

BENTHAM NEWS

CHARITY WALKERS ON TOP FORM AGAIN



Early Saturday morning on 12th August Gary Wilson, Ian Proctor, Chris Hall and Adrian Leigh left Bentham (driven by Jill Noble) to start this year's charity walk. To try to eclipse last year's National 3 peaks walk they were attempting to complete the 4 peaks in the Lakes over 3000ft within 24 hours of walking. They started from Wasdale Head at 7.30am and steadily climbed Scafell and then had a difficult scramble over to Scafell Pike (due to a rockfall closing the normal faster route) and there they were at 11am stood on the highest point in England (see photo). They could see Helvellyn in the distance so off they went to start the long trek across the Lake District to meet the car at Thirlmere. They had to walk over High Raise on the way which proved to be another peak in its own right and then the long descent down to the car. They finally reached the car and their second driver Dave Bargh at Thirlmere at 4.30pm. The walk across the Lakes from Scafell Pike had been tougher than anticipated. After a freshen up and with a few aches they then set off up Helvellyn reaching the top at 6.30pm. A quick descent then across to Keswick. Just one peak left, Skiddaw, but at close to 9pm they had run out of light and steam! They had been walking for over 13 hours! They returned next morning and, with severe aches, completed the ascent and descent of Skiddaw therefore finishing the four 3000' peaks of the Lakes in just over 16 hours. They would like to thank Jill & Dave for stepping in at short notice and driving and also a big thank you to all the sponsors who make the whole thing worth doing. They are leaving sponsor forms at the pubs and elsewhere until early September. The total raised from this and other events will be announced in a later edition of Bentham News.



FREEMASONS UP IN THE AIR?

By Neville Chant

A presentation took place recently at the Masonic Hall, Station Road, when last year's Worshipful Master of Wenning Lodge (Philip Newhouse) was able to hand over two cheques to the value of £760 to the Northern Air Ambulance. Each Master of the Lodge, during his year of office, seeks to support a local charity by various fund-raising efforts and the Northern Air Ambulance was Philip's chosen good cause for last year. Receiving the donation, with grateful thanks, was Jan Hawkins of Northern Air Ambulance and also in the picture (l to r) are other members of Wenning Lodge, Raymond Burrow (current Worshipful Master), Neville Chant (Past Master), Bernard Ogden (Treasurer of the Lodge Benevolent Fund) and Philip Newhouse.



**CASTERTON
SCHOOL**

Leading Academic Boarding & Day Schools For Girls aged 11-18

Located where three counties meet; North Yorkshire, Cumbria and Lancashire. Casterton is a leading school for boarding and day girls in the UK, listed in 2006 as one of the top five schools for 'added-value' in England. Casterton is currently master-planning the campus to provide first class facilities.

Tel: 015242 79291 or Email: admissions@castertonschool.co.uk
Kirkby Lonsdale, Cumbria LA6 2SG. www.castertonschool.co.uk

AUGUST'S TOWN COUNCIL

By Bill Kennedy

Councillors Hurtle, Adams, Barnes, Barrington, Burton, Heigh, Marshall, Rushton and Wills attended.

Police

PC Hayes reported that there had been thefts from St. John's Church and Sedburgh Junior School, and thefts of bikes in both High and Low Bentham. Anti social behaviour is still a problem at the bottom of Robin Lane, outside Spar (which had been captured on CCTV and is being acted on) and at Wesley Close. One arrest had been made.

County Cllr and District Cllr Reports

There were no reports from county or district councillors but Cllr Wills asked DCllr Hurtle if Bess Martin had been given the job of raising funds for Craven District Council as her office appeared to be offering tracts of land for sale, and raising rents. She had informed him that she had no specific instruction from CDC but that it was within the remit of her job. DCllr Hurtle said that he was not aware of any specific request but that he would find out. Cllr Burton added that it was probably to help pay for all the extra staff as he had heard that 200 new staff had been taken on in the last year. DCllr Hurtle agreed that there had been a big increase in staff level.

Highway Matters

Letters sent to NYCC in June, regarding the new surface at Springfield and grass cutting, have still not been answered. Blocked drains at Lairgill were also to have been looked at in July. Promised monthly reports on the state of the B6480 have not materialised.

Following the repeated strikes by vehicles on Barclays bank, the council felt that a site meeting with NYCC and Kiddes would be useful to discuss possible solutions such as further signage and routing vehicles away from the right hand turn from Main Street into Station Road.

Cllr Barrington raised a point about the parking of vehicles on the bend opposite

Low Bentham School and it was agreed that the possibility of getting double yellow lines there should be explored.

Town Hall Matters

The Clerk brought the meeting up to date with outstanding matters of Town Hall maintenance, and Cllr Burton asked about an inventory, particularly of the kitchens, to keep track of breakages. The last inventory was recorded in April 2005. It was agreed that the caretaker should update the inventory and report any breakages.

School Hill

The clerk had received three quotations for clearing up the garden area and maintaining it throughout the autumn. The contents of each quotation were discussed and eventually the council decided to offer the work to Horton Landscaping.

There was also some discussion about rights for vehicular access at the side of School Hill and it was agreed that the deeds should be checked.

Legion Hut Land

A letter from Bess Martin, (Craven District Council) had been received offering the Council tenure of the land abutting the Legion Hut either on a freehold or leasehold basis. It was agreed that this may be a good idea but that more detail was required before a decision could be made. It was agreed that a reply be sent to Craven District Council outlining the Council's interest but requesting more information.

Cleveland Square

The council had resolved that a letter be sent to Craven District Council requesting a new lease, along the lines of the old one.

SOLE to SOUL:

Chiroprody plus...

9 Station Road, Bentham

Holistic Chiroprody &

Complementary Therapy Practice

Closed Mondays

MARIE RAYNER MChS. HMNFSH

State Registered Chiroprodist/Podiatrist

 015242 63067

WOMEN'S INSTITUTES

High Bentham W.I.

By Wendy Dowbiggin

Members have had a busy time recently. On 13th July we visited Verdes Restaurant in Lancaster as part of our yearly dining out programme. We had a delicious meal and the ladies were particularly impressed by the staff who showed them such courtesy.

The monthly meeting was chaired by Miss Wendy Dowbiggin and there was a discussion on the forthcoming garden party. The ladies were silent throughout the visit from the local branch of the Samaritans as it was a very thought provoking message and we were all grateful for the excellent work they do.

Competition winners were:- 1st Mrs. Sheila Houghton, joint 2nd Mrs. Margaret Hayton and Mrs. Sue Camacho.

The Garden Party was held on 12th August in the beautiful garden of Mr. Michael and Mrs. Janet Slinger. (Janet is a member of the W.I.). Our guests sat in the garden and enjoyed its colour and beauty. The barbecue was a success and various members had brought savouries and delicious desserts. The large raffle, the tombola, cake and plant stalls were all well supported. The afternoon was a huge success, both socially and financially and £250 was raised for W.I. funds. Thanks to the barbecue boys, David Lewis and John Henderson. Miss Wendy Dowbiggin (President) presented Michael and Janet Slinger with bottles of wine for their kind hospitality, in letting us share their home and garden. Finally, the President would like to thank all the members for their wonderful support. It was a great team effort and our Institute continues to grow in stature.

Low Bentham W.I.

By Jennifer Watkinson

Mrs. Joan Gilroy yet again organised a successful "members night". Thank you Joan! At midday 21 members and 2 friends set off on a Bibbys coach to Towneley Hall, near Burnley. After a welcoming drink in the main hall we divided into two groups and

were shown round the house by two very interesting guides. The house, now owned by Burnley Council, was owned by the Towneley family from the 14th century until 1902. We were shown the Elizabethan long gallery, the Regency Rooms, the Victorian kitchen, the servants' quarters, the chapel and the Priest's Hide. After the tour, members had free time to explore the extensive grounds, visit the art gallery or go to the cafe. Afterwards we set off for the Calf's Head at Worston for a meal, which was very good. Eight members joined Clapham W.I. for a guided evening walk around the picturesque village of Downham. Later a lovely meal was served by a team from Downham W.I. in the village hall.

At the next meeting, on 21st September, Mrs. Barbara Lipscombe will talk about "A place in the sun".

HIGH BENTHAM W.I.
MARKET STALL - TOWN HALL
9.00am-3.00pm,
WEDNESDAY 20th SEPTEMBER

TAYLORS

OPHTHALMIC OPTICIANS

G.N. Theobald F.C.Optom
Mount Pleasant House
High Bentham

OPEN WEDNESDAY

9.00am - 5.00pm

Tel 01524 32915

for an appointment

LOGS LOGS LOGS

Firewood, Kindling Bags or Loads,
Seasoned Logs,

Free Local Delivery

David Cockett Wood Supplies,
Bentham Road, Ingleton.

Call David on Tel: 015242 41521

Mobile 07713 055404

CRAVEN MATTERS

By Manuel Comacho

This month as promised, I have obtained an overview of our recycling activities. I am grateful to Neville Allan (Head of Waste Management) for providing the article. Rather than print the whole article I propose to serialise it! (Is this a first?)

Recycling (Part 1 of 3)

Last year Craven District Council collected 26,595 tonnes of household wastes. Of this 4,337 tonnes of waste material was collected for recycling and 2,853 tonnes of garden waste was sent for composting. Therefore a recycling and composting rate of just over 27% was achieved. The materials sent for recycling were as follows:

	<u>Tonnes</u>
Glass	1,555.70
Paper	2,019.58
Cans	104.24
Textiles	38.92
White Goods (cookers, washers etc)	88.21
TVs and Monitors	2.94
Fridges/Freezers	65.30
Third Parties	462.00
Garden Waste	2,524.88
Street Cleansings (leaves)	327.82

This year it is anticipated that the amount of waste recycled and composted figure will increase slightly, as the full year's impact of the new schemes introduced during last year will take effect.

There are four separate recycling collection services in operation within the District. These consist of the Garden Wastes Collection Scheme (Brown Bin) to 10,700 properties; the Triple Bin Collection Scheme (Blue Bin) to 9,500 properties; the Blue Bag Paper Collection Scheme to 15,000 properties (for those who do not have the Triple Bins) and the "Bring" Recycling Banks located on car parks and other areas.

There are over 25,300 domestic properties in Craven District. Recycling schemes have been implemented to those areas and properties considered most suitable and practicable to operate the different schemes in order to maximise the potential from each scheme. With only one vehicle and collection crew allocated to each scheme it is not

possible to include all properties on each service.

The four recycling vehicles are painted in a very distinctive purple colour (some call it pink) to enable them to stand out from our refuse collection and other vehicles. Each of these vehicles are specific to the needs of the respective recycling service.

The materials collected for recycling each go their separate journeys for reprocessing. Paper is collected and taken to the Council's Engine Shed Lane Depot and baled and is then collected by a paper merchant. Cans are sorted into ferrous and non-ferrous, baled and taken to Bradford to be re-processed. Glass is held in storage at the depot and transported to Barnsley by bulk haulage vehicles.

Our garden waste from Bentham together with Ingleton, Clapham, Newby, Burton and Thornton in Lonsdale is collected and taken directly to Growing With Grace at Clapham where the Council is working in partnership with the market garden. The material is shredded and then composted over a period of six weeks. It is then used as an on-site soil improver and conditioner.

The collection vehicle delivers garden waste from other areas of the Craven district to Skibeden Waste Disposal Site, where the compost is used for site restoration purposes. End of part 1. You can't wait till next month, can you?

Outstanding Achievement Awards

Winner Winter 2005 - Bruce Dinsmore, Sports Development Officer.

Bruce has been singled out for the Winter 2005 award for his development of the Craven Sport and Recreation Strategy which provides a foundation for the development of Sport and Recreation across the District.

Our Sports Development Service will be Highly Commended by Sport England when announced at the end of July, placing our sports development service up there with the best 25% in the country.

If you run a sports club, Bruce can always find time to help and advise. You can contact him through the Craven District Council switchboard at 01756 700600.

Pennine Outdoor

Tel: 015242 63377

Web: www.pennineoutdoor.co.uk

**Waterproof fabrics,
plain and patterned
fleece, zips and
buckles,
NIKWAX products etc.**

**NOW ON FIRST
FLOOR ABOVE**

Bentham Sports

Tel: 62001

Central Buildings, Main Street,
Bentham

**Football Boots from
Adidas, Umbro, Puma.**

**Everything for Rugby:
Boots, Protection,
Thin skins + Stick mitts
etc.**

**Badminton Rackets
and much more...**

www.benthamsports.co.uk

SQUARE DANCING FOR BEGINNERS

By Joan Black

Lune Valley Square Dance Club is looking for new members for a limited period. On Monday 2nd, 9th & 16th October we are offering free taster sessions at the Church Hall, New Street, Brookhouse, starting at 8.00pm. As the only Square Dance Club in the area we have a thriving membership with some members travelling from as far away as Kendal, Barrow, Bentham, Blackpool, Garstang, Preston and Blackburn. We last recruited two years ago, so don't miss this opportunity to join in the fun.

I found Square Dancing after I saw a TV documentary on Happiness which recommended dancing. I tried European Folk Dancing – too much swirling; Salsa – haven't got the rhythm; Line Dancing, Sequence Dancing – brain to feet messages get scrambled.

When I tried Square Dancing I knew I had found what I was looking for. There's no fancy footwork, no complicated routines to remember, and with seven other dancers in your square it's a team event. The challenge is to learn the moves, and we have a very experienced Caller who will quickly have you dancing.

Learning to square dance opens up a whole new world of fun and friendship. It is one of the easiest forms of dance to master – yet provides a lifetime of enjoyment at clubs all over the UK and abroad, all dancing to calls in English!

It is mentally stimulating, emotionally uplifting, promotes overall fitness and cardiovascular conditioning, and burns off calories. Above all it is **good fun** – and we laugh a lot, the best medicine of all.

So, come and join us on **one or all of the free nights** - everyone welcome – couples or singles – two left feet no problem!

For more information or directions, contact Bert or Joan on 01524 848446 or email chessell@omne.uk.net

For information on square dancing visit the website www.squaredancing.co.uk

BN COMMENT

At a time when many people are working hard to make Bentham a greener and more sustainable town it is saddening to hear that Craven Council is planning to sell off the public green space between the old Legion Hut and the doctors' surgery.

This green space is much enjoyed by the people of Bentham. Children play on it and climb up its mature trees. Shoppers on their way to Main Street, and visitors to the Health Centre, stop for a friendly word. Drivers arriving at the (currently) free car park look up, and their first view of Bentham is green.

But this is to end. Bentham must lose its green spaces. And why? Apparently to fund Craven Council's refurbishment of Skipton Town Hall. Green doesn't matter - money rules.

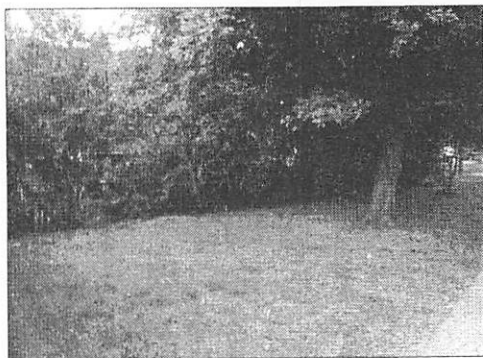
It is a matter of concern that our public spaces are being sold off without any public consultation. Indeed it seems that our Town Council only found out about this sale by chance! Is this, we wonder, the "best practice", is this the "democratic accountability", which Craven Council claims to offer us? What are our own councillors doing about this loss of land? What are our elected representatives on Craven Council doing to support them?

Adding Insult to Injury!

But there is more. It appears that there are also plans to build a number of new houses in the gardens at the front of Tweed Street. (See letter on page 19). Although this is a private development, it is also a matter of public concern.

Tweed Street is one of the best preserved of Bentham's traditional streets. In a narrow cul-de-sac just off Main Street, old stone cottages look out on large mature gardens which bring the country into the heart of the town. But these gardens may go to make way for more houses. If this happens this green street may be lost for ever. This matters to the residents of Tweed Street who have protested - in vain. It also matters to all who are concerned about losing Bentham's green spaces.

We believe that we should protect the



green spaces of Bentham. And we believe equally strongly that the loss of these spaces should be a matter of thorough and lively public debate.

We do not pretend these will be easy arguments. Change and adaptation are as necessary as continuity and conservation. But in our arguments we would do well to begin by recognising that some things are more important than money. For what would it profit Bentham if it gained a whole world of new buildings but lost its green soul?

PRESENTATION AT THE TRADERS CHARITY GOLF EVENT

By Pam Woof

On the 17th August Bentham Traders held their annual Charity Golf Day at Bentham Golf Club. The event involved novice players accompanying Golf Club senior and junior members in a fun golf event. Forty eight people took part and those who teed off early in the afternoon were fortunate enough to avoid the heavy rain which caught some of the later starters! But this didn't dampen the spirits and all the participants had a very enjoyable, and sometimes very frustrating, afternoon.

Bentham Traders presented Bart and Sarah, who have run the Nosebag for a number of years, with a framed photograph of the Nosebag, as a farewell gift. Bentham golf Junior Section, Goodenber Road Play area and the Traders Christmas lights fund are the joint beneficiaries of the funds raised at this event. Over £1,000 was raised.

JENNIFER KNOWLES SOLICITOR



Specialising in all aspects of family relationship breakdown

Personal Attention at all times from a
caring Professional

Evening or weekend
appointments/Home visits
Competitive fees

For initial discussion please call
JENNIFER KNOWLES (L.L.B Hons)
on 015242 41417. www.jklaw.co.uk



Alan Collings

Painter & Decorator

42 Lakeber Avenue
High Bentham
Lancaster
LA2 7JN

Phone: 015242 63042

Mobile: 07771 643319

Kitchen Installations (North West) Ltd

Proprietor Mark Butler LCGI

Specialising in Granite worksurfaces,
choice of colours available.

Quality kitchen furniture, Neff appliances,
Franke sinks and taps, Duropal worksurfaces.

Tel 015242 61236 or 07831 151 839
Bank Head, 37 Robin Lane, Bentham LA2 7AB



BENTHAM ENVIRONMENTALLY SUSTAINABLE TOWN

By Gavin Wilshaw

We all need water, just the right amount. If we drink too much our body becomes out of balance; if we drink too little we may die through dehydration.

We delight in the sight and sound of water - just watch children when they encounter it. People like to sit by a river or lake and picnic. Somehow being close to water enhances the enjoyment of whatever activity is taking place.

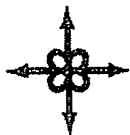
However, turn up the volume, give the water more impetus and it can become destructive; communities are damaged, homes and belongings swept away, people injured, lives lost, families bereaved.

When natural disasters occur could it be that the planet is reacting to our abuse of it? The view that humankind is ill-treating the earth has become accepted; it is now clear that our civilization continues to indulge in activities and habits that collectively harm the earth environment, yet we have nowhere else to go, nowhere else to live.

But there are things we can all do. The basic principle behind everything in nature is recycling, growth, death, decay, regeneration. Decay is merely the breaking down of a once living organism into its constituent compounds and elements, which then provide the raw materials for the generation of other organisms. The carbon in our bodies was once in the air, in rocks, in plants, in animals; nothing is new, everything is composed of recycled materials, including ourselves.

The trick is to live within the laws of nature. We can never win by opposing nature. If we can learn to live in harmony with it we can discover harmony and contentment with ourselves then, as we ourselves harmonise we will induce harmony in those we encounter in our daily lives, and as the ripples of harmony endlessly expand, peace will inevitably follow.

BENTHAM FOOTPATH GROUP



By Maureen Ellis

What a summer we are having; gardens open, birds singing and wonderful walks. Dorothy Stubbs continues to winkle out of the members, leaders who create a plethora of creative and sparkling routes. Yes we are probably all sorry the summer season is merging into autumn but this provides alternative aspects to the sights, sounds and smells of the same walks.

Many different groups now find walking a vehicle for diverse interests; last night I went on the ultimate summer walk of the Horton Local History Group where I learnt of medieval rabbit warrens and most interesting of all, the evolution of a local tarn which sustains a population of native white clawed crayfish. This struggling animal also featured in a short article in the Clapham, Newby and Keasden Newsletter.

On 2nd September the new programme starts at 9.30 from Lairgill and a half hour later at the main Stocks Reservoir car park. Firstly the route will climb to Whelpstone Crag using mainly cycle tracks, as the path is very overgrown and in poor condition; from here there are excellent views of the Dale's peaks. As a contrast, we will then continue in the forest to complete about 7.5 miles and maybe remind ourselves that forests in this country are not the places of myth and gnarled trees and wicked step mothers of Grimms fairy tales but the remnants of estates of privileged classes which were

established in order to hunt. On Thursday the 14th there is a 10 mile walk, meeting at Lairgill at 9.30am or 10.15am at Downham car park. It will take in Barley and two reservoirs on the way to the top of Pendle Hill; the return route will be by the steep descent on the other side and a return to the cars at Downham.

To join the annual weekend in the Lake District on the 23/24th September, please phone Adrian Leigh on 63037 soon.

BENTHAM FOOTBALL CLUB

By Adrian Leigh

If anyone wants to keep abreast of the results and progress of the Bentham football teams then please use the new website www.benthamfc.co.uk There is information on both senior teams and both Junior squads on this new site which will be updated weekly with fixtures and results. If anyone has anything to contribute to the site then please contact Adrian Leigh by telephone on 07715 323748 or email Adrian.leigh3@virgin.net

Lots of Gift ideas in our COOKSHOP.....

Various items from top brand names
including: AGA . Typhoon . Le
Creuset . Textiles . Stainless Steel
Cookware
Silverwoods Bakeware . Cath Kidston
China . Gifts for Home and Family.
Knives

Boxed Gift Sets . Designer Labels
Exciting Colours . New Ranges
Wedding Gift List Service Available

KITCHENS . BEDROOMS HOME STUDIES . COOKSHOP

Large Showroom . Ample Parking .

Open 6 days

H & M Craftsmen Ltd

Industrial Estate, Ingleton

015242 41535

Wenningdale Home Repairs

We offer a good range of home improvement and maintenance jobs such as:

- Sanding of floors
- Sash windows repaired
- Interior decorating
- Exterior painting
- Gardening, and much more ...

*Local, professional and very competitive
Mobile 07854-596391*

"UNIVERSITY" OF BENTHAM

By Sue Mneu

In October 1995 Craven College was officially opened in Bentham by Rt. Hon David Curry MP and next month will be celebrating 10 years at Millers Court. During that time more than 3,500 students have enrolled on a variety of courses such as computing, languages, arts, crafts, GCSEs and A levels.

The new academic year will see a number of changes in the courses on offer. This year for the first time students will be able to study for a degree right here in Bentham. The college, in partnership with the University of Huddersfield, is offering a BA Humanities degree at Millers Court. This is a flexible, part time modular degree which can be studied over a number of years and includes modules in Sociology, English and History. This is a great opportunity for anyone who may have thought they had missed out on Higher Education to prove

that no one is ever too old to learn.

The new academic year will also see some different types of courses. As many students have said that they have no real need of a certificate or qualification we are expanding the range of Leisure courses on offer. There will be one day courses as well as the usual 8 or 10 weeks. You may have heard of the cuts in Further Education funding and Craven College has been affected like many other colleges. These cuts don't mean there will be less courses; just that there will be a balance of vocational qualifications such as City & Guilds, GCSEs, A Levels and a wide range of Learning for Leisure courses.

In another new development the college is working with the Activate project to encourage women into sport and exercise. We have devised a Healthy Lifestyle Programme which will take place every Wednesday evening at the Town Hall. Ladies will be able to weigh themselves and talk to an experienced health practitioner about diet and lifestyle followed by a session of appropriate exercise with a qualified fitness instructor.



**Fisher
Wrathall**

the property people
now open in

Bentham 015242 62044

house sales lettings surveys
business sales architectural
commercial

www.fisherwrathall.co.uk

COOKERY COLUMN

Edited by Doreen Park

Recipes by Pat Henderson

Pork with apple and sage

Recipe serves four, preparation time 5 minutes, cooking time 20 minutes.

300g pork fillet, sliced

30g butter

3 peeled and chopped shallots

2 red apples, cored and wedged

1 tbsp brown sugar

1 tbsp fresh sage

3 tbsps cider vinegar

125ml cider

Method

Heat the butter in a large pan and fry the shallots. Add the pork fillet to the pan and cook gently for about 3 minutes each side. Add apples, sage, sugar, cider vinegar and cider. Stir, cooking for about 15 minutes on a gentle heat. Season, if necessary, and serve, decorating with fresh sage.

Bottled Cherry Tomatoes

The perfect accompaniment to country ham

Recipe makes 1 kg

1 kg cherry tomatoes

Fresh basil leaves

5 garlic cloves per jar

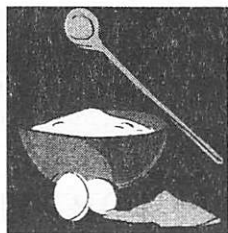
1 tsp salt per jar

1 tsp sugar per jar

Method

Preheat the oven to 120C. Prick each tomato with a toothpick. Pack the tomatoes into clean, dry 1 litre or 4-cup preserving jars, adding 1 tsp salt and 1 tsp sugar to each jar. Fill the jars to 2 cm of the top, putting the garlic and basil leaves among the tomatoes.

Rest the lids on the jars, but do not seal. Stand on a baking sheet lined with a layer of newspaper or card and place in the oven. After about 45 minutes when the juice is simmering, remove from the oven and seal. Shelf life is 6 months.



CHANGES ON THE HIGH STREET

By Pam Woof

Earlier this year we had to make the difficult decision to move Pennine Outdoor fabrics out of its own premises in Station Road into the sports shop upper floor at Central Buildings. Pennine Outdoor, being primarily a mail order company, is suited to a first floor situation but unfortunately this has meant that we have lost our cycle show room. We shall still be selling cycle accessories, helmets, tyres, wheels etc in the future.

Premises wanted

I was heartened to find that three different businesses approached me to take over the lease of the shop in Station Road. It is a very encouraging sign for Benthams that there are no unwanted business premises in the town. In fact the reverse is true despite the fierce competition from larger shopping towns Benthams Traders continue to survive. It is not easy in the modern day of supermarkets and out of town shopping. We thank all our loyal customers who continue to support the local businesses.

Benthams Gallery

The new tenants at 2 Station Road are Jon Brook (Benthams Imaging) and Chris Humphreys (C&H Framing) who are opening up the shop as the Benthams Gallery.

Nose Bag Changes Hands

Sadly Bart and Sarah have decided to call it a day at the Nosebag. We shall all miss the warm welcome offered at the Nosebag, its bistro nights and touch of Italian Class. They hand over their success to new owners Lloyd and Angela Williamson who live in Benthams.

**FARMERS' MARKET
BENTHAM TOWN HALL
SATURDAY 2ND
SEPTEMBER
8.30am-2.30pm**

LIBRARY NEWS - AGATHA CHRISTIE WEEK

By John Frankland

Take part in Agatha Christie Week 2006 at Benthams Library, celebrating the 80th anniversary of "The Murder of Roger Ackroyd", Christie's first blockbuster success. Agatha Christie, the "Queen of Crime" remains the most popular novelist in history with over two billion books sold. Here we'll be celebrating the creator of famous fictional detectives like Miss Marple and the moustached Hercule Poirot, by holding a month of events and competitions.

Why not take part in our village read? The idea is that the whole village reads the same Agatha Christie novel. Benthams book will be "Taken at the Flood", starring Hercule Poirot. In it, Gordon Cloade, a rich businessman dies in the London blitz, shortly after marrying a young widow, Mrs. Underhay. She is withholding her late husband's fortune from the rest of his family. Poirot becomes involved when the deceased's sister-in-law claims that Mrs. Underhay's first husband is still alive... don't forget to come in to tell us what you think of the story, on our special display.

There will be a prize crossword, where you can win Christie books and DVDs, and for all you budding writers there is a "short story" competition where you and a friend can win two tickets to a Murder Mystery Night that includes dinner at a Whitby hotel.

In addition to all of that you can also vote for your favourite Agatha Christie book as we attempt to find North Yorkshire's most popular Christie novel.

Agatha Christie week begins at Benthams Library, and throughout Libraries in North Yorkshire, from 11th September. Details of all these events will be available at the library, so if you would like to take part, please contact the library by telephone on 015242 61388 or by e-mail at benthams.library@northyorks.gov.uk We always look forward to hearing from you.

Congratulations to all those who have joined and completed The Reading Mission. It has been a great success. If you haven't joined or just not finished then don't worry - The Reading Mission continues until the end of September.

BN TOP TIP

It's long been known that many people don't claim the benefits to which they are entitled, so if you'd like to check to see if you are eligible for more financial help, go to a free, user-friendly website, entitledto.co.uk.

Rather than seeing benefits as a favour, perhaps you could take the view that it is something contributed to in good times and repaid when times are hard. For example, someone with a typical 40 year working lifespan, earning roughly the average £25,000 salary, would, in today's prices, have paid almost £250,000 in tax and national insurance.

It only takes a few minutes to find out if you're getting what you're entitled to, so why not give it a try? If you haven't got access to a computer, you could ask someone to do it for you.

The Horse and Farrier

Main Street. High Benthams
Telephone 015242 61381

GOOD HOMECOOKED FOOD SERVED

Monday to Friday,

12 noon to 2.00pm & 6.00 to 9.00pm,
Saturday & Sunday, 12 noon to 9.00pm.

QUIZ NIGHT EVERY WEDNESDAY
AT 9.00pm

ENTERTAINMENT FOR SEPTEMBER

Saturday 8 th	Steve Lane vocalist
Saturday 16 th	Martin Knowles Vocalist
Saturday 30 nd	The Chevrons - Duo
Saturday 7 th Oct	Michael Jackson

COUNCIL TO PRODUCE 2007 CALENDAR FOR BENTHAM

By Jo Burton

Bentham Town Council is producing a limited edition Bentham calendar for 2007. The calendar will be of Bentham and the surrounding area, produced and printed in Bentham, and kindly sponsored by Bentham companies.

The calendar will list most of the major dates in the Bentham year, including the regular events in the Town Hall – and will also leave space for appointments etc to be recorded.

The calendar will be available from the beginning of October at a cost of £6 / copy, with all proceeds going to the Low Bentham Playing Field fund.

For further information contact Jo Burton on 62587.

Anita Corless Driving Instructor

for all your driving needs

Pass Plus/Advanced - RoSPA - IAM

Fleet Training (New Laws)

Midas (Minibus)

077646 11911

015242 61109

B & C.E. ARMSTRONG

17 Main Street, Bentham 64871

**SPRING FLOWERING BULBS
& PERENNIALS NOW IN
STOCK**

**WILD BIRD FOOD & FEEDERS
WIDE RANGE OF DOG, CAT &
SMALL ANIMAL FOODS**

BOWLAND FELS HEATING SERVICES

(Prop. Gordon Downing-Stewart)

*Domestic Servicing and
Maintenance Engineering of all types of Oil
and Gas fired Boilers
and Cookers, (AGA/Rayburn etc.)*



Tel/Fax: 015242 51790 Mobile: 07889 604046

Lower Hardacre House, High Bentham, Lancaster. LA2 7AT

Bentham Clocks

Mewith
Bentham

015242 62641

longcase and Wall Clocks

Simple repairs undertaken

www.benthamclocks.co.uk

HORNBY DAY NURSERY

- Fully qualified staff
- 7.30am to 6.30pm
- Pre-school Nursery Education Grant
- Dedicated Baby & Toddler facilities
- Secure outdoor play area

1 Station Road, Hornby.

Tel: 015242 22288

E: info@hornbydaynursery.co.uk

Newsholme & Son

Electrical Engineers (Est. 1950)

Station Road, Clapham,

Lancaster LA2 8ER.

Write or phone 015242 51383

Domestic, Agricultural Installations. Security
Lighting and Burglar Alarms Fire Alarm
Systems. Additional Electrical Circuits. Faults,
Breakdowns, Night Storage Heater repairs. No
call-out charges. No VAT. Free estimates.

BURNDALE RESIDENTIAL HOME

Bentham Tel: 015242 62466

We provide residential care for both short and long stay. Burndale is a small home, with home cooking and a friendly atmosphere. Please call or telephone for details.



Millwood, Fourlands, Bentham,
Lancaster LA2 7EX Tel/Fax 015242
63349

Richard Slinger Mobile
07730 948741

S & W Fabrications Ltd
Steel Fabrications.
Mobile Welding.
Security Bars & Railings.
Industrial &
Agricultural Buildings.

**135TH
BENTHAM
SHOW
SATURDAY
2ND
SEPTEMBER**



CRAVEN CONSTRUCTION LTD

Butts Works,
High Bentham 015242 61145

Precast Concrete & Steel Frame Buildings

We stock Steel Sections,
Reinforced Mesh, Bar & Spacers,
PVC Underground Pipes &
Gutters.

Industrial Paint & Welding
Consumables, Timber Purlins,
Roof Sheets,
Sliding Door Gear.

C.M. SLINGER & SONS LTD BENTHAM

Established 1820

BUILDING AND ROOFING CONTRACTORS

*"Generations of experience
through to the latest methods
and technology"*

**TELEPHONE
015242 61333**

GARDENING

By Joyce Knapp

As we move into September, our thoughts turn to starting to get our crops lifted and stored for use during the long winter months. With onions, we first need to bend down the tops and leave them laid on the ground to ripen in the sun for a week or two. Once they have started to turn a golden brown, they can be lifted and, ideally, spread out on open shelving where they can continue drying out under cover. The only other point to mention here is that onions are less likely to mould in storage if they are lifted in dry weather conditions.

Some early varieties of apple, such as the eating apple Red Ellison and the cooking apple Grenadier, should be ready for picking this month and I have a note in my gardening diary that says I must 'pick apples before 12th September'. This is because I have become aware, over the past few years, that my apples disappear in vast numbers around mid September and I am left wondering if there are some very well fed grey squirrels inhabiting the trees around my allotment.

I have heard several people comment on the fact that their beans have struggled to set this year, resulting in few pods developing, and wonder if this is due to the weather conditions, perhaps the heat was just too much for them.

I, personally, was interested to see that whilst my climbing French beans produced a very disappointing crop, the dwarf variety, grown in the same bed, have done particularly well, so next year I will be growing mainly dwarf beans.

All that remains for me to say is that I am really looking forward to seeing all the horticultural exhibits at this year's Bentham Show and I hope the hot, dry conditions of recent months have not hindered the growth of the fruit and vegetables too much.



LAUNCH OF "MARIGOLD & OTHER GLOVES"

By Alison Jones

The Looking Well Writing Group, which has been active for over five years, will be launching its second anthology, "Marigold and Other Gloves". The event will take place on 28th September at 7.30pm at the Looking Well Studio, Bentham. Refreshments and copies of the book will be available after the event. All are most welcome.

FLOWERFIELDS

015242 61904

7 MAIN STREET HIGH BENTHAM

Order flowers, teddies, balloons,
chocolates and lots more.

Wide range of fruit and vegetables for
many worldwide recipes.

Free range eggs
Specialist bread flours

ADVERTISING RATES

Local Advertisers

Bentham, Burton-in-Lonsdale, Ingleton, Clapham -
Boxed Ad one eighth of a page £12.50. Quarter
page £25. Half page £60. Series rates (prepaid) for
3 or more insertions 10% discount.

Non-local Advertisers

Boxed advertisement one eighth page - £17.50.

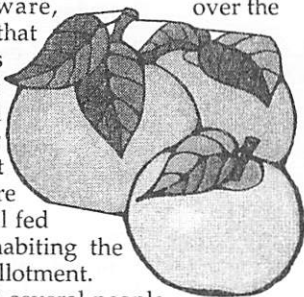
Quarter page £35. Half page £75.

Flyers and inserts negotiable depending on size,
design, printing etc.

Normal commercial rate £125.

Bentham People Page, Thanks, Birthdays etc 10p
per word. Items for sale, wanted, sits vacant etc 20p
per word.

Advertising must be prepaid, and must be booked
by copy deadline - 15th of month prior to publication.
To place an advertisement in the BN contact 62492
or call in at Bentham Sports.



LOCAL EVENTS IN SEPTEMBER

- Fri 1st** Bentham News published.
- Age Concern at the Masonic Hall. Joyce Knapp - Autumn Gardening.
- G.F.I. at the Methodist Schoolroom, 6, 7 & 8 year olds, 7.00-8.00pm. 9 & 10 year olds, 8.15-9.15pm and every Friday in term time.
- Sat 2nd** Bentham Show at Bellfleckers Field, Low Bentham Road. All day. Something for all the family.
- No coffee morning at the Town Hall today.
- Farmers' Market, Lower Town Hall, 8.30am-2.30pm.
- Mon 4th** Town Council meeting at the Town Hall, 7.30pm.
- Gentle walks for women, 10.00am at Lairgill, return at 12.30pm. And every Monday.
- Looking Well 1.00-3.00pm, Cancer Support Group drop-in and lunch, and every Monday.
- Springboard, at the Methodist Schoolroom, 7-10 year olds, 6.15-7.30pm, and every Monday in term time.
- Tue 5th** Tai-Chi, 2.00-3.00pm at the Community Centre, and every Tuesday.
- Looking Well Community Gardening from 2.00pm, and every Tuesday.
- Yoga at the Lower Town Hall at 6.00-7.00pm, and every Tuesday.
- Wed 6th** Churches Together - Christian Aid coffee morning at the Methodist Schoolroom 10.00-11.30am.

Wed 6th High Bentham Playgroup & Toddlers, 1.00-3.00pm at the Wenningdale Room, Town Hall, and every Wednesday. All welcome.

Looking Well, 2.00pm Art for All (for beginners), and every Wednesday.

Keep Moving Well exercise to music, Community Centre 1.00pm (very gentle) - 2.00pm for the over 60s, and every Wednesday.

NSPCC monthly meeting at Lingfield, Robin Lane, 7.30pm.

Thu 7th 10.00am Swimming for the over 50s. Meet at School Hill to share transport. Return at 11.30am, and every Thursday.

Gentle aerobics at the Town Hall, 6.00-6.30pm, and every Thursday.

Thursday evening energiser aerobics at the Town Hall, 6.45-7.45pm, and every Thursday.

Fri 8th Age Concern at the Masonic Hall. Nigel Wilson - Yorkshire Castles.

Sat 9th Church of the Good Shepherd coffee morning at the Town Hall, 10.00am-12.00 noon. 

Mon 11th Rug making at the Community Centre, 1.00-3.00pm. 10 week course, tel 61355 for details.

LISTING FOR LOCAL EVENTS

Date.....Time.....

Event.....

Venue.....

Contact Tel. Number.....

Name.....

Please complete and return this entry to the Sports Shop, Main Street, High Bentham, by 15th of month.

- Tue 12th Bentham Child Health Clinic at the Surgery, 2.00-4.00pm.
High Bentham Toy Library at the Community Centre, 9.30-11.30am.
Rug making at the Community Centre, 6.30-8.30pm, 10 week course. For details tel 61355.
Council/Traders meeting at the Wenningdale Room, Town Hall, 7.30pm.
High Bentham Playgroup & Toddlers, 1.00-3.00pm at the Wenningdale Room, Town Hall, and every Tuesday.
- Wed 13th Scottish Country Dancing at Ingleton Community Centre, Children 6.00-7.00pm, adults 7.30-9.30pm and every Wednesday.
Looking Well, Community Lunch 12.30pm. and 20th Sept.
Alzheimer's Society Carer Support Group, 7.30-9.00pm at the Looking Well. Nostalgia Quiz.
- Thu 14th LASRUG meeting at the Wenningdale Room, Town Hall, 7.00pm.
- Fri 15th Waste paper collection at Lairgill Car Park, 8.30-11.00am. Proceeds to NSPCC.
Copy deadline for October edition of Bentham News.
Age Concern at the Masonic Hall - Quiz.
- Sat 16th St. John's Charity Coffee Morning, in aid of SAMS and Tear Fund, 10.00am at the Town Hall.
- Tue 19th Bright Hour at the Methodist Schoolroom, 2.15pm - Rev. R. Fox.
Mothers' Union at Burton Church Room, 2.00pm.
- Tue 19th Clapham & District Workers' Educational Association - "Irish History" 7.00pm, Clapham Primary School. Series of 10 meetings. Details from 51323/4.
- Thu 21st Low Bentham WI at Victoria Institute, 7.30pm. See page 4.
- Fri 22nd Bentham Agricultural Society President's Evening at Lowther Hill, Bentham, by kind permission of I. Carr. Tickets from 61606.
Age Concern at the Masonic Hall - "Our Health Visitor".
- Sat 23rd Playgroup coffee morning at the Town Hall, 10.00am-12.00 noon.
- Mon 25th Ewecross Historical Society meeting at the Town Hall, 7.30pm.
- Tue 26th Bentham Child Health Clinic at the Surgery, 2.00-4.00pm.
High Bentham Toy Library at the Community Centre, 9.30-11.30am.
- Wed 27th In the Same Boat - Cancer support event at Looking Well, 10.15am-4.00pm.
- Fri 29th Bentham News published
Age Concern at the Masonic Hall, Eric Stanley - Gardens of Britain.
World's biggest coffee morning at the Chapel Room, Burton-in-Lonsdale, 10.30am-12.00 noon. In aid of MacMillan Cancer Relief.
LASRUG AGM at the Town Hall, 7.00pm.
Alzheimer's Support Group lunch at the Coach House, 12.30pm.
- Sat 30th Friends of Low Bentham School coffee morning at the Town Hall. 10.00am - 12.00 noon.

CAN-DO INVESTMENT FUND FOR BENTHAM

By Ann Ambrose

An interesting and positive couple of meetings have taken place of the Bentham Can-Do Investment panel. This is a group of 9 local people who over the last few weeks have attended several preliminary meetings where Geoff Harmer from the Scarman Trust outlined what was involved in setting up an Investment Fund and what would be involved in running such a group in Bentham.

The panel consists of a "mixed bunch" (a description applied by one of the panel members) and it is hoped that, in the nicest possible way, it is representative of the people of Bentham. The Active Bentham Project is supporting the panel by providing advice and administrative help.

"Can-Do" is the name given by the Scarman Trust and the emphasis is very

much on helping people within the community to get on and "do" things and for this not to be too difficult and complicated. Individuals or groups can apply for small grants, typically between £50 and £250, to enable them to carry out projects that will be of benefit to the community and themselves. It may be something as simple as wanting to tidy up a piece of land or to organise a community event.

The possibilities are many, the application forms are simple and help is available if people need it. There is already £2,000 in the fund and it is hoped that this will be able to be "topped up" with further funding over the coming months.

A successful group of this kind will be a great asset to Bentham and enables decisions to be made by members of the local community rather than by bodies at a distance.

More information will be available shortly and the panel will soon be ready to start receiving applications.

J.W.Garnett

The Market Place, Settle
(01729) 823558

Call in for all your electrical appliances, be greeted by our friendly staff and get your items professionally installed and demonstrated

AUTUMN OPEN DAY

**Saturday 14th
OCTOBER**

**Demonstrations by
DUALIT and SEBO
representatives**

Offers on the day

**Buy Now Pay Later with
Interest Free Credit**

**Pick up your euros
and US dollars at
Bentham Post Office
Main Street High Bentham
015242 61650.**

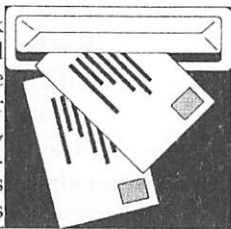
**No commission to pay
No need to pre-order
Plus 70 currencies available
through our pre-order
service**



www.postoffice.co.uk

Dear Bentham News

I would like to thank the Bentham Medical Practice and all the staff who cared for John, my husband, while he had cancer. Although only 57 years old he had to have his stomach and part of the oesophagus removed. He recovered well from the operation, but unfortunately the cancer had spread and he was admitted to the Royal Lancaster Infirmary and then St. John's Hospice, where they gave him every care and enabled him to return home to die.



The support he received from Bentham Medical Practice and the nurses from Bentham and Settle was excellent; they ensured that John was able to make the most of the short time he had left.

He wanted his body to be used for research and Bentham Surgery obtained information regarding the GIFT programme in Leeds. This project commenced on 1st April 2005. It is a partnership between the National Blood Service, Tissue Services, Leeds Teaching Hospitals, NHS Trust and Leeds University. Every bereaved family has the option to donate tissue, either for clinical transplantation or for research or even both.

John's wish was to die at home and to be considered for tissue donation. Following his death the eye donation was able to proceed and tissue was taken to help in the field of cancer research. Leeds Tissue bank hopes that through the altruism of families and with the help of medical and nursing colleagues, tissue for research and transplantation will continue to be available, helping to improve care and treatment for future generations.

The knowledge that he was able to help in this was important to John and the family.

Again, I would like to thank all those who made this decision possible and gave so much care to both John and myself during such a difficult time.

*Eve Henty,
Miller's Ford,
Low Bentham*

Dear Bentham News,

I want to draw your readers' attention to the fact that Craven District Council has plans to sell off areas of green in the district.

This affects Bentham as one of the pieces of land for sale is the green space from the Legion Hut to the approach to the surgery. The sale of this land has been very underhand as it was only offered to residents close to the land, and no one else knew about it. I only knew about it because I was one of the people to whom the land was offered.

I think it is very underhand that such a thing can be done without the whole of the village being informed.

I'm also concerned about the plans to build new houses over the gardens in Tweed Street, as this will destroy for ever, the green character of the street.

With so much new building in Bentham we need our small snippets of green space, and I feel very strongly that we should protect them.

*Yours sincerely,
Ann Robshaw*

Dear BN

Re: Tatterthorn Road/ B6480 Junction

I note that recently roadwork has been undertaken at this junction; a scheme mooted and agreed between Bentham Town Council and the then NYCC Highways Dept almost 20 years ago. Unfortunately the negotiations between the landowner and NYCC Highways Dept were not fulfilled at the time. However, it would now appear that a satisfactory solution has been reached. Incidentally at that time, in an effort to improve this junction, trees were felled on the left-hand grass verge to increase the visibility. So with the passage of time, the work has now been completed to the benefit of future road safety.

Thus, it would seem appropriate to raise your glasses to past council stalwarts such as Bateman Marshall, Billie Joel, Mike Mason and the like, and say: "Everything comes to those who wait", but it did take a helluva of a long time, didn't it?!!

*Yours,
Reg Poynton (past Bentham Town Clerk)*

LETTERS (Continued from page 19)

Dear Editor,

Following our letter which was published in the August edition, regarding our research into the old Bentham family, Phillipson, can I say thank you to the following.

A special thank you to Mr. Bill Thornton, a gem of a man, and a mine of information, who allowed us to see his collection of photos, documents etc. It gave us a fresh insight into Bentham life.

Mrs. Lewis, from Ingleton, sent us a whole lot of photographs of Phillipson family members, so a big thank you to her.

The Bentham News travels all over the country and people have contacted us from far and wide. A big thank you to the Bentham people that we bothered.

So thanks to the Bentham News our enjoyment and interest continues.

Yours sincerely,

Pat and Jim Bradford.

Rachel's Cycle Surgery

Rachel C. Murton

Qualified cycle mechanic
(City & Guilds)

Full service and repairs
Reconditioning of Second Hand Cycles
Collection & Delivery Available.
Park Cottage, Deer Park Lane,
Hornby. Tel: (015242) 21763.

LIVERY AVAILABLE TO SUIT YOUR NEEDS

12 x 12 BOXES
40 X 20M FLOODLIT ARENA.
GOOD RIDING OUT.
YEAR ROUND TURNOUT.
REASONABLE RATES.
LOWGILL AREA.
FOR MORE INFORMATION
PHONE 015242 41378.

Grove Hill Garage

Celebrating 25 years in business!

Station Road,
High Bentham

★ NEW AIR CONDITIONING SERVICE ★

Make sure your air con is in maximum working condition for Summer!

★ NEW CLASS 7 MOT: ★

State of the art brake testing machine insuring maximum safety for our customers, diesel & catalysis.



★ TYRES & WHEEL BALANCING ★

WE WON'T BE BEATEN ON PRICE!



★ ACCIDENT REPAIR CENTER ★

All types of repair from small scratches to insurance repairs.

★ 24 HOUR RECOVERY ★

All breakdowns & accidents taken care of.

★ SERVICING & REPAIRS ★

Tel: 015242 61782

Fax: 015242 63278

Night: 015242 62054

BENTHAM PEOPLE



Thanks

Helen Howard School of Theatre would like to say a very big "thank you" to S.B.C. of Bentham for their kind donation of £200 towards their trip to perform in London.

Mary Blackwell wishes to thank all who sponsored her in "The Race For Life". "Between us we managed to raise £270 for this great cause".

For Sale

Horse manure. 10 bags £5, delivered locally. 62176.

Advertising rates for this page are:

"Thanks" notices, Birthdays,
Congratulations etc, 10p per word.

For Sale, Services,
Situations Vacant etc 20p per word.

Payment, with the notice, should be left at
Bentham Sports Shop by 15th of the month.

VACANCY

PARTS DEPARTMENT

General parts duties - petrol
computer knowledge beneficial

Contact - 015242 61353

Robert Taylor & Sons

Green Smithy - Bentham

High Bentham Playgroup & Toddlers

We need a PLAYLEADER

Are you interested in being involved in
our small, friendly group? The position
is 6 hours per week, term time only &
paid holidays.

So if you would like a job to fit in with
other work or a few hours a week,
please contact
Rachael Faraday, Tel: 61438.

BENTHAM PRAISE NEEDS ALTOS

By Judith Harrison

Bentham Praise, a ladies choir, based at High Bentham Methodist Chapel, is looking for some new alto voices. We enjoy singing Christian music and meet on Monday afternoons at 2.00pm.

If you are interested in joining, or want some more information, please phone either Mary Hartley on 62373 or me, Judith Harrison, on 61624.

CHARITIES THANK YOU

Bentham & District Pet Rescue held a most successful coffee morning recently at the Town Hall, Bentham, and wish to thank all those who attended and supported this event. A total of £317 was raised. Especial thanks to Isobel Carr for her generous donation, despite the fact that she was unable to attend herself.

INGLETON MIDDLE SCHOOL INGLETON, CARNFORTH, LANCS, LA6 3BU

A vacancy has arisen for a
CLERICAL ASSISTANT

We are looking for someone to join the
office team as a clerical assistant
Office and computing experience
essential

Hours of work: 37 per week - term time
plus 10 days 8.30am-4.30pm with 30
minute lunch break

Salary: SCP 11 pro rata
(Salary payable £11,989)

Application forms available from the
school telephone: 015242 41301

Closing date for applications: Tuesday
19th September 2006

Interviews will take place on Friday
29th September 2006. Appointment
will be subject to CRB clearance.



WANTED

SCRAP CARS, MOT FAILERS.

NO CHARGE TO TAKE AWAY.

Contact Carl 07919017709,

DVLA Certified.

(Donates to Bentham Fire Station for training purposes).

BRIAN MARCHMENT

Tiling & Laminate Flooring

**Bathrooms, Kitchens,
Conservatories etc.**

No Job Too Small

Phone: 015242 62525

Mobile: 07973 800121

In Pain?



For Fast, Effective Treatment
with Marie Colyer,

Chartered Physiotherapist

Phone Bentham

Physiotherapy Clinic

(015242) 62216

Treatment is recognised by all major
insurance companies.

COACH HOUSE



RESTAURANT

- ★ Spit-Roast Sunday Lunch from £9.95 - 2 courses
- ★ Wednesday Value Steak Night - Great for Parties!
- ★ Friday/Saturday Night - Fine Dining at Fair Prices
- ★ Light Bites to Lamb Shanks every day!

FOUR STAR YORKSHIRE TOURIST BOARD RATED
"EXCELLENCE THROUGHOUT"

GREAT NEW AUTUMN MENUS!

Tel: (015242) 62305

BEING PAID TO LEARN

By Sue Mneu

Full Time Education in the Heart of the Community

Many of you with teenagers still at school will be familiar with the Education Maintenance Allowance paid to 16 to 18 year olds to encourage them to stay on in full time education.

Did you know that from September 2006 the government is expanding its scheme to offer some students aged 19 and over a grant of up to £30 per week to help them with the cost of study? In order to be eligible students must be resident in UK and doing their first level 2 (equivalent to GCSE) or level 3 (A Level equivalent) qualification on a full time basis. The Adult Learning Grant applies to people living with parents as well as those living by themselves or with a partner.

Craven College will be part of this scheme and three new full time courses will be

available at the College's Community Learning Centre at Millers Court, Bentham. There are no minimum entry requirements for these courses and they are aimed at anyone who may feel they underachieved at school; is looking for a new career; has been made redundant; or has grown up children etc. By offering these courses in our rural centres students will have the opportunity to further their education without having to travel too far. To be a full time student you need to study for a minimum of 15 hours a week and where possible we have tried to keep these hours to just three days a week which also means students can work part time if they wish.

The new full time courses are; Access to Higher Education; Certificate in Practical Environmental Studies and Certificate in Arts & Crafts. Details of these courses may be seen in our advertisement on this page.

If you would like to know more about the Adult Learning Grant or Education Maintenance Allowance please contact Anne or Sue on 015242 61474.



**Millers Court, Bentham
& Ingleborough Community Centre**

New Courses for 2006 - 2007

Enrolment evening Wednesday 5th September 5-8pm

New Full Time Courses for September 2006

Access to Higher Education - for over 19's to study IT, Art & Craft, Teaching, Care etc

Practical Environmental Studies Creative Arts

(There are no minimum entry requirements for any of the full time courses)

Part Time Courses

- | | | |
|-------------------------------|--------------------|-------------------------|
| • Computing for Beginners | • Embroidery | • Sugarcraft |
| • Basic Computing (CLAIT) | • Felt Making | • Pottery |
| • ECDL | • Beginners Art | • AS Level History |
| • Advanced ECDL | • Intermediate Art | • A2 Level Law |
| • Desktop Publishing | • Advanced Art | • GCSE Maths |
| • Digital Imaging | • Upholstery | • GCSE English |
| • Creative Computing | • Textile Workshop | • Spanish |
| • Improve your Maths (Free) | • Art for All | • Family Spanish (Free) |
| • Improve your English (Free) | • Sewing Skills | • Dry Stone Walling |

Prospectus now available with full details of the above courses, for a free copy and enrolment details:

call Anne or Sue on 015242 61474

Email: bentham@craven-college.ac.uk

Remission of fees for some courses may be available to those on means tested benefit

BENTHAM *Gallery*

PHOTOGRAPHY, STUDIO, PICTURES & FRAMING

Incorporating
Bentham Imaging
&
C H Framing

Exhibiting the work of local artists

2 Station Road, Bentham, opposite the Town Hall

Tel : 015242 63366

Bentham Imaging
Local Photographic Services

Weddings and Portraits
General & Commercial
Photography

Mewith, Bentham, tel 015242 62641 or 07976 255991

Visit our new studio in Bentham Gallery at
2 Station Road, Bentham

SUPP
CLIPPA
Professional Services

www.benthamimaging.co.uk



LAST CHANCE TO ENTER OUR WRITING COMPETITION

By Shirley Brown

The closing date for the Bentham News' 20th anniversary writing competition is Saturday 30th September 2006. In addition to prize money for the winners, there will also be a small prize for each entry received by that date, and winning entries will be published in BN. You could become a published author!

Here's a reminder of the competition's rules:

Entries will be judged in three age groups:

➤ **A:** Age 10 years and under on 1st September 2006. The winner will receive £25 worth of book tokens and the winner's school will receive £125.

➤ **B:** Age 11 to 18 years. The winner will receive £25 worth of book tokens and the winner's school will receive £125.

➤ **C:** Age 19 and over on 1st September 2006. The winner will receive £75 cash and a further £75 will be donated to a charity chosen by the winner.

Entries can be a short story, essay or poem, with a maximum of 600 words, typed or in very legible handwriting, on the theme of "Living In Bentham". Entrants must live in the Bentham News distribution area, and should hand in their entries to Bentham Sports Shop in an envelope marked "BN WRITING COMPETITION". Please remember to enclose your name, address and phone number and to indicate which of the three age groups (A, B or C) you belong to. The prize giving will take place in November.

INTRODUCING IRENE RAWNSLEY

We are proud and pleased to announce that during October the entries will be judged by Irene Rawnsley, a published writer for both adults and children, who lives in Settle. Irene writes both poetry and short stories and has published various collections, the most recent of which is a pamphlet of poems "Anecdotal Evidence" (Smith/Doorstop,

2003). She has won prizes in national competitions herself, and is very committed to encouraging creative writing both in our schools and in our communities. In the past she has visited local schools for poetry and writing sessions, and some of our readers may remember her from these occasions.

So, if you haven't already, let September be the month you put into words some of what you feel about living here. We look forward to hearing from you.

Dalehead Veterinary Group

2 Oak Cottages, Main St. High Bentham,
Lancaster LA2 7LE Tel: 01729 823538 (Settle)
Mondays, Tuesdays, Thursdays & Fridays
4-5pm.

Wednesdays 9-10am & 5-7pm.
Please call or telephone for an appointment.

Oak Rye
BAKERY

*High quality
hand made cakes,
puddings and breads.
Consistent quality at value for
money prices,
treat yourself to one of our
award winning puds!*

Open Mon-Sat

17 Station Rd, High Bentham LA2 7LH

015242 61219

www.oakrydbakery.co.uk

MAKE LIFE EASIER BY USING BENTHAM OUT OF SCHOOL CLUB

By Lynda Rushton

We are still one of the cheapest registered childcare facilities in the area. So why not call in and take a look?

The Bentham Out of School Club is moving into its 6th year with even more and better ideas to entertain children after school. We will be open every evening to collect from High and Low Bentham Schools or children can come straight to us from the school bus, to give you peace of mind that they will be well looked after until you come home.

We run in the front two rooms of the Bentham Community Centre with fully trained staff. Even if your needs are only for a short time, or only now and then, we can help. Contact Linda on 61800.

PC PROBLEMS?



Computer Sales & Repairs Website Design

Michael Simpson AMBCS.

www.dalescpe.co.uk

www.visitingleton.co.uk

Email: info@dalescpe.co.uk

Call: 07960 532 786

FISHER WRATHALL TO OPEN IN BENTHAM

By Geoff Rowlinson

The estate agents most people associate with high quality service is due to open a new office in Bentham. Fisher Wrathall will be taking over the former Bairstow Eves premises on Main Street and will be offering a wide range of property services.

Senior partners Michael Fisher and Geoff Rowlinson previously operated the Pye Wilson estate agency from the same office 20 years ago. "Nowadays, because of the extensive expertise within the firm, we see ourselves more as property consultants", says Geoff Rowlinson. "We can advise on the sale and redevelopment of land and buildings, boundary issues, planning matters, architectural plans, commercial work, business sales, and, of course, house sales and lettings".

Locals will be pleased to learn that Barbara Harrison will continue to run the branch as she has done for the past eight years, along with her colleagues, Linda Heath and Vanessa Mawson. "Barbara has all the qualities of a successful estate agent and we are delighted that she will be joining the team" says Michael Fisher. Lettings partners, Kathryn Brownsord, who also lives locally, wants to build on her proven track record in Lancaster by offering a professional Lettings Service in Bentham and the surrounding areas.

Opening multiple offices has never been the Fisher Wrathall strategy, preferring instead to develop centres of excellence in niche markets. "The chance to open in Bentham however, was too good an opportunity to miss" comments Geoff, "and we cannot wait to get started".

**CRAVEN AREA FORUM
TOWN HALL BALLROOM
7.30 PM
WEDNESDAY
20TH SEPTEMBER**

CONTINUING OUR "YESTERDAY IN BENTHAM" SERIES

Snippets from Bentham News editions of fifteen years and ten years ago.

Edited by Keith Hartley

September 1991

The BN lead story was the report of a 7-a-side cricket knockout tournament for the **Angus Cup** held on the sports field on Bank Holiday Sunday. The story evoked memories of lazy summer days spent sitting in the shade of an old beech tree, with the smell of new-mown grass and the distinctive sound of leather on willow echoing across the fields. It painted a picture of a truly idyllic country scene that was so typically English. Until, that is, it came to the final. This was between the Conservative Club and a team called the Caravanners, and it ended with frayed tempers and members of the two teams brawling on the pitch! *So much for the Gentleman's Game!*

Wenning Wanderers Netball Team continued their losing run with defeats against Matchmakers and Keighly Leisure, but the Bentham Men's Tennis Team fared considerably better when their opponents (Vickers) for the last game of the season failed to turn up and Bentham were awarded

the points. Bentham ended the season in second place in the league, missing first place by only 11/2 points.

The finals of the various Springfield Bowling Club competitions were held on August 17th. Eventual winners were Mrs E Garlick (Ladies Crabtree Rose Bowl) Mrs D Rose (Ladies Challenge Cup) Mr M Taylor (Mens Challenge Cup) and Mr G Hague (Mens Butterfield Cup).

The annual independent assessment of Tourist Information Centres was published and showed the Bentham TIC to be first among Craven District centres and in the top ten of all centres in the Yorkshire and Humberside region.

A reader by the name of R A Burns (must surely have been a pseudonym!) wrote to BN in verse bewailing the fact that regular poems from Tom Guy had ceased to appear. *Was this a custom that could/should be revived? Wots tha' say Tom?*

An Editor's Apology to Shirley of Ingleton said that her recipe for Lemon Cake should have read "Self Raising Flour" and should have contained two beaten eggs.

I've been trying to imagine what those who followed the recipe would finish up with. Lumpy lemonade?

Local farmers and English Nature paid over £2,000 to take out injunctions against unauthorised trespass on commons around Bentham. The reason for this? An attempt to prevent the annual "Hippie Festival" taking place.

Presumably this was so that Bentham could be left in peace to enjoy the tranquillity of Sunday afternoon cricket tournaments! Right on man!

September 1996

A front page article relating to Bentham Show made mention of 1996 being "a difficult time for farming, following recent meat safety scares." This would relate to the BSE crisis that had bitten strongly into the livelihoods of many local farmers, who of course weren't to know that by the time they had begun to recover from this an even greater farming peril would be waiting just round the corner.

Showtime is with us again, and as we think of our farming (continued on page 28)

TOOBYS LTD

**For all your Electrical
Appliances**

**Demonstrated, delivered
and fitted by friendly,
knowledgeable staff.**

**Ask about Buy Now
Pay Later With Interest
Free Credit
Call in for a Quote**

INGLETON 41224 BENTHAM 61259

YESTERDAY IN BENTHAM

(Continued from page 27)

community it goes without saying that we hope they never have to face either of these terrible ordeals again.

Mention was made of a Lecture, held annually at Settle High School to celebrate the life and work of Harry Ree, wartime member of the French Resistance and late Professor of Education at York University, who retired to this area and was a Governor of Settle High School for many years. He died in 1991 and is still remembered with great affection by those who knew him.

Judy Leeming reported that a Bentham branch of Weight Watchers was to start up this month, meeting at the Town Hall each Wednesday. *Given that Doreen Park's September recipes were for "Hilda's Chocolate Crispy Cake" and "Shirley's Mars Bar Cake," I can well imagine the need! Over the past year or so I have heard several people say it's a pity that there isn't a WW meeting in Bentham any longer. Is Judy Leeming still out there and willing to consider re-starting?*

Jack Dawber won the first "Lister Shield" at Springfield Bowling Club.

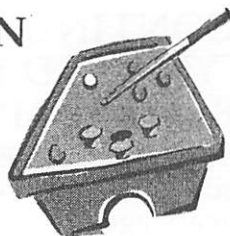
A report by Tom Cahill of a 140 mile charity cycle ride in which almost 50 local cyclists took part evoked memories of Tom within the BN editorial Team, of which Tom was a founder member (he actually typed the very first edition!). The cycle ride was to raise money for kidney dialysis and treatment. Tom, who himself has had two kidney transplants, now lives in France.

Still on a cycling theme, last month I mentioned the attempt by local lad Phil Leigh to break the record for the ride from Lands End to John O'Groats. I now have to report that unfortunately Phil's attempt was unsuccessful, and I understand that this was due to the wind. *I close without comment!*

**BENTHAM SHOW
A GREAT DAY OUT
FOR THE FAMILY**

Saturday 2nd September

ATTENTION SNOOKER AND BILLIARD PLAYERS!



By Lynda Rushton

Over the years there has been a very active group of players at the Victoria Institute, Low Bentham, playing in the local league, through the day or in the evening. Unfortunately we now don't have enough players and new players are needed.

Do you play snooker or billiards? Would you just like a friendly game of snooker? Would you like to meet up with like-minded players? There is a wonderful full size table awaiting more players to use it. So why not call John on Bentham 62361 or Bob on Bentham 63178 and find out more? There will be a meeting for any one who is interested to attend on Wednesday 6th September at 7.30pm at the Institute.

G M SOAR CHIMNEY SWEEP & VAC



20 Years Experience
Fully Insured
Tel: 01524 770194
84 Sycamore Road,
Brookhouse, Caton,
Near Lancaster,
LA2 9PE.

PICA DESIGN & PRINT

Burton Road, Low Bentham, LA2 7ED

LITHO PRINTING,
BOOKLETS & LEAFLETS,
FULL COLOUR BUSINESS CARDS,
DIGITAL COLOUR PRINTING TO A1 SIZE

Call 015242 61402

email: paul@pica-designandprint.co.uk

LOOKING WELL NEWS

By Alison Jones

Enjoy a healthy lunch in good company!

Thanks to an Awards for All grant from the National Lottery we are setting up a community lunch at 12.30 on Wednesdays at Looking Well Studios. They will take place on 13th and 20th September this month and every week from the beginning of October. Anyone is welcome to come along and we will be asking for donations to cover the cost of ingredients. Alessandra Toft will be hosting the weekly event and would welcome help preparing, cooking and serving. Initially we will start with simple vegetable soups made from fresh vegetables in season, a dessert and selection of cheese and fresh crusty bread. To be sure of booking a place or if you want to help, phone Linda at Looking Well (62672).

Alessandra hopes to develop other delicious healthy recipes over time and if you want to learn to cook nutritious food inexpensively she would enjoy passing on her culinary techniques to anyone who is interested.

In the Same Boat - Cancer Event at Looking Well

Don't forget about this special event on Wednesday 27th September at Looking Well Studios to raise awareness of local cancer support services. Speakers will include former Benthams GP Dr Peter Nightingale, representatives from our Primary Care Trust and CancerCare in Lancaster. The event is

free starting at 10.15a.m. and finishing at 4.00pm. To book your place or for more details, phone or write to Margaret Hayton at Looking Well Studios, King Street, High Benthams. Tel 015242 62672 (email: office@pioneerprojects.org.uk).

Fish theme for Lanterns

We are planning a change of theme to Harvest and Bonfire Lantern Processions this year by focusing on fish and fishing in the Wenning. Benthams is now a gateway town to the Forest of Bowland, an Area of Outstanding Natural Beauty (AONB) which means it is a nationally protected landscape where a balance between protecting the landscape and encouraging visitors to experience its beauty, special wildlife and vibrant communities is being promoted as 'sustainable tourism'. We want to make fish lanterns. Does anyone have any ideas or want to do anything that will contribute to the theme? What about a fly tying demonstration or an exhibition about the River Wenning? Any ideas gratefully received by Alison or Nikki at Looking Well (contact details as above).

TEMPTATIONS

31 Main Street. 015242 61868

Stockists of Poppy, Paul Separates,
Finn Karelia, Playtex and Elle.

Cash's Name Tapes, Haberdashery
Knitting Wool

Needlecraft and Card making supplies
Dolls house miniatures



Organic Grower of the year 2005
Organic, fresh, locally grown
Box & home shopping scheme

Veg, fruit and groceries

Weekly, to your door

Family bag £11.50:

FREE fruit bag with first order

Tel: 015242-51723

www.growingwithgrace.co.uk

Wenning Surfacing

TARMACADAM CONTRACTORS

RICHARD BRADSHAW

015242 72189



**Free Advice &
Estimates,
Professional,
Commercial &
Domestic Surfacing.**

LOW BENTHAM BADMINTON CLUB NEWS

2006 - 2007 Season

By Julie, Cath, John and Glen

Last season was really good with both A and B teams doing well. There were lots of keen team players who turned up regularly with enthusiasm. There were also between thirty-five and forty youngsters who turned up each week.

Whereas in past years we have said it doesn't matter if you don't play, we can't manage this anymore due to the increased number of people who want to play and requests from Sedbergh Junior School. This coming season we will only be able to take youngsters who are genuinely interested in playing.

There will be a change in format as well. We are going to play on two nights instead of one, but only for an hour each night, and not an hour and a half. Each person will only be able to come for one of the two nights. The sessions will be split into Advanced and Beginners/Improvers.

Advanced players will play Tuesdays 6-7pm, starting 12th September.

Beginners/Improvers will play Thursdays 6-7pm starting 14th September.

If you have played with the club before, ring Julie to see which night you will be playing. If you haven't played with the club before, just ring Julie to see which is the best night for you.

At the time of going to press we don't know about the subscriptions. We are still waiting for Sedbergh Junior School to advise on the rent for the hall. We will let you know as soon as we know the cost.

Unfortunately we cannot have an adult club at Sedbergh Junior School. If you would be interested in playing at the Institute in Low Bentham, please ring Julie, and we can look at availability.

Please ring Julie on 62276 to book a Junior place and express an interest in an adult club, and for other enquiries.



THEATRE GROUP NEWS

By Margaret Cowling

With great reluctance we have decided to abandon our plans to present "O What a Lovely War". We have agreed that it is too great an undertaking for our Theatre Group at present since we have lost some of our actors.

However, we still plan to present a play in November and are looking at the script of "The Hound of the Baskervilles" - just the thing for a dark winter's evening!

Our singing workshops were very enjoyable and we hope to keep these going in the autumn.

A small group has been meeting on Sunday evenings to write our next Pantomime "Cinderella in Space". These evenings are very creative and often hilarious.

We also have plans for more workshops for children and young people at the Looking Well. More details later.

INGLETON BADMINTON CLUB

By Ann Kellett

Welcome to Ingleton Badminton Club, the new season begins with pre-season training and selection nights at Giggleswick Sports Hall on Monday 4th and Monday 11th September at 7.30pm.

Practice nights will be at Ingleton Community Centre on Monday 18th and Wednesday 20th September at 7.00pm. Club nights begin on Sunday 1st October at 7.00pm at the Community Centre. For more information, please contact me, Ann, on 41118.

**KEEP BENTHAM
GREEN!**

SEE PAGE 7

INTERCOUNTY

DRIVING SCHOOL
VAL KAY

THEORY TRAINING

AVAILABLE

015242 62794

e-mail:

val@bentham999.wanadoo.co.uk

SPEED FUEL OILS

FOR DOMESTIC, AGRICULTURAL
AND INDUSTRIAL USE

COMPETITIVE LOCAL
SUPPLIER OF DERV,
GAS, OIL, KEROSENE
& PETROL



Tel: (015242) 42048, Thornton Station
Yard, Ingleton via Carnforth, Lancs

LAND ROVER CENTRE

Land Rover Defender 90's bought and sold
Specialist in repairs and servicing to all types

Land Rover/Range Rover

New and second hand parts available

Land Rover Defender 90's currently for sale

03 52 plate TD5 67,000 miles £9250+VAT

97 R reg 300TDI 90000 miles £5750 + VAT

97 P reg 300TDI 76000 miles £5500 + VAT

96 P reg 300TDI 69,000 miles £5550+VAT

96 N reg 300TDI 92,000 miles £4950+VAT

94 M reg 300TDI 81,000 miles £4850+VAT

93 K reg 200TDI 128,000 miles £3600+VAT

89 F reg 2.5TD 75,000 miles £2550+VAT

88 F reg 2.5TD 108,000 miles £2450 no VAT

87 D reg 2.5P 99,000 miles £2250 no VAT

Lightweight 2.25D 79,000 miles £2300 no VAT

Alvis Spartan Tracked Armoured Personnel Carrier
£7500+VAT

Land Rover S2 SWB 2.25D 1070 tax exempt £1250
no VAT

TEL: 015242 74288 FAX: 015242 73791

E-MAIL: landrovercentre@googlemail.com



COMING SOON TO A FIELD NEAR YOU!

By Peter Philips

The Yellow Pipes

If you have been out and about recently you could hardly have failed to notice the massive heaps of large yellow pipes stored in fields, the proliferation of heavy machinery in the form of diggers and lorries, and the dark scar of the trench being dug across the countryside. It is all to do with a massive underground pipeline being built across Northern England to carry gas from Norway via the longest sub-sea pipeline ever constructed.

The gas will be carried in 4ft wide pipes and the line goes from Easington, on the east coast to Nether Kellet, a distance of 150 miles (240km). Farmers are being compensated and National Grid, in charge of the project, says that there will be no trace left after a year. They will restore the landscape to its former appearance, returning topsoil, replanting hedgerows and restoring dry stone walls.

The pipeline is estimated to be costing £1 million per kilometre. The undersea pipeline from Norway, uses 100,000 pipes, each numbered, and measures 1,200 kilometres.



The picture shows Jane Preston presenting a cheque for £1,094.32, to Dr. Story, on the occasion of his retirement. Also included are Shirley McDonald, Practice Manager, Bentham, and Liz Culshaw, who helped organise the Ingleton part of the collection.

This generous community collection for the gift shows the high regard and affection in which the doctor was held. He intends to purchase a new greenhouse with the money. Happy gardening, Doctor!

*Look to this day! For it is life,
the very life of life.
In its brief course lie all the varieties
and realities of your existence:
the bliss of growth, the glory of action,
the splendour of beauty.
For yesterday is already a dream*

*and tomorrow is only a vision
but today, well lived,
makes every yesterday a dream of happiness,
and every tomorrow a vision of hope.
Look well, therefore, to this day!
Such is the salutation of the dawn.*

BENTHAM NEWS is published at "Latharna", High Bentham, by an editorial committee consisting of Trevor Blackwell, Shirley Brown, Linda Cressey, Keith Hartley, Judith Johnson, Peter Phillips, Ken Robertson, Pam Woof, and co-ordinator, Bill Kennedy, who can be contacted on telephone 62492. Every effort is made to ensure that information contained in the paper is correct. However Bentham News is an open access paper and views and opinions expressed are not necessarily those of the editorial committee. The committee reserves the right to edit contributions. We are willing to withhold names on request, **but names, addresses and telephone numbers must accompany all items for publication**, which should be handed in to Bentham Sports by the copy deadline, the 15th of the month prior to publication.