 2-4pm.
- Thu 29th Victoria Institute, Drop-in 10am-12noon, Community Link Café 11.30am-3.00pm, Slimming Group 5.30-6.30pm, Tai Chi 6.15-7.15pm, Peak Fitness 7.30-8.30pm.
- Fri 30th Bentham News published.

BENTHAM GALLERY EXHIBITION BY CAROL SINCLAIR

Throughout July Carol will be exhibiting some of her work at The Gallery, including paintings, drawings, prints and greeting cards. The work consists mainly of the local landscape and its inhabitants. You are invited to come along and have a chat with her.

LISTING FOR LOCAL EVENTS

Date.....Time.....
Event.....
Venue.....
Contact Tel:.....
Name.....
Please return this entry to the Bentham Gallery, Station Road, High Bentham, by the 15th of the month for the following month's edition.

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LOW BENTHAM STREET MARKET

Monday 30th August

By Christine Hodson

The Low Bentham Street Market will take place this year on Monday, 30th August. The first street market in low Bentham was held in the mid 1980s, and proved so popular that it has become an annual event. It is also the main fundraiser for the Victoria Institute. It involves the Institute where there will be refreshments and in the case of rain, even a full street market.

However with the sun shining, the whole street on either side of the road is taken over by colourful and busy stalls, a tombola stall and children's games. A BBQ serves bacon butties and hot dogs, and in the hall hot drinks and cakes are available.

The success of the market and other community facilities works well. The Little Red Bus ferries people from High Bentham to Low Bentham to enjoy the Street Market.

It can be inspiring to see so many people around the institute enjoying the atmosphere and the glorious garden. The Victoria garden, and the community allotments are now becoming established and the flower display in full bloom.

If you are interested in helping with the organisation and becoming involved with the Street market please ring Jo on 63162.



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HOW MUCH DO WE KNOW ABOUT THE NATIONAL CYCLE NETWORK?



By Peter Phillips

The Way of the Roses is a new Coast to Coast cycle route from Morecambe to Bridlington. It is a welcome addition to the National Cycle Network started in 1997 by a charity, Sustrans, with a 17 mile traffic-free trail along a disused railway from Bristol to Bath. There are now over 12,000 miles of traffic-free walking and cycling paths, quiet lanes and on-road cycling routes and this is the latest. This route features Morecambe Bay, the Lune Valley, Forest of Bowland (Area of Outstanding Natural Beauty), Yorkshire Dales National Park, Nidderdale (AONB), medieval York, the Yorkshire Wolds and Bridlington Bay over a total distance of 180

miles. More to the point it passes through Low and High Bentham so expect to see an increase in the number of cyclists and thus increased business opportunities as they will doubtless want refreshments and possibly accommodation.

For any cyclist wishing to try a sample of the route there is a guided cycle ride from Morecambe to Settle on 10th July, starting at 10.30am. on Morecambe Promenade. Approximately 3 hours, distance 35 miles. For further details please e-mail celebratingcycling@lancaster.org or telephone 01524282392.

Bentham lies almost exactly half way on the Land's End to John o'Groats cycle route so we can be said to be the crossroads of National Cycling! There is even one route that passes through Bentham and Bentham Sports dealt with many bikes, casualties of the long ascent and descent over the Cross from Slaidburn, which required brakes, gears and wheels after being tested to the extreme. They breed 'em tough in Yorkshire – they have to!

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TATEHAM MODERN

**Art exhibition on Bentham's
doorstep**

By Charlotte Munday

If you missed Lunesdale Arts Trail last month you can still see the biggest exhibition that was part of it at Maiden Bridge on Tatham Fells, where David and Hannah Davis are showing the work of 30 different artists. It is open every Saturday and Sunday 11am - 5pm until August 22nd. Go up past the Big Stone, turn right and right again to get there.

This is a special event in its unique setting on the moors. The views alone are worth the trip. It is free of charge and you see the artists' work in the gallery - a converted barn - and wander through the large, wild, but subtly landscaped gardens to discover hidden sculptures on the way.

David explained that he and Hannah set up the arts centre after moving to Maiden Bridge 20 years ago. The show is mainly of north of England artists and has grown into a major cultural event showing paintings, textiles, sculpture, ceramics and glass. Hannah's Scandinavian background is also reflected with artists from Denmark, Sweden and Finland.

The Maiden Bridge Arts Centre feels that the standard of work shown is so high that they call themselves "The Tateham Modern" a challenge to Tate Modern in London. Their version of The Turner Prize is called "The Alternertive Prize", first won by now internationally known painter, Katharine Holmes.

David and Hannah were founder members of The Lune Valley Arts Trail. The benefits of this trail have been two-fold: raising the profile of the arts and boosting the local economy. For details of "The Tateham Modern" see www.maidenbridge.co.uk or telephone 015242 61463.





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HOME SECURITY IN THE NORTH CRAVEN AREA

By Mark Ferguson

A lot of you may be aware that there has been a spate of break-ins in North Craven, particularly Settle in recent weeks, so perhaps it's a good time for you to review your home security, and see if and where improvements can be made.

Burglars like to have quick and easy access to property, so the best way of preventing a burglary, is to make it as difficult as possible, the fitting of good quality locks to your doors, garages and sheds etc. After all if you have £1,000s of worth of valuables, why fit a £3.99 padlock, it just does not make sense.

If you have wooden doors with mortise locks ensure they are up to the BS3621 Standard, as required by most, if not all insurance companies. You can do this quite easily by checking the lock face-plate for the Kite Mark as shown here.



If you have a night latch type lock (commonly known as a Yale lock), ideally it needs to be of the BS3621 Standard (the automatic deadlocking type) again a Kite Mark will be visible somewhere on the unit. If not of the BS3621 standard it should only be used as secondary security, i.e. backing up a BS3621 mortise type lock.

The recent burglaries in Settle have targeted houses with UPVC doors using simple tools, found in most homes and garages, entering in a matter of minutes quietly and quickly, stealing the householders cars, TV's and computers/games consoles etc.

This can be avoided (if they are not already fitted to your doors) by the fitting of upgraded cylinders (anti/snap, break/secure, anti pick/bump type cylinders*) and/or decent handle sets. *There are high security British Standard Euro cylinder locks and the handle sets (these are stamped "Secure by Design") are available as replacements. The North Yorkshire and West Yorkshire Police

Authorities and the insurance companies are recommending the fitting of these, to UPVC doors to reduce the risk of unlawful entry.

Also for the UPVC doors with multipoint locking mechanisms (operated by lifting the handle to engage the multipoint locks) ensure the Lock barrel (known as the Euro Cylinder) does not protrude by more than 1 or 2 millimetres on the exterior of the door (a common thing I see on my travels, and an invitation to break in).

There are also many types of extra locks you can fit on the rear of most UPVC and wooden doors to act as secondary security, especially on patio doors and also windows. These are a good addition to your home security.

Please remember never to leave keys in locks, or bunches of keys or valuables in plain view of windows or doors, as this invites Mr Burglar to have a go. Never leave keys in plain view of letter boxes and horror upon horrors never-ever under the plant pot outside the door. A high quality digital key-safe can be fitted quite cheaply outside to keep a spare key, a much better option, if you are worried about being locked out.

As the majority of modern cars have immobilisers/deadlocks fitted to them; Criminals now need the keys, in order to steal the car. If you leave yours in plain view it is an open invitation for him to break in and take your pride and joy. Also have a gravelly or similar paths under windows and plant prickly hedges to deter the Burglars, They don't like to make noise or try and negotiate thorny hedges. Make it harder and they will leave you alone.

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Midds Butty Box - Andrew and Caroline would like to thank all family, friends and loyal customers who have supported us over the last 4½ years. Good luck to John Francis Read (the new owner). Also we would like to say a big thank you for all the presents, cards and good wishes on the birth of our daughter, Elsie Anne Woof.

Birthdays

Bill Midgley - Happy 90th birthday, 13th July. Love and best wishes from all your family.

Liam, happy 21st on 9th July. Love from Mum, Dad, Jemma, Jake, Ian and Lucy. Keep safe in Afghanistan.

Keith, Birthday wishes on your 70th Birthday, 19th July. Love, Sarah and Family.

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CHARITY THANKS

* Low Bentham Badminton Club would like to say thank you very much to Mr Bibby of Bibby's Coaches Ingleton for their generous donation of £100 towards our end of season medals and trophies. Thanks, Julie Bridgeman

* The committee and members of Bentham Age Concern wish to thank everyone who came to and donated to their coffee morning, which raised £370.00. Thank you for your support.

* Help for Heroes. Thank you again to everyone who supported the "Help for Heroes" charity quiz. Special thanks to local traders who sold the quiz sheets, the many people who bought them and to others who gave donations. Together we raised an amazing £765 to help wounded soldiers. Winners of the quiz were: 1st (£15) Linda Blakeman, Slaidburn. 2nd (£10) Kath Walsh, Heysham. 3rd (£5) The Baxter Family, Leeds. Many thanks, Joan Foster.

* The Victoria Institute sincerely thanks Bentham Line Dancers for their generous donation of £150, raised in both High and Low Bentham, which will help towards the reparation of the roof.

On behalf of everyone at the Victoria Institute, they would also like to thank everyone who came to their Trash and Treasure sale, with special thanks to all the stores in High Bentham for their generous raffle donations. £1,000 was raised for the main hall roof reparation fund.



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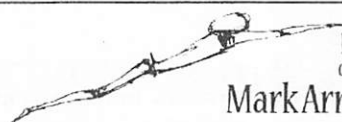
Due to the crime rate rising I would like to advise everyone to be more aware of your security, ie, making sure your doors & windows are locked securely at all times, and that your locks also comply with the new insurance regulations. Any questions please contact Mark on the above number.

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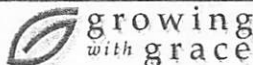
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BENTHAM FOOTPATH GROUP

By Maureen Ellis

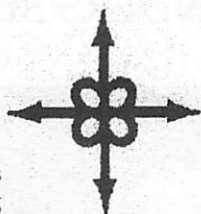
As a teenager I was warned about hanging around but of course I did and sometimes it was very useful, just as it was at Lairgill before the the planned Gregareth walk on June 1st.

The weather was not what could be called good but tough lady that she is, and that is the wont of farmers, our leader had a lower level shorter route in mind. So three of us, hungry to walk, drove off to Chapel le Dale and had a most interesting bit of exercise and lots of information about ancient Brun(t)scar farm and the plethora of different attachments that there are for ploughing and harvesting - many of which were lined up alongside the path.

As if that wasn't enough we were then led on a track known to the leader from childhood - and not at all obvious to anybody else - back to our starting point.

The July programme is up to the Group's usual standard, starting on Friday 2nd from Low Bentham car park at 6.30pm,, not Lairgill, as stated in the programme. The route is to Mill Lane, Kirkbeck, County Bridge, Willowtree, Low Bottom, along the River Wenning past Clouds Bank and on to the Punch Bowl where refreshment can be enjoyed if so wanted. The length is less than 4 miles.

Wednesday 7th brings the Whitbarrow



walk of 9½ miles, meeting at Lairgill at 9.30am. It starts from the cross roads by A590 at Millside and will take the path round the south east end of Whitbarrow to Rawsons and then north thro' the woods for a couple of miles to Row. Shortly after this we turn left and climb, not too steeply, to the summit ridge, following this back to Millside. On a clear day there are excellent views over the Lake District and Morcombe Bay.

The evening walk of Thursday 15th is the Eldroth/Lawkland walk of 3½ miles starting at 6.30p.m. at Lawkland Village Hall and going to Black Bank, across the railway line and on to Lawkland Hall and then back over the moss.

The last July walk is of 7 miles on Saturday 24th meeting at Lairgill car park at 9.30am. The walk starts from Aughton going via Low, Middle and Lower Highfield and then Halton Park on to the Crook of Lune and then returning along the banks of the Lune.

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BENTHAM FIRST RESPONDERS SECRETARY RETIRES



By Gordon Kennell

At the June meeting of Bentham First Responders, Robert Holland was presented with an engraved glass bowl as a thank you for all his work as secretary of the group. Robert joined the group in 2007, shortly after it's inception, and has been a valued member ever since.

As well as his role as secretary Robert has become well known for his "magical mystery tours" around Bentham showing new members the many nooks and crannies within the area we cover. So, many thanks Robert. We will all miss you and realise you will be a hard act to follow.

Footnote:- A vacancy has arisen for secretary to Bentham First Responders. Please contact Wanda Lewcun (62450) or Gordon Kennell (61597).

SHAPELY DOES IT LADIES TONING SALON UPDATE

We are now moving forward with our idea to form a co-operative to enable SDI to continue operating.

The Plan is to move to a larger, more central premises in High Bentham at the end of July.

See next month's edition for further details.

BEST NEWS

By Richard Wilson

Local Energy and Local Food



Some countries run on hydro-electricity, but Britain – despite its legendary climate – doesn't make much use of it. Since the 1940s, electricity generation and supply has been centralised and mainly interested in big schemes with guaranteed output and returns. Now things are changing, and we are being encouraged, as individuals and communities, to make our own – not just with warm words, but with cash incentives.

Settle is one of the first towns to get its own hydro scheme up and running, so to find out what they've done there, and how they did it, BEST is organising an evening visit to Settle Hydro on Monday 5th July. It's free, and everyone is welcome – not just BEST members. Meet at Lairgill car park at 6.45.

What a bountiful countryside we live in! Not just bursting with energy, but with food too, and BEST has decided that it's time we celebrated all the fantastic produce grown and made in our area, by putting on a Local Food Week from 18th - 25th September.

With financial support from the Yorkshire Dales Millennium Trust, we'll be launching a Local Food leaflet and website, and staging lots of events; and we hope that shops and catering businesses in the area will join in with their own local food events and promotions.

Growing and making your own will be one of the themes, and on Saturday 18th September we're planning an Open (Food) Gardens Trail so that people can see what can be produced at home – and how. If you grow fruit or vegetables, or keep bees or chickens – or even a pig! – in your garden or allotment, and would like to be included on the Trail Map, please get in touch with Tim Fox: email editimfox@btinternet.com or phone 62575.

BEST stands for Bentham Environmentally Sustainable Town. The next BEST meeting is on Thursday 22nd July at 7.30pm in the Horse and Farrier Inn, Main Street. Come along and help make Bentham

a greener town.

If you'd like to know more about BEST, phone 63399 or check out <http://www.bentham.net/Community/BEST/asp>

BENTHAM SHOW

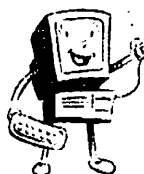
By Val Lawson

The 138th Bentham Show is to be held on Saturday 4th September 2010, on Bellfleckers field, Low Bentham Road by kind permission of Mr Thomas Marshall.

This year's presidents are Mark and Doreen Lawson from Westhouse. The usual classes are being held Cattle, Sheep, Horses, Shire Horses, Show Jumping, Pygmy Goats, Companion Dog Show, Handicrafts, Horticulture, Photography, Stick Dressing, Poultry & Pets.

Full schedules will be available from local shops or the secretary (015242) 61606 after the 20th July. See you at the show.

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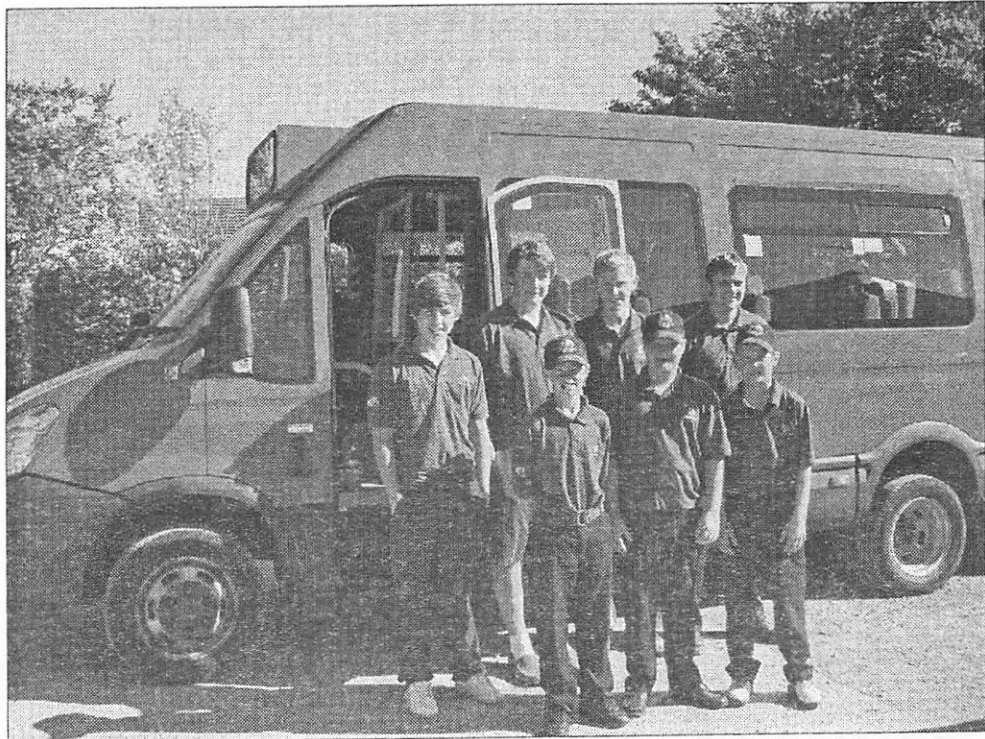
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JUNIOR GOLF

By Chris Cousins

The junior golf season is well under way at Bentham Golf Club, with wonderful weather so far and the course in excellent condition. Junior competitions on Monday nights are being well supported by the juniors; many of the competitions attracting 20+ entries from ages 5-18. With the large number of new junior members this year it looks to be a bright future for junior golf in Bentham!

The Bentham juniors played their first Cumbria Junior League match against Kendal on 4th June. The team lost 5-1, John Marshall being the winning Bentham player. All the juniors thoroughly enjoyed the day, with three of the young players in the side playing their first match. Details of our home and away matches against Kendal, Appleby and Carus Green will be posted in future editions of the Bentham News.

The picture shows the team. Top row: Jack Jones, John Marshall, Ben Shepard,

and Chris Cousins (Organiser). Bottom row: Liam Hayward, James Burrow and Joel Wynne.

The next FREE Junior Golf Taster Sessions at Bentham Golf Club are on: Tuesday 27th, 11-12. Thursday 29th July, 11-12. No previous experience or equipment required. Places must be booked in advance. If you have any questions or want to book for the session please contact Chris Cousins at: tel: 015242 62455, email golf@benthamgolfclub.co.uk web: www.benthamgolfclub.co.uk



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LOOKING WELL NEWS

By Julie Vass

Are you (or someone you know) interested in working as a classroom assistant? Would you like to get a food hygiene certificate to add to your CV? We are hosting a series of 3 free NYCC Taster Sessions for the *Access to Working in Schools* course to be held here in September. Sessions run Mondays 5th, 12th and 19th July during school hours. Please phone Rosie on 07890011298.

Come and visit the Art Shed on Wednesdays (11am-4pm), in the outside workshop behind Looking Well, led by Nikki Johnson. Work with recycled materials and 'go with the flow' working on your own thing or helping Nikki with her summer project 'From the earth to the table'. The variety of art made will celebrate growing, cooking and eating local food and will contribute to Bentham's Local Food Week in September.

As part of the North Yorkshire Open Studios 2010 we are delighted to be showing a selected exhibition of stunning art work by established and emerging local, and Craven, artists.

The artists are connected with Pioneer Projects work in Arts and Community health and include Mark Armstrong, Eleanor Bennett, Chrissy Burgess, Collette Knowles, Rosie Jackson, Joan Newall, Van Nong, Tony Stephenson and Susan Gaye Woollard. 'Definitely an exhibition not to be missed'. Please phone for viewing times, runs until end September.

Cancer Support Group is holding a beautiful exhibition of their wildflower art works created as part of the YDMT 'Flowers of the Dales' festival with lead artist Joan Newall. The techniques used include collage, handstitching and beadwork. Viewing by appointment, until mid July.

We would also like to say a huge 'thank you' to everyone involved in our Open Day on Saturday 26th June. Detailed write-up in next edition.

Advance Notice: The Looking Well will be closed for two weeks 9th - 20th August.

CRAVEN WANDERERS JUNIOR FOOTBALL CLUB WANTS NEW PLAYERS

By Phil Edmondson

The club is now recruiting players for the boys and girls teams for next season. We currently have boys and girls playing in the Dales Friendly League up to the age of 11, boys playing in the Lancaster and Morecambe Service to Youth League up to the age of 16 and girls playing in the Westmorland Girls League again up to the age of 16. If you are interested in joining our club and would like further information on training times etc please call Damian on 015242 41192.

All our training sessions are run by FA qualified Coaches who are keen to encourage team spirit and sportsmanship along with bringing fun back into football.

Craven Wanderers, in association with Burnley Football Club invite you to our Football Training and Fun week on the Football Pitch behind the Community Centre in Ingleton from Monday 26th to Friday 30th July. The week will consist of daily training sessions running from 10am till 3pm organised by the Burnley FC Community Football Coaches with competitions, and a great fun day on the Friday.

Training sessions will be split into Age groups in line with FA guidelines. Craven wanderers Members £10/day or £40/week. Non members £15/day or £60/week.

For information and booking forms please ring Phil on 07880 646067 or email Phil@westhouselodge.wanadoo.co.uk

BILLY METCALFE SHIELD

By Trevor Wheildon

On Friday 11th June, Bentham football club held a charity football match between under 25s and over 25s club members in memory of Andrew Metcalfe (Billy) who died in October 2008.

Afterwards, family members, friends and players had a meal at the Black Bull followed by an auction which raised over £600 for the Marie Curie Cancer Research Charity.

Thanks to Graeme Cochrane (match organiser), Mandy and staff from the Black Bull for their excellent support and food, and Darren and Amanda from the Coach House for providing a new football kit for the occasion.

BENTHAM FC

By Trevor Wheildon

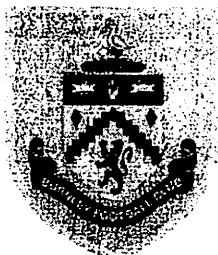
On behalf of Bentham Football Club, I would like to thank all those that supported us throughout last season. Both teams had indifferent seasons but survived in their respective divisions and look forward to the challenge ahead, starting in late August.

I thank Graeme Cochrane (1st Team Manager), Bryan Jackson (Reserve Manager), Louise France (Secretary), Sue Ralph (Treasurer), Malcolm Dobson (Home Linesman), Wayne Dodding (Clubman of the year) and President Mandy Booth from the Black Bull for her financial support and brilliant hospitality.

To run two teams every season is very hard work and I feel that we need more club officials to help run the club.

Mrs Louise France, who has been secretary for six years, intends to stand down from her position, preferably before the start of the new season. An away linesman is a must this year to help out the overworked managers. If you could help fill these two positions or run the club website ring Trevor on 07966653832.

On Thursday 1st July we are having our A.G.M at the Black Bull at 7:30pm. Players can sign up for the new season and pick up their new team jackets. New players welcome.



LOCAL DANCERS DAZZLE AT SADLERS WELLS

By Libby Wheildon

Recently a very excited group of dancers from the Helen Howard School of Theatre and Dance set off on a weekend visit to London. They were not going to watch Billy Elliott in the West End, or visit the Pineapple Dance Studios; they were going to perform at Sadlers Wells, one of the most prestigious dance theatres in the country.

Led by their wonderful and inspirational dance teachers, Helen Howard and Laura Wilcock, the group of dancers set off early on the Saturday morning to Sadlers Wells. They spent the day there preparing and rehearsing for the show in the evening, where they performed two dances to a packed and lively audience. The show entitled "The Stars in Our Eyes" showcased 11 dance schools from around the country, from Wales, Cornwall and Birmingham to name but a few. The programme featured a range of different dance styles all of which were highly entertaining and exciting to watch.

The Helen Howard School of dancers were on towards the end of both halves of the show and it must be said that they were without doubt the pride of the North that night. Dancing to 'Copacabanna' in

the first half and to 'Hairspray' in the second, the dancers were slick and incredibly professional. In dazzling costumes, they looked very much at home on the massive stage and in front of such a huge audience. Without any bias whatsoever, we parents and several more objective viewers proclaimed without a shadow of doubt, that our dancers were by far the best of the night; and Miss Helen and Miss Laura, the cleverest of choreographers.

We would all like to say a huge thank you to everyone who supported our various fundraising efforts. Your contributions were gratefully received and helped buy the wonderful costumes for both of the dances.

We would also above all like to thank Miss Helen and Miss Laura for giving our young dancers this amazing opportunity and hope that it won't be too many years before they can dazzle in London once again!



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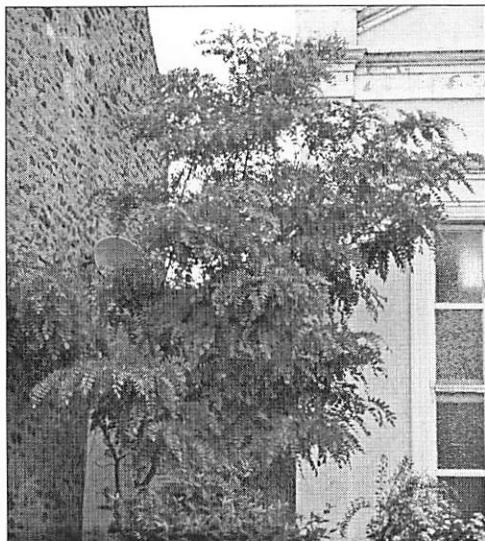
DO YOU KNOW ANYTHING ABOUT THIS TREE?

By Bill Kennedy

On the 12th June I had a telephone call from Mr. Horace Lowe, a resident of Abbeyfield House, Main Street, asking if the Bentham News was interested in a tree growing at the Community Centre. He said that the tree was in flower and that this was the first time it had ever blossomed. He didn't know what type of tree it was, and no one he spoke to about it, could help him.

This intrigued me so I went down and took some photographs. They look much better in colour than they appear here. While I was there a young lady said that it was a Jacaranda tree. (Later I learned that she had worked in the Forestry Department). I was doubtful because the Jacaranda trees I was familiar with when I lived in Kenya, had a blue flower. However, when I googled "Jacaranda tree" I found that there is a pink flowered variety, and the foliage was similar to the Community Centre specimen. It appeared to me to be a Jacaranda *Mimosifolia*.

On 13th June I had another telephone call, this time suggesting that the tree is a *Robinia Hispida*, more commonly known as Rose Acacia. Apparently this idea had come from someone with Kew Gardens experience. When I checked out "*Robinia Hispidia*" on Google, there was some similarity to the tree at the Community Centre. Although I still think it is a Jacaranda, I am not totally convinced. Can anyone please provide any more information about this tree?



FRENCH TWINNING VISIT

By Janet Plummer and Margaret Cowling

Thirty six French visitors from La Chapelle des Marais stayed with hosts in and around Bentham and Ingleton for a few days in early May.

The busy schedule included an excursion to Carlisle on the Settle Carlisle Railway, from Ribbleshead on a beautiful spring day; the Brief Encounter experience at Carnforth Station; bird-watching at Leighton Moss and a walk around Arnside.

Local walks, a visit to an English pub, and a Domino Drive were also thoroughly enjoyed. The twinning trip concluded with a memorable evening at Bentham Town Hall with a lovely meal provided by the ladies of Ingleton NSPCC and musical entertainment by the Reunion Ceilidh band.

Our friends from France had kindly brought a selection of French wines to add to the evening's enjoyment.

It was good to see Bentham families taking part and, after some initial hesitation over communication, many new friendships were forged. We hope that more people will feel confident enough to join us for the return visit to France in 2012.



Flower and foliage of the tree.

THE 'OLD BENTHAM' EXHIBITION

By David Johnson

Thanks to the numerous people and organisations who helped to make this exhibition such a success. About 320 people attended and some enjoyed viewing and reading the exhibits so much that they nearly became permanent fixtures! Many had memories stirred by the photographs whilst others used articles and



booklets to further their research into their families or subjects that interested them. Others met people they hadn't seen for a while and it became a bit of reunion! One visitor, Professor David Phillipson, came from the south of England to this part of the world to visit relations and attend the exhibition. (His ancestor, George Phillipson, is credited with the invention of the circular loom that brought prosperity to George Angus Ltd and to our locality).

One aim was to try to name as many of the past pupils of Low Bentham C.P. School as possible and I am pleased to say that this target was achieved, I estimate about 80% were identified. Past parents and pupils spent a long time poring over the pictures and reminiscing about their school life. An interesting addition to the event was a display of period costume from the Stephenson family of Raygill. Some of the items dated back to the nineteenth and early twentieth century.

Sadly I think this will be the final exhibition and the time has come to try to find a good home for the material. If nothing is done the entire collection will, one day, go to the County Archives at Northallerton and that would be a great shame. It should be kept in Bentham, not in a storeroom, but in an archive with a secure future, open regularly for the benefit of all who wish to use it. If an archive could be established I am sure people would support and contribute to it. When Sedbergh Junior School closed Jack Warbrick had to close the Bentham Grammar School archive and I believe this is now stored in a barn some distance away and not available for public viewing.

What Bentham needs is a room devoted to the care and display of this wealth of the historical information and photographs that are our heritage. Do not allow them to be lost forever! Incidentally, after expenses the event raised about £650 for the extension fund at Low Bentham Church and that made the event even more worthwhile!

BENTHAM NEWS is published at "Latharna", High Bentham, by an editorial committee consisting of Trevor Blackwell, Shirley Brown, Christine Hodson, Peter Phillips, Ken Robertson, Pam Woof, and co-ordinator, Bill Kennedy, who can be contacted on telephone 015242 62492 or Pam Woof on 015242 61387. Every effort is made to ensure that information contained in the paper is correct. However Bentham News is an open access paper and views and opinions expressed are not necessarily those of the editorial committee. The committee reserves the right to edit contributions. We are willing to withhold names on request, but names, addresses and telephone numbers must accompany all items for publication, which should be handed in to the Gallery, Station Road, by the copy deadline, the 15th of July for the August edition. The Bentham News email address is: benthamnews@lycos.com.