

BENTHAM NEWS



FUN DAY AT LOW BENTHAM GALA

Low Bentham Gala again provided fun (and food!) in good measure for the young and the young at heart, with participants in the Egg Throwing Contest (bottom left), having a particularly smashing time! Low Bentham Primary School hosted the event, with Churches Together organising refreshments and games. Regally surveying her Queendom from her majestic throne (top right), Gala Queen Emily Shrimpton, accompanied by retiring queen Hannah Ware, and attended by Aimee Read, Georgina Armstrong, Teddy Hammond and James Close, gave her Royal approval to the proceedings. Miss Maggie Moss, (top left) enjoys a cuppa and Teddy Hammond (bottom right) contemplates the end of a beautiful friendship. And it (almost) didn't rain!

(Pictures and report by Keith Hartley)

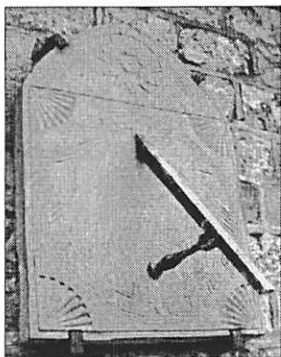
AUGUST 2006

ISSUE 238

DESTROYED FOR PENNIES

By David Lewis,
Church Warden,
Saint John's,
Low Bentham.

The sun dial at Saint John the Baptist Church is thought to be over 300 years old. Last month thieves stole lead from the church roof and did a great deal of damage to the roof itself, breaking tiles, damaging a downspout, smashing the door to the vault under the church, and removing the gnomons from the sundial. This was cut off by the thieves presumably to 'weigh in' the small quantity of brass.



The Reverend Walker Joy wrote of the sun dial in 1880 just after a major rebuild. *'The old sun dial which for ten years has been a waif and stray, leaning like a schoolboy in disgrace, with its weather-beaten face against the church yard wall has been restored as nearly as possible to the place which it formerly occupied on the South side of the old church. No doubt the fault for which it has suffered such a long banishment was unpunctuality! Even now it has not mended its ways: it cannot be relied on, so what we must advise our readers is to place confidence in the church clock rather than the gilded finger of our old but sadly untruthful friend'*

The thieves have caused a great deal of damage and have destroyed an old friend for pennies. Many churches in the Bentham area have had lead stolen. The thieves are looking for rich pickings, but are damaging far more than the value of lead that they are taking. Please beware, and look to protect what you have.



The picture shows David and Sandra Ireton, Mick Hill and Mr & Mrs. David Heather, after David Ireton's election as Chairman of the County Council. See report on page 5.

JULY'S TOWN COUNCIL

By David Johnson

All Cllrs. attended except Cllr. Stannard

Police

PC Andy McClerg and Sergeant Steve Thornthwaite reported on a series of incidents in June including the 'walk-in' theft of a purse, two assaults and the theft of lead and the sundial pointer from Low Bentham Church. They are trying to catch the culprits who are throwing the rubbish bin around on school hill and uprooting the seat. A discussion ensued about the pro and cons of using CCTV and the shortcomings of the police call centre. The police ask the public to report all incidents immediately they occur as this may help to apprehend the culprit and will draw the authorities attention to the needs of our area. We should use 999 at night. Cllr. Marshall expressed his thanks to the police for their response to an incident at the caravan park and County Cllr. Ireton wanted his appreciation of our local police force and their work put on record.

Highways & Footpaths

The Council has had no real response to its request for highway improvements. A traffic regulation order has been submitted and, if approved, the principal change will be that traffic will park on the southern side of Main Street between Turner's Offices and the Black Bull. The hope is that this will improve access to Station Road for HGVs.

The application to establish a new footpath along the banks of the River Wenning has been rejected because it would cross railway land.

The Planning Authority has admitted an error over a right of way at Millers Ford and they are working with the contractor to remedy the situation. A section of the B6480 is to be closed for a four-week period between 1st July and 1st January 2007 for a distance of 1200 metres commencing 250 metres west of Church Bridge, Low Bentham. The Cllrs. have received a letter from Craven stating that their concerns over the possible introduction of car parking charges have been noted.

Town Hall

Most of the improvements have now been completed including some redecoration and the cleaning of the under-stage area. A banister has been ordered for the low step near the entrance and it is hoped this will prevent further falls.

Low Bentham Playing Field

There are now various initiatives to raise funds for the recreation ground. The car boot sale will now be held at Low Bentham Primary School on 30th July; the Cllrs. plan to hold a coffee morning on Saturday 23rd December and possibly publish a calendar of Bentham views for sale over the Christmas period.

Transport

The Harrogate and District Community transport bid to Futurebuilders has been successful and Bentham Community Transport will use their buses in a partnership agreement; the grant will also help pay for the development of the station building.

Cllr. Burton complained about a discrepancy between the standards now required of taxi drivers in Craven compared with those operating our community transport. He said it was not a level playing field and the current situation favoured Community Transport.

The Legion Hut

The land around the Legion Hut is for sale. It appears that Craven District Council owns the land and it has approached adjoining properties to see if they are interested in purchasing it. The Cllrs. were concerned because the access to three properties runs over it and that one of the few green areas left in the middle of Bentham may be turned into housing. They decided to look at tree protection orders and designating it as an important open space.

Congratulations were extended to High Bentham Community Primary School for winning the Northern Finals of The Healthy Schools Award. They will be visiting London in October to compete in the finals on Sunday 15th October at The Theatre Royal Drury Lane.

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POST OFFICE NEWS

By David Alder

Royal Mail - "Pricing in Proportion"

From Monday 21st August Royal Mail is introducing a new method of pricing inland letter post mail. At present this mail is priced according to weight only. In future it will be priced taking into account size and thickness as well as weight. There will be three streams of inland letter post mail - letter, large letter and pallet.

The intention is to price mail in a way that more fairly reflects the cost of handling it. About 80% of mail, including ordinary letters, will stay the same in price or in some cases, go down. The other 20% will go up in price and the single most affected areas will be A4 size letters and lighter bulkier items.

There will be no change to the arrangements for pricing special delivery, parcel post and international items. Royal Mail has arranged a TV advertising campaign and will be distributing leaflets nationwide. More information is available at Post Offices.

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CRAVEN MATTERS

By Manuel Camacho

Official Opening of Contact Craven at Skipton Town Hall

The Council's Chairman (David Ireton) formally declared the new Contact Craven service centre at Skipton Town Hall open for business on Tuesday 27th June at 4:00pm.

Contact Craven with its new look reception area offers customers face to face contact with advisors, complemented by two private interview rooms, a feature often requested by visitors to the Town Hall.

The new contact centre also provides a new automated payment kiosk for customers wishing to pay by cash. The introduction of the kiosk will allow the Council to make savings by adopting modern technology while at the same time continuing to offer a service for customers still wishing to pay by cash.

The refurbishment of Skipton Town Hall means we can now deliver a more efficient and convenient payment and customer enquiry service for our residents. People will experience a pleasant, welcoming and business-like environment similar to a modern bank or building society.

This project is just the beginning of an exciting programme of improvements which will transform the way that the Council responds to customers, whether they are paying their Council Tax, requesting information from Environmental Health or submitting a planning application.

The "old" reception at Granville St will be used purely for planning enquiries.

Local Development Framework

This is currently being reviewed leading to a new and (hopefully) simpler planning policy document. At present it is at a consultation stage and your views are sought. There is a lot more detail on the Craven Web site, far too much to publish in BN.

If you wish to participate forms are available via the Craven web site (www.cravencdc.gov.uk) or from the planning dept.

Home improvement scheme

Readers of BN may have seen the occasional

advert from an organisation known as Anchor Staying Put. This is funded by a partnership which includes CDC.

The scheme is aimed mainly at elderly, vulnerable or disabled homeowners who would prefer to remain living at home. Advice is offered on repairs and upgrades, every effort is made to ensure that the work is sound and at a fair price. Under some circumstances grants can be found to subsidise the work.

What is new are two loan schemes :-

The first is operated by CDC and makes loans to qualifying homeowners up to £6,000.

The second is organised by CDC but delivered by Sheffield City Council. In the latter case the loans are between £2,000 and £30,000.

The terms are very beneficial and final settlement can be at any time or on transfer of the property. If you would like further information the best initial contact is Anchor Staying Put on 01756 797181.

New Chairman of Council Elected

At the Annual Council meeting on 25 May, Councillor David Ireton, Member for Ingleton and Clapham was elected Chairman of the Council. Councillor Michael Hill, Member for Skipton East, was appointed Vice Chairman.

The Chairman's intention is to build on the Council's relationship with local communities and to recognise those who serve their community. The Chairman's two charities for the year are Ingleton Scouts and Manorland Hospice, Oxenhope.

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COOKERY PAGE

*Edited by Doreen Park
Recipes by Pat Henderson*



Get it on the Barbie!

Stuffed Pepper Rolls

Serves 4, preparation time 30 minutes.

Recipe

1 bread roll

½ onion

4 red peppers (small)

350g minced lamb, beef or pork

½ tsp salt

black pepper

8 rashers streaky bacon

½ tsp paprika

Method

Soften the bread roll in warm water. Finely dice the onion. Halve the peppers lengthwise and remove seeds and pith. Squeeze out the roll and mix it with the onion, meat, salt and pepper. Shape the mixture into eight finger size rolls and put each roll into half a pepper.

Remove the rind from the bacon, sprinkle the rashers with paprika and wrap them around the stuffed peppers and secure with small skewers or string. Cook on the BBQ, turning regularly until cooked through.

Bananas with Maple Syrup

(runny honey can be substituted)

Serves 4, preparation time 20 minutes.

Recipe

4 bananas, peeled

1 tbsp lemon juice

2 tbsps syrup or honey

5g melted butter

4 tpsps brown sugar

1 tsp cinnamon

Method

Halve the bananas lengthwise. Brush 4 pieces of double-folded foil with melted butter. Place a banana (2 pieces) on each foil. Mix together the lemon juice, syrup, brown sugar and cinnamon plus remaining butter and pour over the bananas.

Fold the foil around the bananas, seal the edges and cook on the barbie for about 10 minutes. Check from time to time! Open out

the foil and serve with cream or ice cream.

** For the adult version, add a dessert spoon of brandy to each parcel before cooking.

WIND IN THE WILLOWS

By Jo Burton

On Friday 14th July over 250 children and staff from the primary schools in Bentham, Wray and Hornby, enjoyed a performance of Wind in the Willows at Bentham Town Hall, thanks to Bentham Town Council.

The Library Theatre Touring Company gave a wonderful rendition of the children's favourite, with Roger Cook as crusty Badger, Debbie Kelly as nervous Mole, Jane Collins as clever Rat and Michael Brookshank as the irrepressible Mr. Toad.

Working with limited props the audience became the Wild Wood - and Ratty and Mole had to agree that there are some very clever trees in Bentham!

It was a lovely way to end the week.

J.W.Garnett

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NEW TAXIBUS TIMETABLE

By Lin Barrington

We now have copies of the new taxibus timetable - available at the Community Information office on Station Road, or by phoning us on 62753.

The area we can cover between 10am and 2pm with our flexible 'dial a ride' type service is Bentham, Burton in Lonsdale, Ingleton, Clapham, Austwick, Wray, Hornby and places in between. Give us a call if you would like to find out more.

PLAYING FIELDS EVENTS

By Pam Woolf

Over the summer holidays there are several events taking place on the playing fields at Wenning Avenue.

Football - TEAMTHEME are holding a week of football coaching for children in the first week in August.

Bentham Juniors will be holding football training from 6.30 to 8pm every Wednesday evening starting 9th August. Children from 6 to 10 years are welcome.

Skateboarding - We hope that a mobile skate park comes to Bentham. It will be set up on the tennis courts and will be fully staffed and free of charge to use courtesy of Craven Youth Council. The exact date will be displayed on posters soon.

Cricket - The cricket club will be a 7 a-side tournament on Sunday 20th August. If you can get a team together why not take part in this fun event! Phone Tony 61645 or Mark 61283 to enter.



Let's Get
FIZZIKAL

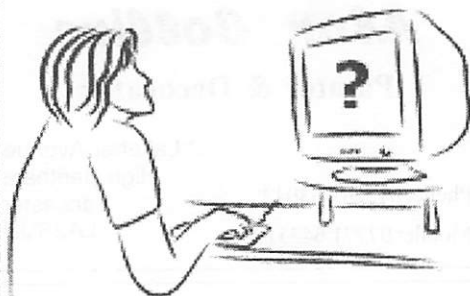
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WESTMORLAND GENERAL HOSPITAL

By Lin Barrington

It seems that there are plans afoot to make changes which would reduce the services on offer at Westmorland General Hospital in Kendal.

Four options are being put forward by the University Hospitals of Morecambe Bay Trust, all of which involve cuts to Kendal hospital, and mean that patients would have to go to Lancaster or Barrow; the services in those hospitals are already overstretched. If someone from this area is in hospital in Barrow, visiting them is obviously going to be difficult.

One carer I spoke to has recently accompanied his son to an appointment at the Westmorland General, and said that services are clearly already being cut back.

What Can You Do?

You can sign the petition which can be found at Bentham and Ingleton surgeries, the chemist, Sue Ryder shop, Tom Guy's barbershop, Looking Well, the Coach House and Bentham Community Information.

BENTHAM COMMUNITY TRANSPORT



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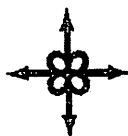
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BENTHAM FOOTPATH GROUP



By Maureen Ellis

At the quarterly meeting of the BFG the form of the 13th October AGM was discussed. There will not be a talk this year after the business section of the meeting but it will be followed by a bring and share social evening. These social events are always popular so put the date in your diaries. It will take place in the Town Hall.

There are four walks in August, the first is on Saturday the 5th at 9.30am and will be 10 miles. All have the initial meeting place of Lairgill but this one will also have a rendezvous at Ingleton car park. The Chapel le Dale Circular will go up Crina Bottom Lane and take in Lead Mine's Moss then cut down to Chapel le Dale by the church and up to Ellerbeck and return over Scales Moor to Scar End. On Thursday 10th at 9.30am there is the Cantsfield /Nether Burrow walk of 8 miles. The gentle undulations of the Lune Valley will take us from Wrayton to Cantsfield and then on to Nether Burrow and we look out for the old Roman road, (hopefully still there!) as we turn southwards on our return. Sunday the 20th at 9.30am brings the 10 mile Settle loop which goes out to Langcliffe, then up to Malham and on the Pennine Way down to Stockdale. There are lovely views on the route. Friday 25th at 9.15am brings a 10 mile walk through Roeburndale East and West which takes us back to an area at the other side of Bentham.

Remember the date of the Lake District weekend, 23-24 September.

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VICTORIA INSTITUTE TO OPEN MORE

By Ann Ambrose

Free coffee, tea and biscuits are now being served on Mondays and Thursdays between 10am and 12pm at the Victoria Institute at Low Bentham. The Committee thought that it would be a good idea to have the building open more often and staff from the Active Bentham Project offered to be at the Institute on most Monday and Thursday mornings. *(An 'A' board sign will be placed outside to show that the building is open as there will be the occasional day over the summer when it will not be open at the stated times due to staff holidays.)*

If you would like to call in for a chat and to meet members of the project you would be very welcome. The committee is particularly interested to hear the views of local residents and to find out the types of activities people would like to see taking place at The Institute. If you have never been in the Institute and would like a look round then this is a good opportunity. If the coffee mornings are successful then they may be able to continue and become a regular part of village life.

The Institute Building: There will be an opportunity at the street market to look around the Institute and look at proposed plans for renovating the building and add your own ideas and suggestions. Come along and have your say!

JUNE WORLD CUP WORDSEARCH

The fifteen words you were looking for are:

OFFSIDE, KICKOFF, SOCCER, BECKHAM, REFEREE, GOALIE, MIDFIELD, STADIUM, PENALTY, STRIKER, COACH, TROPHY, SUBSTITUTE, SVEN, OWEN

Well done to those who spotted them all, and congratulations to: Mrs E Taylor of Collingwood Terrace who receives the £10 prize.

PS: Why is the England football team like a teabag? Answer: Because neither stay in the cup for very long!!

CHURCHES PAGE

High Bentham Methodist Church

By Maurice Haynes

I was reading my weekend newspaper which contained an article entitled "One week in crime ridden Britain". The article presented a list of crimes for each day over one week, committed on the streets of our country. The list contained every imaginable crime committed by one person against another - stabbings, beatings, rape. These crimes were committed on both young and old in our society. Old ladies beaten up for a few coppers; young people beaten up for their mobile phones.

At the same time as I read this article I read a passage in the Bible where the prophet Habakkuk says to God "Why do you make me see so much trouble?...Destruction and violence are all around me and there is fighting and trouble everywhere. The law is weak and useless and justice is never done. Evil people get the better of the righteous, and so justice is perverted". God responds and says "I am going to do something that you will not believe".

Despite all the trouble surrounding him the prophet prays and finally says "I will still be joyful and glad because the Lord God is my Saviour. The sovereign Lord gives me strength. He makes me sure footed as a deer and keeps me safe on the mountains".

So nothing has changed; we still see trouble all around us. God has not changed either. He has done something; he sent Jesus into the world to show us a better way of living. Ignore his teaching and chaos reigns.

In October "Churches Together" are holding a mission in High and Low Bentham and Burton, when, like Christ, we want to come into the heart of the community and encourage all who will listen to think again about the Christian message. We want to come out of our churches into the street, pubs and market places to proclaim the good



CHURCHES TOGETHER
IN BENTHAM

news that Christ's message of love and respect for each other is the only way to rid our streets of the crimes we see committed every day.

St. Margaret's Church

By Eluned Russell

If we are to love our neighbours as ourselves we must redress the imbalance between rich and poor on our planet.

Christian Aid's recent "You add, we multiply" campaign highlighted the needs of the poor overseas. People gave generously to enable others to help themselves. To ensure the success of "our adding" the poor need improved terms of trade and better access to resources. This means that we must share many benefits we now enjoy: division and subtraction are needed to guarantee the multiplier effect.

St. Boniface Church

By Alison Hanson

It is with sadness that we hear that Fr. Angelo Philips will be leaving Bentham at the end of August to become Parish Priest of St. Joseph's, Tadcaster. Fr. Angelo has been in Bentham for 4 years and has made many friends. Ongoing health problems have prompted the move to a "flatter" parish and a bungalow!

The new Priest in charge will be Monsignor Anthony Boylan, who will be moving here from Burley-in-Wharfedale. Mgr. Boylan will also be priest in charge of Settle Church.

St. John the Baptist Church

By Judith Johnson

St. John's has had several musical events recently, starting with our Patronal Festival when Sedbergh Junior School Choir sang beautifully for us.

Bob Cator and his bell ringing team visited and rang a quarter peal on our newly refurbished bells, to celebrate the Queen's 80th birthday.

Finally, the church was filled with the sound of Kirkby Lonsdale Brass Band who gave us a varied and entertaining evening followed by wine and nibbles.

FLORAL ART, BENTHAM SHOW

By Anne Duncan

Calling all ladies with flower arranging skills. Last year our judge, Linda Hopkins, was very disappointed with the number of entries. Linda is our judge again this year so let us pull out all the stops and give her a hard task. Even if you feel you can enter just one or two classes, that is better than none! There are four classes, as follows:-

1. Queen's 80th
2. Earth's Bounty
3. Tints, Tones & Shades
4. World Cup

The Novice Class - Special Occasion Design for a Table. Closing date is Monday 28th August. Schedules available from the Post Office, local shops or Val Lawson, 61606.

WARM WEATHER AND GOOD NEIGHBOURS

By Manuel Camacho

It's hot and I for one am not complaining. However with the warm weather comes a problem with noise. Because we all have our windows open (including car windows) more sound goes out and comes in, obvious really.

Back in the days of steam radio the BEEB used to remind us of this and ask us all to turn down our "wirelesses". Just spare a thought for the very young and the elderly, particularly during these fine evenings and turn down whatever you are listening to.

Most of all, enjoy it while it lasts !

HIGH BENTHAM W.I. GARDEN PARTY

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NSPCC OPEN GARDEN WEEKEND

By Susan Adams (NSPCC Chairman)

The "Open Garden Weekend" early in July proved very popular once more. Visitors remarked how they had missed the event last year when we had to cancel. A big "thank you" goes to all those who allowed us to use their gardens to stage the event.

Whilst we had to compete with both Wimbledon and world cup football, a steady stream of visitors ventured out on what proved to be one of the hottest Saturdays, and the most thundery Sunday we have had for some time. This enabled us to raise £742.77 for the NSPCC. Thank you to all who helped and supported this event.

We are still collecting waste paper

Recycling. Yes, yes, yes, we are still collecting waste paper. You may have read recently that Langcliffe Paper Mill is closing down part of its operation. This is where our waste paper has been going.

We have talked with people at Burton-in-Lonsdale and Ingleton, who found themselves in the same plight as us, anxious to carry on with this recycling initiative, but wondering where to dispose of the paper. With the help of Craven District Councillor Carl Liss from Ingleton, and the district council, we have been encouraged to continue.

The council has found a new paper merchant for us. The collections will continue with one slight difference. The new paper merchant has no facility for disposing of plastic bags. Where possible, please tie your paper in bundles or pack it into cardboard boxes. Please continue to bring all types of paper, directories, cardboard etc. We are grateful for your continued support; not only does the recycling of paper raise money for the NSPCC but it also helps Craven District Council to meet its recycling targets, set by government, thus saving them - and ultimately us the council tax payers - hefty penalty fines.

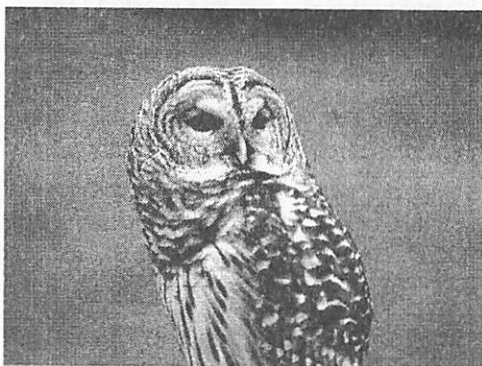
Thank you for your support.

CORIO RAPTOR

By Angie Henderson

We are hoping to raise sufficient funds to build a brand new purpose built examination/treatment and hospital facility for birds of prey.

On writing this we have just received our 952nd bird, which happened to be a baby Tawny Owl. A gentle reminder to those who come across an apparent lost or abandoned chick, Tawny Owl mothers get their chicks out of the nest very early and they are scattered around the area. Their mother visits them each night to feed them so it is always best policy to leave them be and let nature take its course.



Corio Raptor would like to say "thank you" to SBC and its members who generously donated £150, which will be used towards our exciting new project to commemorate our 10th anniversary as a charity in 2007.

We would also like to thank all those who continuously support us and if anyone would like to donate towards the new hospital, or would like to know more about what we do, then visit our website on www.raptor.org.uk.

PHOTOGRAPHS IN BN

Each month we receive photographs which we do not include, either because of lack of space or because the quality is not good enough for reproduction.

For enquiries or advice on this matter please contact Bill Kennedy on 62492.

SECOND BEST MEETING

By Stephen Dawson

On 12th July Local Action for Justice & Peace arranged a follow-up meeting for people interested in doing something about the original *Best Meeting* addressed by Dr. John Biggs in June. Best is the acronym for *Bentham: Environmentally Sustainable Town*.

This time 24 people who met at the Community Centre were on their own. After a welcome and recap by Nigel Thomas, four small groups discussed the six main issues which had emerged from the first meeting. These were transport, energy, recycling, the proposed new school, local shops and tourism.

Annie Nelligan eventually teased out the groups' priorities for everyone to see, which was a bit like the voting for the Eurovision Song Contest.

The meeting decided to find out more about the deadlines for the proposed new school. If *Best* could persuade the local education authority to, say, include a community garden and energy saving ideas, then these would be important contributions to Bentham's future. If the old school sites were to be converted to dwellings then pressure could be brought to bear on the planners to include some social housing and allotments.

Other priorities included transport. Ideas worth pursuing were cycle-shelters with CCTV for the station, the town centre and the school, and shared cars for those many trips into Lancaster and Settle. Local

shopping was also a priority. Perhaps reusable Bentham bags could advertise the town and save on plastic. A local, seasonal food stall could be arranged next summer in the Farmers' Market and Bentham Traders would be approached for their ideas.

Energy efficiency and re-cycling also featured strongly on the leader board. A campaign to persuade Benthamers to install low energy bulbs will be considered, as will a re-cycling or collection point for plastic bottles. Some local authorities provide bins for plastic at home. Why doesn't Craven?

A *Third Best Meeting* will be held at the end of the summer to initiate one or more of the above projects. Not all will be taken up but other "green groups" have run some campaigns for a month or two before focusing on another.

At the end of the meeting John Pilkington and Lin Barrington spoke about Craven Council's new *Local Development Framework*. Once published, the framework will set local policies on social housing, energy, waste and other issues, that may last until 2021. *Best* decided to make a response before the summer deadline.

Some ideas didn't make it into the top three but were still interesting and have been tried by other towns.

Promoting Bentham as a slow-food town was also discussed. Slow-food celebrates the traditional ways of preparing and enjoying food and is an antidote to the fast-food ways of today's throwaway culture. There are artist-towns and book-towns so why not Bentham - slow-food town?

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BENTHAM & DISTRICT PET RESCUE



By Val Marshall

We still have seven lovely young cats longing for homes and a number of kittens in the sanctuary. Please ring Bentham 62512 if you can adopt one.

I find it hard to understand why we keep getting calls from owners of unspayed cats for us to take in the unwanted kittens which arrive regularly. So often we have urged for this to be done before the kitten season, but it is even worse when we hear of tiny kittens being dumped at the roadside.

We are very pleased that our trap which went missing at the abattoir has now been returned - it had been "borrowed" for a few weeks!

Do please come and visit us at Watershed Mill, Settle, when we have a Book Sale from Saturday 19th August to Tuesday 29th August. We will also be at Low Bentham Street Market (and at Wray Craft Fair on the same day!) and will have our tombola at Bentham Agricultural Show.

VICAR'S ADDITIONAL JOB

By Stephen Dawson

The Vicar of Bentham, the Revd Nigel Thomas, has been given an additional job to do by the Bishop of Bradford. Nigel was recently appointed Bishop's Officer for Environmental Issues. He will help congregations across the diocese to become involved in "green" issues such as recycling and living more simply, or to use the current jargon, in an eco-friendly way.

The diocese stretches from Pudsey to Sedbergh but Nigel won't be starting from scratch. Bradford already has some church-based organisations which campaign for the care of the planet. The Bentham mini-bus ran a trip in June to an Earthcare conference in the cathedral. You can find out more by viewing reports and pictures of the conference on the internet at:- www.christian-ecology.org.uk or www.shrinkingthefootprint.cofe.anglican.org

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GARDENING

By Joyce Knapp

In August we may need to spend a little time in the fruit garden, harvesting remaining crops and preparing plants for next year. When the summer fruiting raspberries have been picked, we can cut out all the canes that have fruited, letting in the sun to ripen the young canes, which then need tying in to the support wires at 2"-4" intervals. The prunings should be burned because they can hold spores of raspberry rust and cane blight as well as aphid eggs.

When strawberry plants have finished fruiting they too can be pruned, by clumping the material together and cutting it 2"-4" above the crown. This material, plus any straw mulch and surrounding weeds are best burned to avoid possible build up of diseases. If intending to start a new strawberry bed, now is the time to either buy in new plants, or take runners from existing plants by pegging them into small pots of compost until new roots are formed.

Cordon apple trees need pruning in early August, once the bottom third of each shoot has turned woody, to encourage the production of fruiting spurs. This is achieved by pruning new laterals to three leaves above the basal cluster, and side-shoots from laterals to one leaf above. The only pruning needed on bush or standard apple trees now is to remove any water-shoots i.e. whip-like, upright growth which is unproductive and spoils the form of the tree.

In the vegetable garden we can make sowings now of winter radish such as Mino early, and spring onions e.g. White Lisbon, both of which are winter hardy. The crops ready for harvesting now may include late varieties of lettuce, courgettes, calabrese, peas, beetroot and runner or French beans, both of which benefit from regular picking. By late August onion tops can be bent over to encourage the bulbs to ripen before they are harvested and stored for winter use. One final task in the vegetable garden is the staking and tying in of purple sprouting broccoli and brussel sprout plants to prevent wind-rock as the plants grow ever taller through the coming winter.



office bees



By Sheila McFee

A new service has been launched to provide administrative support for business without having to take on any new employees. "Office Bees" has been developed with funding from Yorkshire Forward Regional Development Agency for Yorkshire and Humber and is utilising the office skills of twelve local people previously involved with agriculture or with farming connections.

The new umbrella company or "network" has been set up as a cooperative venture with each member having a share in the running of the business. The network members have all had computers installed in their homes with broadband connections that enable them to work remotely for their clients, no matter where they are located.

The project has been developed in partnership by Yorkshire Forward, Craven District Council, Yorkshire Agricultural Society, Craven College and WorcNet.

Office Bees is able to provide services to large and small businesses, public sector bodies and voluntary groups. Services on offer range from managing monthly accounts, designing and maintaining data bases, compiling reports, organising mail shots and even providing a reception or telephone answering service. Small businesses in particular can benefit because they can access full administrative services without the extra expense of taking on new employees.

For more information about what Office Bees can provide contact: Sheila McFee, Network Coordinator - email at info@officebees.net or visit the website at www.officebees.net



LOCAL EVENTS IN AUGUST

Tue 1st Bentham Child Health Clinic at the Surgery, 2.00-4.00pm.

High Bentham Toy Library at the Community Centre, 9.30-11.30am.

Playgroup and Toddlers, 1.00-3.00pm at the Wenningdale Room, Town Hall, and every Tuesday.

Tai Chi at Bentham Community Centre, 2.00-3.00pm, and every Tuesday.

Starting Well at the Looking Well 11.00am-1.00pm, and every Tuesday.

Writing Group at the Looking Well, 11.00am-1.00pm, and every Tuesday.

Bentham Theatre Group informal meeting at the Black Bull 7.30pm. See page 22.

Wed 2nd Playgroup and Toddlers, 1.00-3.00pm at the Wenningdale Room, Town Hall, and every Wednesday.

NSPCC monthly meeting at Lingfield, Robin Lane, 7.30pm.

Thu 3rd High Bentham W.I. meeting at the Town Hall, 7.30pm.

Evening Energiser Aerobics class at the Town Hall Ballroom, 6.45-7.45pm, and every Thursday.

10.00am, swimming for over 50s. Meet at School Hill to share transport. Return 11.30am. Every Thursday.

Fri 4th 10.30am-2.30pm Doing Well at the Looking Well, and every Friday.

Age Concern at the Masonic Hall, Stan Gray - Country & Western Sing-a-long.

Sat 5th Motor Neurone Disease coffee morning, 10.00am-12.00noon, at the Town Hall Ballroom. 

Farmers' Market at the Lower Town Hall, 8.30am-2.30pm.

Bentham Footpath Group walk, Chapel-le-dale circular, 10 miles, leader F. Royston 41725, please meet at Lairgill/Ingleborough C. Centre 9.30/9.45am.

Mon 7th Gentle Walks for Women, 10.00am. Meet at Lairgill, return at 12.30pm, and every Monday.

Cancer Support Group, 1.00-3.00pm, drop-in and lunch at the Looking Well, and every Monday.

Town Council meeting at the Town Hall, 7.30pm.

Tue 8th Bentham Environmentally Sustainable Town planning meeting at the Community Centre, 7.30pm. Contact Stephen Dawson 62242. All welcome.

Wed 9th Alzheimer's Society Carer Support Group meeting at the Looking Well, 7.30-9.00pm. Guest Speaker.

Thu 10th Bentham Footpath Group walk, Cantsfield/Nether Burrow, 8 miles, leader N. Dove 21557. Please meet at Lairgill 9.30am.

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Thu 10th Aerobic Taster Session for beginners, 6.00-6.45pm at the Town Hall.

Fri 11th Age Concern at the Masonic Hall, Peter Marshall - musical quiz.

Sat 12th NSPCC coffee morning at the Town Hall, 10.00am-12.00noon. Cake stall, raffle, tombola, books etc. 

Tue 15th Bentham Child Health Clinic at the Surgery, 2.00-4.00pm.

High Bentham Toy Library at the Community Centre, 9.30-11.30am.

Copy deadline for September edition of Bentham News.

Fri 18th Waste paper collection at Lairgill Car Park, 8.30-11.00am. Proceeds to NSPCC. See article on page 12.

Age Concern at the Masonic Hall, Margaret Lupton - Clearance Footwear.

Sat 19th Homing Society coffee morning at the Town Hall, 10.00am-12.00noon. 

Bentham Pet Rescue Book Sale at Watershed Mill, Settle, continuing to Tuesday 29th August, 10.00am-5.00pm daily (Sundays from 11.00am).

Sun 20th Bentham Footpath Group walk, Settle Loop, 10 miles, leaders T & J Connolly 42129. Please meet at Lairgill at 9.30am.

Fri 25th Bentham Footpath Group walk, Roeburndale - East & West, 10 miles, leader B. Sim 01539 730524. Please meet at Lairgill 9.15am.

Age Concern at the Masonic Hall - Holiday Snaps.

Sat 26th MENCAP coffee morning at the Town Hall, 10.00am-12.00noon. 

Sat 26th Craft Day - Card & Bookmark making using parchment, suitable for beginners. Details from Soul Friend Services at Looking Well Studios. Call Sue Flint 07980650038.

Tue 29th Bentham Child Health Clinic at the Surgery, 2.00-4.00pm.

High Bentham Toy Library at the Community Centre, 9.30-11.30am.

**CAR BOOT SALE
at
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WRITING COMPETITION

Don't forget the competition to celebrate the BN's 20th anniversary. There is still plenty of time to enter. Prizes will total an excellent £450. There are three classes, age 10 and under on 1st September, age 11 to 18 and age 19 and over. The theme is "Living in Bentham". Entries can be short stories, essays or poems, maximum 600 words. Entries to be submitted by 30th September to Bentham Sports, clearly marked "BN Writing Competition". For full details see June's BN.

LISTING FOR LOCAL EVENTS

Date.....Time.....

Event.....

Venue.....

Contact Tel. Number.....

Name.....

Please complete and return this entry to the Sports Shop, Main Street, High Bentham, by 15th of month.

LOOKING WELL NEWS

By Annie Nelligan

During August Looking Well Studios will be closed on Wednesdays and Thursdays except for pre-arranged bookings. Thanks to everyone who has supported our recent fundraising efforts, we have enough money to start work on the kitchen area, which will take place during this time.

Leading Gentle Walks

We are running a free training day for anyone who would like to volunteer from time to time to lead one of our gentle walks. You don't have to be a great map reader. The training is about care of the group and assessing routes for safety. The training is planned for Thursday 31st August. Contact me, Annie Nelligan at Looking Well, (62672) if you would like to join us.

Art For All

By Kay Piper

Did you ever enjoy painting and drawing at school but have never picked up a paintbrush or pencil since? Do you fancy dabbling in paint but don't know where to start? Well, help is at hand! Art For All is a four week basic course at Looking Well Studios, on Wednesdays 6th, 13th, 20th and 27 of September and the cost is very low - a real bargain. Basic equipment and materials are provided. For further information or to book, ring Kay Piper (61977) or Linda at Looking Well Studios (62672).

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LOW BENTHAM WOMEN'S INSTITUTE

By Jennifer Watkinson

Members and friends spent a very pleasant relaxing evening in the beautiful garden of a member. The very successful bring and buy plant stall raised £56 for the funds.

The remainder of the evening was spent eating home made scones topped with jam and cream, talking and watching the two hot air balloons slowly floating above us. Instead of a business meeting the president distributed a newsletter that she had written.

A team of four participated in the group's treasure hunt which was hosted and organised by Ingleborough W.I. Like other teams, they found the clues difficult, but enjoyed walking around the village. Afterwards a welcome supper was served in the Community Centre.

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Dear Editor,

For the last year or so, my wife and I have been researching my wife's Bentham roots and the family history in the area. We have visited several times.

David Johnson and everybody that we have met has been really welcoming and helpful. The family name is Phillipson, and we have managed to trace a direct line to a William, born 1720, old George and the Methodist is well documented, as is the brothers who invented the circular weave machine, leading to the manufacture of hose pipes in the Bentham area.

We were hoping through the newspaper, to find out about more recent members of the family, for instance, Isabella Phillipson, who was listed as a jeweller and watch maker in 1932.

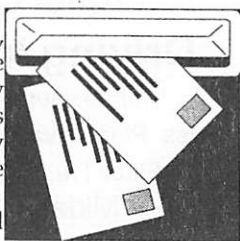
We are also aware that the family occupied Oysterber Farm, 30 or 40 years ago. We have been told that a Mr. James Phillipson passed away in 1974 and it is possible that his family is still alive in the area, along with the family of a lady called Edith. We would be very grateful for any information, photographs etc that we may be able to copy. Really just anything that will give us a further flavour of how people lived and worked in Bentham, in the last century.

It has been very pleasant visiting the area and talking to lots of people. We intend to continue for visits and holidays in the future.

I thank you, in anticipation of finding out more about this lovely corner of Yorkshire/Lancs.

Yours faithfully,

J. Bradford, 10 Hawthorn Drive, Burnage, Manchester M19 19X.



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BENTHAM PEOPLE

Thanks

Audrey Leak would like to thank her family and neighbours for cards, presents and kind donations for the MacMillan Unit, which she received on her 80th birthday.

Olive Shaw would like to say many thanks to all neighbours and friends for the beautiful cards, presents and flowers on the occasion of her 90th birthday on the 16th June.

For Sale

Double divan bed with mattress and headboard, good condition. £50. 30" hard suitcase, £20. Tel: 61597.

P Reg Renault Laguna, white, MOT & Tax end of August, good condition, £925. 015242 62492.

Situations Vacant

The Sports Club requires a bar person to work 8 hours at weekends. Wage £52.00. Ring 61909.

Absolutely Splashing Swimming Club - vacancies for Friday evening classes at Hornby Pool. Children 4½-15 years. Contact Gill Ware for details. 015242 61925.

Advertising rates for this page are:

"Thanks" notices, Birthdays,
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CHARITIES THANK YOU

The Abbeyfield coffee morning on 14th June was a pleasant occasion for all who attended. The event raised over £96. We wish to express our thanks for the generosity of many local trades people who donated raffle prizes. Thanks to all who attended and helped to contribute to a successful morning.

Angela Robertson, Secretary to the Abbeyfield House Committee.

The recent N.C.H. collection in Springfield raised £67.69. A big thank you.

Sue Pilkington

Bentham Sports 

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THEATRE GROUP NEWS

By Iain Henshaw

The singing workshops were a great success and were enjoyed by all who attended. Thank you for your support. The children performed at the Spotlight on Ingleborough event and a thank you again to all the children and a big thank you to the parents who hopefully had a fun day too!

Filming for Oh What a Lovely War starts later this month, please visit the website to see the shooting schedule and email from there if you want to take part. We will be auditioning in September so, if you fancy taking part watch this space, visit the website, grab a member of the group or come along to our next informal meeting at the Black Bull on Tuesday 1st August.

Panto writing is on Sundays at the Community Centre 7 - 8 pm. 015242 61010 - www.slb.com/btg/owalw

Beryl Hunter who has been running the Children's Theatre Group is leaving the area.

Without her the children would not be as professional or as cheery as they are. The group owes a great debt to Beryl for all her hard work both in front and behind the scenes. Beryl we thank you for your time, patience and unstinting enthusiasm. We wish you all the very best as you go south.

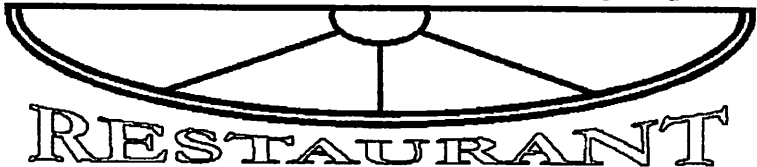
OUT OF SCHOOL CLUB

By Linda Kellaway

Puppet Workshops

As part of our summer activities programme, we are organising 3 Puppet making Workshops, led by professional puppeteer Colette Knowles. They will take place on 22nd August, 2-4pm, 23rd August 10am-12noon and 30th August 2-4pm. Sessions cost £2 each. Out of School opening hours are 8.30am-6pm 25-26-27th July, 1st, 2nd, 3rd, 22nd, 23rd, 24th 29th, 30, 31st August and 5th September. Each week's activities will have a theme; Healthy Eating, Bizarre Bugs, Communications & Media, and a Sports Week. To book a place ring the Community Centre on 61800.

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Friday 25th August - Oriental Buffet

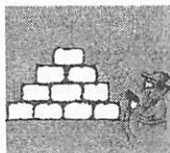
Friday 29th Sept - Italian Evening

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CRAVEN AREA FORUMS

By Councillor Carl Liss

What is an Area Forum?

It is a public meeting where you can:

- Hear about plans of the Council and other organisations that affect your area
- Raise concerns or ask questions about local public services
- Make suggestions about how your area can be improved
- Find out about things happening in your area
- Say what you think should be done to improve your area
- Tell the Council your views on plans for your area
- One of the most important parts of the meeting is the Open Forum session which allows residents to have their say about any "burning issues" locally.

What is Discussed?

- Road and traffic problems
- Regeneration projects
- Dog fouling
- Housing needs
- Crime and police
- Local community projects
- Planning issues
- Play areas
- Recycling
- Litter
- Overgrown hedges - and much more.

Who goes to Area Forums?

- You, the residents of Craven
- Local Councillors and Council Officers who come to Forums to hear your views and provide information about local services
- Guest speakers, such as the Police, North Yorkshire County Council Highways and Yorkshire Dales National Park Authority.

Every Craven resident is welcome

Last year over 300 people attended Craven Area Forum meetings and we hope to welcome even more people this year.

The Forums provide an important link between local residents, the Council and other organisations that provide public

services. Please spread the word and encourage friends and neighbours to come with you to a Forum.

Dates for Area Forum Meetings Autumn 2006

Mid Craven & Ribblesdale - Thursday 14th September, Victoria Centre, Settle.

North Craven - Wednesday 20th September, Bentham Town Hall.

Skipton & West Craven - Tuesday 26th September, Skipton Town Hall.

Spring 2007

Mid Craven & Ribblesdale - 15th March, Victoria Centre, Settle.

North Craven - Monday 26th March, Ingleborough Community Centre.

Skipton & West Craven - Thursday 22nd March, Skipton Town Hall.

All the meetings start at 7.00pm and finish at 9.00pm.

For more information email Kate Senior at ksenior@cravenc.gov.uk or you can telephone 01756 70644, or visit the website at www.cravenc.gov.uk



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YESTERDAY IN BENTHAM

Snippets from Bentham News editions of fifteen years and ten years ago.

Edited by Keith Hartley

August 1991

Bentham News conducted a **Shopping Trolley Survey** to compare the prices of food and everyday household items in local shops (Spar and Co-op) with the then nearest supermarkets (Sainsbury and Asda). The results showed that whilst the total cost of the 15 items in the trolley was slightly dearer in Bentham, the difference was only marginal when bus fares or petrol etc were taken into account.

We wondered how the trolleys would compare at today's prices, so BN will be publishing the results of a 2006 survey in the near future. We need volunteer "shoppers" so if you have the time to help with this survey please give me a ring (62373) before the end of August.

I have always known **Operation Raleigh** to have been a very worthwhile scheme for broadening the horizons of the young people who were fortunate enough to be selected, so was therefore interested to read that Bentham lad **Robert Cowling** was busy raising the funding (£2,600) for his OR expedition. I understand Robert is now enjoying a successful career as a Researcher with BBC Television and is based in Manchester.

In response to a request from the Town Council, Shirley Brown wrote an interesting article on the **Bentham Horse Fair**, an annual event which, at the time, was causing a good deal of controversy amongst local people. In researching its medieval origins she found strong links with the **Hiring Fair**, a one-day event at which local farmers were able to employ temporary hay-time labour from migrant workers.

At the time, Shirley was unable to locate the original charter on which the fair/market was established. Fifteen years later, she's

still looking! This is because we now know that the charter was granted in 1306, making it 700 years old this year. BN hopes to bring you more information on this in coming months.

Bentham's **Mens' Tennis Team** reported a particularly successful month, with four wins and one draw from their five matches. Sadly, this team and the **Netball Team**, (also thriving in August '91) no longer exist, although I am told that plans are in hand for the tennis courts to be resurfaced when funds permit, so perhaps we can look forward to a resurgence of tennis interest in the town.

Mr Dodd, a "Bentham visitor" wrote to BN about an "awful smell which comes down Station Road. . ." with a firm conviction that his letter would not be published because, as he said, BN would "never print anything but good about your village." It was published, and would be published today in line with the Bentham News policy of being an open access paper, subject only to editorial discretion regarding legality and offensiveness.

Bentham's newly-appointed **Tree Wardens** were looking to set up links with the local community and said "We would particularly welcome hearing from teachers or youth workers who would like to liaise with us. This could take the form of planting schemes involving children. . ." *What a wonderful idea!!*

August 1996

Local weight-lifting champion **Les Pilling** was in Chicago defending his world title, whilst **Phil Leigh** was attempting to break the record for cycling the 850 miles from John O'Groats to Lands End. His training had included a "short" ride to the Forth Road Bridge and back!

Bateman Marshall wrote an impressive obituary for **Harold Wilson Hewitt** who had died in June at the age of 65. Wilson was a well-known Low Bentham personality who had farmed at Escobek for many years and played a prominent part in Bentham's civic, social, educational and sporting activities.

Bentham Development Trust was making a creditable attempt to brighten up

(Continued on page 27)

(Continued from page 26)

the streets of Benthams by offering to supply and fit, and even plant window boxes at what seemed to be a very reasonable price. Looking around Benthams over recent years it is clear that few people, if any, took up the offer, which I feel is a pity because it has subsequently been left to a pink and purple cottage to provide almost the only real show of colour in the town.

A Celebration Competition Cake in the form of a teapot shaped like a cottage, baked by Lesley Slinger and iced and decorated by Hilda King, was raffled at a 40th anniversary coffee morning at Abbeyfield House. A photograph of the cake was entered in a National Abbeyfield Competition to be judged later in the year. *Anyone know if we won?* Lucky Doreen Crossley won the cake.

Junior golfer Paul Hodgkinson won the Slinger cup with a nett 62, and Esther Coates won first prize in the Lancashire Girls Strokeplay competition at Longridge Golf Club.

Also mentioned was the fact that Melissa Hodgkinson had been selected to play for the Lancashire under 16s team against Yorkshire. *'Owd on a minute !!*

HIGH BENTHAM SUMMER FAIR RAISED £500!

By Mrs. C. Boocock

High Benthams School and PTFA would like to thank everyone who supported their Summer Fair on Saturday 17th June. It was a wonderful day – sun, smiles and lots of fun had by all.

A huge thank you to the following local shops and tradespeople for their generous donations to the raffle:- Benthams Sports, Armstrongs, Barwise Bakery, Tooby's, Hashbrown, Co-op, Spar, Flowerfields, G & J Butchers and Top to Toe, and to the Looking Well for the great Dragon and Dancing Parade.

The money raised will buy two 'educational resource boxes' which will help deliver aspects of the national curriculum in more culturally diverse and creative ways.

HOW BIG IS BENTHAM?

By Shirley Brown

Is it just me, or have you ever wondered how many people live in Benthams, or which is bigger, Settle, Ingleton or Benthams?

Some figures published after the 2001 census provide the answers. Population statistics taken from the Censuses of 1991 and 2001

	1991	2001
Austwick	450	470
Benthams *	2950	3050
Burton-in-Lonsdale	580	620
Clapham-cum-Newby	640	640
Giggleswick	1300	1470
Ingleton	2020	2060
Settle	2390	2390

* Benthams includes High and Low Benthams

Should you unplug your computer during thunderstorms?

Many computers have been fried by a power surge from a lightning strike, so it can help to unplug your computer. However, you should also unplug the PC's internet connection as phone lines may be more susceptible to surges than the mains. So, to be safe in a thunderstorm, don't use your phone either!

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WHAT TO DO WITH OLD FRIDGES & COMPUTERS

By Shirley Brown

If you want to dispose of any bulky items, such as washing machines, fridges, computers, printers etc, did you know that Craven District Council come and collect them, free of charge?

To access this service, all you have to do is ring the Council's Waste Management Service on 01756 - 706203, and ask.

This special service is separate from the normal weekly collections, so please don't just leave these household items out unless you have rung the Council first.

COOL CREATIVE COUNCIL

By Nicola Moorhouse

Cool Creative Council is having four creative days for 5-12 year olds in the summer holidays, on 2nd, 3rd, 9th and 10th August. We will be doing some Indian dance, costume making, felting, music and mask making.

If you would like to reserve your place please call in and see me at The Looking Well Studios or visit our web site and send us an email. www.coolcreativecouncil.org.uk or phone 015242 62672.

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APOLOGY

The BN apologises to Marie Rayner and her customers, see advertisement above, for omitting the telephone number recently.

INTRODUCING THE 24 HOUR LIBRARY

By John Frankland

When looking for information on the internet people often have doubts about whether it is accurate or not. It can occasionally have been made up or be out of date. Thankfully the Library is here to help.

North Yorkshire Libraries and Information Service is pleased to be able to offer free online access to comprehensive and authoritative reference sources from Oxford University Press - over 100 dictionary, language reference and subject reference works. All library members will have online access to Grove Art Online, Grove Music Online, Oxford Dictionary of National Biography, Oxford Reference Online and the Oxford English Dictionary. You can access all these resources from your own home and all you need is to use the number on your library membership card. All this information is completely free.

The Reading Mission continues throughout the summer! If you haven't signed up yet, then there is still plenty of time.

World Cup Competition

Well done to all our entrants in our World Cup "Design Your Own Kit" competition. All the entries were of a very high standard and the judges agonised over their decision. However we eventually made a choice and we are pleased to announce that Thalie Yuill, aged 8, was the winner of our football goody bag, with Emma Woodcock (10) and Jack Tuohy (8) runners up. Well done everybody!



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SUCCESS FOR SPRINGFIELD BOWLING CLUB

By Diane Chant

For the second year running, Springfield Bowling Club has won the Home Guard Cup, the trophy awarded in the annual competition between teams from Austwick, Bentham, Burton-in-Lonsdale and Ingleton.

This year the event was held in Burton, where teams of six players from each club played a total of eighteen games in a fiercely competitive, but very friendly, match. The Bentham team, comprising Tom Davies and Diane Chant, Roger Bosworth and Audrey Shannon, and Eddie Knowles and Sue Bosworth, eventually came out on top, 21 points clear of their nearest rivals, Austwick.

Although the weather could have been kinder, teams and supporters alike all enjoyed both the games and the wonderful hospitality and refreshments provided by the host club. Everyone agreed it was a great afternoon. Can we make it a hat trick next year? Well, we certainly intend to try!

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CANCER EVENT AT LOOKING WELL

By Sue Mann

Have you been affected by cancer? If so, are there questions you want to ask, but haven't known where to ask them? Or do you want to talk to someone in the same position, without bothering friends or family? If so, you need to know about "In the Same Boat", the Cancer Support Group which meets every Monday lunchtime at Looking Well, Benthams. The group is open to anyone affected by cancer, whether they have the illness themselves or if they have been a carer, relative or friend of someone who has. Meetings are very sociable affairs, centring around lunch and there is no obligation to attend every week - just when you feel you need it.

On Wednesday 27th September there is to be a special event at Looking Well, focusing on what is available in this area for those affected by cancer. Dr. Peter Nightingale, a former Benthams GP, who now does some work at St. John's Hospice, will be talking about his role there. Representatives from the Primary Care Trust will be available to give information about the services available in Craven and CancerCare will be looking at models of Supportive Care. There will also be an opportunity to hear about how patients can influence the care they receive as well as provide support to one another. There will be speakers, workshops and opportunities to try some alternative therapies.

This is a free event. To book a place or for more details, leave a message for Margaret Hayton at Looking Well, 015242 62672.

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LOW BENTHAM STREET MARKET MONDAY 28TH AUGUST

By Lin Barrington

The Low Benthams Victoria Institute committee is making preparations for the Street Market at Low Benthams. This will take place on Bank Holiday Monday 28th August from 10am. Anyone wanting either to help or to have a stall on the day should contact Cheryl Yeates on 61143 or Lynda Rushton on 61800. Stalls will cost £6 each, and we will need to know if you want us to provide a table.

There will be a variety of stalls, and refreshments will be served at the Institute.

There will be an opportunity to look round the Victoria Institute and to have your say on what activities you would like to see taking place in the Institute in future. We are also gathering ideas for the garden area at the back of the building.



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CHILDREN'S ARM OF THE BENTHAM THEATRE GROUP TAKES OFF ON 'THE HILL'?

By Sue Bloxham

Midsummer's day saw the world premier of the play "The Hill" when a troupe of Bentham children performed the new drama as part of the Spotlight on Ingleborough celebration. The play depicts an exciting series of episodes from the history of Ingleborough including how glaciers originally shaped the mountain, the ancient hill fort, the Roman Invasion and the erection and (almost immediate) demolition of a tower on the summit in 1839. The children aged four to ten performed with gusto assisted by Iain Henshaw as narrator. Teenagers were also involved in helping devise and rehearse the play, making props and producing the programme.

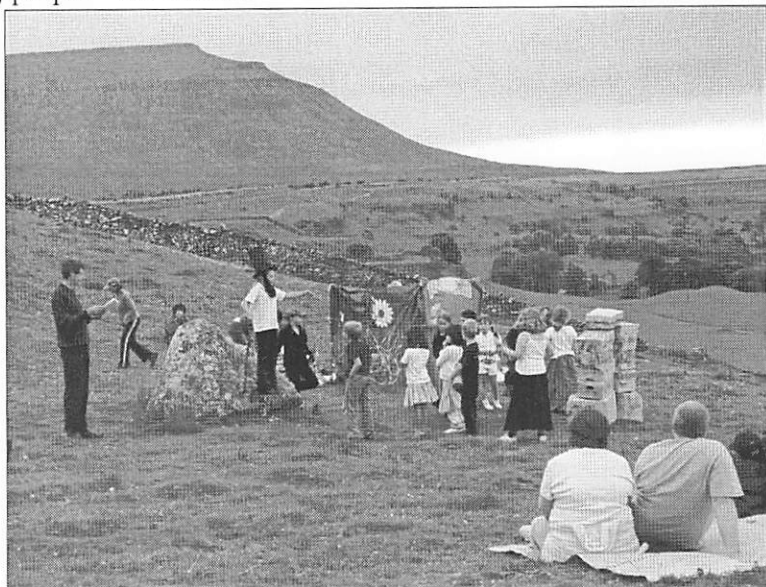
The play is the culmination of a collaboration between Bentham Theatre Group and the Looking Well and is supported by a grant from the Local Network fund for children and young people. The Theatre group traditionally involves local children in the panto and the project purpose is to provide extra opportunities for children and young people to devise their own plays, as well as to contribute to all aspects of productions. The project has involved regular Saturday morning workshops at the Looking Well, involving arts and drama staff and

volunteers and led by Beryl Hunter with 27 different children participating.

The play was written collaboratively with the children. Trevor Blackwell researched various stories in the history of Ingleborough. The children used these stories to devise the content of four scenes which members of the theatre group turned into a script. Rehearsals and prop building took place over four weeks. The art of Poi (making beautiful shapes by waving ribbons on the end of sticks) was incorporated into the play to depict the Romans setting light to the homes of early inhabitants (Brigantes).

The audience for the two performances was literally 'drummed up' from the crowd by a band of drummers who led them up the slope behind the Hill Inn to the grassy stage. The impact of the play was boosted by performing against the marvellous backdrop of Ingleborough on a sunny day.

The project will continue in the Autumn and hopes to also include a separate group for teenagers. All children and young people will be welcome so watch the Bentham News for publicity.



135th BENTHAM SHOW - SATURDAY 2nd SEPTEMBER

By Val Lawson

The 135th Bentham Show is to be held on Saturday 2nd September 2006, on Bellfleckers Field. This year's president is Mrs. Isabel Carr, a local caravan site proprietor from Lowther Hill, Bentham. Isabel collected subscriptions for Bentham Show for 11 years and is also on the management committee.

The usual classes are being held - Cattle - Sheep - Horses - Shire Horses - Show Jumping - Pygmy Goats - Handicrafts - Horticulture - Photography - Stick Dressing - Poultry & Pets. The Companion Dog Show, with 6 pedigree classes and 19 Novelty classes, starts at 12.00 noon, with the proceeds from the dog show going to HAPPA and PDSA.

The ATV Bike competition is organised and run by R. Taylor & Sons. There will also be a display of birds of prey by Corio Raptor of Bentham. "Why Not Alpacas" from Sedbergh are visiting the show for the first time.

There will be a parade by the Junior Vale of Lune Harriers and also a parade of the Three County Hounds by Clive Richardson at 1.30pm.

The Grand Parade of prize winning animals is at 3pm, followed by the presentation of trophies by the President. This will be followed by a parade of vintage vehicles. Entries will be taken on the day for Horses, the Companion Dog Show and Pets. Come along with your family and friends and have a great day out!

The picture below was taken at last year's show.



BENTHAM NEWS is published at "Latharna", High Bentham, by an editorial committee consisting of Trevor Blackwell, Shirley Brown, Linda Cressey, Keith Hartley, Judith Johnson, Peter Phillips, Ken Robertson, Pam Woof, and co-ordinator, Bill Kennedy, who can be contacted on telephone 62492. Every effort is made to ensure that information contained in the paper is correct. However Bentham News is an open access paper and views and opinions expressed are not necessarily those of the editorial committee. The committee reserves the right to edit contributions. We are willing to withhold names on request, **but names, addresses and telephone numbers must accompany all items for publication**, which should be handed in to Bentham Sports by the copy deadline, the 15th of the month prior to publication.