

# BENTHAM NEWS



## We've had a couple of Crop Swaps in August:

"A deluge of runner beans, rhubarb and courgettes. And with lots of happy customers taking away these and more rarified vegetables and flowers. They think it's a great scheme. In the meantime, let's keep sharing what we have. If you haven't swapped your crops yet, find us on Saturday mornings 6th and 20th September on Bentham Main Street."

## September 2014

## Issue 335



## FREE Parking - But For How Long?

How will the proposed parking charges affect Bentham? See article on page 5.

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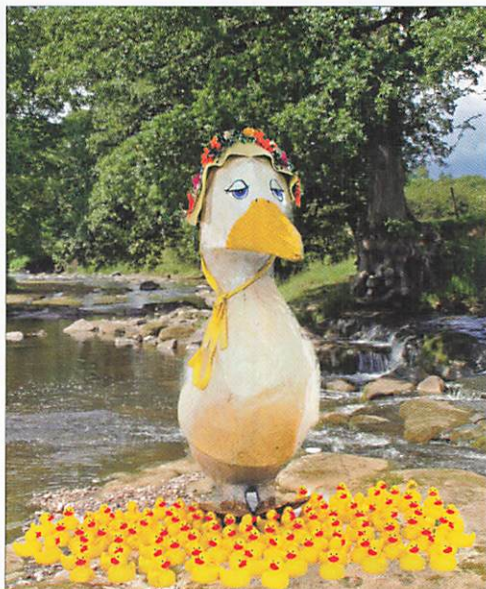
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The Duck Race competitors line up for a pre-race photoshoot.

# August Town Council

By Trevor Blackwell

Nine out of eleven of our Town Councillors were present (there were apologies from Julie Bridgeman and Martin Faichney) together with Town Clerk Jo Burton, County Councillor David Ireton, District Councillors Lin Barrington and Linda Brockbank and about 60 members of the public.

Yes, that's right – 60 Benthamers crowded into the Lower Town Hall for the pre-council meeting on the proposed introduction of charges on Grasmere car park. It was literally standing room only. *See page 5.*

In the public contributions part of the main meeting, 14-year-old Liam Johnson from Hillside Road, supported by his neighbour Tim Marsden, asked the Town Council to consider installing equipment for "free-running" if and when the old School playing fields are turned into a proper recreation area for Low Bentham. He promised that he and his friends would help to raise money and keep the area tidy. Cllrs Stannard and Marshall welcomed Liam's contribution, and promised to consult with Liam and his friends if the purchase was successful. Liam was given a warm round of applause.

Howard Matthew then spoke about the group working to get housing with extra care for older people built on School Hill when the primary school moves to its new site. DCllr Brockbank praised the work of the group, and CCllr Ireton added that they were hoping to select a new partner to build the housing by December and the situation was promising.

DCllr Barrington reported that Craven would soon be discussing the new local plan for Bentham, including building on the sites indicated in her July Bentham News article, and public consultation of the sites selected would begin early in 2015. She also mentioned the intriguing possibility that money might be available to install

a paving stone to commemorate the First World War Victoria Cross awarded to a Bentham man, Charles Graham Robertson.

Police Sergeant Mark Hill reported that there had been 67 incidents in July, including nine crimes relating to cars and drugs, five domestic incidents and two sudden deaths. He apologised for there not having been any police reports recently because of shortage of staff. This point was reinforced when Council discussed a proposal from North Yorkshire Police to reduce even further the number of police in our area (apparently there just isn't enough crime in Bentham), and to close the "Skipton Custody Suite". Any suspected law-breakers arrested in Bentham would now be taken to Harrogate. Council decided to protest strongly against these proposed changes.

The idea of a 20 mile an hour speed limit on the main roads in High Bentham has been rejected by North Yorkshire – there have not been enough "incidents" on Main Street! Cllr Adams queried why North Yorkshire seems to have such different policies about speed limits to other areas, e.g. Lancashire. Council decided to meet North Yorkshire for more discussion.

It was decided that the portable ballet barres used by Zanna's dance class could now be stored in the Town Hall, subject to certain conditions.

Council then returned to the vexed question of the unintentional damage caused to the Town Hall kitchen by the Low Bentham W.I. The W.I. had sent a cheque for half the cost of the repairs, and Cllr Hey argued strongly that this should be accepted and the matter laid to rest. Other councillors felt this was unacceptable, as it would set an unfortunate precedent, and involve the use of tax-payers' money. Council voted by a majority of six to three against accepting the W.I.'s offer.

The next Council Meeting is on September 1st at 7:30pm, preceded by a Drop-In meeting at 7:00pm. All are welcome.

## Gardening Tips

*By Joyce Knapp*

September can be a fantastic month for gardening and, weather permitting, we can enjoy spending time out in the fresh air, soaking up the last of the summer sun, whilst doing a wide range of tasks.

Perhaps the most important of these jobs is the continued harvesting of any remaining fruit and vegetable crops that we may have grown, whilst they are still in peak condition. Early fruiting varieties of apples may already be ripe for picking, though some of the later varieties will only ripen in October, or even in storage, during the winter.

September is also the month to collect hazel nuts either from the hedgerows or from any nut trees we have in our gardens. This year I have noticed that the crop looks particularly heavy on the oldest of my nut trees, which is well established, whereas the two younger trees have yet to produce any nuts. Picking hazel nuts individually can be both time-consuming and strenuous and we can make the task much easier by simply giving each branch of the tree a mighty shake, causing most of the fruit to fall to the ground. All that is left to do is to collect all the fallen nuts and take them indoors to enjoy eating, well into the winter months. Just a note of warning, this is best done toward the end of September, when the nuts will be quite ripe and will therefore fall readily from the tree. If we need to reduce the overall size of any nut trees, this is best done directly after picking this year's crop, remembering that next year's nuts will be produced on old growth, so we must try to avoid removing the old, twiggy stems.

In the vegetable garden we should have been enjoying the 'fruits of our labour' for some time now, collecting them as and when needed, but by September we need



to look towards lifting and storing certain crops to keep us supplied throughout the cold, winter months ahead. We can prioritise, if time or space is short, by deciding which vegetables will deteriorate fastest if left in the ground. Onions will begin to rot quite quickly if left in the ground once the weather turns cooler and wetter and will soon be rendered unusable, whereas root crops like parsnips will actually improve by being left out through winter and should only be dug up as and when needed. Carrots lie somewhere in the middle as leaving them in the ground in autumn means that they are susceptible to more slug damage, but once dug up they will start to dry out, unless stored in boxes of damp sharp sand.

One other good reason for harvesting our crops in September is to test our green-fingers by entering them in the relevant categories in one of the local shows e.g. Bentham Agricultural Show ©

## Nature Notes

*By David Fisher*

I've heard folk talk about otters here, but to my astonishment I saw one at Hornby Bridge myself at the end of last month after a heavy down-pour of rain. It was where the weir is, to the side of the river, and the otter went from one end of the weir, into and under the water and then it was off. Well that occasion will be with me for some time. Near to that spot there were also heron, after the fish that they both feed on.

I have also seen four wagtails in one spot this last month but still no sea trout at the end of July—maybe by now after a little more rain we will see some jumping the weir and into the Wenning.



## Car Parking Charges: Craven Tries Again

*By Trevor Blackwell*

It was standing room only at the Town Hall on August 11th when Paul Ellis, Services Director from Craven District Council, came to explain how having to pay to park on the Grasmere Drive car park would be of great benefit to Bentham.

He outlined Craven's proposals. Pay and Display parking would be enforced from 10am to 4pm seven days a week, with very moderate charges ranging from 20p for 30 minutes to £3.60 for 4 hours or more. Alternatively an annual parking permit could be obtained for £75. These charges would lead to increased vehicle turnover and thus encourage shopping in Bentham, because, he argued, where parking is free, a car park close to the shops is often occupied by local residents and long-stay parkers and so little space is left for shoppers and visitors. So car park charges would free up Grasmere Drive.

Under sustained questioning from Councillors and members of the public Mr Ellis agreed that nothing had really changed since 2009 when Craven had tried to introduce car parking charges. However repeated and substantial cuts in funding from central government meant that Craven was forced to find more money from somewhere, and they estimated that Grasmere Drive would turn in a profit of about £2000 a year. He conceded that the moderate charges outlined might increase.

Many people raised the point that in 2009 local police and emergency services had objected to charges at Grasmere Drive because they feared that the displacement of vehicles onto free parking in surrounding roads would hinder the movement of ambulances and fire engines in emergencies around the surgery and along Goodenber Drive. North Yorkshire Councillor David Ireton told Mr Ellis that he was not addressing this problem of displacement, and be-

cause of this he would oppose Craven's proposals if they were brought forward for approval by North Yorkshire County Council.

Many of Bentham's traders argued strongly that parking charges would push people to shop at supermarkets elsewhere, where there is free parking, and would give a death blow to Bentham's shops and businesses. One local trader told Mr Ellis, "You're giving people a reason for not coming to shop in Bentham. It's been a really difficult few years with the recession, and now, when a few green shoots of recovery are appearing, you're kicking us down again". There were murmurs of agreement, and many more people wanted to speak, but the meeting had to be closed in order for the main Town Council Meeting to start.

The strength of feeling at this meeting was palpable. But what can be done? Craven District Council will meet on August 19th to discuss car parking charges in Bentham, so by the time you read this they will have made their decision. Perhaps they will have listened to the people of Bentham and rejected these proposals. If, however, they have voted to impose car parking charges, they will still need to get the approval of North Yorkshire County Council, in early to mid-September, to make a traffic order to implement these changes. And that's where they can still be stopped—if we can persuade North Yorkshire to stop them.

There are at least two things you can do. Write to Gareth Dadd, Executive Member for Highways, NYCC, County Hall, Northallerton, North Yorkshire, DL7 8AD, or email [cllr.gareth.dadd@northyorks.gov.uk](mailto:cllr.gareth.dadd@northyorks.gov.uk), drawing his attention to the problems this will cause for ambulance and fire services in emergencies, and the police. And write to North Yorkshire Councillor David Ireton at Westfield, Chapel-le-Dale, Carnforth, Lancs, LA6 3JG, or email [cllr.david.ireton@northyorks.gov.uk](mailto:cllr.david.ireton@northyorks.gov.uk), making the same points. It's not too late to stop these plans. But we will have to act quickly.

## Age Concern

By Liz Tonge

Our first gathering in July was at the Friday drop-in on 4th July, and since it was American Independence day we celebrated by having an American themed quiz as our afternoon entertainment, after enjoying a lovely lunch provided by our wonderful cook Eileen.

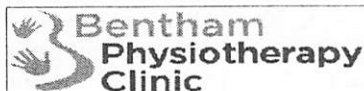
On the 8th of July a trip to Carlisle was arranged. The day dawned bright and fair and we enjoyed the journey there. We stopped for a welcome coffee on the way and, when we arrived, we had a good look around the shops Carlisle has to offer and enjoyed a very pleasant lunch, before heading to the magnificent cathedral and having a good look around that. After a lovely cup of tea, we headed home to Bentham, tired but happy.

The 11th of July was our Friday drop-in, where plenty of chat and socialising prevailed. The entertainment that afternoon was card bingo, where a few of our members managed to win sweet treats as prizes.

Friday the 18th was the date of our AGM, so after lunch we all went next door to the chapel. Betty Wilson, our chair, opened proceedings by giving her report. She informed us of her decision to step down as chair after six years service, but asked to remain on the committee. Ruth Bridgewood, our treasurer, also informed us of her decision to resign from the committee after 25 years of service! We would all like to place on record our thanks to these two ladies for all they have done for Age Concern over the years. The ensuing election of officers resulted in Liz Tonge being voted chair and Hazel Kennell being voted as treasurer and I am sure we will both try to do as good a job as our predecessors. At the end of the meeting, Olive Calverley read out a rap-style poem which she had written, thanking all the volunteers for their work on behalf of all the members. This was very entertaining and greatly appreciated. *See page 8 for more.*

The 22nd brought a trip to Airton where a really wonderful lunch was enjoyed by all, and then on to Pateley Bridge, where we enjoyed a very pleasant stroll round in an attempt to walk it off before relaxing in the shade and watching the world go by.

Our final get together of the month was the Friday drop-in on the 25th where after a very eventful month we were all happy to sit quietly and watch the final DVD in the "Wild China" series. If you feel you would like to join us as either a member or as a volunteer please do come along, you'll find a warm welcome awaits.



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## Local Citizens' Panel

By Harriet Steventon

Would you like to influence local decision-making and have your say about things that affect residents of the County? In these challenging times, when there will be less money to spend on services, it is important that the services we provide are the right ones for our residents. You can play a vital role in helping the County Council to make decisions about local services by becoming a member of our Citizens' Panel and responding to surveys sent to you by email.

If you join, we will send you, by email, a minimum of one and a maximum of three questionnaires during the year, to gain your opinions on a variety of topics that are important to local people. Some examples of topics you might be asked about are: education, highways, adult social care, libraries and much more. Sometimes our partners in district councils, health, police or fire services may want to

ask questions in the Panel survey. You will receive feedback with the results of each survey and what we have done as a result of what you have told us.

North Yorkshire Citizens' Panel has been running since 2004 and is made up of 2,000 local people, from all walks of life, right across the County for up to a maximum of three years to give more local people a chance to be involved. The selection process is through an automated system. Access to email is available in your local library if you do not have access at home.

If you'd like to know more about the Citizens' Panel or have any questions about the questionnaire, please contact Norma Wilburn on free-phone 0800 316 3630 or email her at [norma.wilburn@nwaresearch.co.uk](mailto:norma.wilburn@nwaresearch.co.uk).

If you would like to become a member of the Panel please visit [www.nwaresearch.co.uk/surveys/northyorks/recruitment.htm](http://www.nwaresearch.co.uk/surveys/northyorks/recruitment.htm) and complete the attached questionnaire.



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## Footpath Matters

By Kate Rowe

It is always good to welcome new members to our group so it was lovely last month to be joined by a couple who had just bought a caravan at Riverside. We hope they will join us on future walks, though we cannot guarantee such perfect weather! With our unpredictable climate, we usually walk whatever the weather, though walks may be shortened or the route changed.

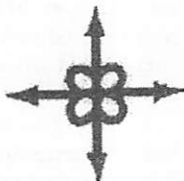
Please note there are various starting times this month, but all meet at Lairgill.

Our first walk, on Thursday 4th at 9:30am, is nine miles from Gargrave over Flasby Fell, passing Rough Haw and Sharp Haw.

Tuesday 9th is an afternoon walk at 1pm. It will be a four/five mile walk around Lowgill, starting from Green Smithy.

Saturday 13th at 10am is a six mile walk from Dent with a steady, tree-lined uphill for about three quarters of a mile, passing a small lime kiln and a barn that serves as an agricultural museum, leading to wide views across Dentedale. The remainder of the walk is mostly gently downhill or level. For the final section of the walk, we join the Dales Way alongside the river Dee back to Dent. We will be parking at Dent car park (£4.50/24hrs). There are cafes in Dent if anyone wants to relax over a tea and cake before driving back.

On Sunday 21st we have an earlier start, at 9am, and drive to the car park near Wetsleddale Reservoir. The walk takes us back down the road and along the stream to a water works track, then up the road towards Tailbert Farm. Just before the farm, we take the path to Truss Gap and down into Swindale we then follow the valley up and climb into Mosedale. After crossing the bridge over the beck, we cross



back into Wetsleddale and down the valley past the Hall and along the South side of the reservoir back to the car park.

The walk on Saturday 27th, at 9:30am, is seven miles at Little Dale, an attractive, quiet, wild area. Starting from Little Crag Car Park the walk, with some uphill and downhill parts, goes through farms, passes an interesting derelict chapel, follows a river bank and returns on the fell road which gives spectacular views of the Bowland Fells and across Morecambe Bay.

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## Bentham News Correction

In our report of the July Town Council Meeting (August BN, page 3) we said that Cllr Marshall had spoken in favour of the introduction of car parking charges. However Cllr Marshall has informed us that this is not the case. What he said was that there was a train of thought which said that car parking charges would inevitably come, but this is not his opinion. Cllr Marshall is strongly opposed to the introduction of car parking charges in Bentham, and always has been.



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## Your Letters



*Dear Bentham News*

On Saturday 26<sup>th</sup> July we were walking our dogs along the bank of the River Wenning in Low Bentham. As you can imagine, in such hot weather, the dogs took great delight in cooling off in the water. The enjoyment of one of the Labradors was cut short when he limped out of the river with a fish hook firmly embedded in his paw, complete with attached spinner (which I am led to believe are not legally in use). The barb had sunk into his flesh and necessitated an emergency trip to the vets, where they were fortunately able to remove the hook under sedation with no lasting damage to his paw. Obviously we were upset and angry about the incident, but what worried me even more was that when I passed the same spot that afternoon, families with young children were playing in the same area, and that hook could so easily have been embedded in the foot of a toddler.

May I appeal to all fishermen to try to ensure that "lost" hooks are retrieved wherever possible, and warn families to be extra careful when playing in the river.

*Yours sincerely, Sandra Brayshaw.*

*Dear Bentham News,*

I heartily agree with the Town Council's proposal to request a 20mph limit in Bentham. However, I can't help wondering what good this will do unless speed cameras are deployed to enforce it.

The existing 30 mph limits are treated with contempt by a vast number of drivers and it can be a terrifying experience to walk on the narrowest pavements (for example on some stretches of Springfield, Robin Lane and Mount Pleasant), while cars and lorries doing well over 40mph bear down on you. It's even more alarming when the speeding drivers are deep in conversation on hand-held mobiles or drinking mugs of tea (which, believe it or not, I have seen, on more than one occasion!).

The temporary signs sometimes put up on Springfield and Robin Lane to alert drivers to their speeds seem to have little effect, presumably because people know they're not cameras.

Sadly, I fear many drivers will only observe speed limits if they know they're going to pay the price for failing to do so - and the very occasional deployment of a police officer with a speed gun isn't going to change their behaviour.

*Sue Neal, Bentham.*

*Dear BN,*

I wish to express my concern about the proposed introduction of car parking charges at Grasmere Drive car park. As someone from London, I'd like to share my experience from there. Lambeth Council was making around £6m p.a. surplus after handing over parking control to a highly zealous contractor. It helped their budget - park one minute too long on the £3/hr Pay and Display and the fine is at least £40. A tow-away costs £260. Visitor permit prices jumped from £2.30 to £5 (i.e. what a resident needs to buy if they're having a plumber or electrician or their aunt visit in a vehicle).

Unfortunately local parades of shops were suffering. A builders merchant similar to Armstrongs only lasted three months after Pay and Display machines were placed outside, as people then preferred to drive further to B&Q with its free car park. Hardly the environmental benefit that parking controls were meant to bring. Recently there was a strong backlash from local groups and traders and the council has now amended its policy, removing Pay and Display machines from outside many small parades of shops and introducing free parking: '30 minutes no return within 1 hour'. Of course, London differs from Bentham as it is a hub attracting incoming commuters who like to avoid high train fares and benefit from much cheaper London transport by driving into the suburbs to continue on a bus (£1.45 any distance) or

tube, so London needs parking controls. Bentham is a satellite town of the much larger Lancaster and needs to attract both workers and shoppers, and doesn't have either a cheap or frequent enough public transport service to meet most people's needs, particularly those who live outside the centre, in hamlets, on farms or in nearby villages such as Low Bentham, Keasden, Ingleton etc, so for them, the choice is between driving to Bentham and driving to Lancaster.

When a bus into Lancaster costs four times the price of a comparable London bus journey, when it is cheaper in petrol for one person to drive into Lancaster than take the bus, and when Lancaster supermarkets offer free parking, charging for parking in Bentham will deter people from using its shops.

I'm familiar with a generally comparable situation in Italy. A small town called Figline lies 30 minutes by train south east of Florence. When I was last there Figline had a large free public car park by the station that both shoppers and train commuters used. The frequent train journey into Florence is far cheaper than in the UK, while Florence itself is largely pedestrianised, has very strict parking controls and a free central Florence circular small bus service. The small shops in both Figline and Florence are thriving, although lower business rates than in the UK may be part of the reason.

Perhaps Craven DC is concerned about the severe drain that Grasmere drive car park is having on its budget. According to one local person, in 15 years the only work has been a few potholes filled in last year. The business rates this year amount to £2001.75 p.a. or about 55p a year per inhabitant of Bentham (2011 statistics give a parish population of 3,606), of which Craven DC retains 49% so the net annual cost to Craven DC is currently £1,020.89 which in council budget terms is puny. The administrative cost of time spent by officers desperate to justify their existence is probably far higher than this. Would a basic cost of 55p per person per year be too much to be added to

Bentham's council tax in order for Bentham to take over the running of the car park and call a halt to this saga? If Bentham loses its shops it won't be car drivers who will suffer the most, but local people under bus pass age who don't have cars and can't drive into Lancaster.

*Peter Lennard, Low Bentham.*

*Dear Bentham News,*

Craven District Council is proposing (for the third time in five years) that people should pay to use the Grasmere Drive car park. This would cause an increase in the constriction of already crowded surrounding streets due to the displacement of vehicles, including negative effects on the use of Grasmere Drive Surgery, obstruction of Fire and Ambulance vehicles and increased hazards for pedestrians.

Damage would also be caused by reductions to the retail and commercial footfall in Bentham. Many people would simply go elsewhere to shop.

Bentham needs its viability as a working town to be nurtured during what are still times of austerity and this initiative is therefore very unwelcome. If CDC proceeds with this proposal we should all send our objections to North Yorkshire County Council Highways, especially regarding the displacement of vehicles. NYCC are the only body that can refuse CDC permission for this scheme.

*Yours sincerely, David Clough, High Bentham.*

## Stop Press

Bentham News has just learned that Craven District Council, at its meeting on September 19th, decided to postpone making a decision about car parking charges in Bentham and two other areas, and have referred this matter back to a select committee for further consideration.

This gives us a little more time to make our views clear to all our councillors on Bentham Town Council, Craven District Council and North Yorkshire County Council.

## Your Letters Continued:

Dear Bentham News,

St Margaret's Church is now for sale, and I'm wondering how much interest there is in Bentham for us to get together and purchase it for some sort of community use?

When I have had conversations with people, we've come up with ideas like exhibitions of local history and photographs, a place to keep our local archive so visitors could research family history, a place to have wedding ceremonies, a bunk barn, a place to display art ...

The building would need maintaining and managing; I'm under no illusion that it would be an easy undertaking, and I'm not offering to lead the project, but it would be a shame if we did want to have a go but let the opportunity pass us by.

Please get in touch with me if you have any thoughts on this matter, phone 015242 61034, or e-mail [linbarrington@live.co.uk](mailto:linbarrington@live.co.uk).

Kind regards, Lin Barrington.

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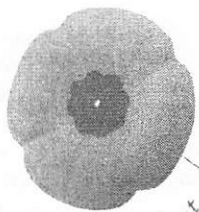
## Lest We Forget - John Edward Leeming

*Words by Allan Hartley*

*Research by Marilyn Hartley*

John is named on the memorial plaque on Station Road, middle left row at the bottom of the list of names on the Roll of Honour. He is also listed on the memorial plaque in the Methodist Church and the plaque at St Margaret's Church that has been recently relocated to St John's LB. John has the very sad distinction of being the second Bentham man to be killed in the War on the 21st May 1915.

John was the son of the late Anthony Leeming and was born in Settle in July 1885 and is mentioned as living at Hardacre Farm (Clapham?) with Mr Rogerson.



*Lest We Forget*

What he was doing there we don't know.

Family-wise John was the nephew of Mr T.E. Clapham (of Moulterbeck Farm?), and the cousin of Nellie Clapham of Lane House Mewith, with whom he was quite close and corresponded with during his time on the Western Front. However, John had left Bentham some years earlier, possibly 1912, just like Albert Lister, Maurice Bolton, and Joseph Townend, all men named on the plaque who, before the war, went to seek out a new life and future mostly in the west of Canada.

John enlisted early on in the War in October 1914 with the 10th Canadians B Company 5th Platoon Alberta Regiment and soon progressed to the rank of Corporal. John's life came to a sad end when the Canadians came under poisonous phosgene gas attack fighting on the northern sector of the Somme during heavy fighting for the French towns of Festubert 17-25 May and is listed as being killed on the 21 May 1915. Sergeant T.E. Bell reported that he died instantly.

John's body was not recovered and, as such, he is classed as having no-known-grave and is still resting somewhere on the Somme waiting to be found. John is commemorated on the Canadian Memorial to the Missing at Vimy Ridge that lists over 11,000 Canadians missing on the Somme.

Memorial services were held in 1917 at St James Church Clapham and at St Margaret's Church HB on 16th November 1917. John was 29.

### *Acknowledgements*

*\* Photo courtesy of Craven Herald and Pioneer*

*\* Cravens Part in the Great War*

*\* Craven Herald and Pioneer*

*\* West Yorkshire Pioneer*

*\* Commonwealth War Graves Commission*

*\* Major and Mrs Holts Battlefield Guides to*



## Low Bentham WI

*By Jennifer Watkinson and Pamela Warbrick*

At our last meeting, speaker, Damian Carre of Carre and Son, Jewellers of Garstang, gave us a very interesting talk about the development of the family business founded in 1820 by James Carre a watch and clock maker.

Today clock and watch making have been superseded by Damian designing and making jewellery and his brother David supplying and engraving trophies. He was keen to assure us that we should have no hesitation in visiting the shop to have pieces altered. His prices range from £10 to £10,000. A popular request is for two rings to be melted into one.

Changes in fashion jewellery, hall marking, the properties of gold, silver and palladium and the cutting and polishing of diamonds were all explained and illustrated by some wonderful slides. All this together with a display of the pieces he had created made his talk an excellent entertaining and educational evening. We think his shop is one to be explored.

Competition winners for a piece of jewellery were Sylvia Brennand, Kathryn Brownsord and Pam Warbrick.

Christine Jennings and Kathryn Brownsord used their artistic skills to create a floral display in a window recess for the "Bentham Remembers" exhibition at St John the Baptist, Low Bentham.

We wish to thank all helpers at our coffee morning in the Town Hall which raised £336 for funds.

On 18th September there will be a talk on the Titanic given by Tony Mac and the competition will be for a holiday souvenir.

## High Bentham WI

*By Sue Camacho*

Our August meeting was a do it ourselves meeting. We had all brought our contribution to the Jacob's join and placed it on the supper table. Wendy explained about the

change of venue for our next meal out. We are going to Cafe Culture on the high street this time. The correspondence and federation outings were read out and put on the table for us to peruse. We were all encouraged to enter as many things as we could in the Bentham Show. The Bingo session came next with Joan calling out the numbers. There were five games in total with a line winner and a full house winner on each game. Margaret Abbott won the raffle. Pat Murfin and Marjorie Sloane were equal winners of the competition.

Next month's meeting is Ruth Gibbons on Eating Well-Feeling Great. The competition is for a piece of artificial fruit. All members and visitors are welcome on the first Thursday in each month in the lower town hall at 7:30pm. Come and give us the once over, you never know, you might like us!



### Pilates for All at Sole to Soul, Bentham

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## Tatham Fells WI

By Mary Taylor

Expert Graphologist Sylvia Wheatly revealed the fascinating Secrets of Handwriting to Tatham Fells Women's Institute members at their last meeting.

Using samples of handwriting from royalty, politicians and other well known people, she pointed out many different characteristics; for example long upper strokes denote spiritual qualities and long down loops sexuality. Sylvia said that if handwriting was taken into consideration when hiring personnel or voting in politicians, fewer mistakes would be made.

Ann Dawson thanked the speaker, who judged the competition for a favourite pen; winners were Ruth Garstang, Mary Myers and Ann Dawson.

Preparations were made for our coffee morning, the outing to Levens Hall on 4th

August and a trip to the Dukes Playhouse on 11th September.

The evening concluded with refreshments provided by Sue Dawson and Ann Dawson.

Button Jewellery, make and take, is the subject of the next meeting on 9th September.

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Without support for updates an XP computer will become increasingly vulnerable to malware attack so upgrading to a more modern version of Windows or a non-Windows operating system such as Linux is a good option. If you don't want to upgrade your old computer then a new Windows 7 tower or Windows 7 style laptop is an alternative. For free advice and price estimates contact Settle Computer Shop and bring this advert for a 10% discount on any upgrades.

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## Planned Road Improvements

By F. Parkinson Ltd

As part of the £5m Bentham School Development there are a number of improvements to be made to the existing highway to improve road safety, by the implementation of an approved traffic management system.

This new traffic management system will create a safer access for children and parents entering the new primary school. As part of the implementation of this traffic management requires works to be undertaken to the existing highway, we are writing to you to inform you that these works will have an impact on traffic and pedestrian activity in the area.

Our subcontractors, ND Civils, are due to commence highway works on Low Bentham Road on behalf of Parkinsons and North Yorkshire County Council on 18/8/2014. The works consist, in the main, of widening footways, installation of new kerbs and path edgings, installation of a Zebra Crossing and traffic islands and up-grading of signage and road markings.

The works will be located between Pine-wood Cottages (High Bentham) to Sand-wood, Leewood House (Low Bentham) and will be continuing until 31/10/2014. To ensure the safety of drivers and pedestrians during this time, the work will be carried out under the control of temporary traffic lights for the duration.

We trust that the significant enhancement of road safety in this area will be welcomed by all parties, and whilst we will take all possible measures to reduce the impact at all times, we would like to take this opportunity to apologise to the community in advance for any inconvenience which may be caused.

If you have any significant issues in regards to the impact the works are having on you, there are a number of organisations with whom you may discuss the work, contacts for which are included below:

North Yorkshire County Council – In regards to the design of the works, Gary Atkinson – Highways Officer  
Email: Gary.Atkinson@northyorks.gov.uk or telephone 01609 798786.

F. Parkinson Ltd – In regards to the implementation of the works and any safety concerns you may have.  
Email: york.reception@fparkinson.co.uk or telephone: 01904 728050.



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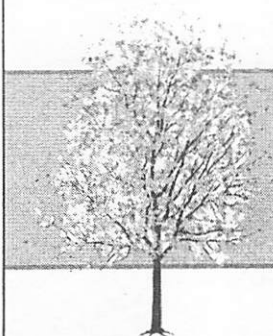
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## Craven Concerns

By Lin Barrington 015242 61034  
[cllr.lbarrington@cravencd.gov.uk](mailto:cllr.lbarrington@cravencd.gov.uk)

### New Local Plan: Now's the time to have your say!

By the time the September edition of the Bentham News is distributed, the six-week consultation period should be under way. If you want to comment on the proposed sites for building new houses and work units in Bentham, you will be able to look at all the relevant documents on the Craven District Council website [www.cravencd.gov.uk](http://www.cravencd.gov.uk) and, if you wish, you can register to receive updates by signing up at [www.cravencd.gov.uk/latestplanningpolicynews](http://www.cravencd.gov.uk/latestplanningpolicynews). You can submit comments online, or you can write to Craven District Council. If you have any problems with accessing the information or commenting, please let me know and I'll do my best to help.

The consultation should be completed by the middle of October. Then all the comments made by local Councils and organisations and individuals will be examined and the resulting draft will go to Craven's Policy Committee in November and then to the full Craven District Council meeting in early December. After all that, the plan will be submitted to the Planning Inspectorate and we hope it will be approved early next year.

### Special Offer on Compost Bins

Subsidised compost bins are available in two sizes for all residents in North Yorkshire, with delivery to your address. There is a special reduced price offer, for a limited time only, a 220 litre compost bin is £17.99 including delivery (price after the offer £25.97 including delivery) and 330 litre compost bins are £19.99 including delivery (price after the offer £28.97 including delivery). These prices include delivery of £5.99



per order. You can also 'buy one, get one half price' when you buy two of the same bin. For more information and to purchase them please visit [www.getcomposting.com](http://www.getcomposting.com). Both the 220 litre and 330 litre compost bins are called Compost Converters. The units are made from 100% recycled plastic with windproof secure push-fit lid and removable side hatch. The bins are guaranteed for 15 years.

### Craven Community Champions Awards

There are eight categories:

- \* Arts and Culture Award
- \* Best Community Project
- \* Best Community Group
- \* Greener Craven
- \* Innovative Business Contribution to the Community
- \* Sport and Recreation
- \* Volunteer of the Year
- \* Young Citizen of the Year

Make your nominations by 5pm Friday 5th September. Anyone can make a nomination by downloading and completing the Community Champions 2014 nomination form. You can pick up a leaflet, which includes the nomination form, from any library or doctors' surgery in Craven, the station information room, or call 01756 706290 to have one posted to your address.

Completed nomination forms should be emailed to [comms@cravencd.gov.uk](mailto:comms@cravencd.gov.uk) or posted to the address on the form



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## Age Concern AGM Held 18th July

*By Sue Pilkington*

1. The chairman welcomed members, committee and invited guests and thanked them for coming to the meeting celebrating 25 years of Age Concern in Bentham.

2. Minutes of 2013 AGM were considered and approved. Betty thanked Mary and Liz for their secretarial work during Sue's absence and welcomed her back.

3. In the matters arising, the continued problem with the stairs to the upstairs meeting room, making it inaccessible to some, was mentioned. Liz and Alan were thanked for organising last November's mini break to Blackpool and it is hoped there will be a similar one this year. Betty also thanked Liz and Alan for the new Sunday lunch trips.

4. In presenting the accounts, Ruth said it has been a very difficult year financially, one of the main reasons for this being the buying of the new minibus. We received a grant of £21,000 from the county council, but this arrived late causing problems. We also received funding from the Lottery. We hired out our bus more following the closure of the Little Red Bus. Some monies from coffee mornings and donations were paid into the minibus account in order to pay for the new one. Mike proposed we accept the accounts and this was agreed.

5. Christine paid tribute to Grace Jones, Gordon Clapham and Elsie Downey who have died during the year, and Phyllis Capstick who has moved away. She welcomed new members. Liz was thanked for writing her reports of our activities for Bentham News. Christine reported that it has become harder to find speakers, but some of our own members have entertained and informed us. Unfortunately we have had to say goodbye to Colin Etherington and his Extend Exercise sessions, which have been very popular. The day trips have been enjoyed and the new Sunday lunches are proving popular. The trip to Blackpool was successful too.

The new minibus, with its smart logo on the side, was christened in January and Christine thanked Mike for all his hard work. She also thanked all the drivers and escorts for their hard work. Eileen and the kitchen helpers were thanked for providing lovely meals. Finally she thanked the members for their attendance at the meeting and throughout the year.

6. Betty introduced Mike, thanking him for all his work with the new minibus. Mike thanked all others involved – particularly David Ireton and Lin Barrington.

7. Election Of Committee Officers

Chairman – Liz Tonge accepted the nomination and thanked Betty for her six years work. Vice Chairman – Jean Gathergood accepted the role. Treasurer – Hazel Kennel. Secretary – Sue Pilkington.

Mike will be retiring as Transport Manager in November, so a replacement will need to be found.

The following committee members agreed to serve – Shirley, Janet, David, Joan, Sue Park, Mike, and Mary. With the addition of Betty, that makes 12 committee members.

8. AOB. Keith said that committee meetings held upstairs at the Masonic Hall were continuing to cause a problem. Liz assured him that the committee would be looking at this. Keith also said the Extra Care Housing project, to be built on the school playing fields, was going ahead.

Michael Mason, as the liaison between Age Concern and the Masonic, said that he hoped a stair-lift would be fitted soon.

Mel Morgan Davies, from Age UK North Craven, has taken over the running of the car volunteer scheme, which has replaced the Little Red Bus.

There were several votes of thanks for invitations to the event.

Finally Liz thanked everyone for coming and Eileen for making and donating a special anniversary cake. She invited all attending to stay for tea and cake.

9. Date of the next AGM – 10th July 2015.



*Above, by Alice Ellwood, shows the Age Concern committee members for 2014-2015 at the end of their well-attended AGM held at the Methodist chapel.*

### Full Time Private Day Nursery

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## Craven's Royal Scottish Country Dance Society

By Mary Taylor

On a beautiful sunny afternoon on the 12th July, 31 teams of Scottish Country Dancers, including five children's teams, gathered on the playing field of Gateways School, Harewood for the 60th anniversary of the White Rose Festival, organised by the Leeds branch.

Teams had travelled from far afield including London, Cockermouth and Oxford University, and were joined by two from this area; the Ingleton dancers led by Robert Rushton – two Keiths, two Marys, Clare, Rosemary, Nita, Annie, Elizabeth and Sarah. Also the Over Kellet dancers led by Maureen Haynes – Trevor, Roger, Keith, Graham, Anne, Cindy, Pauline, Rosanne, Helen and Elizabeth.

The 61st White Rose Festival will be held at the same venue on 11th July 2015.

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## Square Dancing For Beginners

By Peter Silvester

Lune Valley Ocean Wavers Square Dance Club is recruiting new members. On Mondays 29th September, 6th and 13th October 2014, we are offering free taster sessions at The Centre @ Halton, Low Road, Halton LA2 6NB, starting at 7:30pm. We are the only club within a 50 mile radius of Halton to offer beginners' classes and can only accept new dancers for this limited period so don't miss this opportunity to join in the fun.

Even if you think you can't dance, give square dancing a go and you'll be dancing from the very start. There's no fancy footwork or complicated routines to remember. In fact, if you can walk normally at about marching pace you can Square Dance. The challenge is to learn the moves but our experienced Caller will quickly have you dancing to a variety of music from Country and Western to all-time favourites and modern pop.

Learning to square dance opens up a whole new world of fun and friendship. Square dancing is good healthy exercise, mentally stimulating and emotionally uplifting. It promotes overall fitness and cardiac conditioning and burns off calories. Above all, it is great fun – we laugh a lot, which is the best medicine of all. So, come and join us on one or more of the free nights – everyone welcome – couples or singles – and you will



be dancing straight away. There's even free tea and biscuits at break time.

More information from Peter (01524 771415) or Sheila (01524 411439). Or see the club website: [www.oceanwavers.co.uk](http://www.oceanwavers.co.uk), email: [oceanwavers@hotmail.co.uk](mailto:oceanwavers@hotmail.co.uk).



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# Events In September

**Mon 1st** Lairgill, 9:30am, Walks For Women. And every Mon.

**Bentham Methodist Church**, 10-11:30am, Toddle-in for parents and carers with children 0-4. £1 per family. And every Mon.

**Victoria Institute**, 10am-12noon, Office Open. And every Mon.  
12:15-2:15pm, Community Link Cafe. And every Mon.

6:15-7:45pm, Tai Chi. And every Mon.

**Town Hall**, 7:30pm, Town Council Meeting. All welcome. Drop in from 7pm.

**Town Hall Ballroom**, 7-8pm, TNT Fitness. And every Mon.

**Tue 2nd** Looking Well, 9:30-11:30am, Light Leg Stretchers—walking group for men and women.

10:30am-12:45pm, Community Tuesday@Looking Well. Coffee, newspapers and chat. And every Tue.

11am-1pm, Creative Writing Group. And every Tue.

12:45-1:30pm, Community Shared Lunch. Homemade soup and bread. And every Tue.

**Victoria Institute**, 10am-12noon, Office Open. And every Tue.

3:45-9pm, Helen Howard School of Dance. And every Tue.

**Wenningdale Room**, 10am-12noon, Craft Club. And every Tue.

**Town Hall**, 6-7pm, Yoga. And every Tue.

**Wed 3rd** Looking Well, 2-4pm, Art for All. Quiet art group with mutual support. And every Wed.

**Bentham Methodist Church**, 10-11:30am, Coffee Morning. Donations to local charities. And every Wed.

**Victoria Institute**, 10am-12noon, Post Office Services. And every Wed.

11:30am-2:15pm, Community Link

Cafe. And every Wed.

2-3pm, Line Dancing. And every Wed.

3:45-8pm, Helen Howard School of Dance. And every Wed.

**NSPCC meeting** at Lingfield, Robin Lane.

**Thur 4th** Looking Well, 1:30-4:30pm, Community Art Shed. And every Thur.

**Bentham Methodist Church**, 2-4pm, Welcome-In, dominoes and tea for all ages. For transport, contact Liz 61230. Also 18th.

**Victoria Institute**, 10am-12noon, Bat 'N' Chat. And every Thur.

4:15-8:15pm, Helen Howard School of Dance. And every Thur.

**Bentham Footpath Group**, Gargrave, 9 mls, Leader Bernard Ellershaw 62078. Meet at Lairgill 9:30am.

**Town Hall**, 7-10pm, High Bentham WI.

**Town Hall Ballroom**, 7-8pm, TNT fitness. And every Thur.

**Fri 5th** Looking Well, 10:30am-1pm, Art Skills Development. And every Fri.

**Victoria Institute**, 10am-12noon, Post Office Services. And every Fri.

1-3pm, Helen Howard School of Dance. And every Fri.

4-7pm, Helen Howard School of Dance. And every Fri.

**Town Hall**, 11am-12:30pm, Craven Customer Services. And 19th.

6:30-7:30pm, Yoga. And every Fri.

**Masonic Lodge**, Age Concern. What's your favourite book?

**Sat 6th** Looking Well, 11am-4pm, Welcome Weekends - Drop in and see what's happening. And every Sat.

**Town Hall**, 10am-12noon, Church of Good Shepherd Coffee Morning.



**Skipton Town Hall**, 10-11am, MP surgery with Julian Smith. To book an appointment call 0207 219 7145.

**Bentham Show at the Auction Mart.**

**Mon 8th Bentham Methodist Church,** 3:45-4:45pm, Adventurers for children aged 4-6. And every Mon. 6:15-7:30pm, Springboard for children aged 7-11 years. And every Mon.

**Looking Well,** 10am-1pm, Own Now, for people with memory loss and their carers. And every Mon.

**Tue 9th Bentham Footpath Group,** Lowgill, 5 mls, Leader Joan Clapham, 64906. Meet at Lairgill 1pm.

**Cedar House,** 6:15pm, Badminton Club. *See page 40.*

**Wed 10th Deadline for BN Colour cover pages**

**Ingleton Community Centre,** 7:30pm, Scottish Dancing. All welcome, no partner and no experience necessary. *See page 27.* Contact 61672 or 41451.

**Thur 11th Looking Well,** 11am-1:30pm, Bentham and District Cancer Support Group (and other long term illness) Drop In, art session, lunch and therapies. Also 25th.

**Victoria Institute,** 10am-1pm, Art Group with Ann Dawson. And every Thur.

**Fri 12th, Masonic Lodge,** Age Concern. Tai Chi with Tony Bennett. **Town Hall,** 8pm, Film Group, The Grand Budapest Hotel. Tickets £5. *See page 42.*

**Sat 13th Bentham Footpath Group,** Dent, 6 mls, Leader Peter Lennard, 62994. Meet at Lairgill 10am.

**Town Hall,** 10am-12noon, Youth Cafe Coffee Morning.  **Victoria Institute,** 10am-12noon, Book Swap.

**Mon 15th Town Hall,** 10-11pm, Zanna's Adult Ballet. Also 22nd and 29th.

7:30-10pm, Three peaks for Palestine, Five Broken Cameras film. *See page 32.*

**Deadline for BN Main Pages**

**Tue 16th Town Hall,** 10-11am, Mature Movers. Also 23rd and 30th.

7-8pm, Aerobics. Also 23rd and 30th. **Methodist Church** 2:15pm, Bright Hour. Also 30th.

**Burton-in-Lonsdale Church Rooms,** 2pm, Mothers' Union meeting. All welcome.

**Thur 18th Victoria Institute,** 7:30pm, Low Bentham WI, 'Titanic' with Tony Mac.

**Fri 19th Masonic Lodge,** Age Concern. Memories with Wendy Dowbiggin.

**Lairgill,** 8:30-11am, Waste paper collection. Proceeds for NSPCC.

**Sat 20th Bentham Methodist Church,** 4-6pm, Messy Church for all the family. Crafts, celebration and food.

 **Town Hall,** 10am-12noon, High Bentham School Coffee Morning.

**Sun 21st Bentham Footpath Group,** Wet Sleddale / Swindale, 11 mls, Leaders David Longton and Ed Badley 61838. Meet at Lairgill 9am.

**Mon 22nd Bentham First Responders,** Training at Burton.

**Thur 25th, Victoria Institute,** 2:30-4:30pm, Pipers Painters.

**Fri 26th Masonic Lodge,** Age Concern. Favourite Recipe—bring in and tell us about your favourite recipe. And if you like a taster too!

**Fri 26th Bentham News Published.** **Burton-in-Lonsdale,** Macmillan coffee morning. *See page 25.*

**Sat 27th Bentham Methodist Church,** 7pm, Harvest Supper, with speaker Rev Canon Norman Dawson.

**Bentham Footpath Group,** Littledale, 7 mls, Leaders Cherith Metcalfe and June Hewitt 61742. Meet at Lairgill 9:30am.

 **Town Hall,** 10am-12noon, Tatham Fells School Coffee Morning. 7pm, Lady Gaga charity event. *See page 31.*

**Mon 29th Town Hall,** 7-10pm, Ewecross Historical Society,

## Bentham Show

By Alice Ellwood

Don't forget to come along to Bentham Show this year on Saturday 6th September at Bentham Auction Mart, by kind permission of the Directors of the Auction Mart. There will be lots to see, things to do and refreshments will be available. It is sure to be a good day, so don't miss out!



## Yorkshire Dales Millennium Trust Ceilidh

By Sarah Brewer

Come along to an exhilarating evening of ceilidh music and dancing with 'The Batty Moss Ceilidh Band' in aid of local charity YDMT, at Austwick Village Hall on Saturday 15<sup>th</sup> November 2014 from 7:30-11:30pm. Tickets available from 015242 51002 or email [info@ydmtd.org](mailto:info@ydmtd.org), adults £10, under 16 years old £5, including supper. A bar will also be available.

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## Farmers Walk For Cancer Charities

By Mary Taylor

From Pub to Pub, Auction to Auction, the week-long Farmers Walk for Cancer Charities, organised by a group of farmers from the Slaidburn area, passed through this parish on Thursday 31st July.

The first leg of sixteen miles, on Monday 28 was from Middleton in Teesdale Auction to Tan Hill Pub, Tuesday was 16 miles to Hawes Auction, and Wednesday fifteen miles to Ingleton.

About 40 walkers, and several dogs, set off on Thursday's ten mile walk from Thornton in Lonsdale, following field footpaths through Burton-in-Lonsdale to Low Bentham. Just west of the Punch Bowl in Low Bentham they crossed the Yorkshire/Lancashire border into Tatham. They followed footpaths over Robert Hall land and Greenside fields to Ashleys, along the road

and over fields to Millhouses where they crossed the river Hindburn and passed into Wray parish where that day's walk ended.

On Friday, the final day, they walked from Wray to Slaidburn where there was a party for around 600 people at Procters Farm.

## The World's Biggest

By Jill Peel

Burton-in-Lonsdale is holding its 15th Macmillan coffee morning on 26th September from 10am-12noon in the Chapel school room.

Come for coffee and cake and if you are unable to come you can leave donations in our village shop opposite.

On behalf of all who will benefit, my sincere thanks.

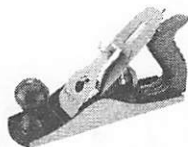


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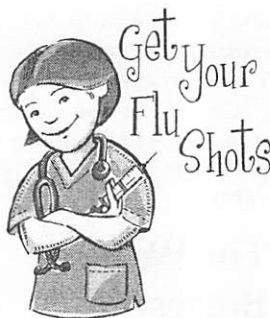
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# Bentham Medical Practice Seasonal Flu Campaign



By Jonathan Scott

Influenza vaccinations will run again from the beginning of October.

Plans this year are as follows:

## Bentham

\* Morning vaccination clinics on Saturday 11th and Saturday 25th October. No need to make an appointment, just turn up

\* Nurse evening appointments in October, call nearer the time for details

\* Opportunistic vaccinations by clinicians during October

## Ingleton

\* Vaccination clinics 10am until 12 noon Mondays, Tuesdays and Thursdays during October

## Who is eligible for vaccination?

- Patients 65 and over
- Pregnant women
- Patients with serious medical conditions such as:
  - \* Chronic Respiratory Disease
  - \* COPD
  - \* Chronic Heart Disease
  - \* Chronic Kidney Disease
  - \* Chronic Liver Disease
  - \* Chronic Neurological Conditions
  - \* Diabetes
  - \* Problems of the Spleen
  - \* Weakened Immune System

If you think you may be eligible but are not sure, then please call the surgery.

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# Town Council News – Neighbourhood Plan Questionnaire

*By Cllr John Vandy on behalf on Bentham Town Council.*

First, thank you to all who took the time to fill and return in the Neighbourhood Plan Questionnaire. We have had around 400 responses, significantly better than anticipated. We decided to wait until the end of June before taking any action to make sure we had as many responses as possible and to allow the new Council to settle in. During July and August Councillors have been inputting the paper responses into the same database as the online result so that we can more easily collate the results.



Those parishioners who expressed an interest in taking part in the Neighbourhood Plan on their returned questionnaire form will be contacted soon and invited to a meeting where we aim to find out more of what is involved.

One thing commented on by a number of residents is the amount of dog waste left on the streets of Bentham and on public footpaths in the area. We are looking to adopt the "Green Dog Walker Scheme" along with some publicity to (hopefully) change people's perception of the need to pick up after their pets. We will be holding a public meeting, with Mary Vickers, the Dog warden, to explain the scheme, on Wednesday September 10th at 7:00pm in the Lower Town Hall. Everyone is welcome to come along, whether you own a dog or not. Tea and coffee will be provided.

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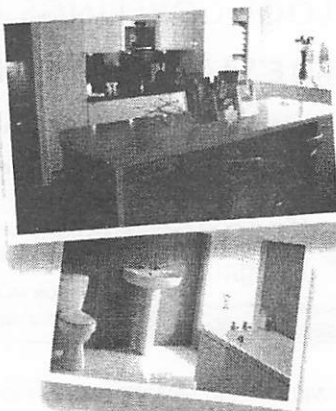
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## Tatham History Society

By Mary Taylor

John Wilson led members of Tatham History Society on a three mile walk in Lower Tatham on Saturday afternoon, 2 August.

Beginning at Russells, he spoke about the Lord of the Manor's plans to improve the land in 1612, pointing out the extent of cultivated land at that time with names of houses still in use today, for example Moorhead and Feather Mire, which would have been heather mire.

The walk began on the old coffin route from Higher Tatham to St James the Less church, as all funerals and weddings had to take place at this church. Members took a detour to inspect ancient quarries, before crossing rough ground to Long Lane.

At Ashleys they picked up the coffin trail, now a bridle path, and continued back to Russells.

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## HSBC Bank Building

*By Jane Miller*

Those of you with eagle eyes will have noticed that the HSBC Bank building is now for sale by Auction. This auction will take place in Manchester on 11th September with a Guide Price of £110,000. There is an A2 Planning Consent application on the building and more information can be obtained from either the Planning Office or the Auction House whose number is 08442 722444.

## The Folly

*By Glen Preston*

On Sunday the 14th Sept we are taking part in Heritage Open Day, so visitors can come along to the Folly between 12:30 and 4:30pm and see the museum and exhibitions free of charge! All are welcome and we hope to beat last year's numbers, as there is so much to see of local interest in our range of exhibitions.

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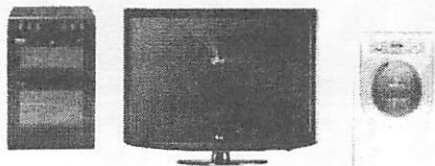
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## Baby Clothes Appeal

*By Lillian Barton*

Rotary's District Governor has launched an appeal for good, used baby clothing. He is appealing for baby grows, vests, cardigans and hats to fit babies up to 12 months old. The clothes will be put into Aquaboxes (water purification kits) which will be sent to the disaster areas of the world. All donations will be gratefully received. If you wish to make a donation please call me on 015242 73166.

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## Bentham People Page

### Charity Thanks

A big Thank you from the North Lancs and South Cumbria Branch Motor Neurone Disease Association to the Bentham Methodist Church Wednesday Coffee Mornings for their recent donation of £115. Our local MNDA helps local people suffering from this disease, and their carers, by giving practical care, support and advice and helping with equipment; the funds MNDA raise also go to research and to help with raising awareness about this illness.

Settle and Bentham Tuesday Club thank Ralph and Grace Parker for opening their beautiful garden for an Open Garden fundraiser on 13th July. The event raised £333.40 which is being divided equally between the Tuesday Club and the North West Air Ambulance. Thanks too to all those who came to see the garden on a wonderful summer afternoon.

Settle and Bentham Tuesday Club also thank everyone who came to their Coffee Morning at the Town Hall on Saturday 26th July. The Coffee Morning raised £272.92.

### Personal Thanks

Doreen Park would like to thank everyone who sent cards and donations to celebrate her 80th Birthday. The total raised for the Rosemere Cancer Foundation was £508.34p. Special thanks to Jane, Isabel and staff at Bentham Golf Club for a traditional afternoon tea.

Debbie, Hannah and Tom Denison would like to thank everyone who came to the service of thanksgiving on Tuesday 25th of July at St Mary's Ingleton for the life of Howard Luscombe and to all who came to Bentham Golf Club afterwards. Special thanks to the Rev Mabel Parr for

her beautiful service. Thanks also for the lovely flowers from the Church of St John's that Mary received.

### Wanted

Low Bentham Victoria Institute are asking for volunteers to help them out!

We are a small, hard working committee, but are in need of a helping hand when it comes to holding our events.

This can be in various ways: serving refreshments, assembling tables and chairs, baking, barbecuing, helping with transport, designing and distributing posters or updating our Facebook page!

If you are interested in giving us a little bit of your time, please phone Diane Paget (Secretary) on 015142 63162.

### For Sale

4 door teak sideboard: L 78" (195cm), W 18" (46cm), H 30" (76cm) £125.

Oak gateleg table: L (folded) 16" (41cm), Extended with two leaves 48" (122cm) £65

Four Captains chairs £50. Please call 015242 61536.

The Bentham Fundraising Group present a Lady Gaga tribute and other live music on Saturday 27th September at Bentham town hall.

Tickets £15 from The Black Bull and Farmstead Boutique. Raising money for 3 different charities—see the posters in town for more details.

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## Three Peaks for Palestine

*By Jane Attfield*

A new group has formed, based in Settle, Clapham and Bentham to encourage support for Palestinians in their struggle for justice and human rights. We will be showing films, lobbying businesses and politicians, selling Palestinian farm products, finding every way we can to make Palestinian voices heard. Film showings in Bentham, Clapham and Settle in September, October and November include: 'Five Broken Cameras' 'A World not Ours' and 'The Lemon Tree'. To find out what we are up to or to join in ring 015242 64886.



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## Staff Changes At Bentham Medical Practice

*Taken from 'What's Up Doc' the quarterly newsletter compiled by Jonathan Scott, Practice Manager*

Following the departure of Dr Harding last year we have had to use a number of locums in the first half of this year. Thankfully Dr Carolyn Rigg joined us at the beginning of June as a new full time partner.

On a less happy note Dr Hamish Grant, one of our salaried GPs, left us in July. Hamish first joined us in 2012/3 for a year as a registrar. Upon full GP qualification he stayed on working two days a week. Unfortunately he lives some distance away and has now found himself a full time position closer to home. We thank him for all he has done over the last three years and wish him every success in his new post.

Dr Matthew Lupton is joining the practice in early August as a replacement for Hamish. Some patients may remember Matthew as he spent some months with us five years ago as a foundation year two trainee. He has now fully qualified and is delighted to be coming back to Bentham.

At the beginning of August Chris Coldwell joined us for a year as our new registrar and Daniel Jackson will be with us for three months as our new FY2 trainee.

Wanda Lewcun leaves the practice at the end of August to take up a new career at Kendal Museum doing a diploma in museum curatorship. She will also be doing

aromatherapy at Looking Well for the cancer support group and for private clients. Wanda says that she is very much looking forward to her new opportunities and challenges but is also sad to be leaving her friends and colleagues at the surgery. She has been with the practice for eight years and has been a wonderful member of staff and I know has had very good relationships with her patients. We wish her all the best in her new career.

Wanda's departure means that we will be looking to employ a replacement. Anyone interested should contact me.

In July Beryl Metcalfe, from the Bentham Coop pharmacy, joined us as joint dispensary manager, and Kay Sharples joined us as a trainee dispenser and receptionist. We wish them both long and happy careers with us.

### Staff Training

The medical practice will be closed for staff training on the afternoon of Tuesday 16th September.

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## Jazz Night in Halton

By Sam Ashton

The Centre @ Halton is organising a great Jazz night on Saturday September 13th from 7:30pm. There will be a licensed bar as well as soft drinks available.

A number of bands will be playing live in a range of styles and types - acoustic, rhythm, contemporary and modern. These bands are performing at Halton, just prior to their appearance at the Lancaster Jazz

Festival.

Over the last few years the Centre has built up a great reputation as a venue for live music, and this Jazz Night promises to be one of the best.

Tickets are £10 per person which includes a light supper, available from Maureen Richardson on email: [centremanager@haltoncentre.org](mailto:centremanager@haltoncentre.org) or tel: (01524) 811316. Also from the Coffee Shop at The Centre and at Halton Village Newsagents. in the High Road.



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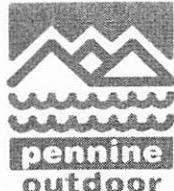


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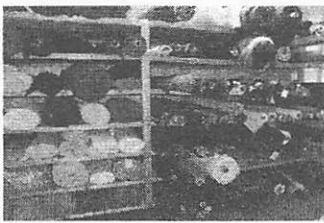
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## Local Food in Practical Action

By Annie Neligan. See cover photograph by David Alexander

We've had a couple of Crop Swaps in August, and happy customers think it's a great scheme.

We are also supporting another great scheme. The donations we collect from people who don't have produce to contribute is being sent to a charity called Practical Action. They work in the Turkana region of Kenya, to use something East Africa has plenty of – sunshine – to bring people something they have been desperately short of – water. The water that the simple solar-powered pumps bring up to the surface is clean and safe for drinking, cooking and washing. Suddenly all that sunshine is making life easier and safer. Women no longer have to walk miles each day, often alone and vulnerable; everyone, especially children, is healthier now that washing actually gets you clean, now that water is not just another source of disease.

Wouldn't it be great if we were using what we have plenty of – wind and water – to provide what we lack – warmth! We could leave the gas, coal and oil safely underground doing what it does so well – storing the carbon we can no longer afford to release into the atmosphere.

In the meantime, let's keep sharing what we have. If you haven't swapped

your crops yet, find us on Saturday mornings 6th and 20th September on Bentham Main Street. To find out more, call 63399 or from [greenbentham.org.uk](http://greenbentham.org.uk) or [benthamlocalfood.org.uk](http://benthamlocalfood.org.uk).

## August Word Search Answers

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| T | R | I | S | T | S | T | O | W | E | R | B | E |
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| A | S | V | O | R | I | O | D | D | N | A | A | O |
| S | A | E | F | N | U | F | R | B | I | B | C | H |
| W | U | I | S | S | A | R | D | N | L | Y | H | S |
| W | N | N | M | S | O | C | R | A | G | E | B | A |
| G | A | I | S | B | A | I | R | N | T | A | L | A |
| P | W | T | F | N | F | L | O | E | D | S | L | S |
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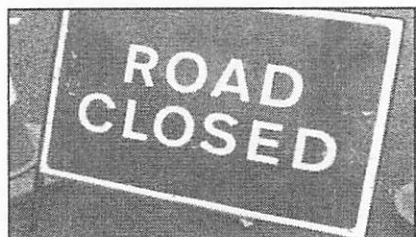
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## Road Closures

By Shirley Brown

Our Co-op is undergoing a major refit and, as a result, there will be road closures outside the Co-op in Main Street on two days in September. One is on Thursday 18th September from 1am to 6pm, and the other is on Monday 22nd September from 5pm to 9pm. This will no doubt cause some disruption, but it is hoped that the public (and HGV drivers!) will be patient and tolerant and that our revamped convenience store will make all the inconvenience worthwhile.



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## Bentham Library News:

### Lots happening at the library this month!

*By John Frankland*

### Bentham Remembers

For those who might have missed David Johnson's excellent "Bentham Remembers" commemoration at St John's last month, there is some good news; the exhibition will move to the library at the beginning of September, and will remain until the end of November.

The exhibition contains an updated list of over 200 men from Bentham who served in the War, including those who did not return. David has been able to gather information on many of these men from the Craven Herald, and found details of their family backgrounds. This has enabled him to construct "pen portraits", on each soldier and there are many photos as well. Don't miss this excellent tribute to the Benthamers who lost their lives fighting in the First World War.

### Find your First World War Relative

The exhibition re-opens on Monday 8th September, when we will be holding a 'Find Your First World War Relative' workshop at the library from 10am - 12noon. This informal session will provide advice and expertise on finding your First World War ancestors, and help you navigate round the thousands of military records available on the two premier genealogy resources on the web, Ancestry.com and Find My Past, both of which can be accessed free in all libraries in North Yorkshire. Tickets limited - £2 refreshment charge.

### The Theodore Bailey Hardy Story

Finally, on Thursday 2nd October, Father

Paul Hypher will deliver a talk on the Reverend Theodore Bailey Hardy, a headmaster of Bentham Grammar School, who went on to become a much-loved and much-decorated army chaplain - he won the VC. Tickets are £2 for this event, and are available from the library.

### Tea and Teach Sessions

Bentham Library is teaming up with Barclays Bank's Digital Eagles in September for a Tea and Teach event. Barclays' Digital Eagles give practical advice on using computers, tablets or the Internet, without any confusing jargon. You can get advice on anything from sending emails to shopping online and protecting your privacy. The session, on Monday 22nd September 2:30 - 4:30pm, is free, friendly, and is a great way to build your confidence in using the internet. We provide the tea and coffee, you provide the questions - and you can bring your friends along, too. Book your free place at the library.

### Gruffalo Event

We're also working with North Craven Childrens Centre in providing a special one-off Gruffalo party on Saturday 27th September for pre-school children aged 18 months upwards. There will be crafts and activities for all the family. Tickets £1 per family.

To book tickets and if you need any more information on these events call the library on 0845 034 9538, or email [bentham.library@northyorks.gov.uk](mailto:bentham.library@northyorks.gov.uk)

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## New Local Chairman For Community Rail Partnership

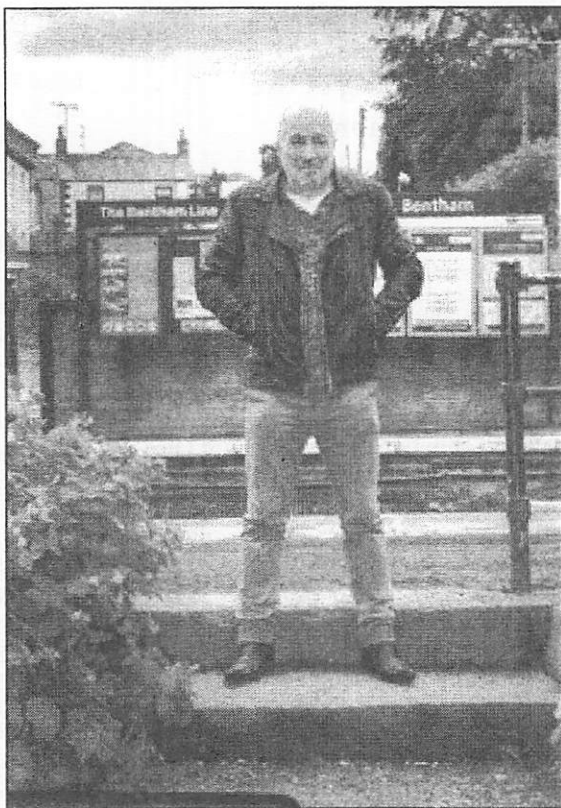
*By Rod Tickner, photograph of Gerald Townson by Jon Brook*

Since retiring, after thirty years teaching in a large community college on the South Coast in West Sussex, and returning to his home town of Bentham, Gerald Townson has found a new interpretation of 'community' through his keen interest in local railways.

He is general secretary for the local Lancaster and Skipton Rail User Group and a founding member and chairman of the Friends of Bentham Station, a group of volunteers who have transformed the station into a truly welcoming gateway to the local community. At the recent Leeds-Lancaster-Morecambe Community Rail Partnership (CRP) AGM he was elected as chairman for the coming year. This line is known as the Bentham Line and links Leeds to Morecambe via the Aire Valley across the start of the Ribble and then through the Lune Valley.

Gerald works tirelessly to promote and raise awareness of the Bentham Line, both locally and further afield, and has received national recognition for his voluntary endeavours. The use of the line continues to grow but he believes even more can be done to raise the number of passengers through improvements to the timetable, the promotion of the line, both as a scenic route and trans-pennine link, and by encouraging use of the line as part of leisure activities.

Over the past few months, Gerald has led the CRP's discussions with the bidders for the new East Coast Main Line Franchise to be let next year. He said "I am delighted that for the first time the CRPs



which link to the main line will receive support from the successful bidder and will work with them to promote journeys beyond the East Coast and onto the community rail lines, such as ours."

With the forthcoming consultations with bidders, and the letting of the next Northern and Trans Pennine Franchises over the coming twenty months, he sees this as a vital time to look to the future of the Bentham Line, its stations and its communities and ensure they have a community rail service that will meet the needs of local people and businesses and enable visitors to enjoy the scenery, attractions and communities of West Yorkshire, the Southern Yorkshire Dales, the Forest of Bowland, the Lune Valley and the Morecambe Bay area.

## 4 for 4

### Four things to do with your pre-schooler this month

By Alice Ellwood

If the weather holds out, why not go for a picnic in your garden or the park. Involve your child in making the food and they can practice fine motor skills with a plastic knife to cut soft food and spread the butter. Or they could use cutters to make sandwich shapes and play with putting the fiddly plastic box lids on and taking them off again. Even opening tin foil, cling film and plastic bag packages can be good practise for little fingers. If it then rains, a table cloth on the lounge floor is just as fun!

Water play is also a way to have good fun before it gets too cold. A flat surface lifted up at one end, like a tray on a plastic box, makes a great slide for toys and kitchen equipment. Making it a race and adding obstacles also makes it more interesting. What objects go down quickest and why? If you add soap, oil or foam what happens? If you don't have a space outside, you can use a bath or a shower tray with warm water just before bath time too.

If you are getting painting things out, try using different ways to paint. Very little ones will often just enjoy using their hands, but a small balloon can be rolled in paint, then across paper, and you can even fill balloons with watery paint and stamp on them outside for extra excitement!

Face painting is another good activity. Not just because children get practice at staying still (!), but also because of the activities you can do afterwards—there are lots of fairytales and stories they can act out or imagine once in character. Basic sets are quite cheap and you can do a lot with just a couple of small pots. There are some great ideas online if you search for basic and simple face painting images. They also come off very easily in the bath at the end of the day too!

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## Low Bentham Badminton Club

*By Julie Bridgeman*

The 2014 - 2015 Season starts on Tuesday 9th September and continues until the last Tuesday in April. Meeting at Cedar House School, Low Bentham from 6:15 - 7:45pm, all ages and abilities are welcome.

Please contact Julie on 015242 62276 for any further information.

## Bentham Town Hall Little Stars

*By Mick Green*

Starting in September, a group will be running with a variety of activities in a safe stimulating environment for families with children aged 0 to 4 years old at the Town Hall. For further information telephone: 015242 62574 or 61152.

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## Bentham Beagles Running Club

By Diane Armstrong

Bentham Beagles running club would like to thank everyone who helped make the 10k road race on the 6<sup>th</sup> July such a successful

event. We would not have been able to put on the event without the help and support of all our brilliant marshals and helpers on the day.

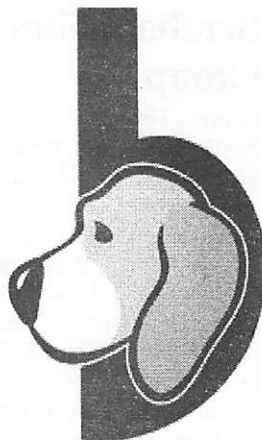
The winner was Paul Singleton from Ambleside AC in 37mins 59secs, 2<sup>nd</sup> Chris Quigley, Trawden AC, 39mins 14secs and 3<sup>rd</sup> was Mike Pauley, Bentham Beagles, 40mins 52secs. 1<sup>st</sup> lady home was Lisa Parker, Accrington RR, 47mins 13secs, 2<sup>nd</sup> Jenny Clark Thornton, Cleveleys RC, 48mins 46secs and 3<sup>rd</sup> Sadie McKeand, Lancaster women's RG, 49mins 44secs.

If you feel inspired and fancy joining us next year the date is Sunday 5<sup>th</sup> July 2015 – that gives you all plenty of time to train.

The Bentham Beagles continue to meet on a Tuesday and Thursday evening at 7pm at the clubhouse. We cater for all abilities of runners and if you are a total beginner we offer a walk to run programme to get you started.

Bentham Beagle Pups (junior section) meets on a Tuesday evening 5:50-6:40pm during term times. We cater for children aged 7-12. Our numbers are limited so it is essential to book, please see below for contact details.

For further information please contact Diane or Nick on 015242 63210 or visit [www.benthambeagles.co.uk](http://www.benthambeagles.co.uk)



## Bentham Film Group

By Stella Hall

Bentham Film Group invites you to Bentham Town Hall on Friday 12th September to watch *The Grand Budapest Hotel* (Cert 15) on their big screen. This whimsical comedy stars Ralph Fiennes as the proprietor of the hotel, who becomes embroiled in a madcap caper after one of his aged guests is found dead in suspicious circumstances. The story involves the theft of a priceless Renaissance painting, the battle for an



enormous family fortune, and the upheavals that transformed Europe during the first half of the 20th century.

The film starts at 8pm and tickets cost £5 on the door. There will be a raffle and refreshments in the interval. Everyone is welcome.

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Bentham News is published at 1 Summerhill, High Bentham, by an editorial committee consisting of Trevor Blackwell, Shirley Brown, Jane Miller, Peter Phillips, Richard Wallace, Pam Woof and Alice Ellwood—co-ordinator, who can be contacted on 015242 61889. Every effort is made to ensure that information contained in the paper is correct, however Bentham News is an open access paper and views and opinions expressed are not necessarily those of the editorial committee. The committee reserves the right to edit contributions.

We are willing to withhold names on request, but names, addresses and telephone numbers must accompany all items for publication, which should be handed in to The Gallery, Station Road, or emailed to [benthamnews@outlook.com](mailto:benthamnews@outlook.com) by copy deadline, which is 15th September for the October edition. (10th September for the cover pages). We aim to acknowledge all emails, so if you do not receive a reply to an email, please contact us again, as it may not have been received.

*The photograph on the front page is of Eddie Knowles, Kathleen Kelly and Marie Knowles, taken by David Alexander. The parking photograph on page two was taken by Shirley Brown and the ducks were photographed by Jon Brook. Helen Cross took the photograph opposite, of the bowling club winners, and the photograph of the flower arrangement on the back page was taken by Dave Lewis.*

## Bowled over in our 80s - Springfield Veterans Triumph



By Helen Cross

On the 21st June the Bowling Club members held their annual Garlick Cup Competition. This is a knock out competition where teams are decided by random draw at the beginning of the day. Dorothy Rose and Hilda Lister two of the clubs long standing senior members were drawn together as partners. After two rounds and a semi-final, the two ladies found themselves in the final of the competition against Barry Taylor and Sue Bosworth. After some excellent bowls from both couples Hilda (86) and Dorothy (86) won the competition 21 to 14, proving that age, skill and wisdom can triumph.

Picture: Dorothy Rose (left) Hilda Lister (right)

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## WW1 Presentation & Flowers

The stunning altar arrangement by Michael Marshall is part of the WW1 presentation of photographs, memorabilia, and flower displays at St John's Church Low Bentham throughout August.