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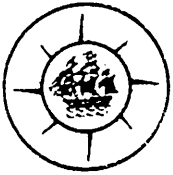
C.N.D. 

BENTHAM YOUTH CLUB

BENTHAM CARES DAY 
Sat June 15th 10am to 3pm
TOWN HALL ADULTS 50p KIDS 20p

JUNE 1991

ISSUE 56



Operation Raleigh

Robert Cowling's OPERATION RALEIGH Coffee Morning

Saturday June 22nd.

So far I have raised £1,000 towards my final total of £2,600.

Help me in my second thousand for Guyana by supporting a coffee morning in the Town Hall. Many stalls and competitions, Cakes and produce, plants, Tombola, Raffle, Competitions and Flea Market stalls.



BENTHAM WOMEN'S SOCIAL SERVICES held a Cheese and Wine Evening by kind permission of Mr. & Mrs Watkinson of Lingfield Robin Lane in aid of the N.S.P.C.C. at which £206.28 was raised. At this event a cheque for £500 was presented by Mrs H. King chairman to Mr B. Stevens of A.R.C. Quarries for their Charity Matching Fund from which they will donate £1,000 directly to the N.S.P.C.C. Raffle prize winners were Mrs C. Gardener, Miss J. Watkinson, Mrs C. Pearson, Mrs G. Stevens and Mrs A. Corless.

2 St Margaret's Mothers' Union

The enrolling member welcomed Mrs Mollitt of Ingleton to the Meeting in the Town Hall. After a short service the speaker told of the joys and sorrows of fostering, describing how a strong faith has helped her through the inevitable difficult periods. We met Aaron who is very fortunate to be with such a loving family.



FLOWER FESTIVAL at ST JOHN the BAPTIST Low Bentham.

The theme for the Flower Festival being held over the weekend of July 12th -14th is "The General Thanksgiving". Many local organisations and groups will be contributing to the floral arrangements. All proceeds will go to the Bishop of Bradford's "committed to caring" appeal which will benefit our rural area.

The Festival will begin on Friday with a Musical Evening at 7.30pm in the Church, which will then be open from 10am - 6pm on Saturday. There will be stalls selling cakes and produce and afternoon teas will be available. Programmes will be on sale at £1 adults and 50p children. On Sunday 14th there will be a morning service at 10.30am and an Evensong at 5pm the Bradford Cathedral Choir will sing and the Provost will preach. Visitors who wish to enjoy the Flower Festival on Sunday will be welcome after Morning Service until 4.15pm.

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TOWN COUNCIL

Monday 13th May 1991

Kate Steele

Councillors present at this meeting were: Bateson, Bloxham, Cowling, Hewitt, Hurtle, Joel, Marshall, Preston, plus District Councillors Atkinson and Pilkington. 8 members of the public were present, including P.C. Kay.

WOMAN OFF-COMER IS NEW MAYOR

In a week when France got its first woman Prime Minister, Councillor Sue Bloxham made local history by becoming Benthams' first woman Mayor. Outgoing Mayor Dawber declined to stand for (put up with?) another year in office, although he has served a promising apprenticeship. Asked how she would like to be addressed in meetings, Mayor Bloxham rejected 'Madam Chairman' or 'Chairperson' in favour of 'Chair' or, simply, Sue. Councillor Davies was elected Deputy Mayor in his absence, with a hope that he would accept.

Committees and representatives were elected as follows: Street Lighting, Market, Planning and Town Hall will all be dealt with by the full Council. Council representatives: Footpath Group and Indoor Bowling - Jane Preston; Playing Fields - Bernard Dawber; Youth Club - Anthony Bateson; LASRUG - Keith Cowling.

TESTING...TESTING...

Perhaps I can take some credit for the Council's discussion of audibility in meetings. Would a microphone positioned in the middle of the circle of tables be the answer? Most members of the public thought not. How about re-arranging the seating so that all Councillors faced the public? Ah, now there's an idea. That way, we can see who's voting as well as hear who's talking. Any bets on a proposal to televise proceedings next?

BRRRRR...

The new gas boiler may be working wonderfully, but there are still problems with the Town Hall heating. Age Concern members were cold last week. What about

3

wall heaters for individual rooms? Or control valves for the radiators? The Town Clerk will investigate possibilities and costs and in the meantime, Age Concern will negotiate with the caretaker to have the heating on.

TOWN HALL CALLING..

Yes, the Council have finally decided to get a pay phone for the foyer! After an impassioned plea from Councillor Cowling to bring Town Hall amenities into the 20th century, a 4-4 split vote was converted into a try by the new Mayor's casting vote. But it's got to be strong and in a proper kiosk. (Perhaps the public telephone at the bottom of School Hill could just be moved a bit?)

LOADSAGRASS..

Local lad, Daniel Sullivan, has shifted the problematic pile of grass cuttings at the cemetery and tidied up the entrance, as part of his community service work for the Duke of Edinburgh's Award. He will also tidy up the 'amenity area' at the bottom of Robin Lane. Councillors expressed their gratitude.

ODDS AND SODS... -

Several Councillors took a dim view of my reporting of last month's meeting. Members of the public who were there thought it was spot on. - We may soon have a pair (or is it a brace?) of tree wardens. - The 'Boothman plaque' will be unveiled soon. - Those bumpy roads are hitting cyclists where it hurts most again. - Councillor Marshall was at pains to reiterate the Council's support for Councillor Atkinson's diligence in removing the scourge of 'The Hippies of Lairgill' (or 'gypsies' as everyone seemed careful to say). But the search for a suitable site for travellers continues

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BENTHAM YOUTH CLUB 'OPEN NIGHT' and MATTERS ARISING

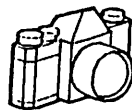
from Stuart Mitchell & Michaela Bruce

On Wednesday 24th April the Youth Club held an open evening. Many thanks to all the people who donated to the cake stall and also a BIG thank you Goodenber Road who donated tins etc for the tombola stall. The evening was a chance for everyone to see the alterations that have taken place and a chance for members past, present and future to discuss and comment on the various changes within the club. The total money raised on the evening was £55.00.

In response to the lack of a junior youth club a proposal has been put forward, by Michaela Bruce, to the Youth Service, that she will run a junior club voluntarily, for 10-13 year olds, dates and times have yet to be confirmed, please watch posters displayed locally for further details. If anyone is interested in helping with the proposed junior club please contact Michaela at Bentham Youth Club, Monday or Wednesday evenings.

4

BENTHAM & DISTRICT CAMERA CLUB



Bentham club were well represented at the Holme Village Hall for the three club friendly with the Long Preston & Holme clubs. The judge was Mr. George Roberts of Lancaster who gave a helpful criticism of each print and slide.

The result was

Holme 1st,

Bentham 2nd;

Long Preston 3rd.

The first meeting of the month at the Club Rooms was the talk by Mr Peter Osborne from Lowgill, on composition, which had been held over from January and proved well worth waiting for. We were given an insight into the work of the artist and the professional and ended the evening with a better understanding of what makes a good picture. The evening was voted a great success and we look forward to hearing more from Mr. Osborne in the future.

The season of talks and demonstrations ended with the AGM. The officers reported a successful year, socially, educationally and financially, and were thanked by the chairman for all their efforts. The President Mr L. Blundell, thanked Mr. Dafforn, for all the work that he had put in as Chairman. Officers were re-elected except that Mr Marshall took over from Miss Fisher as Vice Chairman. Mr Dafforn showed members the hand carved plaque presented by Mr C. Bentham as a Trophy for one of the competitions.



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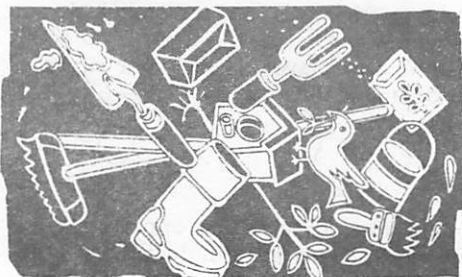
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GERTIE GREENFINGERS



Growing my own vegetables has always been a 'Grand Passion', even when I lived in a house without any garden at all, my kitchen window sills were crowded with small pots containing herbs, salads, even carrots and broad beans and jars full of bean sprouts. These are an excellent form of nourishment, high in vitamins and minerals, they provide fresh food even in the depths of winter.

Growing sprouting seeds is really easy, first, find a wide necked jar, a Kilner preserving jar is ideal, but don't use one that has contained pickles or vinegar. Spoon a few seeds into the jar, not too many, cover the top with a piece of muslin held in place with an elastic band, fill with tepid water, shake vigorously and drain well. Repeat this procedure at least three times. Do this each day and keep the jar in a warm place during the growing period, usually a week to ten days. Simply remove the sprouts, pop into a plastic bag and store in the 'fridge until needed. Several types of bean can be grown this way, each with its own individual flavour and texture, here are three of the most popular varieties:-

MUNG BEANS

The original Chinese Bean Sprout with lovely nutty flavour, suitable for salads and stir-fry.

FENUGREEK

Eaten early in the growing cycle these beans have a distinctive curry taste and aroma. As they grow larger, the flavour changes to a spicy taste making them ideal as an addition to curries and casseroles.

5 ALFALFA

The long pale shoots of this tiny seed have a marvellous flavour, wonderful in salads or as a sandwich filling with a little mayonnaise. It is not one for cooking though.

TIP OF THE MONTH

If you suffer from a cloudy pond and cannot cure it, apparently a new discovery has been made; put some straw in an old onion sack, weigh it down with some rounded stones and sink it in your pond. The microbes in the straw apparently eat the algae thus clearing the water. Whether this is true or not I have yet to discover for myself and shall report back at a later date!



THE COUNTRYSIDE SOCIETY

Eleven members of the Countryside Society took part in a walk through Burton Wood, guided by Jennifer Newton. Sheets of white flowered ransoms in the first stretch of woodland gave way to a vast carpet of bluebells, as far as the eye could see. Birdsongs heard included warblers, chaffinch, blackbird and a woodpecker.

Other woodland flora were male, soft shield and lady ferns, wood millet and tufted hair grass and pendulous sedge. Remains of historic charcoal hearths and evidence of coppicing were also seen.

The Bring & Buy Plant Sale at Holly House on the 6th May raised £470 in aid of Lancashire Trust for Nature Conservation.

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SPORTS NEWS BENTHAM CRICKET CLUB

by Gail Lister



Well, here we are again, starting our 1991 season. First of all I would like to thank everyone for their support at our coffee morning in April, where the following people won prizes in our raffle:- Wendy Dowbiggin, Alison Hawkey, Mrs Thomas, Jon Greenfield, Mr Thompson, Mrs Booth, Sue Greenfield, Linda Bentham and Mickey Noble. 2 prizes as yet unclaimed were won by a D. Brown -please ring 62487 if you are D. Brown!

The 'Guess the weight of the meat' was won by Linda Bentham and 'How Many Cherries in the Cake' by Michelle Bentham (the Bentham family had a good tea that day!)

Many thanks to all the local traders who donated prizes.

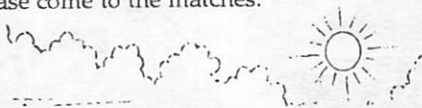
The money raised at the coffee morning will go towards paying a large bill for tractor repairs, thanks to Bentham Playing Fields Association for their help in paying this bill.

Now down to the matches, so far we are playing well, with quite a few victories to our name, the latest being Bentham 1st XI v Moor Hospital in a Divisional Cup Match. The Moor Hospital team were all out for 130, with Bentham easily topping that score with excellent batting from Barry Smith (50) Raymond Lister (40). We had five faithful supporters with us that day to see our victory.

The 2nd XI are also doing very well this season, their latest victory against Ambleside was a pleasure to watch, with our younger players proving themselves to be good cricketers.



6 The better weather is definitely on its way and an afternoon on the Sport's Field watching cricket is recommended as an excellent way to pass the time. IT IS NOT BORING. Our players NEED your support, please come to the matches.



I would like to take this opportunity to thank everyone involved in the Cricket Club especially to our President Ron Fleming, who gives his time every weekend to be our umpire and provides an excellent tray of meat for our match raffle. (Another good reason for coming to the matches, you might be the raffle winner!)

See you down on the Sport's Field about 2.30pm at the weekend?

BENTHAM TRADERS ASSOCIATION

The next Open Meeting will be on Monday 1st July, 7.30pm upstairs at the Black Bull, when the Environmental Health Officer will give a talk on the new regulations regarding food hygiene.

There will also be a barbecue and social evening on August 31st at the Golf Club for members and their guests.

We would like to remind traders that subscriptions of £10 are now due for 1991. Anyone who trades in and around High or Low Bentham can become members of the Association.

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DISTRICT AFFAIRS



PLANNING

In addition to my posting a weekly list of planning applications on the Town Hall notice board, the Planning Committee has agreed to invite a representative of the Town Council to all site visits within the parish. A step more in the direction of getting your views properly represented!

After sweating through the whole week-end weighing up the pros and cons of the 'abattoir request' - 'cos there were some pros which had to be considered! - it was a bit of a let down, as well as a relief, to find our position supported by North West Water - who stated that the sewerage system, either now or in the future, would not cope with the effluent. There still remains the problem for farmers - and hence our health authorities - of getting rid of fallen stock - perhaps a few vultures from the new falconry at Rawlinshaw would be the answer?



THE HOMELESS

Homelessness still being on the increase we've invested in five more mobile homes to house them. These will be put down on Keighley Road, Skipton. Even second-hand they cost us £10,000 but ultimately, they'll save us a lot of money on bed and breakfasts.

LOW BENTHAM HOUSING

This scheme moves slowly on. The cost is now estimated at £267,000 for 9 units for renting. Ryedale District Council have established their own Housing Association. However, an Association of District Councils survey showed that 91% of Housing Committee chairmen are against transfer to Housing Associations and 77% thought that DCs should be allowed to build houses for rent. I must say I now have my doubts about the system - we just seem to talk on and on and get nowhere.

7

RENOVATION GRANTS

I was shocked to find out the results of Govt's removing the upper limits on renovation grants. Last year by this time we'd passed only 10 to a total of £28,000. In the first two months of this year 45 grants to a total of £260,000 had been passed - over 10 times as much. The range was £1,000 to nearly £50,000. I reckon if you've got a house that needs that much spent on it you should do it yourself!

FOREST OF BOWLAND

As the District's representative on the Committee of the FOB Area of Outstanding Natural Beauty I'm getting to know a lot more about the FOB. I only wish NYCC were as generous in financing this effort as Lancashire, in fact Yorkshire gives us nothing. The Countryside Commission has recognised the excellence of the work being done by more than doubling its grant and out of this we hope to get a number of Countryside Wardens on this side of the fence as well as more projects, etc.

COUNCIL TAX

There're all sorts of forecasts about how much Council Tax we're going to have to pay. Until we know a bit more about it all this is a waste of time so I won't bore you with it. There are two worrying aspects though. The first is that there'll be a drastic reduction in the proportion of local government finance which is collected locally - this means much more central control and therefore less attention to and understanding of our needs. The second is the forecast of a 1993 start. As some of our business people know to their cost the Inland Revenue valuers are already more than a year behind with valuations for appeals on the Business Rate - so how on earth they're going to take on Council Tax valuations as well in that time is beyond me.



District Councillor Ralph Atkinson

COMPETITION TIME!

We would like to thank the children who entered the May competition - their entry fees totalled 90p which have been added to our funds. The correct answers were:

HIGH BENTHAM:

1. Barclays Bank
2. (61259) Tooby's
3. E.R
4. "Pigtails"
5. Conservative Club (or "Spar")
6. R.W. Fleming

LOW BENTHAM:

1. 1609
2. Larch & Birch
3. 2 places to post letters
4. The silk mill
5. Toadflax
6. Coronation of Edward VII

The prize-winners & their prizes are listed below:

Polly Johnson (age 11): Video

Eleanor Hanson (age 8): Video

Sara Kate Ramsay (age 9): Video

John Hardiman (age 6): £1.25

Kirsten Hardiman (age 8): £1.25

Josie Richardson (age 12): £1.25

William Holmes-Davies (age 11): £1.25

Many thanks again to both Henry Garlick & Linda Tooby who generously donated the prizes. There is NO competition this month, but readers' ideas, suggestions & donations for future competitions will always be received with interest.

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8 OBITUARY:

DICK DOBSON



Many Bentham People were shocked and saddened by the sudden death of Dick (Dickie) Dobson last month. He was a colourful local character who will be sadly missed. Dickie worked for many years at Angus before taking early retirement due to ill health. He was a familiar cheery presence in Main Street and always took an interest in those he met, both locals and visitors alike.

We offer our sympathies to his family.



MRS GLADYS LYNN of 37 Burnmoor Crescent, Ingleton will be 90 on June 12th. She will be holding OPEN HOUSE that day and ANYBODY will be welcome 10am - 6pm.

HAPPY BIRTHDAY MUM from Louise, Allan and Chris.



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FROM COUNTY HALL



COMPETITIVE TENDERING

Warnings of too fast a move to competitive tendering were sounded in the full Council at County Hall yesterday. Although the County Direct Service Organisations have gained the tenders in most instances this has only been done at the cost of widespread redundancies, the loss of experienced staff and (because of loss of democratic control, and too much emphasis on saving) poorer services to you, the customers. Street lighting is a case in point. Complaints by councillors are not promptly attended to any more and the DSO concerned likes to collect at least a dozen lights out of order before it's 'worth' coming out from Northallerton. The result is lights are out for months and there are dangerous patches of darkness on our streets.

NATIONAL PARK REVIEW

There was also a row over the Edwards' report on the national parks. Almost everybody at County Hall disapproves of the recommendation that the Park Authorities are changed into Boards, each independent of local government - thus losing accountability again, like the Health Authorities. That didn't stop Tory and Labour leaders throwing out accusations of disloyalty when it was pointed out that the County has hardly been helpful over staff appointments and some aspects of finance. One good thing is that the Review recommends more representation of District Councils on the Boards, thus getting a bit nearer to the grass-roots concerns of local people.

REVIEW OF LOCAL GOVERNMENT

The third long debate, which took up the rest of this long morning, was about local govt. finance and Governments' proposals for reorganisation. My own view is that the present system plus a little adjustment here

9 and there is as good as we can get, for North Yorkshire at least.

But it looks as if we going to be forced into some sort of drastic (and expensive!) reorganisation like 1974. The trouble is the compromise between a set-up which is small enough to feel real to people and one - in certain services anyway, which is big enough to be economic.

EDUCATION

The Department of Education and Science has dreamt up a new system of assessing the numbers of children schools should take. I won't go into details - it's too complicated and hopefully won't affect us too much. More bureaucracy!

Many parents will have been troubled by reports in the national press about low standards of reading in our primary schools. The good news is that an independent survey of schools in North Yorkshire shows that 83% of seven year olds have a reading age above their actual chronological age. So be reassured - our primary schools are still the tops!

The picture is not quite so good when it comes to language learning in secondary schools. Only 32% of pupils in North Yorkshire gained an A - C in last year's GCSE in a foreign language, mostly in French, of course (24%). Believe it or not this was the 5th best performance in England. What we'll do when the Common Market really starts to bite I don't know!

The next step in Govt's take-over of local government functions is Further Education. Fortunately, Craven College is the only one affected in this area. How they'll organise this I don't know, particularly as ordinary sixth forms won't be touched.

HIGHWAYS

The Highways Department has been overwhelmed with requests for waiting restrictions, speed limits, vehicle restrictions, zebra crossings and traffic calming measures (the 'in' term for holes and humps in the road!) - over 910 in the first quarter this year! Lucky Bentham in being early in the queue with their new yellow lines.

County Councillor Ralph Atkinson.

A.I. HARRISON

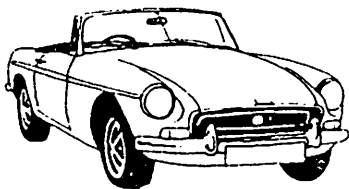
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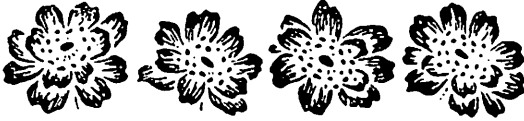
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WELL WORTH A VISIT

JOHNNY ONE-NOTE & DR. MELL-O



have been saving their pennies, so hopefully next month they will have some new material to review. However, in the meantime, DR. MELL-O offers some advice for those thinking of going to a MUSIC FESTIVAL this summer.

A wide variety of musical events are scheduled for this summer, although the legendary Glastonbury Festival is taking a well-earned rest. After "experiencing" Glastonbury in both 1989 & 1990, & the Reading Rock Festival in 1989, I have put together a list of useful tips to help you survive the pitfalls of summer festivals.

* Don't arrange to meet friends inside - you certainly won't find them during the festival, & may never see them again.

* Go in a group - useful moral support if (when?) your tent falls down.

* Take lots of toilet paper - always scarce it can become a useful source of currency towards the end of the festival.

* Give bands a chance - almost unknown groups can later become famous - like "Boo Yaa Tribe" who were one of the highlights of Glastonbury '90.

* Avoid "New Model Army" fans - you can't miss them - long hair, black leather jackets & clogs (if they step on your toe you may never walk again!)

1991 Festivals include:

* June - *The Great Indie Festival with 808 State, Gary Clail & Shamen at the Milton Keynes Bowl.*

* June 21/2/3 - *Festival '91 with Deee-Lite, Aswad & Debbie Harry.*

* June 22 - *The Wonder Stuff at Bescot Stadium, Walsall.*

* August 10/11 - *Summer of Love '91 with New Order, Electronic & Happy Mondays.*

* August - *Tipperary Festival with Van Morrison, James & Happy Mondays.*

* August Bank Holiday Weekend - *The Reading Festival with Sonic Youth, Iggy Pop, Cure & many other amazing groups.*



BENTHAM TAXIS

05242 - 62511

PROPRIETORS -

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AGE Concern

BENTHAM

In opening our report this month it gives us tremendous pleasure to congratulate George and Betty

Clarkson of Burton-in-Lonsdale, on their Diamond Wedding Anniversary on May 16th. George and Betty have been regulars at the Day Centre since the early days and appropriate celebrations were enjoyed by all on the 17th. Our Fridays are always enriched by their presence and the frequent spontaneous outbursts of "melody" are always greatly improved by the addition of George's beautiful tenor voice! Our love to you both.

There are rumours that the Day Centre has some sort of exclusive membership. It has! It is an exclusive club for ALL residents of Bentham & District who are "knocking on a bit". So, if you are one of that exclusive group, come and join us. We are justifiably proud of our 60+ exclusivity and flatly refuse to let "nippers of less" near the place. UNLESS? Unless they volunteer to come on our rota to fuss over and cosset us; only then can they regard themselves honoured members of Bentham's most exclusive club.

However, as far as the Friday lunches are concerned we are almost up to capacity. We might manage to provide one or two more, but we must give priority to those who may be referred to us by the Health Centre and we do deliver some lunches to those who may be house-bound, permanently or temporarily. If you haven't been in before, call in for a coffee from 10.30 a.m. onwards and see what we are all about. You will be just as welcome as on any Saturday Coffee Morning and you won't even have to buy raffle tickets!

Pat Smith does the bulk of the food preparation at home (52 lunches are produced each Friday). Other volunteers and committee members produce scones and various delicious puds from time to time. Then from about 9.30 a.m. Pat cajoles and bullies Doreen Salter and any other hapless workers around the kitchen floor like human chess pieces, until at mid-day Frances, Ruth, Ruth, Eunice, Elsie, and any other volunteers unlucky enough to be on the rota perform a kind of culinary Swan Lake around the kitchen. Meanwhile, Vi dons her jackboots, grabs

her stock whip and, putting on a brave face, ventures out into the Town Hall to keep the natives in order until "grub up".

Meanwhile, Kathy Townson writes out yet another birthday card in complete tranquility and husband Jim dutifully sticks out a wet tongue for Kathy to wipe the envelope flap and stamp over. Lissa Smith (dark horse that one), bombs over from her "safe house" in Settle on her broomstick in another vain attempt to curb the illicit numbers racket being operated jointly by the whist and domino groups, but beats a hasty retreat when she can no longer stand the frenzied, heavy metal, jazzing up of the Anniversary Waltz by Keyboard Kate (alias Kathy Ward) on her Wurliitzer, as yet another Friday afternoon Acid House Party evades detection.

While on the subject of law and order and affairs (public, physical and spiritual), we have made repeated requests for visits from our police, politicians physicians, and clergy, but with limited response. The invitation is still open, but we do appreciate that the need for security escorts may be off-putting and that police budget cuts might be reinforcing the Chief Constable's caution in sending in one unarmed Constable, without backup.

We have been very strict and enforce one house rule. All offensive weapons such as brief cases, stethoscopes, bishop's crooks and truncheons must be left at the door, along with our walking sticks, crutches, brollies, Zimmer frames, hats, pins, and handbags. We regret that our minders and bouncers have strict instructions to enforce this rule. Knitting needles are allowed provided that they are attached to a ball of wool and a half finished jumper for the chairman! We will endeavour to provide "safe haven" for any visitors and compensation for any muggings, but do check that you too have appropriate up to date insurance.

In conclusion, thank you Ruth (Garretson) and Susie for a fantastic evening at the volunteers party at Seat Hall Barn.

Oh yes! I almost forgot, Kathy Johnson also earns our gratitude. She clears up after us, and removes all traces of grass, speed, smack, crack, and spent hypos from the joint!!

LOCAL EVENTS IN JUNE

- Sat 1st St Margaret's coffee morning at the Town Hall 10- 11.30am.
The rock band 'Do It' at the Horse & Farrier
- Mon 3rd St John's Womens' Fellowship 2pm at Tenby, Low Bentham Road. Closing meeting for the session, speaker Pat Smith - report on China.
Town Council Meeting in the Town Hall at 7.30pm.
- Thurs 6th N.S.P.C.C. Monthly meeting at 3 Springfield Terrace at 1.30pm.
- Sat 8th Lowgill Sheepdog Trials & Sports. (See Bentham People Page for details)/(p3,4)
The Leeds band Travesty at the Horse & Farrier.
St John's coffee morning in the Town Hall 10 - 11.30am.
- Sat/Sun 8th & 9th BCTV (British Trust for Conservation Volunteers) Yorks Dales Group - Project at the Yorkshire Dales Railway, Embsay, Ring R. Turner 0756-798203 or D. Edwards 0532-825816 for further details.
- Wed 12th 'David Foley' entertains at The Coach House.

Listing for Local Events

Day.....

Date.....

Event.....

.....

Venue.....

Please complete and return to Lesley Barker
or hand in at Churchill's

14

- Thurs 13th Guided evening walk (in conjunction with Forest of Bowland AONB) via The Great Stone and Tatham Fell to Lowgill Village (4/5miles) Leader Colin Clapham tel 62326; meet at the Green Smithy crossroads, Mewith 6.30pm.
- Sat 15th **BENTHAM CARES DAY** in aid of **BENTHAM NEWS** in the Town Hall 10am - 3pm.
Annual HORSE FAIR all day
The return of 'Fully Qualified Survivors' at the Horse & Farrier.
- Burton In Lonsdale Gala in the Recreation Field at 2pm.
Guided Circular Walk via Ingleton and Burton in Lonsdale (8 miles). Leader David Stubbs tel 61430 meet Lairgill Car Park 10.30am.
- Sun 16th National Garden Scheme, open garden at Clearbeck House, Higher Tatham. Teas in aid of Church of the Good Shepherd, Tatham Fells.
Bentham Methodist Church, Chapel Anniversary 10.30am & 6.30pm.
St John's Morning Praise at 10.30am. Visitors from St Mary's Riddlesden. Picnic in Rectory garden afterwards.
- Fri 21st **Waste Paper Collection** at the Legion Hall 8.30am - 11am.
Proceeds to N.S.P.C.C..
Tennis Match 6.30pm at High Bentham Playing Fields.
- Sat 22nd Operation Raleigh coffee morning in the Town Hall 10-12 noon.
The best of the 60's from the 'Sixtyniners' at the Horse & Farrier.

Sat/ Sun 22nd & 23rd BTCV Project at Hebden near Grassington. Ring R. Turner 0756-798203 or D. Edwards 0532-825816 for further details.

Sun 23rd Secondhand Book Fair at Ingleton Community Centre.

Mon 24th Ewecross Historical Society, Walk round Kendal. Meet at Kendal Parish Church at 7.30pm. Names to Mrs Mason Tel 61382 if transport is needed.

Thurs 27th National Trust Gardens Visit. (Biddulph Grange), Coach leaves Bentham at 8.30am. To book Tel 61406.

Fri 28th Men's Tennis Match V Kendal at High Bentham Playing Field at 6.30pm

Sat 29th National Garden Scheme, open garden at Clearbeck House, Higher Tatham. Teas in aid of the 'Save the Children Fund'.

Bentham School 'Garden Fete' 2pm - 4.30pm.

The Lancaster Band 'No Entry' at the Horse & Farrier.

High Bentham C.P. School walking treasure hunt & barbecue at 6.30pm. Adults £1.50 children 50p. Grand summer raffle to be drawn.

Bentham Methodist Church coffee morning in the Town Hall 9.45am - 11.30am.

Sun 30th Family Rambling Day. Special outing between High & Low Bentham along the banks of the Wenning (including Treasure Hunt, Nature Trail etc. for families with children 3-8 years) Bring picnic lunch, some refreshments on route. Meet Horse & Farrier 11am. Push chairs welcome at owners risk. Ring 61881 for further details.

LOCAL EVENTS IN JULY

Mon 1st The Countryside Society evening walk along the Wenning bank to Camp House. Please meet at Hornby Institute car park at 7pm. Guide Jennifer Newton.

Wed 3rd Burton in Lonsdale W.I. coffee evening/bring & buy sale at BURNCROFT, Robin Lane at 7pm.

OPEN DAY in aid of CHRISTIAN AID at PARKINSONS FARM (by kind permission of Mr & Mrs Atkinson). Admission 50p including refreshments.



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HEALTH NOTICEBOARD

GIVING UP SMOKING

Would you like help to stop smoking?

We are planning a stop smoking group at the Health Centre to start over the next few months. It will consist of 5 weekly sessions, lasting an hour. During this time help, advice and practical tips will be given to encourage and support you in giving up smoking once and for all. The only commitment from you would be to try and attend all 5 sessions and decide to stop smoking during the 5 week period. If you would like to come along or to discuss this further, please contact Christine Hodson or Judy Park at the Health Centre. Tel: 61202

"I couldn't have stopped without the group."
(Previous group member).

THREADWORMS

Threadworms are very common, particularly in children. As the name suggests they are a half to one centimetre long and look like white sewing thread. Most people are unaware they have them but as the most common sign is itching of the bottom at night (when you are warmest) it can cause irritation both to the skin and a child's temper the next day. Treatment is simple from your doctor or ask at the chemist.

HEADLICE

Head lice are once more amongst our children here in Bentham..... BUT don't forget to check the hair of adults, friends and relatives too, as often the way these crafty creatures survive is from head to head on people outside the school. I have been asked "why can't everybody be treated at once"and the answer is that it would be a little like taking antibiotics in case you might get flu. You cannot stop the lice by putting lotion onto everyone's hair. The white pin head sized egg cases are empty and "glued onto hair strands". They can be present for a long time after treatment but are harmless. Please contact the Health Visitors if you are unsure or worried.

Treatment for the whole family is available from the Health Centre.

SUPPORT GROUPS

Many people and their families gain information, practical and other types of support and help from various self help groups. There are many groups nationally for almost all illnesses, diseases and groups of people. Many large organisations have local groups and run on a voluntary basis. Please ask me if you would like information or addresses of these groups or to discover if one exists for your particular condition.

One group I would like to bring to your attention is CRUSE. This is a national organisation which has a large and active group in this area called CRUSE in CRAVEN. The counsellors are trained in helping people and families who have been bereaved. There is individual help as well as group support and social activities. For information or help ring 0535-634373.

Christine Hodson, Health Visitor

TENNIS

Men's Team: Kendal League Division I: After the disappointment of the first fixture of the season at Milnthorpe having to be abandoned because of continuous rain & impending darkness, Bentham's league matches started at Kendal with an encouraging 4-0 victory. Bentham's first couple had a solid straight sets victory over the home team's first couple, but had to demonstrate considerable resolution to overcome Kendal's second couple 7-5 in the third set. The reverse was true of Bentham's second couple who caught Kendal's second couple somewhat cold & won in comfortable straight sets, but then had to dig-in to take the third set against Kendal's first pair.

TEAM: John Bell, Alan Warde, Colin Brown & Ken Robertson.

IS THERE A TENNIS CLUB IN BENTHAM?

The re-surfacing of the courts has brought a number of enquiries as to whether there is a tennis club, & if so how to join it. The fact is that at present there isn't a club, although there are some who enjoy playing tennis regularly, summer & winter, in Bentham. However, heartened by the new surge of interest in tennis in Bentham I would be interested to hear from anyone who would like to help revive BENTHAM TENNIS CLUB. One of the purposes of this would be to regulate the use of the courts, & perhaps to provide some form of priority booking (members before non-members), & to generate a small income to help with the upkeep of the courts.

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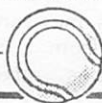
CUT & BLOW DRY	£5.00
HIGHLIGHTS	£13.00
PERM inc CUT	£15.00

TEL BENTHAM 62663

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There might also be a club night with some social tennis, even some coaching. At present I propose holding a tournament in July, the format of which would depend on who enters!

Please contact **KEN ROBERTSON**, Lakeber Drive, Bentham (61285) as soon as possible, both about entering the tournament & joining the club.



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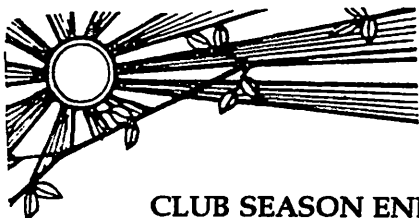


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open ALL day Saturday.



CLUB SEASON ENDS

Off the Wall ended its first season with a flourish on 27th April. Christine and Jim Hodson's mexican cuisine married with a solo set from London singer Leah of her own songs mixed with Irish ballads, followed by rocking blues from local Clapham band 'Built for Comfort', made for a memorable evening. The combination of the goodwill from the splendid wedding Off the Wall the month before and a mild end of season flavour pulled in many guests along with the regulars, making an absolute wall

to wall Off the Wall....(ahem)

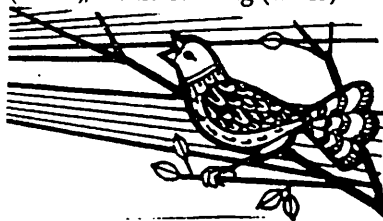
However, Off the Wall is not going to the wall... Although it has finished for the summer, it will be back again in the autumn, and plans are already under way to make the second season even better than the first. In particular organisers are trying to find local non-musical cabaret acts to make entertainment more varied, and any helpful suggestions would be gratefully received. The possibility of club dates with a central theme is also being explored, where the decorations, food, entertainment and hopefully even the audience's dress can combine to create, for example, a mediaeval banquet or a Victorian music hall.



The organisers of Off the Wall are trying to assemble a good set of catering equipment, crockery and cutlery to ease the work of providing food at the club, and would like to hear from anyone with second hand cups, plates, pots, cutlery to donate or sell cheaply. Decorative bric-a-brac, 'period' furniture and large house plants that could be borrowed occasionally would also be useful.

OTW re-opens on Saturday 28th September... in the meantime watch out for the rumoured Off the Wall summer barbecue.....

Contacts for OTW, Anne Corrigan (62327), Jane Callus (62277), Keith Cowling (62043).



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BENTHAM PEOPLE

PERSONAL THANKS

Mary and Helen, the sisters of the late Dick Dobson, thank most sincerely all those who sent kind expressions of sympathy and flowers at the time of Dick's death. Special thanks to Mr W. Harrison, Mr R. Hutchinson and Mr E. Brown for all their help.

To Allan - Thank you for putting up with me for 30 years. I don't know how you managed it, but here's to the next 30!
Love you - LOU.

We would like to thank customers and friends for asking about Chris after his accident. He is home now, so if anybody wants to call and see him, please do and a special thank you to our staff, We wouldn't have got through so well without your support.
Louise & Allan.

I would like to say thank you very much to everyone who sent me get well cards, flowers etc during my stay in hospital.
Mrs E. Mitchell, 1, Banks Rise, Bentham.

Harold & Ruth Ryder wish to thank everyone who sent lovely cards and get well wishes during Harold's illness. He is now out of hospital and feeling much better.

The Coffee Morning held in May for the Scout Group raised £150. Our thanks to the traders and people of Bentham who donated or helped with this event. -

The recent house to house collection held for NSPCC, in High & Low Bentham, realized £560.55. Many thanks to all who helped and supported this event.

Wray Endowed School would like to thank everyone who supported their raffle, by kind permission of Louise at Bruns'. Also the businesses at Bentham who donated prizes. The total raised was £72.60.

WELL DONE!!

Richard Faraday(17) of Egerton Lodge Farm has recently received awards for his football abilities from both Ingleton 1st team and North Lancs & District under 18's who he plays for. At Ingleton he was awarded 'Young Player of the Year' and 'Players Player'. For the North Lancs team he got 'Player of the Year' and 'Man of the Match'.

FORTHCOMING EVENTS

Lowgill Sheepdog Trials and Sports on Saturday 8th June at Lowgill Village. Open Events, 1pm Fancy Dress, 4-4.45pm Boys five-a-side football. 6pm Adult sports. For further details please ring R. Taylor, Botton Head, Tatham.

EMPLOYMENT

Student /Teacher is willing to look after young children during the summer vacation, July & August. Light domestic duties included, also painting and reading offered to those interested. Tel Bentham 61767.

WANTED:-Experienced machinist or home dressmaker to help make up jogging suits 2 to 3 mornings per week. Apply Bentham Sportswear Tel 62001.

LOST

Pair of safety glasses and silver biro in brown leather case. Finder please ring 62172.

Lost between Lane Foot & Greystonegill Bridge on May 10th, Man's ACCURIST wristwatch, rectangular face, brown leather strap. Sentimental value. Please ring Lesley 62040.

FOR SALE

2 pairs Ladies shoes, 1 pair slippers. All size 8, new in boxes. £25 the lot or will separate. Tel Bentham 61977.

YOUR LETTERS



BN has received an enormous postbag in response to Gill Barron's letter in the last BN. Space dictates that we edit the letters, but we have tried to include all the points of view raised, and to retain the flavour and depth of reader's feelings.

Graham Barnes, 'West Borranhead', Mewith.....

Perhaps I too could have taken a detached and philosophical view of the arrival in our area of a variegated bunch of undesirables and accompanying animals, like the correspondent in your last issue - Miss or Mrs or Ms Barron, had they not chosen to park their motley assortment of vehicles at the bottom of my drive. However, I have good news for her. They are looking for somewhere to move on to, who knows? Our loss might be her gain.

I would have far more respect for those who wish to 'drop out' from society, if they took their decision to its logical conclusion and went off to live on some uninhabited offshore island. As it is, they contribute nothing, they belong nowhere, and far from being independent and self sufficient, they constitute a nuisance and an eyesore wherever they go.

Audrey J. Coates. Halsteads Barn, West Borranhead, Mewith.

....I did actually notice that the 'hippies' were established near Lairgill but I did not complain as I thought the Town Council and Cllr Atkinson would already be dealing with the situation. With hindsight, and discovering that not 'yelling at the buses' is interpreted as approval, I most certainly would have done so!

How magnanimous to be prepared to move a vehicle to allow a funeral procession access to the Burial Ground - but what about individuals wishing to visit at other times and feeling intimidated by having to pass through such a motley collection of persons, vehicles, dogs and MESS.

The visitation of the hippy convoy at Mewith Head was uninvited and unwelcome. I am amazed that people can prefer to live at this very basic level. Perhaps Ms Barron could help clear the site when her friends move on?

We have discovered this week that 'getting the hippies' is similar to contracting a very unpleasant, anti-social, infectious disease. Reaction from other people is first sympathy, and then relief that for the time being at least it is our problem not theirs.

I do not agree with the claim that these people are 'providing their own accomodation at no public expense' - with each injunction or court order to evict them costing in the region of £1,000 I consider them very expensive to the area.

The 'there's plenty of space round here for us all' philosophy is naive as everywhere these people illegally plant themselves causes others expense, anxiety and inconvenience. The rest of us buy or rent our bit of space - we don't just move in.

M. Parker, Mewith Head Farm, Bentham.

I feel that unless Ms Gill Barron was writing 'tongue in cheek' regarding the hippies living in buses, in your last issue of BN, I must make some comment and observations.

Having been moved from Lairgill (quite rightly in most peoples opinion) and also from land at Clapham Station, they have moved in at Mewith with, speaking for ourselves, disastrous results, our lives have been turned upside down by large dogs running loose through our sheep and unkempt young men riding motor cycles over the fell with the same results, regarding the sheep, as the loose dogs.



continued from previous page

They leave their own waste products to contaminate the land, they throw their rubbish all over and their encampment is an eyesore.

However the worst part about the whole affair is something that nobody seems to care about and that is the fact that young children are being brought up in these buses, with no water supply and no sanitation, it seems to me that this is the next generation of drop outs, who will know no better that live in these dreadful conditions and will never be accepted by normal people, always supposing that is, they survive the health hazards imposed upon them by their parents.

This letter could go on for a lot longer, but I will close by saying that if Ms Barron is so keen to see us all accept these people, she should perhaps offer them a proper roof over their heads and give them some lessons in hygiene and manners, until such time the sooner an order for them to move on arrives the better.

G. Blackwell, 6, Lairgill Terrace, Bentham.

.....Her condemnation of Cllr Atkinson was totally uncalled for, her assertion that the residents of Lairgill were quite happy with the situation was completely wrong. I was one of many who registered complaints about the 'hippies'. Telephone calls to the District Council and County Hall bore no results until Cllr Atkinson became involved. He did as he was asked to do and rid us of a problem which if left alone could have got worse. I don't really think that Ms Barron's tolerant, friendly and sensible world would have put up with these people for long wherever they had parked.

Dogs rooting in bins, loud music late at night, no toilet facilities, people frightened to visit the cemetery, people openly urinating... this does not make for happy neighbours. Let them look elsewhere. WELL DONE Cllr Atkinson, perhaps we can start on June's influx of Gypsy problems, same problems different faces.

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Helen Houldsworth, 5, Lairgill, Bentham.

....Far from Cllr Atkinson being on a 'private crusade' there were at least five complaints made to him from Lairgill residents alone, myself included. The buses were a positive eyesore ('grand double decker'!!) parked by the only entrance to the graveyard where mourners would have to negotiate untethered dogs and garbage to pay last respects. This is hardly private and out of everyone's way, perhaps it was as close as they could park to the graveyard standpipe and to heck with consideration for others. Cllr Atkinson acted on behalf of his constituents and his persistence deserves admiration not condemnation and I for one am grateful to him. Thank you Councillor.

J.M. Foster, Pretoria, Robin Lane, Bentham.

.....Although I am not a resident of Lairgill my husband and I often walk down Butts Lane and along Lairgill car park. We thought the 'buses' parked at the entrance to the graveyard and the rubbish that had accumulated around them an absolute disgrace and I for one was glad of Cllr Atkinson's intervention which instigated their removal.

My husband (born and bred in Bentham!) and I would like to take this opportunity via BN to thank an 'outsider' such as Cllr Atkinson for all the good work he undertakes in the community on our behalf.

Jean West, 7, Lairgill, Bentham.

.....There appear to be quite a few facts of which Ms Barron was not aware...

Firstly a good number of Lairgill residents complained on several occasions to Cllr Atkinson; also to Craven District Council (on many occasions), and their representative visited both the site, at least twice, and the complainants.

The land the buses and vans were occupying is owned jointly by CDC and NYCC, which made things rather complicated.

continued on page 22

Added to this the fact that the Council uses the area to tip roadstone etc. - which is used for road repairs - whilst the buses were there they could not do this.

People are certainly entitled to live how they please, but not on other people's property and certainly not where their presence infringes upon other people's everyday living. What is more, along with the occupants of the buses, were several dogs - roaming loose, chasing sheep, coming onto Lairgill, ferreting in and upturning the dustbins and tearing open bin bags; defaecating and urinating in people's gardens.

Furthermore, on one occasion, we were 'treated' to a very loud music concert - very late one evening / early hours of the morning. Not only were children disturbed, but also adults who had to get up early for work!

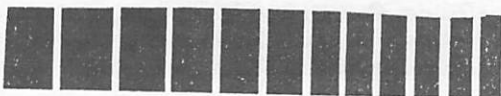
Regarding the Injunction or Order of Possession; there were numerous notices placed on and around the car park. The 'hippies' certainly saw them, as one was actually seen tearing and smashing one of the notices. I agree that the court proceedings were costly and time-consuming, but these should not have had to take place. However, it would have been a lot more costly, and certainly a deal more ugly, and sad, if police with dogs and truncheons had to be brought in to deal with the situation, in order to enforce the law.

Finally, it should be public knowledge that, after the buses had gone, Cllr Atkinson went personally and spent 2/3 hours cleaning up the piles of rubbish and filth left by the travellers. It is perfectly possible for anyone with transport (which the travellers had) to go to Settle refuse tip; what is more the local refuse collectors are very good and will take most things on request. P.S. My husband and I lived in a tent for 9 - 10 weeks on appointed sites, and still managed to keep ourselves clean and tidy, and take our rubbish to the appropriate place.

.....Whilst people have every right to live as they please, they should do so with some thought for others who are affected by their ways and standards of living. One of the reasons I moved from London was to get away from the dirt and filth associated with large cities; I certainly did not relish having it appear at my back door in a North Yorkshire village! To see the hippies actually urinating in full view by the buses and vans was not only offensive, but certainly very unhealthy - if this had been summer - well the mind boggles.

Not only were their dogs roaming and causing quite considerable annoyance they were also chasing sheep.....Incidently I attach no blame to the dogs themselves - merely the owners.

The fact that very young children were also living in the buses was of great concern. To be frank a damn good wash wouldn't have hurt any of them (adults and children alike). Why should the adults impose their lifestyle on the children? After a complaint by one of the Lairgill residents, concerned about the conditions in which young children were living, a local health visitor was seen to be visiting several times, and one of the local doctors; the visits were not requested by the hippies and health workers are far too busy to be paying unnecessary calls.....



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GREEN COLUMN

It was inevitable.

This column is about the bicycle.

WHY BIKES?

Greens are generally very pro-bicycle. The recognise the bike's versatility and gentle impact on the environment, both in production and use. Using it as transport often has positive health benefits for the user. If more journeys were by bike, carbon monoxide (global warming), as well as nitrogen oxides and organic compounds (ozone depletion) would decrease. A 1980 study calculated that if just 10% of cars trips under 10 miles were made by bicycle, the country would save 2% of total consumption of oil. Greens are bothered that it is getting harder (when it should be getting easier) to use a bike in conjunction with the train. Rather than finding ways to increase bike use, orthodox thinking does not take the bike seriously. Greens tend to take the bike more seriously, as part of a developing understanding of environmentally sound public and private transport.

USING IT

The other day, on TV, a keen cyclist waxed lyrically about the "sweet spot", experienced when riding your bike is not simply a momentary pleasure, but joy itself. More prosaically, I have a few neighbours (some not young) who use their bikes for a quick shop in Bentham. Some people get them out on a lovely day and take leisurely rambles through the countryside. Some go on weekend tours together. One local man is a professional racer. It does take a lot of effort to make even a short trip on a bike (especially when its raining). But it seems obvious that a lot of our present habits (like overuse of cars) must change or we will destroy our planet. I would say that, even here and now, your bike is much more useful than you think.



BIKE FACTS

In Asia, bicycles often make up two-thirds of rush hour traffic in cities. In the Race Across America, racing cyclists do 350 miles a day for nine days. There is one bike per two persons in cities in China, 300,000,000 bikes in the whole country. In Bangladesh trishaws alone transport more tonnage than all motor vehicles put together. The average American male is said to spend four of his 16 waking hours driving his car or gathering his resources for it. In Germany, Denmark and Netherlands bike owners outnumber non-owners. In this country (1987) the number of bikes and cars produced was about equal. The car uses 1,860 calories of energy for each passenger mile, the bike 35. Even walking takes about 100, which leads some to call the bicycle the most efficient mode of human transport (I am not sure they consider hang-gliding though)

DEATH AND INJURY

Please look out for cyclists. An accident with a cyclist means almost certain injury for the biker and a scratch or two for your car. Look in your mirror before opening the car door. It is very easy for a motorist to knock a cyclist over. Small children are especially at risk. but above all,

GET ON YOUR BIKE

(after checking the mechanics)

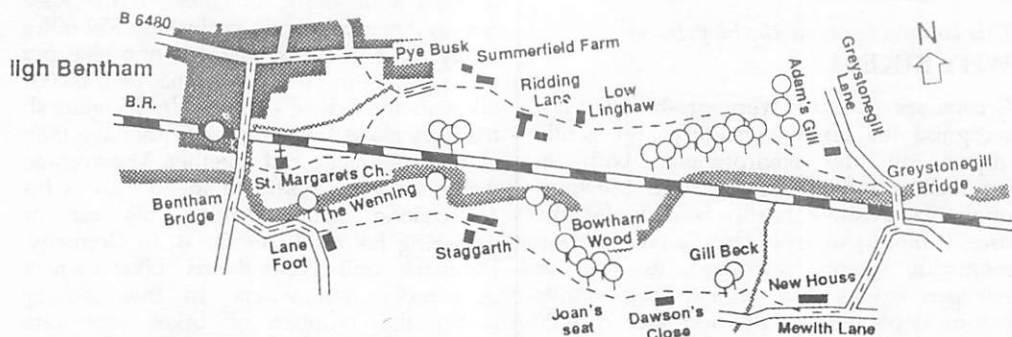


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BENTHAM'S FOUR FOUR SQUARE- MILE WALKS



(ref FOOTPATH MATTERS in BN No 54 April 91 p. 26)

No 1 SOUTH EAST: up the Wenning Valley, to Greystonegill Bridge.

1, TO LANE FOOT. From the centre of Bentham, go down Station Road, over the railway bridge and then the modern steel and concrete Bentham Bridge across the Wenning. Look over the bridge, if you wish, and try to imagine the old, diagonal weir, which provided local bathing (and skating) in days gone by. On the far side of the bridge, turn left and follow the lane along for about 200 yards between the river and the old quarry (wondering what all the stone extracted there was used for), until you come upon the footpath sign, pointing left towards "Mewith Lane".

2, TO STAGGARTH. Through the step stile, follow the path along the left of the hedge. At the first gateway (with squeeze stile alongside), continue ahead across the field to the conspicuous step stile (observe the stones worn by generations of walkers) where the path converges on the river bank. Over this stile, set a course straight ahead across this large pasture (which in winter months provides a junior football pitch) to the gateway at the end. Pass through (or use the stile beside it) and keep ahead along the right of the wall (here constructed of water worn stones from the river bed), bending round to the right as you approach the river again, and then round to the left to the remains of a stone wall. Staggarth Farm is now visible ahead across the next field

(which is occasionally occupied by caravans; make for the centre of the farm buildings, and pass through a metal gate into the farmyard.

3, TO NEW HOUSE. Walk through the farmyard, closing any gates you need to open, and out into the rising pasture beyond. Here the footpath follows the traces of a former cart track, which bears slowly to the right to the next gateway (usually kept locked), with a good stone stile alongside. Having crossed the stile, keep ahead and to the left along the top of Bowtham Wood, which here clothes the precipitous river bank. You are now high above the river, and (weather permitting) enjoy a superb view of Ingleborough in the distance with the pastoral fields and farms of the Wenning Valley spread out below. The path bends round to the left following the top of the wood and then strikes in a straight line for the far right hand end of the field, passing the wooden seat ("in memory of Joan Atkinson") near the wall on the right. Ahead another gateway (and stile) takes you alongside the old tree lined lane down to the old, unoccupied farm house, Dawson's Close ("Is there anyone there?" said the traveller). Pass eastwards through the farm yard, through a small paddock, over a small stream, and make for the finely-proportioned squeeze stile a little to the right ahead. In the next field the path continues to follow the old cart track, swinging slightly right to the next gateway (with stone stile adjoining). Passing through this turn a little to the left and make for

another stone stile in the corner under the trees. Cross this and follow the well worn path through what remains of Gill Brow Wood (a favourite area, this!) to the footbridge over Gill Beck (this awaits repair, so cross cautiously). Now turn right up the bank to the next robust stile, cross over and keep to the left along the hedge, and you will soon pick out the footpath sign which takes you out on to Mewith Lane, just this side of the New House (which has been "New" for some centuries).

4, TO GREYSTONEGILL BRIDGE(S).

Follow the road a short way past New House, and turn left at the road junction towards "Ingleton", and you are soon down at the railway bridge and beyond that Greystonegill Bridge, beloved of local fishermen and residents for generations. This is the turning point of the walk,

5, TO RIDDING LANE FARM.

About 20 yards north of the bridge, another signpost indicates the way back to Bentham through a small gated stile. From here the way ahead is clear, in a straight line to the gap stile in the wall ahead near the river bank. Now you bear rather more to the right, over another stile, and make for a break in the trees at Adam's Gill. The footpath now follows the upper edge of the woodland masking the disused quarry (where stone for the railway was obtained 140 years ago). After two fields with good stile boundaries, the path then crosses a narrow rising field to a stile in the bank ahead. Here you follow the track about half left to a stone stile in the far hedge; from here Ridding Lane Farm buildings are visible, and you soon converge on them, passing the old barn with date stone known as Low Linghaw.

6, TO COWSLIP HILL. Pass through the gateway into Ridding Lane Farm yard, bear right and then left around the north side of the large silage store. Continue ahead in the next field, the footpath running parallel to the wall to the next stile. Here bear more to the right, over another stone stile and then in a direct line up towards Summerfield Farm. Cross a wooden stile, turn left, keeping the converted barn, Wenningdale, up on your right, and aim for a small

wooden stile on the skyline. This takes you into a small paddock which you cross diagonally to a further stile in the far corner, which brings you into Fowgill Lane (West) leading to Cowslip Hill and Bentham not so far ahead.

7, RETURN TO BENTHAM. At the west end of Fowgill Lane, there is a choice. Either cross the stile straight ahead, follow the path down the hill to cross the small stream and half right up to Pye Busk, and out onto the Main Road at Springfield. Alternatively, cross the stile on the left at the end of Fowgill Lane, follow the hedge down to the railway line, cross over (with caution), turn right, and cross two fields, passing alongside St Margaret's churchyard, and down to the Slaidburn Road just south of the railway bridge.

Len Moody

(Thanks to George Pickett for the Map)

On the evening of 1st May 1991, some twenty members of Bentham Footpath Group walked this route and completed it comfortably in two hours. However if exploring the route for the first time, or if you linger en-route for any purpose, more time will be needed.

RECOMMENDATION. Take with you, if possible, a copy of the Ordnance Survey Pathfinder Map, Sheet SD 66/76 (High Bentham & Clapham) to supplement these necessarily brief instructions. Also remember the Country Code, a copy of which is available at the Tourist Information Centre, the Library and is reprinted below.

COUNTRY CODE:-

Enjoy the countryside & respect its life & work

Guard against all risk of fire

Fasten all gates

Keep your dogs under close control

Keep to public footpaths across farmland

Use gates and stiles to cross fences, hedges & walls

Leave livestock, crops and machinery alone

Take your litter home

Help to keep all water clean

Protect wildlife, plants & trees

Take special care on country roads

Make no unnecessary noise.

TOURIST INFORMATION

The Tourist Information Centre is now open daily, except Sundays, for the summer season - the hours of opening being:-

MON-TUES-THUR-FRI 10am - 4pm
WED-SAT 9.45am - 4pm

The interior of the Centre has recently taken on a slightly more professional look with the acquisition (by kind permission of the Yorkshire & Humberside Tourist Board) of a modern counter and display unit.

We have on display an extensive range of literature covering this immediate area, including a new Bentham Mini Guide; the Yorkshire Dales; North Yorkshire; East Yorkshire & Humberside; North West Lancashire and Cumbria - in addition we have a selection covering other well known and popular areas of the Country. Indeed we have had many complimentary remarks from visitors on the excellent range of literature available from this TIC.

One of the many advantages of being part of the English Tourist Board's "network" of TIC's is the range of reference books and brochures made available to the Centre, covering a variety of subjects, all designed to assist staff in answering visitors questions. These include Museums & Galleries; English Heritage; Historic Houses Castles & Gardens; Gardens of England & Wales; National Trust Handbook; Youth Hostel Accommodation Guide; Accommodation guides covering Farm Houses, Hotels, Holiday Homes, Camping & Caravaning in England & Wales. The range of holiday brochures is varied and covers a number of popular resorts; in addition we retain for reference purposes only, a much wider range, examples of which are as follows: Scotland-Loch Lomond, Orkney, Scottish Borders; East Anglia-Great Yarmouth, Norfolk; South East-London, Folkestone, Canterbury, Southend, Brighton. Eastborne; South West-Devon, Cornwall, Somerset, Dorset; Wales; Isle of Man & Isle of Wight.



Anyone wishing to peruse any of the above books within the confines of the Centre are welcome to do so.

Let us not forget either the very popular FREE tourist newspapers available through this TIC. They include the Yorkshire Dales Visitor and the Leeds-Settle-Carlisle Express, both of which are well worth reading. The same applies to the various 'What's On' leaflets, these cover all the main events due to take place during this year.

The Craven 'What's On' leaflet covers main events in this area, whilst we also carry stocks of the Yorkshire & Humberside, Herriot Country & Richmondshire 'What's On'. All very useful to keep for reference.

Our other services include railway and bus timetables also information on channel boat services.

Finally, in addition to the above information, we have available for sale a good range of Ordnance Survey maps as well as various other interesting publications, including the very recently published Craven Guide, priced at £1.95 which should be of interest to all the local population. As you will have gathered there is a wealth of information in the Centre, Please call in and see for yourselves.



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These recipes are from the kitchen of Sharon Parkinson, who came to Bentham from America. The first is from her mother's cookbook.

RHUBARB CUSTARD PIES

Ingredients

make enough shortcrust dough for two pies
8ozs plain flour

2 1/2 ozs margarine

2 1/2 ozs lard

2 tblsp icing sugar

2 tsp lemon juice

1 egg

Rub all the dry ingredients together and bind with the egg and juice.

For the filling

1, 3 eggs (separate & beat whites until stiff-not dry. Yolks, beat slightly with 2/3 tblsp single cream (milk is fine)

2, 2 cups sugar (about 14oz), 4 tblsp flour, 1/2 - 3/4 tsp nutmeg, Mix together and add to the above.

3, Four cups chopped rhubarb, add to the above.

4, Fold in lightly beaten whites combining all together.

5, Line pie dishes with half the dough and fill with the rhubarb mixture. Cover the tops with the other half of the dough in lattice pattern. Sprinkle with sugar and nutmeg.

6, Bake at 375f-400f for 50 -60 minutes, until nicely brown on top.

Serve Warm or Cold.

GREEN RICE

beat 2 eggs and add:-

2 cups milk

2 cups grated cheddar or gloucester cheese

1 cup chopped parsley

1/2 cup chopped onion

1/2 cup green pepper

1 clove garlic (or garlic salt)

1 tsp salt

1/4 tsp dry mustard

1/2 cup salad oil

2 cups cooked rice

Mix all together Bake at 350f (160-170c) for 1 hour.

Freezes well and can be heated up later.

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EDITORIAL INFORMATION BENTHAM NEWS is published at 7, Jubilee Buildings, Main Street, High Bentham by an editorial committee consisting of Tony Bennett, Shirley Brown, Tom Cahill, Keith Cowling, Wendy Dowbiggin, Debbie Garman, Jill Matthews, Ken Robertson, Kate Steele, Pam Woof and our co-ordinator Lesley Barker.

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For all information, including advertising rates, listings and subscriptions please contact Lesley Barker on Bentham (05242) 62040. Items for publication can be left at the house or at Churchill's shop during opening hours.

THE FINAL COPY DATE FOR PUBLICATION IS THE 15TH OF EACH MONTH.

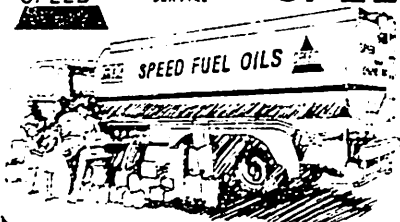
Every effort is made to ensure that information contained in the paper is correct. However, **BENTHAM NEWS** is an open access paper and views and opinions expressed are not necessarily those of the editorial committee. The committee reserves the right to edit contributions, including letters. Please note that although we are willing to withhold names on request, names and addresses must accompany all items for publication.

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CHURCH SERVICES.

St Margaret's C of E, High Bentham.

SUNDAY 8am Eucharist. 10am Parish Eucharist & Junior Church. WEDNESDAY. 9am Eucharist. Mothers Union 2nd Tuesday each month in the Legion Hall at 2pm. Enquiries Mrs Field 61084

St John the Baptist, Low Bentham.

1st Sunday 8am, Holy Communion, 10.30am Family Service. 2nd Sunday 10.30am, Holy Communion, 3pm Village Hall. 3rd Sunday 9.15am Holy Communion, 10.30am Praise Service. 4th Sunday 10.30am Holy Communion, 2pm Village Hall. 5th Sunday 10.30am Worship & Holy Communion.

St Boniface Catholic Church.

Saturday 6.30pm. Sunday 9.30am & 11.15am, Easter to September 30th. Holy Days 10am & 7.30pm. Week day services, see times in the porch.

Methodist Church. High Bentham.

Sunday Worship 10.30am & 6.30pm. Junior Church 10.30am. Fellowship Meeting Tuesday 7.30pm. Bright Hour 2.15pm. alternate Tuesdays commencing the 2nd October. Springboard 7-10 years Monday 6.15pm. Breakout 11-13 years Wednesday 7.00pm. Jam Club 14 plus Friday 7.30pm.

Methodist Church, Low Bentham.

Sunday Services & Sunday School, 10.30am. Afternoon Service 2pm.

Religious Society of Friends, Quakers.

Meeting for Worship, Sunday 10.30am.