



WOMEN'S INSTITUTES

High Bentham

By Sue Camacho

Our May meeting was held in the Methodist Schoolroom as the Town Hall was being used as a Polling Station. We had the resolutions meeting first and all of the resolutions were passed.

This meeting was also our birthday party. There was plenty of delicious food, cups of tea and lots of time to catch up on all the gossip. The competition was for a Jubilee souvenir and the variety of items brought in was amazing. Elza Sayer was the winner.

Next month's meeting will be on Thursday 5th June when Liz O'Neil will talk on "Making a Splash". The competition is for a photo of a "Bathing Beauty" 1960/70. So come on ladies, start rummaging through your old photos. You must have something to put in the rogue's gallery.

Low Bentham

By Jennifer Watkinson

The organic market garden and shop, "Growing with Grace", at Clapham, was the venue for the monthly meeting. After a brief history of the Quaker co-operative, members were taken on a tour of the greenhouses and packing shed, by two members of the staff. Before Mrs Ruth Sephton, the Vice-President, conducted a short business meeting, delicious organic biscuits and fruit juice were served.

Four members attended the 20th birthday party of the North Yorkshire West Federation at Cracoe, where they enjoyed listening to a recital of classical and modern music, played on the triple harp. The triple harpist, one of five or six in the world, spoke about the music and the instrument.

Three members accompanied the long distance walkers on the first leg of the sponsored walk from Lancaster to Tadcaster. Starting at the weir on the River Lune, they walked to Low Bentham via the Loynes Bridge at Gressingham.

Mrs. Mabel Easterby won the highest break at the Federation Darts Tournament 2003 with an outstanding 148. The next meeting will be on 19th June when Mrs. A. Wilkes will be talking about life with a Cumbrian Vet.

"SHERGAR RETURNS HOME"

By M. Mitton

After four months, Shergar has returned home. Thanks to everyone who phoned, especially a "Miss Marple" who gave me details of his whereabouts. He has been well fed and watered and stabled in a warm bedroom.

Shergar and Red Rum will once again be seen together in their prime position very soon.

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MAY'S TOWN COUNCIL

By David Johnson

There was a full complement of Cllrs. except for Cllr. Lloyd. Cllr. Marshall was elected Mayor for a further year and Cllr. Heigh remains Deputy Mayor. The first part of the meeting was devoted to the election of officers to serve on various committees.

The Police were not present but Cllr. Wills explained in detail the problems he had encountered when trying to contact them.

Highways. A directional sign to Bentham is to be positioned at the junction of the A65 and the Bentham turning near the Bridge Inn at Ingleton. A request has been submitted for rumble strips to be provided on Robin Lane and it was planned to raise the question of speeding and various outstanding road repairs with a local authority official at a site meeting. Some improvements have been made to Wenning Avenue but the Cllrs. instructed the clerk to write to United Utilities suggesting that they surfaced the entire road properly with a view to North Yorkshire adopting it. The District Council has been asked to provide a notice to stop vehicles being permanently parked on Grasmere Drive Car Park.

Thync Housing. There has been no response to the letter the Council sent after the April meeting and so the Cllrs. decided to try to arrange a private meeting between Thync representatives and the full Council.

Town Hall. The Cllrs. decided to leave some of the existing chairs in the Lower Hall for members of Age Concern and bring the new ones down for Coffee Mornings etc. They also discussed improvements to the fire alarm system and plans to redecorate the Lower Hall. Cllr. Hey has been busy with a brush and shovel tidying up the Black Bull Car Park. As the car park is now under joint ownership it was agreed that they should approach Thwaites to see if cleaning costs could be shared. The Town Hall caretakers are to be asked to spend an hour a week keeping it tidy.

Trout Farm. A Low Bentham resident wrote complaining about the bangs from the bird scarers at the Fish Farm. The bangs, it

claimed, are very loud and often continue throughout the night. Low Bentham Cllrs. confirmed that they could be heard clearly throughout the village. The letter went on to say that it appeared that the commercial firework bangers are hung from the fence adjoining the public footpath to the river. The Cllrs. resolved to send a copy of the letter to the Environmental Health Department and to inform the owners of their actions. Some Cllrs. wanted to know if herons fish in the dark?

Bridge House. There are still major concerns about access. A site meeting with the planning department is to be held shortly.

Bus Shelters. Cllr. Hey asked why there was no bus shelter in Low Bentham. It was pointed out that there were elaborate shelters along Low Bentham Road that were largely unused but at Low Bentham, where many people caught the bus in a morning, nothing had been provided.

Shakey Bridge. The Council wondered about staging an official opening. It was suggested that playgroup could use the event to raise funds. Some Cllrs. suggested it be renamed Sturdy Bridge! If you have any suggestions contact Cllr. Wills!

ABBEYSTEAD GARDEN PARTY

By Jean Anatterley

The local branch of the Motor Neurone Disease Association invites all BN readers to its garden party at Abbeystead, near Trough of Bowland, on Sunday 15th June, from 1.30-4.30pm. We are most grateful to the Duke and Duchess of Westminster for allowing us to use their beautiful grounds for this special afternoon. The gardens are well worth a visit.

Weather permitting, members of the Haffner Orchestra will provide musical interludes and members of Kendal Karate Union will be giving a demonstration. Various stalls and refreshments are planned. Funds raised will be used to support local people who are living with MND, their families and carers. Do please come and enjoy this afternoon with us.

HIGH BENTHAM PLAYGROUP

By Rachael Faraday

The Mad March Hop held at the Golf Club raised £199.50 towards funds; thanks to everyone who came and a special thanks to Nicky. Sadly, Sharon Telford, our deputy playleader, has left us after many years of involvement with the playgroup, and will be missed by everyone. But we would like to welcome Marilyn Hartley who will join Ruth in assisting Andrea, our Playleader.

We have received a grant from the Market Town Initiative Small Project Fund, which we have match funded in order to purchase some much needed equipment. Thank you very much!

The children are going to do a sponsored welly walk in June, via the newly revamped Shakey Bridge, to celebrate its opening. Just a reminder that Playgroup is held on Tuesdays and Wednesdays between 1-3pm for children from 2½ years old. Please come along or contact me on 015242 61438.

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HB METHODISTS' GARDEN PARTY

By Dorothy Stubbs

High Bentham Methodist Church Centenary Committee is organising a garden party on 14th June at 2.00pm in the grounds of "The Grange", Low Bentham Road. The event will be opened by Mr. Bill Joel, one of the senior members of our congregation. There will be a cake stall, jams, pickles, bric-a-brac, plants, and memorabilia to celebrate 100 years of the Methodist Church in Bentham. The memorabilia will consist of tea towels, mugs, note pads, and pens, all depicting our own designs. There will also be ice cream and games for young and old alike.

Entry will cost £1 and children under 12 just 50p. This will include a cup of tea or coffee and a biscuit. If the weather is wet the event will be held in the Methodist Schoolroom. Why not come along and join in the fun and fellowship in a truly English country garden party?

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CDC MATTERS

By John Pilkington

District Council Elections

The result of the election held in Bentham Ward on 1st May was:

Gerald Hurtley (Conservative)	521
Manuel Camacho (Independent)	490
Majority	31

The turnout was only 35.9% and was the lowest in Craven apart from two wards in Skipton. An Independent candidate gained a seat from the Conservatives in Skipton East and also in West Craven. Craven District Council is now made up of 11 Conservatives; 10 Independents; 9 Liberal Democrats. The Liberal Democrats and a group of Independents will continue to form the Administration of the Council.

Recent Planning Applications

08/2003/3100 Ashworth Burke Partnership, 3 Castle Street, Clitheroe, BB7 1AZ. Agricultural Building (for wildflower/rare plant nursery) at Battersby Farm, Mewith, High Bentham, Lancaster.

08/2003/3122 Joanne Ervine Mbiat, Seat Hall, Low Bentham Road, Bentham, Lancaster, LA2 7BP. Extensions and alterations to existing dwelling and change of use of redundant police office to living accommodation at the Old Police House, Low Bentham Road, Bentham, Lancaster.

08/2003/3136 Brian Smith, Miller's Green, Mewith Lane, High Bentham, Lancaster, LA2 7AX. Conversion of disused barn/workshop to dwelling at Gale House, Mewith Lane, High Bentham, Lancaster.

08/2003/3141 Brian Smith, Miller's Green, Mewith Lane, High Bentham, Lancaster, LA2 7AX. Alterations and extensions to existing farmhouse at Mewith Head Farm, Mewith, High Bentham, Lancaster.

08/2003/3150 Insert window in north gable of cottage at 5 Tweed Street Court, High Bentham, Lancaster.

08/2003/3174 Mason Gillibrand Architects, 16 Willow Mill, Caton, Lancaster, LA2 9RA. Conversion and extension of barn to form B1 use class workspace with ancillary living accommodation at Burton Meadow Barn, Burton Road, Low Bentham, Lancaster.



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OUR TOURIST INFORMATION OFFICE NEEDS HELP!

By Lin Barrington

Do you have a couple of hours a week free? If so, would you be able to help us at the Tourist Information Office? We have a rota of volunteers who do two-hour shifts throughout the season, which runs from Easter through to the end of September. We provide information to tourists about Bentham and the surrounding area, and keep leaflets on Yorkshire, Lancashire and Cumbria. We have bus and rail timetables and provide a service to locals by keeping information about local events as well as brochures about other parts of the country.

At the moment we have four vacant 'slots': Tuesday and Friday 12noon-2pm, Wednesday and Thursday 2pm-4pm. If you would like to join us, give us a ring on Bentham 61030 or drop in and see Lin or Bill.

BENTHAM BROADBAND INITIATIVE

By Lin Barrington

Following on from David Lloyd's articles in the Bentham News, there is now a group of people who would like to bring broadband (a high-speed 'always on' internet connection) to the Bentham area. If you would like to find out more about this, please contact <http://www.slb.com/broadband/> where we are conducting a survey on who wants broadband in the area and where they live. You can browse the page and complete the survey, and the information can then be correlated.

The broadband group has had two informal meetings to explore possibilities and is planning to meet again on Wednesday 18 June at 7pm at Bentham Community Centre (opposite the SPAR). You would be very welcome to come along.

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THANKS FOR BENTHAM NEWS

By Olive Calverley

If you wish to know what's happening in
Bentham and surround

Just look inside the Bentham News and
there it will be found.

The Diary tells the dates of all
important things to know -

Regular meetings, coffee mornings, when
and where to go.

We thank the people who, each month,
deliver - they never fail.

And when you move from Bentham, the
News comes through the mail.

The volunteers come willingly, whether it's
wet or fine

They make sure that each copy pops in
your door and mine.

But there are many helpers who organise
each page

Many do it freely; there's very little wage!

So - here's my 'blanket' thank you to
helpers, one and all -

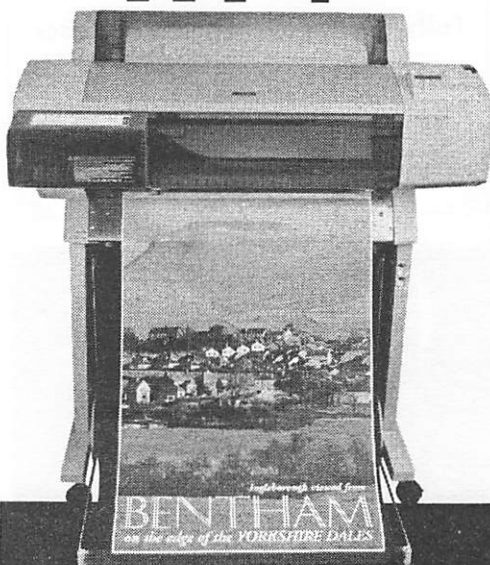
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WHIT SUNDAY WALK & CELEBRATION

By Revd. Nigel B. Thomas

Whit Sunday or Pentecost celebrates the birth of the Christian Church 2,000 years ago. Today the Church is still very much alive and a vital part of our community and this year Churches Together in Bentham is reintroducing the tradition of marking Pentecost with a walk and a family treat.

Everyone is invited to join us for the afternoon on Sunday 8th June at 2.00pm, when we shall meet at St. Boniface's R.C. Church. From there we shall walk up Robin Lane, into Lakeber Drive, Goodenber Road, Main Street, Duke Street, Wenning Avenue and Station Road. After a short stop at St. Margaret's Church we will arrive at the Methodist Church for music, games and Bentham's Biggest Birthday Cake! Children are especially invited to what will be a colourful and fun way of celebrating the life of the Church in our town. We hope that you can join us.

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Dear Editor,
I have been getting Bentham News every month since I left Bentham some years ago for Lancaster, and since I moved to France in September 2001. I still read every issue, including every advert. It is delightful to know that while quite a bit remains the same in Bentham, there are also changes.



Among them, of course, the creation and continuing existence of BN. When some of us (mostly immigrants to Bentham) began BN 17 years ago (can't be seventeen years, can it?), it was a pipedream that it would succeed so brilliantly much less be stronger than ever, after all this time. I remember when Keith Cowling called the first meeting, and how people were sceptical of this vision. But lo and behold, not only has it succeeded, but it has become an example of best practice in a community newspaper.

Obviously it has limits, there are topics, actual names and criticisms which can never be mentioned in the paper, even though everyone talks about them on the street. But the support and pride that people in Bentham have for the paper is utterly fantastic. Many times in my conversations over the years, I have used the writing, the layout, the advertising, the collating and the distribution as a great example for other people to learn from. While the biggest credit goes to the people who actually create and deliver the paper, it is crystal clear that

credit and praise should go to the entire community. That includes those who advertised in the beginning, when it was not clear whether they would get their money's worth. Now, I think everyone realises it is a good deal for everyone concerned.

All the best,

*Tom Cahill (the first Town Council Reporter)
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FUNDING AVAILABLE FOR SMALL LOCAL PROJECTS



By Bill Kennedy

Just a reminder to all local organisations/groups that the Small Project Fund run by the Market Towns Initiative has about £13,000 which must be used by the end of this year. The last date for applications will be 31st December, if the money lasts that long! Obviously it would be better to get your applications submitted much earlier than that.

Applications for project funding should be submitted on the form available from the Trust office, and up to £1,000 can be granted for each project. The amount granted has to be matched by the applicant organisation, but don't let this deter you, as there may be other sources of this match funding and volunteer time can be taken into consideration. If your organisation/group has a project which you think may be eligible for funding, please come in and discuss it with me. You'll also get any help you may need to fill in the funding application form.

We have already had 23 applications from local organisations and 20 of these were offered grants, totalling about £12,000. It is a fairly simple process so don't delay and don't miss out on this opportunity!

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POLICE FILE

PC Adrian Hayes

Over the past few months the crime situation has remained quiet, however the usual complaints about the behaviour of youngsters around the town continue. Damage is regularly being caused to the equipment on the Goodenber playground and to the waiting areas at the railway station. If anybody has any information as to who is responsible then I would appreciate a call. Generally the age group concerned is those between about 13 and 18. If you have children of this age are you aware of what they are up to and where they are going?

A regular complaint that we receive is about the driver behaviour of so called 'Boy Racers' using the roads around Bentham as their own personal race course. This is a dangerous practice and we are fortunate in that there have not yet been any serious accidents. I am sure that it is only a matter of time. If you witness such behaviour then make a note of the date, time and location where the driving took place. Also make a note of the car registration number and report the incident and manner of driving to us and we will endeavour to trace the owners and report them for any offences committed.

Now that the summer is here many of you will be out there gardening, having barbeques etc. Don't become a victim of crime by leaving things such as garden equipment and bicycles lying around outside. Make sure they are locked away safely when you have finished.

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PLANNING FOR BONFIRE WEEKEND FESTIVAL

By Bill Kennedy

A number of local organisations have been considering ways of extending the festival atmosphere that pervades the popular annual bonfire night, with its excellent lantern parade organised by Looking Well. And this year it has been decided that a "festival weekend" would be appropriate, with the hope that in years to come, this could grow into a festival week!

As well as the lantern parade, bonfire and fireworks display on Saturday 25th October, which attract upwards of two thousand people, the Bentham Traders Association is organising a "Jazz Night" at the Town Hall for Friday 24th October. But we could do with further attractive events, so if you or your organisation is planning to have an event around that time, please let us know, and perhaps it can be scheduled as part of the festival, and included in the publicity posters and press coverage.

A Craft Fair and an Art Exhibition would add greatly to the attractions, and help to "pull" more visitors to Bentham. It is hoped that the events will be well supported by local people and visitors, and act as a springboard for a better festival in years to come. If you have any other suggestions which you would like to have considered, please contact Lin or Bill at the Trust office, as soon as possible, at 26 Main Street, or by telephone on 61030.

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DON'T MISS BURTON VILLAGE GALA ON 7th JUNE

By Julie Rollinson

Burton-in-Lonsdale Gala will be held at the village recreation field from 2.00pm on Saturday 2nd June. Events will begin with the children's fancy dress parade outside All Saints Church at approximately 1.30pm.

Attractions will include a Jazz band, children's fairground rides, a Paintball target range, plant stall, fire engine, refreshments, stalls and lots, lots more!

There will be a Burton's Strongest Man competition as well as children's sports including a cross country style race for the over sevens.

A limited number of tickets will be sold on the afternoon to win a framed £50 note. So why not come with all your family and join in the fun.

CLEARBECK OPEN GARDEN DAYS

By Peter Osborne

Clearbeck House gardens will be open for the National Gardens Scheme from 11.00am-5.00pm on the following two dates: Sunday 29th June and Sunday 6th July. National Gardens Scheme charities include McMillan Nurses.

This is your chance to see new developments in the garden including the ruined brick tower and "abbey" remnant, as well as all the established areas. By that time there should be new cygnets on the lake because the swans are already nesting.

Teas will be served on both these Sundays, for Save the Children Fund and the Church of the Good Shepherd.

Clearbeck House, Higher Tatham, will be clearly signed from Wray and Low Bentham.

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THE YELLOW BRICK BUS

By Neville Chant

Bentham Community Transport has recently co-operated with Looking Well by making the minibus available in support of the Yellow Brick Road project. Three drivers from the project have undertaken a MiDAS (Minibus Driver Awareness Scheme) training course and have successfully completed their driving assessments. Pictured are Nicola Moorhouse, Chryssie Burgess and Leo Nolan with their MiDAS Certificates, and Neville Chant of BCT, who conducted the training. Also in the picture is Joan Forsyth, who drives for BCT and Age Concern, Bentham, who has recently undergone refresher training to renew her certificate. Dave Lewis has also done his refresher training recently.



The Yellow Brick Road is a mobile play project that provides creative activities for children in the rural communities of Craven. The team gives children the chance to explore and discover a rich imaginary world through stories, music, puppets and art activities and provides practical support to parents and childcare workers. Catch them in Bentham on Wednesdays at Mucky Buckets.

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GARDENING PAGE



By Joyce Knapp

As June arrives we can begin planting out any tender vegetable crops raised in the comparative shelter of a greenhouse. Perhaps the most commonly grown of these is the runner bean, although it may be worth trying out either climbing or dwarf French beans. Runner beans are known to crop extremely well in a wet season whereas the French variety prefer much warmer and dryer conditions, so you may wish to hedge your bets by growing a few of each.

Other young plants which may be ready for planting out in June are the brassicas, grown to be harvested through the winter months and into early spring. These may include brussel sprouts, winter cabbage and purple sprouting broccoli which all need to be spaced well apart on planting as they will grow quite large in time. After being planted firmly and watered in, the young plants can be protected from attack by the cabbage root fly by placing a six inch square of carpet, or underlay, around the base of each plant. Having cut a slit to the centre of each carpet square, they can then be slipped carefully around the base of each plant and left in place until the crop is harvested. This acts as a barrier to stop the female root fly laying her eggs on the soil surface next to the plant stem from where the grubs would tunnel into its roots.

Moving on into the fruit garden, we may need to take a look at the raspberries which should be showing signs of fruiting shortly. The first task is to remove some of the new, young shoots, keeping only three or four of the strongest on each root to grow on and bear fruit next year. Any shoots appearing outside the allotted area can also be removed before using a net to cover the plants, thereby preventing birds from eating the fruit as it ripens.



By Eleanor Fisher

By the beginning of June, the hectic rush of planting up tubs, window boxes and containers, setting out sweet peas and seedlings is over, and it is time to move back in to 'maintenance mode' in the garden.

Spring flowering shrubs such as forsythia can be cut back hard to allow the new wood, which will bear next year's flowers, to develop before winter. Early flowering rock plants like aubrietia, alyssum and candytuft, can be clipped over to remove the seed heads, or if the mats have outgrown their space, or are developing bare brown patches at the centre, they can be cut back hard now. A good feed with a general fertiliser will set them off again.

Primroses, polyanthus and drumstick primulas are best divided every two or three years, and watered in well in their new situations, with good compost worked in under the crowns to conserve moisture during the summer. The flowerheads of hellebores should be cut down unless you want to gather seed - this is a job best done in rubber gloves, as the sap often causes an irritating blistery rash. As lungwort flowers fade, they should be cut hard back to allow the beautiful display of spotted or silver foliage. If mildew develops on established plants, it seems effective to raze them to the ground and feed, rather than try to spray - the thick leafy growth soon sprouts again.

When tulip flowers and foliage have withered off, the remaining shreds should be trimmed away. There is the option of either leaving them in situ, or lifting and drying off the bulbs, and storing them in an airy place (in paper rather than polythene bags to prevent moulds setting in) for replanting in the autumn. And of course there is the constant chore of weeding, not to mention watching out for greenfly, black spot, slugs, snails .. but if the weather is good, this is the perfect excuse to be out in the sun.



LOCAL EVENTS IN JUNE

- Sun 1st Bentham & District Pet Rescue Book Sale at Watershed Mill, 11.00am-4.30pm.
High Bentham Methodist Church, Chapel Anniversary. with Rev. Elizabeth Hodgkiss at 10.30am & 6.30pm services.
- Mon 2nd Town Council meeting at the Town Hall, 7.30pm.
Looking Well, 10.30am-12.00 noon, Baby Buddies, parents and babies group. 1.00-3.00pm, Cancer Support Group drop-in. Both every Monday.
- Tue 3rd Angus Company Pensioners' outing to York.
Looking Well, 2.00-3.00pm, Women's Support Group and Tai Chi Qigong, and both every Tuesday.
High Bentham Playgroup, 1.00-3.00pm at the Town Hall and every Tuesday.
- Wed 4th NSPCC monthly meeting at Lingfield, Robin Lane, at 7.30pm.
High Bentham Playgroup, 1.00-3.00pm at the Town Hall and every Wednesday
- Wed 4th Looking Well, 1.30-3.00pm, Mucky Buckets, parents and under 3s play session, and every Wednesday.
- Thu 5th High Bentham W.I. at the Town Hall, 7.30pm. See page 2.
Looking Well, 10.30am start of Expert Patient Programme, see page 31. 10.00-11.00am Ball play for toddlers at the Community Centre.
Dance at Clapham Village Hall, 7.30-10.00pm and every Thursday.
- Fri 6th Age Concern at the Town Hall, Derek Cressey - "Alaska" a film show.
- Sat 7th St. Margaret's coffee morning at the Town Hall, 10.00am-12.00noon. 
Burton-in-Lonsdale Gala, see page 12.
The Lunesdale Studio Trail, until 22nd June. Details from the Tourist Office.
- Sun 8th Bentham Footpath Group walk, Leck Fell and 3 men of Gregareth, 7½ miles, leader J. Knapp 61355. Meet at Lairgill/Ireby Green 10.00/10.15am.
- Tue 10th Bentham Child Health Clinic at the Surgery, 2.00-4.00pm.
High Bentham Toy Library at the Community Centre, from 8.30-11.30am.
Craft Group meeting at the Community Centre, 10.00am-12.00noon. See page 29.
- Wed 11th Looking Well, 7.30-9.00pm, Alzheimer's Carers Support Group. 7.30-9.30pm, Singing Workshop every Wednesday.
Farmers Market, 8.30am-3.00pm at Cleveland Square.
Citizens Advice Bureau at the Surgery, 1.30-3.30pm.

LISTING FOR LOCAL EVENTS

Date.....Time.....
Event.....
.....
.....
Venue.....
Contact Tel. Number.....
Name.....

Please complete and return to the Sports Shop, Main Street, High Bentham.

- Thu 12th Embroidery Guild of Kirkby Lonsdale and District meeting at Westhouse Village Hall, 2.00pm. Tracey Pearce - Little bags.
- Fri 13th Age Concern at the Town Hall, Knobbly Knees competition.
- Community Conference at the Town Hall, and 14th and 15th. See enclosed flier.
- Sat 14th Samaritans' coffee morning at the Town Hall, 10.00am-12.00noon.  High Bentham Methodist Church Garden Party, see page 4.
- Lowgill (Tatham Fells) Sports and Sheepdog Trials, from 8.30am. Fancy dress 1.00pm. 7-a-side football 4.30pm. Adult sports 6.30pm. At Lowgill.
- National Day of Dance - see page 27.
- Burton-in-Lonsdale & District Horticultural Society annual trip to Harlow Carr Gardens, Harrogate. Cost £10. More details from Chris Stephens 01729 824620.
- Sun 15th Deadline for July Bentham News.
- Tue 17th Burton-in-Lonsdale & District Horticultural Society visit to Beck Head, Witherslack - garden of Mr. and Mrs. Kinnear. Meet at Spar Shop, Burton, at 6.15pm (7.00pm Witherslack).
- Bentham Footpath Group walk, Brownthwaite Brow, 10 miles, leader B. Sim 61106. Meet at Lairgill 9.30am.
- Wed 18th Coffee morning, 10.00-11.30am, at Abbeyfield House, Main Street. Everyone is welcome.
- Broadband meeting at the Community Centre, 7.00pm. for anyone wanting broadband in Bentham. See page 6.
- Thu 19th Low Bentham W. I. monthly meeting at the Victoria Institute. See page 2.
- Craven College art exhibition, Town Hall, from today until 22nd June.
- Fri 20th Age Concern at the Town Hall, - summer recipes.
- Waste paper collection at Lairgill car park, 8.30-11.00am. Proceeds to NSPCC.
- Sat 21st High Bentham Methodist Church coffee morning at the Town Hall, cake &  plant stalls, 10.00-11.45am.
- John Ruskin - his life through pictures. W.E.A. centenary talk by Stephen Wildman of Ruskin Library, Lancaster, at Clapham Village Hall, 10.30am.
- Mon 23rd Bentham Footpath Group walk, Bolton-le-Sands canal/shore, 4 miles, leader D. Stubbs 61430. Meet at Lairgill 6.00pm.
- Tue 24th Bentham Child Health Clinic at the Surgery, 2.00-4.00pm.
- High Bentham Toy Library at the Community Centre, from 8.30-11.30am.
- Wed 25th Citizens Advice Bureau at the Surgery, 1.30-3.30pm.
- Fri 27th Bentham News published.
- Age Concern at the Town Hall. Summer Quiz.
- Sat 28th High Bentham W.I. coffee morning at the Town Hall, all the usual stalls.  10.00-11.45am.
- Bentham Footpath Group walk, Horton-in-Ribblesdale, 8 miles, leader V. Smith 61100. Meet at Lairgill 9.30am.
- Sun 29th Clearbeck Open Garden Day, 11.00-5.00pm. (and 6th July) See page 12.

A TRIBUTE TO THE BENTHAM NEWS

By Mary Ireland

The 200th edition of Bentham News is certainly something to celebrate, and also the moment when we should thank and congratulate all those people who have given, and who still give, time, experience, enthusiasm and knowledge to the publication and distribution of such a splendid local paper - which drops through my letterbox regularly, thanks to Jean West.

It is now nine months since I left Bentham, and after twenty-six years of village life and environment, moving to a busy town like Cambridge at my age was a major change, rather daunting to say the least - so much traffic, noise and crowds! Plus the fact that I didn't know my way about, or how the bus system worked - I decided very soon that it was time to give up driving. I sold the car and acquired a Buggy! I was very lucky. My family (the reason for moving to Cambridge) gave me

all the help I needed, and I get around on public transport, even to the extent of going alone by bus to Stansted airport to meet my youngest daughter, arriving from Italy.

I soon realised how special and beautiful Cambridge is, with the historic college buildings and gardens, the river, and the spring flowers, trees and blossom, which have been so lush this year, not only on the Backs, but also in private gardens. I'm even getting used to the enormous skies, but I do still miss the hills! However, from my second-floor flat I have a very good view of the sunsets, which means so much to me.

Finally, if my Bentham friends of any age group are having doubts about "sheltered housing", I can say, very positively, that I am happily settled at Willowbank in my Anchor Trust flat. There is an atmosphere of friendliness and kindness here, with instant help and care when and if needed. Knowing that I had left a garden behind to come here, my very considerate carer, Kate, has filled my little balcony with pots of trailing flowers. All I have to do is keep them fed and watered.

You are invited to the INGLETON TREASURE TRAIL OPEN WEEKEND

10am to 7pm Friday 6th June

10am to 5pm Saturday 7th June

Over the weekend a number of local businesses are holding a treasure trail to offer you, the customer, some unbeatable offers along with in-store demonstrations. If you manage to visit all our participating businesses you could enter the free prize draw to win a range of luxury items.

Participating Stores include

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**Watch the post for your personal invitation. You must bring this
with you to collect your treasure stamps to show
that you have visited all the participating businesses,
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Bentham Farmers Market

Wednesday 11th June 03

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LOOKING WELL CANCER SUPPORT GROUP

"In the Same Boat"

By Jean West

Bentham's Cancer Support Group began at the surgery in 1995 as an initiative by Christine Hodson, the then Health Visitor. It continued at the Looking Well with the driving force of the late Marion Frost. It is now running as a weekly drop in every Monday from 1pm to 3pm. Money was raised for an adjustable couch for massage, and monthly swimming sessions, with sauna, steam and jacuzzi and complementary therapies are offered at reduced rates for people facing cancer and their families.

Various donations have been given by kind folk. One member's son raised money for the group by running the Great North Run and people in Burton in Lonsdale have donated money through a collecting tin in the post office. Members of the group wrote letters to MPs and health agencies lobbying for a Macmillan nurse in Craven. As a result one of our members was invited to be on the interview panel for the appointment. Nic Gomersal, Macmillan nurse is now in post based at Skipton General Hospital.

There are strong links with Slynedaes and St John's Hospice who have given advice and support. Susie Roth, who was matron at the hospice and now runs the support groups in Lancaster, Morecambe, Carnforth and South Lakes, visits regularly.

The group has been part of the Yorkshire Cancer Network since it was formed and attends regular meetings at Cookridge Hospital, Leeds. They have also helped to produce a leaflet on cancer services in Craven and a hospital questionnaire. Members have attended the National Conference of Cancer Support Groups in Manchester for five years, with support from the Bentham Surgery Extra Care Fund. Last year they also attended the "Britain Against Cancer" conference at Westminster and another in Birmingham. It was heartening to hear from people working at the core of research and all these events are much enjoyed.

None of this would have been possible without the grant from the National Lottery in 2001. The group now needs to raise further funds to keep going. We're looking for people to help us with fundraising. If anyone thinks it is a worthwhile cause and would like to help, please get in touch with the secretary, Alison Jones (62672), or the chair, Jean West (62132).

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BENTHAM PEOPLE

Thanks

Nellie Moon would like to thank all for the flowers, cards and prayers during her recent stay in hospital.

Hairlines would like to thank everyone who sponsored their team to walk up Ingleborough, and their wonderful support group, Lynette, Tom, Katie and Sheila. £250 was raised for Comic Relief.

For Sale

Sun Bed, 6x6ft, £50.00 o.n.o. Phone 22232.
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17 year old seeks apprenticeship as motor mechanic in Bentham or surrounding area.
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Congratulations

Congratulations to "Bentham News" on its 200th edition - from all at Bentham Post Office, 28 Main Street, High Bentham LA2 7HL. Tel: 015242 61650.

Congratulations on your 200th edition. We look forward to the next 200! From everyone at Hash Browns.



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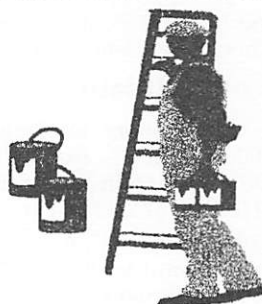
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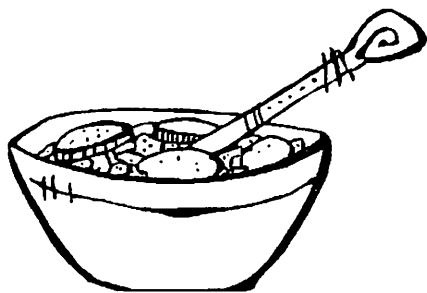
By Doreen Park

As this is the 200th edition, instead of work in the kitchen, let's have some fun. I found this recipe whilst on holiday recently. Please send your entries to BENTHAM NEWS C/O BENTHAM SPORTS SHOP, marked "Pudding Competition"...There will be a fantastic prize!

Paignton Pudding

573 lbs flour
191 lbs bread
382 lbs raisins
191 lbs currants
382 lbs suet
320 lemons
144 nutmegs
951 lbs sugar
Dozens of eggs
360 quarts of milk

Mix this lot together and let me know what you estimate is the weight of this giant Paignton Pudding.



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FREE ADVICE AND HELP FOR BENTHAM BUSINESSES

By Shirin Borrett (*Craven Business
Development Centre*)

Shirin Borrett, business adviser with Craven Business Development Centre, will be in Bentham on Tuesday 10th June to meet with businesses or anyone thinking about setting up on their own.

This will be an opportunity for anyone who would like to discuss an idea or obtain advice on any area of business, to come along and have a free session. Whether you have a question on marketing, tax issues, VAT registration, finances, how to run a business, how to increase sales or any other related matter, Shirin will help or signpost you in the right direction.

For further information and to arrange an appointment, telephone either David Lloyd on 015242-62672 or Shirin Borrett on 01756-701001.



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Bentham People Page, Personal Thanks, Thanks, Birthdays etc, 10p per word.

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All advertising must be paid for when booking, which must be by the copy deadline date, 15th of month, prior to publication.

To place an advertisement in the Bentham News contact Bill Kennedy on 62492 or leave it in at Bentham Sports on Main St. High Bentham.

NEW COMMUNITY GARDENER

By Bill Kennedy

You should soon see some improvement to the appearance of several areas around Bentham, as the result of work by the Community Focus Working Group of the Market Towns Initiative. Funding supplied for environmental enhancement, by the Countryside Agency, Craven District Council and the Town Council, has enabled us to offer a contract for specified "gardening" work, one day per week, and this has started on 19th May at the Cemetery approach.

The first areas which will be improved are:-

- ✓ the Cemetery approach,
- ✓ the areas immediately around the "Welcome to Bentham" signs,
- ✓ the Millennium garden at the bottom of Robin Lane,
- ✓ the station garden and wall boxes.

These areas will be dug over, weeded and planted with a variety of annuals, perennial plants and shrubs, and then maintained. If you have any spare plants which you think might be suitable, and which you would be prepared to donate to this project, please contact me on 61030 or 62343. Next month we hope to publish another article on this subject, including a photograph of our new "Community Gardener" - Charlie Robin. In the meantime, if you see him at work, give him a cheery "hello" and some encouragement.

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BENTHAM COMMUNITY TRANSPORT



By Lin Barrington

We need drivers

Now that summer is coming up and our drivers start to go off on their holidays, we find it is sometimes difficult to fulfill all the bookings we have. Most of the journeys for which we need drivers involve bringing people from Bentham, Ingleton, Clapham and Wray into the Surgery. The patients are unable to get in to the surgery - usually because there is no transport! Our drivers use their own cars and are paid expenses of 35p per mile, which does not count as earned income as far as the tax man is concerned. If you could help us out, please contact us on 62753, or drop in to the Bentham Trust office and speak to Lin or Pauline. You don't have to make a regular commitment, and you are always at liberty to say no to any journeys we offer you.

Go-Cars

We're waiting for the final report on the study done for us on the viability of setting up a car club, but we understand the report will be favourable.

North Craven Taxibus and Settle Stationlink

We've put a tender in to run this service, which covers the Bentham, Ingleton and Settle area and will be funded by money granted to North Yorkshire County Council. If we are successful, it will involve meeting trains and operating a 'dial-a-ride' service. Watch this space for developments!

POWER TOOL WINNER

Mr. Henshaw of "Seeing is Believing" New House, Mewith Lane, has been declared the winner of a Draper power tool in a recent draw sponsored by B & C.E. Armstrong of Main Street, Bentham.

MARKET NEWS

By Bill Kennedy

It is encouraging to see that the number of people using the Wednesday market is increasing, and that the number and variety of stalls also shows improvement. The Trust hopes that people from the Bentham area will continue to use the market, to ensure that we do not lose it. If we can attract more people into Bentham on Wednesdays, then not only will the market thrive, but local shopkeepers will benefit as well.

Farmers Market for Bentham

With that in mind, we hope to have a Farmers Market on the second Wednesday in each month, starting on 11th June, for a three month trial period. It will also be located at Cleveland Square, and we expect about six farm stalls. The details have yet to be confirmed, but we will put up posters and arrange for plenty of publicity. One of these Farm stalls has already been coming to the market recently and the high quality products have been very popular.

The Farmers Market is being organised with the help of Sarah Williams, the Marketing Officer (Food) for Made in Cumbria. Craven District Council is at an early stage in looking at Farmers Markets and eventually hopes to develop more support for them, across the District, but this is still some way off. Perhaps some local farmers will see this as a way to market their produce, or to diversify and enquiries from them would be welcome.

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LOOKING WELL

By Alison Jones

Floral Therapy

Margaret Hayton's flower sessions have been such a success that she would like to open them out to anyone who is interested. She will be leading two sessions at Looking Well for the Cancer Support Group on Monday June 9th and 16th at 2.00 pm.

The group would be delighted to welcome anyone who would like to come along. There will be a small charge for attending and places are limited so phone Margaret on 61900 to register your interest.

Celebrate the National Day of Dance Saturday June 14th

As there is no Gala this year we would like to support the National Day of Dance by offering Scottish Dance and Indian Dance workshops at the Community Centre and dancing the Jubilee Dragon down Main Street. If anyone would like to join the band or dance in the Dragon, come to Looking Well at 10.00 on the morning of Saturday June 14th. From 10.30 at the Community Centre, Robert Rushton will lead a free Scottish Dance workshop (in connection with Royal Scottish Country Dance Society) and Edna Watt will lead classical South Indian Dance (Bharata Natyam) sessions for beginners. Children under 10 must be accompanied by an adult.

So, let your hair down, and get moving! And if you've got some energy left, come along to the Scottish Dance at Cowan Bridge Village Hall 5.30 - 8.30 on Sunday 15th June with a Jacob's join supper.

INTERESTED IN ROTARY?

By Norman Butler

The local Rotary Club meets for dinner with a speaker every Thursday at the Royal Oak in Settle. Apart from our social function, we are especially proud of our varied fund-raising efforts. We have recently given £1,500 to the Polio Eradication Fund and other amounts to the Yorkshire Air Ambulance, Freda's Playgroup, Settle and District Blind Persons' Welfare and Austwick Community Players. We also sponsor two African children's education and have just delivered computer equipment for dispatch to the Ukraine.

Through Bentham and Settle Health Centres and local chemists we are collecting unwanted in-date medicines to send to the Third World. Our Saturday bookstall in Settle Market Place supports Water Aid, a scheme to bring safe water to poor areas. Recently we forwarded a £1,500 cheque, raised by Giggleswick School, to the Bali Rotary Club for the hospital concerned with the Bali terrorist bombing, and through the good offices of Rotarian David Fox, the Bali Rotary Club has received this cheque.

Our local community still supplies books, in ever increasing numbers for our Saturday Bookstall in Settle market place. To date, we estimate the total money raised is about £30,000.

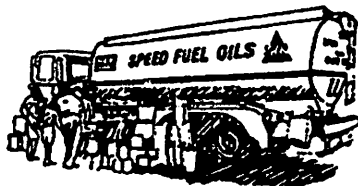
If you want to find out more about your local Rotary Club, please contact me on 015242 - 61420.

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B.F.G. RECENT WALKS

By Dorothy Stubbs



AA

Good Friday was memorable for many reasons. Leaving the huge crowd gathered at the Auction Mart for the annual open-air service, we set off walking. Picking up extras at Bentham Bridge, we totalled almost 50 and Joan Clapham led us along the river from Staggarth. We inspected and approved the new Shakey Bridge. Passing through Sunnybank Farm we had no time for beauty treatments, although some of us would have benefitted! Crossing Mewith Lane, we headed up to the moor, passing Holly Tree. Manoeuvring the open moorland we were rewarded by a picnic site at Len and Johanna Moody's Fairfield Barn. To reach this we used the expertly built steps over Burbles Beck, which were made several years ago by a team of walkers headed by

Barry Greenwood. Oakroyd Hot X Buns and hot and cold drinks were supplied to accompany our picnic. Ages ranged from 1 to 85 years and a happy atmosphere was enjoyed. It was fitting that it was Len whose vision and hard work got the BFG up and running back in the 1980s. We were grateful for his and Johanna's hospitality that day and for all he has done over the years. Another highlight of the walk was going through Moulterbeck Wood and seeing the recently renovated paths and steps so well carried out by Yorkshire C. Council. This was well overdue and makes a lovely walk up from the caravan park.

On a recent Saturday, Tom and Joyce Connolly led us on a circular tour from Kirkby Lonsdale, taking in a beautiful, unspoilt green lane to Barbon. This lane was bordered by enclosures built by the celebrated Andy Goldsworthy, each one containing a rock of varying size. Barbon churchyard supplied us with a good picnic table and seats under the trees. Early bluebells in the woods were seen on the return route to our base.

On Tuesday 6th May, Keith Wear led us on a short circuit around Bentham because some slightly older walkers requested that we gave them suitable walks. We try to cater for all and prove that not all walks are long and demanding. The views around were spectacular and we covered no more than 4 miles. We went down Duke Street, crossing the railway, along the riverside through the caravan park to Wenning Avenue, across to St. Margaret's, to Cowslip Hill, passing Wenningdale to Shakey Bridge and back via Staggarth. Thank you, Keith.

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18 HOLE GOLF COURSE OPENED

By Stuart Marshall

For more than eighty years, ever since the club's foundation in 1922, golfers at Bentham have been used to playing nine holes twice, but they now face dramatic new challenges because the course has been extended to eighteen holes. The new development has met with extravagant praise from all who have seen it and that is rather unusual because golfers are well known for their ability to find fault. Visiting officials from both ladies and gents golf unions have been as impressed as local members, not least by the quality of the greens and fairways which can take many years to reach maturity at some courses. Head greenkeeper Alan Kellett and his team have done a remarkable job.

The extension, covering more than 60 acres, was constructed by Loates Brothers of Retford under the direction of Wavendon Golf Centre, acting as course architects for the club. The layout was based on proposals from course designer, Donald Steel. There are two loops of nine, each returning to the clubhouse and the par of 72 consists of 10 par 4s, 4 par 3s and four par 5s making a total of almost 6000 yards. Work began in May 2001 and the new course opened on 11th May. One particularly attractive feature of the design is that there are eight ponds awaiting wayward shots. Does this make Bentham the new Augusta? The climate is not quite as warm and the teeming wildlife is very English but the stunning scenery is as

beautiful as you will find anywhere.

In the recently refurbished clubhouse there are new faces including a new secretary, a new steward and the club's first professional, Alan Watson. These are exciting times for Bentham and the club is keen to recruit more members to share the fun and sustain the development.



BENTHAM CRAFT GROUP

By Elza Sayer

If you are interested in crafts and would like to join a group of like-minded people, why not come along to the Community Centre on Tuesday 10th June from 10.00am to 12.00 noon.

Bring something to knit, sew, crochet etc with you. Come along with ideas on things to do, as well. Hope to see you there.

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PLAYING FIELDS DEVELOPMENT - PROGRESS REPORT

By John Pilkington

Considerable progress has been made since the last report. There is good news for Phase 1 which is the refurbishment of the existing football and cricket pitches and the creation of new pitches for mini-soccer and for training. The funding from Sport England is now confirmed and includes support for maintenance of the pitches for the first three years. There has also been confirmation of the funding from the Countryside Agency through the Market Towns Initiative. All the funding is now in place and preparation of tender documents for the work is progressing well. However, work on the new pitches can not begin until measures to reduce the flooding problem are agreed. A variety of solutions are being considered with the support of Craven District Council.

Phase 2 is the construction of new changing facilities and the erection of floodlighting on the new pitches. Funding from the Countryside Agency has been confirmed and an application for the remainder of cost will be submitted to the Football Foundation in the next week or so. Preparation of the drawings is underway so that a planning application can be submitted this month.

The Countryside Agency has also confirmed funding for Phase 3, the creation of a Skateboard Park and Tennis Court refurbishment. It is hoped that the rest of the funding will come from Sport England. However, because of the national reduction in money from the Lottery, there could be a delay in processing applications. The Playing Fields Association is trying to find out whether their application is likely to be affected.

Meanwhile about £6,000 still needs to be raised locally so that the ten percent contribution required from The Playing Fields Association will be available. A number of fund raising efforts are being planned but more are needed. Please continue to give your support.

CRAVEN WANDERERS JUNIOR FOOTBALL CLUB

By Alan Hutchinson

After another successful season the Club held its Annual Presentation Night recently. Trophies were awarded to six teams playing in local leagues. The club expressed thanks to all the parents for their support. Special thanks went to the outgoing secretary, Louise France, and also the chairman, Brian Jackson, for all their hard work and support throughout the season.

Trophies were awarded as follows:-

Under 16's: Manager's Player - Dale Denham. Players' Player - Daniel Rose. Most improved - James Barlow. Loyalty - Kenny McFarland. Long Service Awards - Daniel Rose, Paul Burrow, Alex Hartley and James Barlow.

Under 14's: Manager's Player - Jonathan Lister. Players' Player - Jonathan Bryson. Most improved - Adam Jackson. Loyalty - Thomas Burns.

Under 14 "A"s: Manager's Player - Sam Lister. Players' Player - Zac Johnson. Most improved - Daniel Edmondson. Loyalty - Robert Mills. Outstanding achievement - Kabel Taylor.

Under 12's: Manager's Player - Josh Hall. Players' Player - Josh Atkinson. Most improved - Jake Telford. Loyalty - Jonathan Holland and George Taylor. Soccer Star Challenge Cup - Sam Hutchinson.

Under 10's: Manager's Player - Matthew Usher. Players' Player - Ben O'Hagan. Most improved - Sam Dennis. Loyalty - Gary Guy.

Under 8's: Manager's Player - George Townsend. Players' Player - George Townsend. Most improved - Angus Carr. Loyalty - Isaac Dennis. Outstanding achievement - Jordan Armstrong.

Craven Wanderers will continue to run teams and training sessions next season for all the above age groups - new players are always welcome. For more information please contact the Club secretary on 015242 62439.

FREE COURSE TO IMPROVE QUALITY OF LIFE

By Jo Ralph

Harrogate and Craven people with long-term illnesses are being offered enrolment on a free course to help improve their quality of life, thanks to Craven, Harrogate & Rural District Primary Care Trust being part of a national pilot for the Expert Patients' Programme. The Expert Patients' Programme was launched in September 2001 by chief medical officer, Sir Liam Donaldson. Its aim is to empower those people living with chronic long-term medical conditions to become key decision-makers in their own care.

The PCT's free six-session course is part of a national programme to help people who live with long-term illnesses like arthritis, asthma, coronary heart disease, multiple sclerosis, irritable bowel syndrome and endometriosis to take control of their conditions. The course trainers all have experience of making life changes as a result of their own illnesses or that of a close relative. Senior trainer for the Expert Patients' Programme is Jenny Poulter of the Department of Health for North Yorkshire, who said "The course has been designed to help people with long-term health conditions regain as much control over their physical and mental wellbeing as possible. It's not about learning how to manage diabetes or asthma from a medical point of view, but about helping people to get the

most out of life by sharing practical experiences. The course has been running since last summer in other parts of the country, and the feedback has been really positive. Participants have different conditions but share many of the same problems, for example, pain and tiredness. Through the course they help to solve one another's problems."

Date of the local course in Craven is Thursday, June 5 at 10.30am-1pm (for six weeks) at Looking Well, Main Street, Bentham. Male and female participants aged in their early 20s to late 80s on courses elsewhere in the country, have made the following comments:

... "I am now setting goals of where I want to go in life and making plans to achieve them."

... "The course made me re-assess my life realistically."

... "The course gave me back my self-esteem"

... "I no longer feel guilty about having a chronic condition."

... "I feel much more positive and have learned some simple ways of dealing with day-to-day problems."

Anyone wanting further information about how to access the course in Craven and Harrogate, should contact the programme co-ordinator Christine Walmsley on 01423 859686. Christine is based at the PCT headquarters at The Hamlet, Hornbeam Park, Harrogate. If people would like to speak directly to a trainer, they should contact Jenny Poulter or Liz Powell on 01757 701885 or e-mail either jenny.poulter@sypct.nhs.uk or liz.powell@sypct.nhs.uk

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BENTHAM'S HEALTH CENTRE EXTRA CARE UNIT

By Sue Lumb

The Extra Care Unit funds a great range of health needs as they arise, such as patients' transport costs, but also lends out special equipment as advised by the doctors. This includes:-

> 1. **Nebuliser** - This is a machine which breaks up liquid drugs into tiny droplets, forming a mist which you can then breathe into your lungs. They are mostly used for emergency treatment during an acute asthma attack or very severe obstruction of the airways. Nebulisers should only be used if a doctor recommends it.

> 2. **TENS** (Transcutaneous Electrical Nerve Stimulation) - TENS units provide low frequency electrical impulses that are applied to the skin via electrode pads to relieve pain, including arthritis, back pain, muscular pain, sports injuries, rheumatism and sciatica.

> 3. **Home blood pressure monitor machines** - for patients with borderline blood pressures. Having your blood pressure measured by a doctor can cause anxiety which is a cause itself of high blood pressure. As a variety of conditions affect blood pressure, a single measurement may not be sufficient for an accurate diagnosis, so your doctor may ask you to take home a blood pressure monitor machine and record at home for 1-2 weeks.

This equipment is bought by Bentham Surgery Extra Care Fund, which is funded by donations given to the surgery. The equipment is lent out on a SHORT-TERM basis only, unfortunately it cannot be lent

long-term. The equipment cannot be prescribed on the NHS. It is expensive and needs regular maintenance. Unfortunately some has been borrowed and never returned to the surgery, so if you have used any of it in the last year, please could you have a look in your cupboards etc, and return it to the surgery so someone else can have the use of it. Thank you.

The number of people who did not turn up for appointments during April was 74. If you know that you are not going to be able to keep an appointment, please let the surgery know, so that someone else can attend.

BENTHAM NEWS - 200th EDITION APPEAL FOR THE EXTRA CARE UNIT FUND

The Bentham News Editorial Committee decided that to mark this special occasion, the 200th edition of your community newspaper, it would be fitting to launch an appeal on behalf of the Extra Care Unit Fund. That's why we have included an addressed envelope with each copy this month.

If you appreciate getting the Bentham News delivered free each month, and understand how important the Extra Care Unit is to the community, we would request that you place a donation, cash or cheque, large or small, in your envelope, and hand it in at the Trust office, beside the Post Office. All proceeds will go to the Extra Care Unit Fund. Please make cheques payable to Bentham Health Centre Extra Care Fund.

Thank you.

BENTHAM NEWS is published at "Latharna", High Bentham, by an editorial committee consisting of Shirley Brown, Diane Chant, Judith Johnson, Peter Phillips, Dorothy Pidgeon, Ken Robertson, Jean West, Pam Woof, and our co-ordinator, Bill Kennedy, who can be contacted on 62492. Every effort is made to ensure that information contained in the paper is correct. However Bentham News is an open access paper and views and opinions expressed are not necessarily those of the editorial committee. The committee reserves the right to edit contributions. We are willing to withhold names on request, but names, addresses and telephone numbers must accompany all items for publication. The Bentham News is printed by Pica Design & Print, Low Bentham.