

BENTHAM NEWS



FIVE YEARS OLD!

Yes its true, we're five years old this issue. Our first edition was in November 1986! And looking back we have good reason to feel proud of our achievements. We have kept the local news and debate coming through your doors, and although the paper stays free to everyone in Bentham, over 5 years we have increased the size from 12 to 24 pages. During those years we have had some notable successes with our coverage of local planning issues, railway rundown and the visit of the (then) Home Secretary, Douglas Hurd. We have supported and encouraged local organisations and businesses; and just to remind you not to take us too seriously, there was the famous 'April Fool' issue in 1989.

But this is not all. BN helped to set up Bentham Publications, which produced the magnificent Town Guide, and we are now helping to set up a charitable Town Trust which will promote and support local organisations and initiatives. We hope that you, our readers, enjoy the next five years of Bentham News.

THE 5 YEAR 'ITCH

If this paper gets to you later than usual, we apologise! Just when we were congratulating ourselves on being on time consistently for 60 issues, things started to go wrong! Our printers and pillars of support at Logo Labels had problems with their laser printer just as we went to press, and the paste-up was delayed while Nigel Cottam struggled to get their machine repaired and then scoured the North of England for another firm who could print our master pages.

Well, after stirring efforts by everyone at Logo and our Co-ordinator Lesley, and a last minute printing marathon, here it is! Better late than never, and five years old this issue!

NOVEMBER 1991

ISSUE 61



TOURIST INFORMATION

The Tourist Information Centre closed its doors for the winter on Saturday 26th October. We would like to express our sincere thanks to all the volunteers who have helped to man the centre this past season. Our thanks also go to the Bentham Town Council, the Craven District Council as well as the Yorkshire and Humberside Tourist Board for their continued and invaluable support, without which an Information Centre could not be sustained in Bentham. Finally, thanks to everyone for the support given to the two coffee mornings held during this past year, which proved very successful; the proceeds from which help towards meeting the ever increasing overheads. The 1991 season has seen a considerable increase in the number of visitors to the Centre and we look forward to continued growth in 1992.



OPERATION RALEIGH UPDATE

Robert Cowling has been in Guyana since 28th September, he spent his first week in the Capital, Georgetown, which is on the coast, then moved on to Soweyo Jungle - Training Camp. Following intensive training in Jungle Survival, Robert is now on his first project in Central Guyana at the Kaitew Falls on the Potara River. He is helping two entomologists from the Worldwide Fund for Nature, to collect insects. The W.W.F. intends to set up a National Park around this area but at present there are no roads. The venturers have had to travel by river. The Kaitew Falls are the world's longest single drop fall, twice the height of Niagara.

Robert says it is very hot and wet at present and the jungle rations are indescribable! He is adjusting to sleeping in a hammock even though it fell down the first night!

CHRISTIAN AID

The amount raised at the Coffee Morning on the 14th September was £150, Christian Aid wish to thank everyone who helped with or supported this event. The Annual General Meeting will be held in the Methodist Schoolroom on Friday 22nd November at 7.30pm. Dr. Nightingale will be speaking about his work in Zambia and the meeting is open to everyone.

BENTHAM SHOW 1991

a report from David Longton

Despite gloomy skies hanging over the showfield for most of the day the rain held off, although the heavy rain of the previous day meant that conditions underfoot were muddy. These conditions probably accounted for the cramped conditions in the main marquee, as a section of the tent ripped and had to be removed whilst it was being erected in the wind and the rain.

The entries in the handicraft section were up on last year, poultry entries a record, whilst cattle continue the general downward trend of recent years and sheep, although down on last year, maintained an average entry.

The Military Police Dog Display Team gave an impressive display and the Vintage Machinery Competition and Parade generated a lot of interest.

Despite this being the 121st Bentham Agricultural Show it was the first in their current posts for many of the officials, so there were many relieved people when the day passed without any major problems.

SAND BLASTING

SHOT BLASTING

Stephen Taylor
Bentham 05242 62773

TOWN COUNCIL

Monday 7th October 1991

Councillors present at this meeting were:- Bloxham, Bateson, Cowling, Davies, Dawber, Hewitt, Hurtley, Joel, Marshall, Preston, Telford.

Members of the public - 10.

CHRISTMAS DECORATIONS

Angus have turned up trumps again by donating four christmas trees; a large one for School Hill and three more for the Town Hall. Councillor Preston and Clifford Bentham were willing to decorate for Christmas in the Town Hall. It was decided that the judging of shops, businesses etc was to be on an inside and outside basis. Judging to be done at 9am on Tuesday 3rd December and a preview on Monday evening 2nd December. It was unanimously agreed by the T.C. that Mrs F. Richardson be asked to judge the Christmas decorations.

Members of the Traders Association returned to this months meeting and said that they had done their homework and thought that purchasing rather than hiring would be preferable; the cost being in the region of £1,000. Financial noises were made!! It was agreed that a cry of help to Craven District Council was needed. The Traders Association to come back **again** next month with a detailed account when the T.C. would decide on their contribution - did I hear you say 50%.

COMMUNITY BONFIRE

Thanks again to Angus for a donation of £150 towards this special event for the Town's children and adults! The T.C. gave £75 - well done.

TOLL BAR SIGN

This lovely, historical old sign needs refurbishing and the T.C. is seeking a possible grant from the North Craven Heritage Trust.

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RIVER BANK ERROSION

Craven District Council reported erosion on the river bank near Camp Hole, High Bentham. Help is being sought from the River Authority. (on a personal note - this walk is still a favourite of many - lets hope something is done soon.)

BENTHAM SCHOOL GOVERNOR

Coun. Joel will continue as a Governor of Bentham School.

AMENITY TREES

Terry Whittaker has obtained 50 trees for planting around the district.

Mr M. Telford and Mr T. Whittaker have recently planted a laburnum tree in the cemetery in memory of Mr I. Telford.

The Town Council would be pleased to consider requests for trees, shrubs etc to be planted in the cemetery to commemorate loved ones.

Wendy Dowbiggin guest columnist for the Town Council.

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AGE CONCERN

The Annual General Meeting was held at the Day Centre on Friday 20th September. Cliff Machin (chairman) welcomed all those attending and expressed satisfaction at the extent of development, although he thought there was still scope for more. Thanks were also expressed to committee members and all other volunteers for the time and energy given so freely and enthusiastically. Ruth Garretson (treasurer) presented to the meeting and reported on various points relating to the balance sheet, whilst Doug Garlick (secretary) in his report gave a resume of the development and activities which have taken place at the Day Centre during the past year. The committee, which was re-elected unanimously are as follows:

Cliff Machin (chairman), Laurie Blundell (vice chairman), Ruth Garretson (treasurer), Douglas Garlick (secretary), Elsie Wilcock, Pat Smith, Ruth Bridgewood, Frances Clarke, Doreen Salter, Kathleen Townson, Vi Christensen (activities organiser)>

Activities enjoyed by all!

The varied programme of activities arranged by Vi Christensen, and enjoyed by members to the Day Centre during the summer months, has now been concluded. Some of the highlights have included outdoor lunch parties; trips to a variety of places including Holker Hall, Morecambe, Fleetwood, plus some very interesting talks / slide shows. This, combined with quizzes, craft work etc at the Day Centre has made for a most happy and successful six months. We are approaching the Winter season and a new programme of activities is now available. Winter, as we all know, can be a long and lonely period, particularly for the elderly, so lighten it a little by sharing in our winter activities at the Friday Day Centre in the Town Hall.

BENTHAM JUNIOR YOUTH CLUB

a report by Michaela Bruce

Bentham Junior Youth Club is a voluntary organisation which hopes to provide 10-13 year olds, who are not quite old enough to attend the Senior Club, with their own club.

The club was run on a trial basis before the summer holidays and it proved to be quite a success with staff and members alike. We had about fifteen members each night, although we do hope to attract more this term, with the various activities that we have planned.

Open every Monday 6 - 8 pm.

We now open on every Monday evening between 6-8pm at the Youth Centre and we charge 20p subs per member to attend. We also run our own tuck shop and cafe, which will provide good, cheap snacks on special nights for our members.

There are three members of staff at present, Michaela Bruce, Phillipa Linklater and Christine Louth who all wish to make a success of this club, however, should you have mis-givings about your child/children attending this club, please do not hesitate to contact us. We are under County Rule and I myself have worked within the Youth Service for the last three years and so I am well aware of their rules and regulations.

Please feel free to call in and see us, on a Monday evening, either for a cup of coffee, or a chat regarding the club, or if you wish to become a voluntary member of staff.

Various posters will be displayed advertising the activities which we have planned.

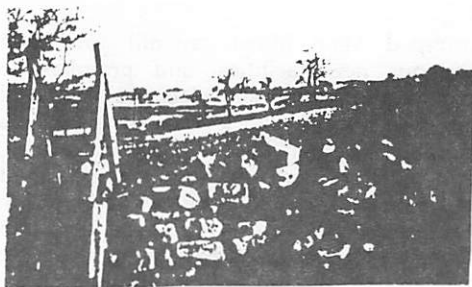
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PROPRIETORS

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FOOTPATH MATTERS

A new programme of guided walks,, November '91 - April '92, will be in operation by the time readers of Bentham News see this. All existing members will already have received their cards: anyone else interested should contact either the General Secretary (Tel 61128) or Carol Crellin (Tel 61881) who again earns our gratitude for arranging another programme of such wide interest.

We are happy to report that recent walks have brought to light various notable improvements on the local footpath network, viz substantial new stiles on the Ingleton Footpath (near the Golf Course); on the Burton Footpath (near Hayber's Barn); between Meerbeck and Waterscale; and a new footbridge near The Heigh (Keasden). Very possibly there are others, we should like those responsible to know that their work is much appreciated.

Bentham Footpath Group is planning some "conservation" days during the coming year, mainly on the Shorter Walks around Bentham described in recent issues of Bentham News; more information about these will be available shortly, and we shall be glad to welcome anyone willing to help. Meanwhile, may we appeal to all landowners, or occupiers, to check stiles and gates on any public rights of way over their land? The test of a well maintained right of way is that pedestrians, of any age, can follow the route without fear or danger, and without getting lost. It will take some time before our network is 100% efficient, but we hope it can be said that (like BR) "we are getting there"!

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BENTHAM AND DISTRICT CAMERA CLUB

At our last meeting in the club rooms, we were fortunate to have Mr Roger Tunstall LBTA LRPS, who gave a very interesting and informative talk and demonstration on "Portrature" in which he was at pains to point out that it was not necessary to spend a fortune on fancy lighting, and that very satisfactory results could be achieved with two lamps. The evening was much enjoyed by all present.

The second meeting of the month was the Annual Dinner of the Federation of small local clubs, which include Bentham, Garstang, Warton and Arnsdale. 50 Members were present for a very enjoyable meal at the Bridge Hotel, Ingleton, followed by a competition for prints and slides judged by Mr David Marsh of Blackpool, who is the President of the Photographic Alliance of Great Britain. Mr Peter Marshall gained first place in the slides, and Mr Winstanley in the Black and White Prints.

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Small Business Column

by Keith Cowling

Since this column last appeared, Bentham, in common with the rest of Britain, has struggled to cope with the effects of the continuing and deepening recession. More shops have been lost on Main Street in High Bentham, and except for the controversial abattoir application, there has been little interest in the starter units on the new industrial estate since Gravure Print left in 1990. 'For Sale' signs tell the story of people desperate to sell houses and businesses in the stagnant property market.

Against this backdrop, it is particularly good to see some businesses developing and having the courage to invest in improvements. Lately we have been able to see Jacksons new building taking shape at their Low Bentham Road yard. This new shed marks an important phase in their long term plans to move their centre of operations out of the picturesque but

cramped Main Street sawmill yard into spacious new facilities, and promises to provide an even better service for local builders, farmers and DIY enthusiasts. This month's 'Brighten the old place up' award, goes to High Bentham Dairy, where David and Alison Clough's sensitive conversion has kept much of the original shop character of the building. Changes at the rear and demolition of the old sheds have done much to improve the underpass connection to the car park and remedy the area of derelict back land that existed around the Legion Hall.

WATCH THIS SPACE!!

Tom Guy, after his sabbatical learning how to spell, will pick up the gauntlet recently thrown down and return to our pages.....

We look forward to his monthly contributions.

BILL HOULDSWORTH

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DISTRICT AFFAIRS



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Ralph Atkinson, one of our two Liberal Democrat District Councillors reviews the month's issues at Craven District Council.

This month's column is mostly on one of the top issues of the moment - housing.

COUNCIL HOUSE SALES

The number of council house sales has dropped dramatically in the last two years. From an average of 64 a year since 1981/82 it fell to 21 last year and so far this year only 6 have been sold. This reflects both the recession and the realisation that house owning costs a lot of money.

However, a serious concern is that Govt. is trying to dodge the amendment to the Local Government and Housing Act, 1989, made in the House of Lords, to exclude elderly peoples' dwellings from the right to buy. Think! If Grasmere Close were sold off, where would future elderly people go? And where would we put another such development? Yet there is a lot of evidence that for various administrative reasons Govt. is refusing Councils' appeals against the purchase of such dwellings. Of over 2,000 applications made nearly 58% are being allowed.

HOUSING CASH

Despite all the ballyhoo about increased accountability in local government the trend is increasingly in the opposite direction. Now, there is to be preferential allocation of housing capital dependent upon "the direct participation of Ministers and officials of central government in day-to-day judgements on local government performance" in housing. As a smaller authority committed to running its own housing programme, Craven is likely to lose out on this.

HOUSING ASSOCIATION SCHEMES

The project for low-cost housing in Low Bentham was recently granted planning

permission. This is now free to go ahead and (hopefully) building will start this winter/spring.

Also, in coordination with the Council the Northern Housing Association is putting forward a scheme for High Bentham. This will be for 8 dwellings on the Council owned site between Goodenber Road and Main Street. The cost is estimated at £46,000 a unit, the Council contributing the land.

HOMES OVER THE SHOP

As part of the Govt's initiative in this respect, the Council has commissioned a survey of over-the-shop property which may be suitable for conversion into flats and will be offering subsidies for such work. In the nature of things there won't be many suitable properties in Bentham but if there are owners are advised to get in touch with the Housing Manager.

RECYCLING

In addition to the bottle bank and can banks we have now agreed to provide a textile bank in Bentham. This is sponsored by the Salvation Army and is intended for clothes and other textiles which are not suitable for reuse, eg. through Sue Ryders, Oxfam shops etc.

CAR PARKS: HAPPY RELEASE

In accordance with the Council's policy of introducing parking charges on all possible car parks, the car parks in Bentham have been surveyed by the Estate and Leisure Committee. Fortunately, the figures show that, for Bentham, the costs would exceed the returns. So, at least for the time being we don't need to worry about charges.

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PERSONAL THANKS

Mrs Ivy Bibby would like to thank family, friends and Age Concern for the lovely cards and gifts she received on the occasion of her 90th birthday.

Mrs Annie Franklnad wishes to thank Dr. Sullivan, Rev John Millard, relations and friends for the get well cards, letters, prayers and inquiries following her stay in Lancaster Royal Infirmary also a special thank you to John and Margaret Frankland for all their help and kindness. Thank you all.

The family of the late Tom Guy wish to thank relatives and friends for kindness and sympathy shown during their recent bereavement. Thanks also to doctors at the Health Centre and Brown & Whitaker.

SERVICES.

Registered childminder will have vacancies commencing January '92. Tel 62666.

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EVENTS

SETTLE ORCHESTRA CONCERT at Settle High School on November 23rd at 7.30pm. The soloist will be Conrad O'hAodain from the Royal Northern College of Music who will play a horn concerto by R. Strauss. Other music by Mendelssohn, Dvorak and Boyce. Tickets at the door £3.50, accompanied children free.

CHRISTMAS FAYRE and COFFEE MORNING at the Ingleborough Nursing Home on Saturday 9th November 10am - 11.30am. Various stalls, Toys, Handicrafts, Homemade Cakes and Plants. All proceeds to Airedale Hospital Scanner Appeal. Everyone welcome.

WENNING BADMINTON CLUB

New members required of all standards.

CLUB NIGHTS

Wed Senior & Junior 7.30 - 9.30pm

Thurs Social 7.30 - 9.30pm.

ALL WELCOME for further details please ring Alan Kellet on Ingleton 41118.

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FROM COUNTY HALL



By County Councillor Ralph Atkinson

THE CHILDRENS' ACT

As you'll have heard from the media this very praiseworthy Act is now in force, however all the information concerning its effects on local government seem to be coming only from Social Services Department. The Act introduces important changes in the rights of children, parents and responsible authorities, and teachers and governors are very concerned how it will effect our schools. However, no information is forthcoming from Education at present.

Most of the philosophy and provisions of the Act have been aired in the national media, so I won't go into them here. From the point of view of our Social Services Department the important things are that children themselves are to be consulted in all matters concerning them, intervention must be minimal and in all cases the interest of the child must come first.

NEW CHARGES FOR CHILD CARE

The Council has introduced new charges for child minders, play groups and nurseries. For initial registration - £10 for playgroups; £10 for child minders; £50 for currently registered nurseries and £100 for nurseries registering after 14th October. For inspection and re-registration - £10 annually for play groups and child minders and £10 for every 10 children for nurseries.

HOMES FOR THE ELDERLY

In the light of the forthcoming closure of some of the County Council's homes for the elderly, it is interesting that a recent survey by the Social Services Inspectorate found that our provision of local authority homes is higher than the national average. Whether

9 this is before or after the closures I don't know. What is worrying is that the overall provision of both private and council homes is somewhat less than the national average.

SCHOOL BUILDINGS

There is growing concern about the state of school buildings. The Association of County Councils estimates that less than a third of necessary spending is being allocated for this by central Govt. As I reported in August our schools underspent by some £5 million last year, mostly on this aspect. Fortunately, these savings are being carried forward to this year and hopefully they will be all spent by the end of the year.

CITIZENS' CHARTER

All departments of the County Council have been called upon to consider how they can meet the requirements of the new, Government sponsored Citizen's Charter. This considerably reinforces the rights of ordinary members of the public to complain and get redress and recommends improvements in the standards of services. Judging by the level of complaints I receive the performance of most departments is isn't bad, though there are occasional reports of a rather curt response to enquiries. If anyone does have a difficulty or complaint about council services I shall be only too glad to follow it up with the officers concerned.

ENVIRONMENTAL ASSESSMENTS

All Departments of the County Council have recently been called upon to report how they are meeting current environmental standards. The enquiry was sponsored by two of our Liberal Councillors and will now be instituted on a regular basis. Most departments, like the two I am on, Highways and the Dales National Park, have enviromental considerations incorporated in their policies and do maintain reasonable standards. However, it is something we must all be aware of and a regular audit, like a financial audit is highly desirable.



**If you're perfectly happy with
your CAREER,
don't read this.**

For those who are reading on, a few questions:

Question 1: Are you achieving your full potential?

Question 2: Do you reckon that sitting and waiting for the Telegraph/Times job section to arrive and then answering an advertisement is actually job hunting?

Question 3. What is the unadvertised job market?

Question 4: Is trying to sort out your career alone the best way forward?

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<i>"I SUPPORT BENTHAM NEWS" BADGE</i>	<i>£0.50</i>
<i>"I SUPPORT BENTHAM NEWS" TAX DISC</i>	<i>£1.00</i>
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<i>WHITE (L & XL)</i>	
<i>BLUE (S, M, L & XL)</i>	
<i>(Small is suitable for a child)</i>	

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LOCAL EVENTS IN NOVEMBER

- Fri 1st Afternoon Guided Walk around Clapham and Austwick (5 miles). Leader Verena Smith (61100). Meet at Lairgill Car Park at 12.30pm.
- Sat 2nd **SPRINGFIELD BOWLING CLUB** coffee morning in the Town Hall 9.45 -11.30am. Usual stalls and raffle.
- Exciting NEW band at the Horse & Farrier 'Postcards' with vocalist Jane Richmond.
- BENTHAM COMMUNITY BONFIRE** at the Auction Mart £1 adults children FREE. 6.45 Guy judging. 7pm Bonfire lit. Refreshments available.
- Mon 4th Town Council Meeting 7.30pm in the Lower Town Hall.
- St John's Women's Fellowship at 1, Albert Cottages: Tear Fund video. 2pm.
- Tues 5th Aids and HIV talk at the health Centre 2 - 3pm.
- Thurs 7th N.S.P.C.C. Monthly meeting at 3, Springfield Terrace at 1pm.
- Fri 8th **FREEWAY & LORD CHARLIES ROAD SHOW** live at the Town Hall 8pm.
- Sat 9th **OFF THE WALL** 8pm in the Town Hall.

Listing for Local Events

Day

Date.....

Event.....

.....

Venue.....

Please complete and return to Lesley Barker or hand in at Churchill's

- Labour Party coffee morning 10am - 12 noon in the Town Hall.
- Leather & Lace at the Coach House.
- 'The Rythm Shots' better known as the Berettas at the Horse & Farrier.
- Coffee morning in the **INGLEBOROUGH NURSING HOME**, Ingleton 10am - 11.30am. Various stalls, handicrafts, homemade cakes , plants etc. Proceeds to Airedale Hospital Scanner Appeal. Everyone welcome.
- Sun 10th 10.30am St John's Act of Remembrance Service.
- 2.30pm St John's 'Peter Rabbit' service for parents and young children.
- Tues 12th Benthams & District Camera Club 'Pie Supper' at the Flying Horse Shoe, Clapham, 7.30pm.
- Low Benthams Gala Committee Annual General Meeting in the Public Hall at 7.30pm. Please give your support.
- Wed 13th **MENCAP** Coffee Morning in the UPPER Town Hall 10am - 12noon. Christmas items , cakes etc.
- High Benthams C. P. School P.T.A. **GRAND JUMBLE SALE** in the School Hall at 7pm. 'Nearly New', books, tombola, cake stall etc. Everyone welcome 10p entry.
- Fri 15th **WASTE PAPER COLLECTION** at Benthams Leisure Centre (Legion Hall), Grasmere Drive. 8.30 - 11am. Proceeds to N.S.P.C.C.
- Low Benthams School coffee evening at 7pm.
- Lowgill Sports Dance in the Ballroom at the Town Hall.

- Sat 16th St. Margaret's Gift Day in the Ballroom at the Town Hall.
'The Section' an ever popular Lancaster Band at the Horse & Farrier.
- Sun 17th Afternoon Guided Walk (one of the Shorter Walks Around Bentham) via Boiling Well & Clifford Hall (5 miles) Leader David Stubbs (61430). Meet at the Horse and Farrier, Main Street at 1pm.
- Wed 20th Fundraising for MULTIPLE SCLEROSIS and CAMPHILL TRUST, coffee morning / bring and buy at "BURNCROFT", ROBIN LANE, HIGH BENTHAM. 10am - 12.30pm.
- Thurs 21st Low Bentham W.I. "JEWELLERY CRAFT" 'Adele'. Competition my favourite bracelet.

Playgroup Craft Fair in the Ballroom at the Town Hall 7 - 9pm.
- Fri 22nd Christian Aid Annual General Meeting 7.30pm in the Methodist Schoolroom.

Sue Ryder Foundation coffee evening 7 - 9pm in the Lower Town Hall.
- Sat 23rd St. Boniface's coffee morning in the Town Hall 10 - 12 noon.

Settle Orchestra Concert at Settle High School. See Bentham People page for further details.

FAMILY NIGHT at Bentham Methodist Church 7.30pm. Visit of the Fawcett family and friends from Ireby.

The return of the 'Sixtyniners' at the Horse & Farrier.
- Mon 25th Horticultural Society Annual General Meeting in the Town Hall.

Ewecross Historical Society in

the Lower Town Hall at 7.30p. 'Sharpe, Paley and Austin', Mr James Price.

- Tues 26th Bentham & District Camera Club 'Three Interesting Pictures', slides or prints.
- Fri 29th Kirkby Lonsdale Brass Band in Concert at St John's Church, Low Bentham at 7.30pm. Tickets £2, accompanied children £1. available at the door.
- Sat 30th Bentham Homing Society Show ALL DAY in the Ballroom at the Town hall.

'Do It' at the Horse & Farrier.

An easy day's walk: Settle circular, via parts of the Ribble Way (8-10 miles). Leader Frank Yates (61375). Meet at Lairgill Car Park at 9.30am.

St John's coffee morning 10am - 11.30am at the Town Hall.

Low Bentham Institute
CHRISTMAS FAYRE Tel 61048 for details.

LOCAL EVENTS IN DECEMBER

- Sun 1st 10.30am Confirmation Service at St. John's Church. 3pm Advent Carol Service at St John's.
- Sat 7th Blues from the 'Front Room Blues Band' at the Horse & Farrier.

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Health Notice Board

KEEP THEM SAFE

Most accidents happen within the home and many are preventable. It is not easy to put yourself in a child's position and view the world from a different vantage – but now you can. The "House of Hazzards" will be coming to Settle Market Place on 8th November 10.30 -4.00pm. This trailer display is a larger than life room with all sorts of dangers.

TOY LIBRARY

See the toy library at Settle Health Centre. Toys to borrow from birth to 10yrs. Available during office hours.

BREAST EXAMINATION

Recent publicity about monthly self-examination of breasts may have left people in confusion. Current correct advice is to regularly check your breasts and learn what feels and looks normal for you. See your doctor if you notice any unusual lumps, changes in skin texture or appearance, changes in shape or size or notice any unusual discharge.

BREAST SCREENING

Women aged between 50-60 are entitled to a free mamogram (breast X-Ray) at a Breast Screening Clinic.

North Yorkshire – The Clinic is at Airedale hospital. Transport is provided from Benthams.

Lancashire – The Clinic is opposite Lancaster Royal Infirmary (by visitors car park).

Contact reception at Benthams Health Centre for more details.

MONEY

Did you know child benefit rose from Oct. 7th?

An extra £1.00 per week is paid for the eldest child. Check the front of your child benefit books to see if you are eligible for family credit - many people could claim this extra money.

AIDS AND HIV

There will be a talk about Aids and HIV by Chris and Judy at the Health Centre 2 - 3pm on 5th November.

Christine Hodson - Health Visitor

BRITISH RAIL TIMETABLE

from 30th September 1991 to 10th May 1992

LEEDS TO LANCASTER TIMETABLE

Monday to Saturday

LANC	BEN	SKIP	LEEDS
0715	0744	0827	0921
1050	1119	1205	1249
1525	1554	1636	1725
1846	1915	1957	2041

Sunday

1651	1727	1810	1855
1926	1957	2040	2126

Monday to Saturday

LEEDS	SKIP	BEN	LANC
	0535	0613	0644
0825	0915	0955	1030
1233	1318	1357	1432
1633	1721	1800	1831

SUNDAY

1405	1451	1530	1601
1705	1751	1830	1901

15

BUS TIMETABLE

BENTHAM - LANCASTER

MON - SAT

H. Ben	0745	0940	1110	1210	1325	1510
	1530	1610	1713	1913		
L. Ben	0750	0945	1115	1215	1330	1515
	1535	1615	1718	1918		
Lanc	0830	1024	1154	1254	1409	1554
	1615	1700	1758	1958		

LANCASTER - BENTHAM

MON - SAT

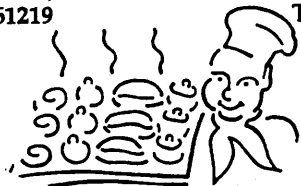
Lanc	0752	0810	0945	1045	hourly until 1745
L. Ben	0828	0849	1024	1123	" 1824
H. Ben	0833	0853	1028	1127	" 1828

NOTES: SX Saturdays excepted. There are only 3 buses from Bentham to Lancaster on Saturdays. All the buses from Lancaster to Bentham operate on Saturdays except the 1445. No buses operate on Sundays between Bentham and Lancaster.

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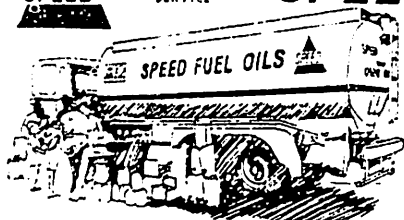
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THORNTON STATION YARD, INGLETON VIA CARNFORTH LANCS



Ingleborough Poetry Festival Update

Yes, the festival goes on, and for those children at schools in Bentham, Ingleton, Settle, Burton and areas in between, this has meant being involved in some inspiring poetry workshops led by one of four writers in residence. Adults have also had their talents exercised by equally dynamic and quality workshops. There is clearly a great deal of local talent, much of which seems determined to remain hidden. Very few adults were prepared to come forward and share their writing, and thus missed working with some highly skilled and sympathetic poet. Those that did attend were encouraged to understand the importance of the craft of writing poetry, and the fashioning of a piece of writing into a finely honed art form capable of creating an image as vivid as any painting. The result of years of refining this craft was

beautifully illustrated in the poetry reading held at the Linton Court Gallery, where Alicia Stubbersfield and John Lyons treated us to an evening of poems that were thrilling, moving, shocking, often humorous, certainly entertaining.

The Poetry Competition has been well supported and results will be published in the December Bentham News. Don't forget that there will be a final chance to take part in the festival at the Celebratory Reading. This takes place on Friday December 6th at the Ingleton Community Centre 7.30pm (entry fee £2.50 waged, £2.00 unwaged, children 50p), and will feature David Craig reading some of his poems, along with all the winning poets from each age group of the competition. This is the first year that a finale event has been organised, so please do support your local festival by coming along and enjoying an evening of poetry.



TOOBYS

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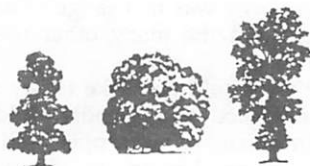
Telephone Bentham 05242 61868

ACTION FOR TREES

"Action for Trees" is the theme of the Tree Council's 17th National Tree Week, 28th November to 8th December. This event has become the UK's largest annual tree planting campaign. Here in Bentham we hope to plant the fifty trees from Craven District Council. How long some will last depends on your vigilance, another two trees were vandalised at Springfield last week.

The first flowering tree at the New Cemetery (Lairgill) has already been donated, planted and the Town Council approved the placing of a small commemorative plaque near the tree. If you would like to commemorate a loved one and help beautify the cemetery, why not plant a tree? A list of suggested species can be obtained from your tree wardens but permission should also be confirmed from Bentham Town Council.

Volunteers wanted for tree planting 28th November onwards, please contact Terry Whitaker 62269 or Jude Pereles 61750.



17

A letter from Ingleton C.P. School, Ingleton.

Dear Bentham News,

On Friday October 18th Class 4 performed a concert in aid of Romania. We raised £74.65. Everyone presented an act, including, The Jolly Gymnasts, The Radical Rappers, there were Terrific Tappers and there were some clowns called the Famous Five and music, singing and dancing and lots lots more. The comperes presented the concert in a style of a Victorian Music Hall. The children who did it were Jessica and Marianne Pearce. Some children made biscuits and we sold them in the interval.

Yours sincerely

Sarah Hutchinson.



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YOUR LETTERS and comments



Dear Readers,

I would like to thank all those people who have kindly brought postage stamps to our house. They have come in small envelopes and in large boxes; some have been every day stamps, others have been unusual and some have come from far away countries. ALL will be used for the Mission. They sell them to children of foreign countries and to Stamp Bureaus, they all help to raise funds. I would just like to encourage people to keep bringing them, especially with Christmas time coming in three months!

I would like to say a special thank you to the lady who brought £10 whilst I was out. £10 provides funds for two courses of curative treatment for leprosy and so this gift will literally save two lives. I would have liked to have thanked the lady in person, but as I do not know her name please accept a big 'Thank You' in this letter!

If you would like your stamps to be sent to the Mission please bring them to 28, Lakeber Drive, High Bentham. Thank You Gillian Ratcliffe,
28, Lakeber Drive, High Bentham.

Dear BN

My wife and I were concerned at the contents of a letter in the Bentham News from some of the youth of Bentham, asking for Council help to provide somewhere for them to go and something to do in the evenings.

We decided it would be a good gesture on our part to use the Hut for such a purpose. At no small cost it was painted, decorated, rewired and fitted out as a general Leisure Centre with two pool tables a number of

video machines, tables and several chairs. Cut price sweets, crisps, drinks and videos were offered ancillary to its use as a Leisure Centre, which it has been for 60 years. IT WAS NOT AN ARCADE.

Withing three hours of opening we were visited by the Police, sent by a councillor (unnamed), because " we were illegally operating gambling machines and corrupting the children". All the machines in the Centre gave the same type of entertainment as the pool tables. Since we have been open we have had a persistent campaign against us to close. Out of the original 14 chairs, 10 have been smashed, most by deliberate action, one white pool ball stolen and the other thrown at my wife by one "VERY BRAVE" youth, which, had it hit her, would have hospitalised her. This action was followed, after we had closed, by infantile graffiti, all over the front and side of the building.

I am nearly 74 years of age, we are both retired and independent of the Centre so we have finally decided to accede to Council and general demands and close for good.

Prior to its current use, the Hut was, for over 60 years regularly used for bingo (gambling) and the retail sale of various goods, so why was no change of use sought for these and the many other uses it was put to?

Finally we would both like to say thanks to the many good and friendly children who came in when we were open and who we deeply regret having to disappoint by closing.

Leslie C. Doughty.

Low Bentham.

Dear Editor,

May I through your letters page say thank you for the many cards and enquiries I received during my spell in hospital. I have been overwhelmed by all the kindness and would like to say how very much it all has been appreciated. Sincere thanks to everyone. Faith Burrows,
8, Springfield Crescent, High Bentham.

Dear Editor,
 High Bentham County Primary School P.T.A. noted the comments made by Bentham Traders about the Horse Fair and feel they would like to add some thoughts of their own:-

a, The Horse Fair is no longer a friendly, colourful, rural activity but an excuse for rowdy bad behaviour.

b, Staff and children at the school have experienced provocation and intimidation. These experiences make the few days of the Horse Fair worrying and difficult.

c, Supervising children across the road is a very difficult task for Mrs Ellershaw (our crossing patrol) during this period.

d, Could the Town Council organise a simple survey of the views of all High Bentham people to see what everyone really thinks?

Yours sincerely
 J. Carroll, Chairperson
 High Bentham P.T.A.
 1 Duke Street, High Bentham.

Dear Editor,
 Me and my friends Ann and Flossie Mitchel of South View, Bentham have just spent one hour picking up rubbish near the playing fields. We filled one black bin liner with chip boxes, crisp packets, sweet papers, lolly wrappers and other things like that. They make Bentham look very messy. Please tell your readers to put their rubbish in dust bins.

Yours sincerely
 Heather Karen Kennedy (age 7)
 6 Tweed Street,
 High Bentham.



Dear Bentham News,

Just a short line to let you know that within the next six weeks a new Route Finder of twenty mountain bike runs based in the immediate area is being published. The runs themselves are shown in the form of detailed hand drawn maps. There is about seventy pages of narrative telling about the Rest and Relaxation aspect of mountain biking. Each town or village adjacent to the routes is detailed from "toilets to take-aways". There is also information about the bikes, their maintenance, how to ride them and the folk in the saddle. If you would like more information, I have a dummy book, at which you could look.

Sincerely
 David Kirk,
 Fieldway, Mount Pleasant.

From St. John's Church, Low Bentham.

Dear Children,
 Did you come to Teddy's Picnic or Peter Rabbit's party? Teddy and Peter would love to see you again and invite you to meet them at Church on Sunday 10th November at half past two, when there'll be a special time just for you. You can bring Mum and Dad of course, and any brothers and sisters who'd like to come, but Ted and Peter are specially looking forward to seeing their 'little' friends that day. So do come if you can. And don't forget to bring your teddy or cuddly rabbit, they're invited too.
 With lots of love to all of you.
 from Ted and Peter.

E.C.B. PROMOTIONS

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 Every Wednesday 9am - 4pm

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SUCCESS OF ONE-ACT PLAYS

by Shirley Brown

17th and 18th October saw audiences of 40 and 80 in the Town Hall enjoying Bentham Panto Group's presentation of 2, well-chosen, one-act plays.

"TEETH" BY TOM STOPPARD was set in a dental surgery. **LYNDA BURNS** and **ALISON HAWKEY** were the impatient patients gossiping as they waited with talk of false teeth and lost sexual attraction. Both kept well in character during their amusing conversations (despite some movement in the audience on the night I was there when a small child was dramatically sick!) and Lynda's comic timing was especially strong. **SUE MORPHET**, as the glamorous dental nurse, showed good acting skills as both the aggrieved wife and the flirtatious nurse. The 2 men in her life were played by **RICHARD KNOWLES** (errant husband) and **KEVIN McSHERRY** (cuckolded and increasingly amorous employer). These 2 men held centre stage for most of the play, surrounded by dental paraphernalia borrowed from **MR. GRIMSHAW**. They performed admirably. Kevin changed from calm professional to threatening torturer in several subtle phases, helped by **GREG PRITCHARD**'s excellent sound effects.

Kevin could perhaps have been a little less laid back and more menacing, but he certainly did enough to scare most of the audience as they winced and jumped as he prodded painful points in his victim's gums! My only fear after this play is that some of the many children in the audience might approach their next dental appointment with some trepidation!

But my star of this production has to be Richard. His face was so expressive and he was totally convincing as he attempted to explain away the mounting evidence of his "secret" liaison with the dentist's wife. His departure as the play ended, deflated and with a front tooth missing, was quite moving and much appreciated by the audience.

20 "A VISIT FROM MISS PROTHERO" by **ALAN BENNETT** had just 2 characters in the cast. **GRAHAM PRITCHARD** as the retired employee, proud of the contribution he had made to his firm, but happily contemplating retirement, that is until Miss Prothero's visit. Miss Prothero was played by **MARGARET COWLING** whose stature as a character actress grows with each production. Margaret held on convincingly to her devastating piece of news about the recent changes at the old firm, and Graham responded well to this by changing from contented and slightly bored, to agitated and distressed.

There were moments when the pace dropped a little and tighter direction might have helped, but this is a minor quibble about a good play well executed by these 2 talented local actors. They were again helped by **GREG PRITCHARD**'s sound effects, the lighting of **LEN FLETCHER** and a budgie borrowed from **THE VILLAGE PET STORES**.

THE PANTO GROUP's next production will be very different - their annual pantomime "**ROBINSON CRUSOE**" on February 26th-29th. This will have a "cast of thousands", so anyone interested in helping in any way, on stage or back stage, please contact either Margaret Cowling (61764) or Kevin McSherry (Clapham 500).

CAFE ANNE - CLAPHAM - ANNOUNCEMENT

Due to extensive alterations, Anne's cafe in Clapham (where many Bentham people go for home-made snacks and hot drinks after a walk or a cycle ride) will be shutting until the New Year.

When the cafe re-opens it'll be under a new roof, but the log fire and welcoming interior will remain the same. Anne says she'll miss her regular customers from Bentham, but as she'll only be "camping out" next door, she'll be happy to make them a cup of tea and cut them a slice of cake if they just knock on the door.

BENTHAM PLAYING FIELDS ASSOCIATION

The AGM of the Bentham Playing Fields Association was held on Wednesday September 25th at the Sports Pavilion. Reports from football, netball and tennis clubs indicate that Bentham teams are doing quite well in their respective sports and finances were in a good state.

The Tennis Club had reformed properly and now boasts enough members to pay rent. The new court provided a good enough surface for their continuing membership of the Kendal League and indeed the team were runners up this season. The resurfacing was a success due chiefly to the efforts of Ken Robertson who organised the grant from Craven District Council. Help was also gained from the sports club B.P.F.A.

The Homing Society reported a good year. No problems, no complaints, no leaks in the roof. Mr Titterington thanked Tony Dawber for opening up the pavilion for them.

The progress made over the year in the children's play area was reported by Colin Woof who had been responsible for repairing the wooden bridge in February.

Request from High Bentham Primary School Children.

Attention was then focused on letters from the children of High Bentham Primary School who had decided to speak up about the play area. Many new pieces of equipment were requested but the most popular items were a seesaw, swingboats and a fort. They also wanted a rounders pitch marked out on the grass.

The meeting felt that all these things were possible and were delighted that the children had made the effort to write. A meeting is to be arranged to discuss the matter of new equipment and the possibility of bark chippings being used under the climbing frames.

It was felt that the nettles on the banking should be dealt with and that the grass cut early in the season.

The rounders pitch was approved and Ian Guy and Pam Woof said they would sort out siting and measurements in the Spring.

The meeting expressed concern that dogs still roamed the field and it was felt that dogs should be fenced against, as far as possible as local dog owners actually park to let their dogs out on the field. Various measures were discussed to end this situation but no definite decision made regarding the main field.

The Social Club reported a good year financially. The buildings were well maintained and it is their intention to repair the old wrought iron bench outside the pavilion and put additional lights on the front of the building. They were pleased with the way the grass field had been kept and have arranged to pay half the cost of a winter overhaul for the new tractor mower to help keep up the good work. Thanks were expressed by all to Jim Guy and Bateman Marshall for cutting the grass this year.

Concern was expressed that the Gala Sub committee had dwindled to one person but appreciation was shown to Richard Knowles, who had organised this year's very successful gala. Unfortunately he was not able to attend the meeting to give a detailed report but it was decided to ask Mr. Knowles to keep the B.P.F.A. informed of his intentions for next year.

The new committee members were then voted in with very little change, Bernard Dawber and Stuart Mitchel were voted on in their absence but the association still requires a chairman. Thanks were expressed to Mr Gibson for his work as secretary in the past, Gail Lister now replaces him. If anyone would like to be involved with the Playing Fields Association, which is the parent body governing facilities on the playing fields, please contact any of the committee who will be pleased to explain about the association.

BENTHAM & BURTON MEALS on WHEELS

"This is an important link in social services, enabling us to keep elderly or infirm people in the community," said Dr. Story, as Chairman of the Bentham and Burton Meals on Wheels Service, at its AGM held at Bentham Health Centre on Tuesday 15th October. Freshly cooked hot meals are taken twice a week to those recommended for the service, by two teams of volunteer drivers and servers; recipients pay a significant part of the cost of each meal (at present £1.05), but this is also subsidised by the Department of Social Services. Mrs Marshall, the current organizer, reported that during the past year a total of 2808 meals had been served, by a total of 58 helpers, whom she thanked for their considerate co-operation in the smooth running of the scheme.

A special free Christmas lunch had been provided in 1990 to all recipients, with a glass of sherry and special mince pies provided by Mrs D. Bond and Mrs B. Wright. The meeting decided to put on record the thanks of everyone involved, the management of Angus Fire for permitting the meals to be prepared at its canteen, to Mrs Sheila Horsfield, catering manageress and her staff for their friendly and thoughtful involvement in all aspects of the scheme.

All officers and committee members were re-elected for a further year: Dr Story, Chairman, Mr L. Moody, Vice Chairman, Christine Hodson, Health Visitor, Mrs M. Marshall, Secretary/treasurer/organiser and Mrs M Wildman and Mr C Machin representing Bentham and Mrs J Lyell and Mrs J Tozer representing Burton.

Arrangements were discussed for the customary Christmas extras again this year, including a gift "hamper" of seasonal commodities for each recipient. Mrs Marshall was warmly thanked for her sensitive and vigilant oversight of the whole scheme throughout the year.

New volunteers can usually be fitted into the roster quite soon, whether as drivers or servers; anyone interested may like to know that the standard duties take up only about 2 hours every 2 months. Offers of help should be made to Mrs Margaret Marshall, Bentham Hall, Bentham. (Telephone 05242 61272)

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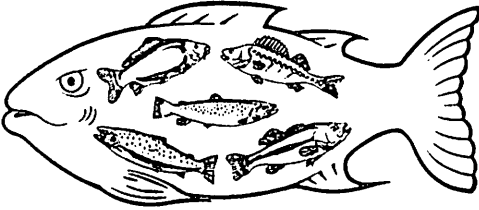
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RECIPES

Here are two of Marion Frost's favourite recipes for you to try.



ALGARVE FISH DISH

4 Pieces of fish (hake, cod or monkfish)
 1 dsp flaked peanuts
 1 banana (sliced and sprinkled with lemon juice)
 1 1/2 oz clarified butter
 4 oz cider or wine
 1 tblsp demi glaze sauce (or beef essence)
 salt and black pepper

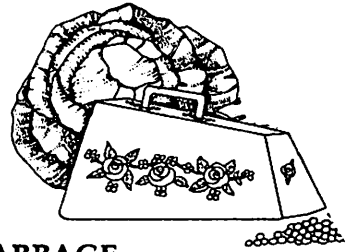
Fry the fish in the butter, remove to serving dish and keep warm.

Add bananas and peanuts to residue in cooking pan, quickly turn over and use to garnish the fish.

Add wine to pan and scrape all residue from the pan when the wine boils, add the demi glaze sauce or beef essence and seasonings.

Pour over fish and serve with boiled potatoes and mange tout peas.

Serves 4.



BAKED CABBAGE

1 summer cabbage (white cabbage will do)
 2/3 oz butter
 4 oz double cream
 salt and freshly ground black pepper
 heavy pan lined with foil

Thinly shred the cabbage and place in layers with the butter and seasonings (plenty of pepper).

Pour over the cream and cover with tight fitting lid and sweat over a low heat for approximately 30 mins.

I cook this on the barbecue, but you can place in the oven.

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EDITORIAL INFORMATION

BENTHAM NEWS is published at 7, Jubilee Buildings, Main Street, High Bentham by an editorial committee consisting of Tony Bennett, Shirley Brown, Tom Cahill, Keith Cowling, Wendy Dowbiggin, Christine Hodson, Jill Matthews, Kate Steele, Pam Woof and our co-ordinator Lesley Barker.

BENTHAM NEWS can be sent anywhere in the UK for an annual subscription of £5, or anywhere in the world for £10.

Small ads and announcements: £1 for every 20 words, payment MUST accompany each item to ensure publication.

For all information, including advertising rates, listings and subscriptions please contact Lesley Barker on Bentham (05242) 62040. Items for publication can be left at the house or at Churchill's shop during opening hours.

THE FINAL COPY DATE FOR PUBLICATION IS THE 15TH OF EACH MONTH.

Every effort is made to ensure that information contained in the paper is correct. However, **BENTHAM NEWS** is an open access paper and views and opinions expressed are not necessarily those of the editorial committee. The committee reserves the right to edit contributions, including letters. Please note that although we are willing to withhold names on request, names and addresses must accompany all items for publication.

BENTHAM NEWS is printed at **LOGO LABELS**, Main Street, High Bentham.

St Margaret's C of E, High Bentham.

SUNDAY 8am Eucharist. 10am Parish Eucharist & Junior Church. **WEDNESDAY.** 9am Eucharist. Mothers Union 2nd Tuesday each month in the Legion Hall at 2pm. Enquiries Mrs Field 61084

St John the Baptist, Low Bentham.

1st Sunday 8am, Holy Communion, 10.30am Family Service. 2nd Sunday 10.30am, Holy Communion. 3rd Sunday 9.15am Holy Communion, 10.30am Praise Service. 4th Sunday 10.30am Holy Communion. 5th Sunday 10.30am Morning Prayer with Holy Communion.

St Boniface Catholic Church.

Saturday 6.30pm. Sunday 9.30am & 11.15am, Easter to September 30th. Holy Days 10am & 7.30pm. Week day servcies, see times in the porch.

Methodist Church. High Bentham.

Sunday Worship 10.30am & 6.30pm. Junior Church 10.30am. Fellowship Meeting Tuesday 7.30pm. Bright Hour 2.15pm. alternate Tuesdays commencing the 2nd October. Springboard 7-10 years Monday 6.15pm. Breakout 11-13 years Wednesday 7.00pm. Jam Club 14 plus Friday 8pm.

Methodist Church, Low Bentham.

Sunday Services & Sunday School, 10.30am. Afternoon Service 2pm.

Religious Society of Friends, Quakers.

Meeting for Worship, Sunday 10.30am.



M.A. BRADLEY & PARTNER

INSURANCE & FINANCIAL ADVISORS

Established 1947



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