

BENTHAM NEWS



TOMMY WHITFORD HONOURED BY LOCAL LABOUR PARTY



Euro MP, David Bowe, presenting the Labour Party Life Membership Award to Tommy Whitford. See page 2.

A VERY BIG THANK YOU

We would like to give a very big thank you to our readers who have donated so generously to our "little brown envelope collection". Although there are a few envelopes still coming in, we have already raised £764.62. This magnificent sum will help to fund the deficit on our running costs until at least the end of the year, so all of us on the Editorial Committee are both grateful and delighted.

Calling on so many of our readers has had other happy consequences as well. Our deliverers have reported a lot of satisfaction with the paper, and that the vast majority of people were pleased to be able to make donations as they valued BN and looked forward to its arrival each month.

One of our deliverers said that although his delivery round usually took twenty minutes, collecting the envelopes took eight hours! This was because people had been so welcoming, and he had often been asked in for a chat.

There were also a few complaints about items that people had submitted but which failed to appear in print. If this does happen to you PLEASE LET US KNOW STRAIGHT AWAY. If there's an explanation we can give it (e.g. shortage of space, gross inefficiency! etc) and if there isn't we can apologise and put the matter straight. So if you have a complaint, please tell us.

JUNE 1993

ISSUE 80

OFF THE WALL

from Sean Sanderson

The grand finale to Off the Wall's current season is an outdoor barbeque at Sherwood House, Chesters Lane on Saturday 19th June at 8pm. Like last year's spectacular event we will be having Dave Clough's Pyrotechnics and bonfire. A theatrical, mythological drama about the Unicorn of Meregill Wood will thrill all you culture vultures. The music will be more laid back and acoustic than last year and you are asked to bring musical instruments so we can have an informal 'jam' after the professional band have entertained us.

FOOD

We provide the meat and vegetarian option for the barbeque. You do a 'Jacobs Join' and bring salad or pud, a rug to sit on, midge repellent, your own plate/ knife /fork etc and drink. If you want to bring kites, frisbies etc please do. Parking is limited so if you can share transport it would help.

Tickets for this event are now on sale at HAIRLINES in Benthams or ring Jane on 62277 for mail order. It's £5 for adults and £3 for children. Tickets are limited and will sell fast so get them NOW.

Thanks to all cooks, waiters and helpers whose voluntary help has enabled Benthams to have its own nightclub.

BENTHAM SHOW 1993

Plans are continuing for the 1993 Show, which will include a larger craft stall section this year. Anyone who would like more information about the craft stalls or any other aspect of the Show can ring Deborah Taylor on Benthams 62077.

Details of the handicrafts classes are also available now, for those planning to exhibit.

HIGH BENTHAM W.I.

The newly reformed group of High Benthams W.I. held their first meeting in the Lower Town Hall on Thursday 6th May. Members listened to an amusing and interesting talk by Mrs Felicity Tomlinson on "60 years of Parsonage Houses".

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LABOUR PARTY COFFEE MORNING

The local Euro-MP David Bowe was present at the Labour Party's coffee morning at Benthams Town Hall on Saturday 15th May. During his visit, Mr Bowe presented a life membership award to 85 year old Tommy Whitford, founder-member of the North Craven Labour Party branch. Mr. Whitford, a trades union officer, founded the branch after a historical pay dispute.

ST MARGARET'S MOTHERS' UNION.

Mr. Peter Marshall gave a very interesting talk to the Mother's Union and Bright Hour members on 'Churches' accompanied by some slides of unusual features of individual buildings. At short notice one of the M.U. members, Mrs Price showed slides, and gave a commentary of her visit to the Holy Land.

BENTHAM CONSERVATIVES

ANTIQUES & LUNCH

SUNDAY JUNE 27th from 11.30am
at
BENTHAM HALL BARN

Tickets

£7 from committee members

or

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VALUATIONS / DISCUSSIONS
WITH JOHN WALSH F.R.I.C.S. £1

TOWN COUNCIL

Councillors Bateson, Cowling, Hewitt, Hurtle, Jackson, Joel, Marshall, Preston and Telford were all present at this meeting together with District Councillors Atkinson and Pilkington. A healthy number of members of the public (11) responded to Tom Cahill's disappointment at last month's turnout. Or maybe it was just coincidence.

APPOINTMENTS

Having been through this only recently, everybody was happy to keep Councillors Telford and Hurtle as Mayor and Deputy respectively.

RURAL POLICING

Whatever you think about it, our Councillors have kept plugging away at this issue and, credit where credit's due, North Yorkshire police have provided a succession of officers to answer questions and attempt to allay fears. This time it was the turn of Inspector McCann, newly appointed to Skipton. He may be a new face, but the song was still the same - he couldn't pretend there hadn't been problems in Bentham and he will be looking at the possibility of reallocation of resources (meagre tho' they are). Some young constable is coming to Ingleton from East London (he doesn't know what a quiet life he's had). And they are still trying to sort out the communications difficulties. [Matter of interest - I rang the Lancaster police number at the weekend and it was answered by Manchester!]

However, there is still a great deal of concern about the call-out times and a member of the public was able to make a specific complaint about tardiness of police reaction to a disturbance at a recent children's party. But Councillor Marshall didn't get much joy about an incident at his caravan park. Councillor Cowling pointed out that the nature of rural crime has changed - in the past, most people could pretty well finger the local perpetrators - now we have to contend with commuting criminals who disappear into the night of Manchester or Liverpool. Perhaps that's why the Lancaster number diverts straight to Manchester?

TRAFFIC CALMING

The County's Road Safety Officer is prepared to come to talk to Councillors about traffic calming measures. But are we clear what the problem is? Is it that cars are going too fast through the town? Or is it that the town is too congested? And what measures are available? If it was something like a cattle grid at the bottom of Linghew, wouldn't residents of Springfield complain about the noise?

MISCELLANEOUS MATTERS

★ Anyone who is anxiously awaiting the erection of the new street light in Duke Street shouldn't hold their breath.

★ Yes, there will be a Mayoral board in the Town Hall (costing about £100) but no decision on where it will be sited.

★ £50 will be donated to Ingleton Swimming Pool, albeit somewhat grudgingly.

★ Councillor Cowling made another plea for the Council to support planning applications where the only objection is one of access, on the grounds that most of Bentham consists of old inadequate access routes. Other Councillors did not agree and the motion was defeated.

★ The Low Bentham houses will be allocated within the next 6 weeks.

The next Council meeting will be on Monday 7 June.

Kate Steele



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999 POLICE FILE

by Inspector John McCann

Since my last article the following crimes have been committed in the Bentham area.

☆ 16th April in Tatterthorn Road a car was broken into by having two windows smashed. A medical bag was stolen containing drugs and prescription forms.

☆ 19th April Yorkshire rambling cottage was entered by forcing the front door. Nothing is believed to have been stolen.

☆ 20th April wheel trims taken from a Vauxhall Cavalier car parked in Grasmere Drive car park.

☆ 14th May An Astra was broken into and electrical equipment including Black and Decker drill and CD player and speakers was stolen.

☆ 2nd May A burglary occurred in Low Bentham Road when the householder disturbed two men who then ran off. They are described as wearing balaclavas and dark clothing and had gained entry to the house via a kitchen door. Nothing was stolen.

☆

CRAVEN CRIME LINE

Skipton Police have now introduced a telephone service for members of the public to ring with information about drugs, crime and vandalism. It is called the 'CRAVEN CRIME LINE' the number is 0423 539729. For local calls ring Ingleton 41217 and ask

for extension 3729. The line will be accessed by a duty detective each day. Members of the public who feel they wish to remain anonymous can still use this line and the information will be acted upon. However, wherever possible you should give your personal details so that a police officer can make a follow up enquiry and make full use of the information you have.

INGLETON'S NEW PC

Since the last issue I am pleased to announce that PC Paul Gallen has been posted to Ingleton and has filled one of the two vacancies that existed. It is quite a change of scenery for him as he was previously patrolling the East End of London.

SETTLE'S NEW DC

Also we have a new detective constable at Settle who will also investigate crime in the Bentham Area, he is DC Martin Woodley.

SKATEBOARD DANGER

Finally Bentham officers have asked me to bring the attention of parents to the dangers involved where children play with skate boards on footpaths near the road. The elderly using footpaths are in obvious danger as are the children themselves if they go onto the road. Please watch over your children and make sure they are safe.



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YOUTH CLUB NEWS

from Vi Christensen and Sharon Haslam

The good news is that the Youth Club continues to thrive!

At the recent AGM, we were happy to report to the Advisory Committee that the club is fit and healthy. The Junior Club attracts around 40 youngsters, and the Senior Club now has about 15 members, and we hope it will carry on growing in the autumn. Our financial situation is also more secure, and the disco looks good too.

COMMITTEE CHANGES

We'd like to mention Brian Cowling, who resigned at the AGM as secretary to the Advisory Committee. We would like to thank Brian for all the hard work he has done on our behalf over the years. We are delighted that he has agreed to stay on the committee, because his enthusiasm is something we all value. We would also like to welcome Maxine Halstead and Cathy Johnson, who have recently joined us on the committee, and we hope they will have a long and enjoyable stay with us.

PROGRAMME INCLUDES TRIP TO ALTON TOWERS

We have a new programme of activities out, so please look for details on the centre pages of "Bentham News" as you don't want to miss anything! A major event is the trip to Alton Towers on June 19th. All club members are welcome on this trip, and we would particularly like to encourage any parents who would like to join us on this super day out. Please contact either Sharon (62018) or Vi (62688).

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SUIT YOURSELF

"Suit Yourself", our drop-in session for young women, started on 20th April, and has



been meeting weekly since. It is open to all women, with or without children. Together we have drawn up a programme of activities which we are interested in finding out more about or that we might just enjoy doing together, and again details of these can be found in the middle pages of "Bentham News". As you can see, we will be looking at a lot of different topics, sometimes inviting professionals in to stimulate our discussions, and will also be sharing practical skills with each other. However, the main purpose of "Suit Yourself" is to provide an opportunity to have a cuppa, a chat, to enjoy the companionship of other women and a break from the children.

"Suit Yourself" is proving to be very popular. Perhaps you should come along and see if it suits you?

SPONSORED KNIT FOR ARC

On Thursday 6th May, 18 lady supporters of the arthritis and Rheumatism Council, knitted away for an hour, at a sponsored knit in the Methodist Schoolroom. As a result, between £500-£600 was raised towards funds. The exact amount will be known when all the money is collected in - well done ladies!!

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SPORTING EXCELLENCE AT SETTLE HIGH

by Christine White

Settle High School has continued to produce some excellent individual and team performances throughout the 1992-1993 season, and these reflect the commitment and enthusiasm that pupils and staff have towards sport at the school. Amongst the 16 pupils who have been selected to represent the area in a wide range of sporting activities are local youngsters LAURA WIDDOP and JAYNE LAWSON (U 19 Netball), IAN COATES (U 15 Soccer), JONATHON BOADLE (Junior Cross-Country) and MATTHEW WHITFIELD (Senior Cross-Country).

CROSS-COUNTRY

The school teams have been extremely successful this season. The Intermediate Cross-Country team came first at Claro-Craven level with JONATHON BOADLE among the runners who provided the individual results to ensure the team's success. The senior performances centred around Clapham's MATTHEW WHITFIELD, who has fulfilled his early promise and looks set for a sporting future. He has already run for England and is likely to again before the year is out.

NETBALL

Interest in Netball has continued to be extremely strong at the school, and 3 teams have been active this season. The U 16s played at area level, and FAY BIRKETT stood out from the crowd and was selected from over 30 trialists at the Claro-Craven trials for her age group. The U 19s got through to regional level in the All England Netball Association Tournament, and Bentham's LAURA WIDDOP and JAYNE LAWSON were outstanding players. The U15s have improved too and will need watching next season. To raise funds for the netball club members have run a cake stall and five girls climbed Ingleborough in less than 3 hours!

RUGBY

It was a year of mixed fortunes for the Rugby Teams with the U14s struggling throughout with an unsettled side. The U15s

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enjoyed a successful year, being beaten only twice and showing some good all round team performances. Their powerful pack provided a sound platform with SAM PEARCE part of a back row which made the difference in many games, linking well with the backs where ALAN DUNCAN was an outstanding player. The first XV had an excellent year going unbeaten throughout! Captained by CHRIS HOWARTH, who led consistently by example, there were a number of outstanding players. Particular mention must go the RORY HOWARTH who kicked almost faultlessly and was a rock at full back, and COLIN JOHNSON and MICK CARR also won their spurs in a sterling season.

SOCCER

While mixed fortunes greeted the U14s soccer team, the U15s looked to be a team with potential. The effective back four included IAN COATES and ALAN DUNCAN, SAM PEARCE played his part by linking skillfully and JONATHON BOADLE was consistently a thorn in the flesh of defences. The first XI also had many notable wins. TIM BROWN captained the side and has been the team's outstanding player showing commitment and intelligence to match his skills. He will be bowing out this year along with JIM BOLTON and CHRIS KETCHELL.

EMPHASIS ON ENJOYMENT AND PARTICIPATION

Although all pupils are encouraged to achieve excellence at Settle High the emphasis throughout is always on participation in sport and physical activity. Lunchtime aerobics sessions have been very popular and have reflected the pupils' interest in following a healthy, active lifestyle. This interest will hopefully be further encouraged by the proposed floodlighting of the tennis courts, which can then be used in the winter evenings by both school and community. Planning permission for the floodlighting is being sought and promoted by the Community Association at the High School.



COUNCIL CONCERNS

by Councillor
Ralph Atkinson

ELECTIONS

What a turn-up for the book Thursday 6th May was. But only the future will tell whether it'll have any effect on Govt. policies and personalities. As I've often said there's usually been an initial justification for many of the actions taken by Govt.-rates, council housing, health services, etc. - but it's been how they've carried them out which has been at fault - hastily conceived policies, poor or nil consultation, simply taking things too far and then forced U-turns.

Our own County Council is now technically a hung council with 35 Liberal Democrats: 29 Tories: 24 Labour and 8 Independants. So far I've only met the new Libs and they're quite an impressive lot. Mostly they're in the 30-40 age range, professionals and with a lot of experience of local government. As the largest party we have elected to take the chairs despite the feeling of some of us that shared responsibility might be more in line with our principles. The next step is committee appointments.

REORGANISATION

The latest news about re-organisation is that the Commission have required details of the 4th option - that of combined districts. In our case this would mean combining Craven and Harrogate. I think that is quite the worst option and completely against the Govt's. intent of getting a feel of closer identification with communities. As you know I've consistently favoured the two-tier option, up-dating it to modern needs, on the ground that it is the best compromise. However, we'll have to wait until 21st June for the Commission's ideas. I hope that if the Harrogate/Craven option is chosen many of you will object.



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DISTRICT COMMITTEES

Appointment to committees on the District Council is done every year and this is now partially completed. John Pilkington and I are on our old committees, John on Housing and myself on Environmental Health. Chairmen will be chosen at the Annual Meeting of the Council on 18th May.

LOCAL MANAGEMENT OF SCHOOLS

The debate on Standard Assessment Tests (SATs) has occupied the national press all month but so far as we are concerned the most important educational event has been Local Management of Schools (LMS). From 1st April, with the help of a series of training courses, governors have taken over the management of finance and personnel, etc. They now have considerably greater responsibilities than before and will need the full support of all concerned. Governors appointed by the LEA complete their present term in August. I should like to thank them all and I hope most will be prepared to be reappointed and continue with this important job for the community.

TRANSPENNINE ROADS

It seems that we are safely out of consideration for new or 'improved' road routes across the Pennines. Now the debate is concentrating on the A66 and South Craven, namely the A65/A59 east of Skipton with a link up to east Lancs. Hopefully, we've managed to get more emphasis put on rail but since December another 750,000 tonnes of freight has transferred from rail to road and this is set to continue, partly because of the minimum 4.5% profit Govt. insists BR makes on its freight operations.

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FURTHER THREAT TO THE POST OFFICE

from Alison Wilken Subpostmistress
High Bentham
and Frazier Wilkens Subpostmaster
Low Bentham

I apologise for having to write about more bad news, but a further blow to the P.O. has been caused by the D.S.S. which has launched a campaign to encourage direct payment of all benefits into bank accounts. Previously customers were offered the option of either receiving weekly cash payments at the P.O. or direct debit payments four weekly in arrears into bank accounts. Many customers realised the importance of maintaining P.O. services and therefore chose to use the P.O. to collect their money. In future claimants will receive forms that either do not mention payment at the P.O. or actively discourages them from using the P.O.

At this stage it is important to realise the implications of such a campaign. Without D.S.S. payments all P.O.'s. will be further threatened, closures will occur and rural offices especially will be placed under the greatest threat.

WHAT CAN YOU DO?

★ Customers currently receiving payments by direct debit can still choose to change to cash payments at a P.O. by writing to their D.S.S. office who will supply the necessary form. In future the choice to change payment methods could be removed so action needs to be taken now. Every customer choosing to collect payment at a P.O. helps to protect the future of that office for all the community.

★ Customers reaching pension age or due to receive benefit who wish to use the P.O. should ask the D.S.S. for the necessary forms. Do not be pressured into accepting direct debit payments if this is not what you really want.

At this stage the D.S.S. campaign can be thwarted so please act now to safeguard the future of P.O. and local services to the community.

Below we print an extract from a reply received by a BN reader from the Royal Mail. Readers who wish to continue the campaign in support of the Post Office can still do so by writing to Mr. David Higham at the address below.

"I would like to stress that the Review presently being undertaken takes in the entire North Wales, North West Division of Royal Mail which stretches from Carlisle in the North to Brecon in the South. No firm decisions have, as yet, been taken, although our underlying aim is to reduce the number of links in the delivery chain and thus reduce the opportunities for error.

I should explain that Royal Mail and Post Offices Counters Limited are two separate businesses operating under the Post Office umbrella. The Royal Mail Review currently under consideration refers only to local sorting and delivery facilities. Post Office Counters has made a commitment to maintaining its rural network and Royal Mail will take into account the impact of any changes on this rural network before reaching any decisions.

I am extremely pleased to hear that you have a good working relationship with your local Post Office at Bentham and would stress that it is always our intention to look after our business customers.

The prime aim of Royal Mail is to ensure that we provide an excellent "value for money" service although our main consideration is always to improve the quality of our services still further.

Thank you once again for registering your concerns. At this stage opinions from our customers are vital so that we can take account of the views of all concerned before any final decision is taken.

Yours sincerely
David Higham, Area Manager
Royal Mail House,
Junction Street,
Carlisle, CA1 1AA.

LOCAL BUSINESS SCOOPS TOP AWARD



A press release from the partners of The Yellow House Art Company, based in Low Bentham, announces that they have won third prize at the Livewire Start-Up

Competition. The award not only means a cash prize, but also the prestige of being associated with LIVEWIRE, which is sponsored by Shell and supported by many other major businesses. Both partners were surprised and delighted at receiving the award, which means that they were singled out from the 1,200 businesses that entered the competition.

Jeff Tudor (aged 25) and Adrienne Liron (aged 23), who formed Yellow House Art Company a year ago, both moved to Bentham from London and a career in television production, 2 years ago. Before this they were both ballet dancers in the Vienna Ballet Theatre, which toured Europe performing ballets such as Swan Lake and Nutcracker. The idea for Yellow House Art Company came when Adrienne was working as an art researcher for a video production, and the business has had support from the local Enterprise Agency, the local and county councils, and from the Prince's Youth Business Trust.

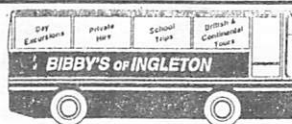
Their company prints works of art onto T-shirts for all the major art galleries in the country, and has printed other designs such as logos, including an order of 13,000 T-shirts for the BBC Clothes Show Live. Yellow House is now launching its own range of designer T and sweat shirts and fine bone china mugs. Their range includes musical cartoons by the world famous Gerard Hoffnung, cricket designs and modern designs by Jeff himself. They aim to provide a top quality service, whether for art gallery customers or by providing retailers with their own range of gifts.

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PLEASE NOTE:- Lennie Cockerton, who looks after the bottle bank, has asked us to ask people to use all the compartments in the bottle bank. Also please do not leave bags of bottles outside the bottle bank as children seem to delight in the pastime of breaking them. This causes a hazard not only to the children themselves but also any animals in the area.

N.S.P.C.C. COLLECTION SUCCESS

The recent House to House Collection held in High and Low Bentham and Burton in Lonsdale for the N.S.P.C.C. realised £840.40. Many thanks to all who helped and supported this event.



BIBBY'S OF INGLETON

1993 HOLIDAYS

- 13-22 July Austrian Lakes & Mountains £409
- 25-31 July Bournemouth & New Forest £239
- 4-10 Sept Inverness, Loch Ness & Highlands £259
- 23 Sept-2 Oct Classical Italy-Lake Garda £375
- 23-29 Sept Killarney & Kingdom of Kerry £289

Day Excursions

- Weds 9 June Carlisle £4.80
- Sun 13 June North Wales Coast £9.00
- Tues 15 June Blackpool/Fleetwood Mkt £4.00
- Weds 16 June N'thallerton Mkt/Dales Circular £5.00
- Thurs 17 June Bridgmore Nurseries/Stapeley Water Gdns £8.00
- Sun 20 June Oban £15.00

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PUBLIC TRANSPORT

RAILWAY TIMETABLE

from 17th May 1993 to 3rd October 1993

LEEDS-LANCASTER.

MONDAY - SATURDAY

Leeds	Bentham	Lancaster
	0614	0650
0901	1032	1105
1301	1432	1509
1631	1801	1842

SUNDAYS

0914	1041	1117
1405	1532	1608
1705	1832	1902

LANCASTER - LEEDS

MONDAY - SATURDAY

Lancaster	Bentham	Leeds
0715	0756	0925
1125	1154	1324SX
1220	1252	1426SO
1522	1551	1724
1947	2016	2146

SX Saturdays excepted

SO Saturdays only

SUNDAYS

1355	1423	1550
1855	1923	2050
1953	2021	2150

BUS TIMETABLE

BENTHAM - LANCASTER

MON - SAT

Ing 0720 0920 1050 1150 1305 1450 1555
1653 1853

H.Ben 0740 0940 1110 1210 1325 1510 1530
1614 1713 1715 1913

L. Ben 0745 0945 1115 1215 1330 1515
1535 1618 1718 1720 1918

Lanc 0825 1024 1154 1254 1409 1554
1615 1700 1758 1800 1956

LANCASTER - BENTHAM

MON - SAT

Lanc 0752 0800 0810 0945 1045 1145 1300
1345 1445 1545 1630 1645 1745

L. Ben 0828 0840 0855 1024 1123 1224 1338
1424 1524 1623 1708 1724 1828

H. Ben 0833 0840 0855 1028 1127 1228 1342
1428 1528 1627 1712 1728 1828

Ing 0900 0900 0912 1047 1146 1247 1401 1447
1646 1747 1847

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ALBUM REVIEW

By David Greenep.

GROUP - MISS WORLD

LP - 'MISS WORLD'

Miss World, a very positive name with four very positive musicians with a lot of experience. Although you may not have heard of them, they have actually had their album out since November '92 and have had their first single released called 'The First Female Serial Killer' that sadly didn't go anywhere. The group consists of ex-Pretenders' drummer Martin Chambers, guitarist Jimmy Taylor and bassist Peter Noone, (not the man from Herman's Hermits), Noone is from ex-group The Cross which featured Roger Taylor (Queen drummer) on lead vocals. Taylor has been around for quite a while, from the early days of XTC and then with another group called Stadium Dogs, where he established a reputation which carried him through to the quietly successful group, The Original

Mirrors. He then fronted The Flame at the end of the eighties. In the nineties he teamed up with producer, singer, songwriter and guitarist Dave Stewart, to become the Spiritual Cowboys which are still going today.

'Miss World' is on Dave Stewart's Anxious label and is a very good album in a David Bowie, Iggy Pop style. The album has a great range of style and even a great version of 'What a Wonderful World' by Louis Armstrong with good vocals and good music, but it lacks something that would make it a hit. This album is quite difficult to get hold of as I have had to order it and wait for a while before it came. But if you are interested it can be ordered from any good record shop.

I give 'Miss World' 7 out of 10, nice to listen to but it lacks something, I don't know what, but it isn't there!!

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LOCAL EVENTS IN JUNE

- Thurs 3rd** High Bentham W.I. 7.30pm in the Lower Town Hall. Speaker:- Mr. Brian Higgs - "Yesterdays Shopping". Visitors welcome to this meeting, 50p admission.
- Fri 4th** "Unplugged" at the Black Bull at 8pm. Guest Tom McConville.
- Sat 5th** St. Margaret's coffee morning in the Ballroom at the Town Hall. 10am - 12noon.
- Sun 6th** High Bentham Methodist Church. Speaker Mr. Brian Davies M.A. and soloist Mrs Sylvia Wilson at 10.30am - 6.30pm.
- Mon 7th** Town Council meeting in the Town Hall 7.30pm.
Bentham Youth Club - Parachute.
10 - 11am Step Class (tel Heather to book 61008).
6.30 - 8pm Step and Tone (tel 61008 to book)
- Tues 8th** "Suit Yourself" drawing and painting 1 - 3.30pm.
Tatham Fells W.I. 7.30pm - Mr. Ben Andrews 'Gardeners Question Time'.
Bentham Baby Clinic at the Health Centre.
Bingo at the Black Bull 7.30pm for Craven Wanderers Junior Football.
- Fri 11th** Men's tennis match at 6.30pm against Kendal.
6.15 - 7.15pm "Legs, Tums and Bums" Town Hall no need to book.
- Sat 12th** Bible Society coffee morning in the Town Hall 10am - 11.30am.
Men's tennis match at 2.30pm against N. Lonsdale.

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Sat 12th

Guided circular walk over Burn Moor including Stonegrove and Big Stone (8 miles). Leader John Pilkington (tel 61757). Please meet at Bentham Bridge 10.30am.

Lowgill Sheepdog Trials and Sports at Lowgill School all day. Trials 8am Fancy Dress 1pm, 7-a-side football 4.30pm, sports 6.30pm.

Elijah by Mendelssohn given by Langcliffe Singers & Settle Orchestra at Kirkby Malham Church at 7.30pm.

Sun 13th Elijah by Mendelssohn given by Langcliffe Singers & Settle Orchestra at Giggleswick Church at 7.30pm.

Mon 14th Bentham Youth Club - baking.
10 - 11am Step with Heather, 61008 to book.
6.30 - 8pm Step and Tone, Town Hall 61008 to book.

Tues 15th "Suit Yourself" sewing clothes 1 - 3.30pm.

Bingo at the Black Bull 7.30pm for Craven Wanderers Junior Football.

Wed 16th Bentham Youth Club - Video Night.

Thurs 17th Low Bentham W.I. Members Night..

Fri 18th WASTE PAPER COLLECTION at the Legion Hall 8.30am - 11am. Proceeds to N.S.P.C.C.

6.15 - 7.15pm "Legs, Tums and Bums", Town Hall no booking.

St. John's the Baptist "Concert of Summer Music" at 7.30pm.

Sat 19th Playscheme coffee morning in the Town Hall. Cake Stall, tombola, bran tub and raffle.

Sat 19th Auction of Promises at High Bentham C.P. School 7.45pm. Tickets £2 (including ploughmans supper and a glass of wine) may be purchased from Barwise's Bakery.

OFF THE WALL - Midsummer revelry at Sherwood House.

Bentham Youth Club trip to Alton Towers.

The Countryside Society Outing to Heysham Power Station Nature Reserve, led by Dr. Jennifer Newton. Meet at Observation Tower Car Park at 2.30pm.

Mon 21st Bentham Youth Club - Sports.
10 - 11am Step with Heather 61008 to book.
6.30 - 8pm Step and Tone, Town Hall 61008 to book.

Tues 22nd "Suit Yourself" Keep fit with Heather Guy and Money Management 1 - 3.30pm.
Bentham Baby Clinic at the Health Centre.
Bingo at the Black Bull 7.30pm for Craven Wanderers Junior Football.

Wed 23rd Bentham Youth Club - Sports.

Fri 25th Playscheme 'It's a Knock-Out' and Barbecue. High Bentham Playing Fields at 6pm.
6.15 - 7.15pm "Legs, Tums and Bums" Town Hall no booking.

Sat 26th Methodist Church coffee morning in the Town Hall.

Sun 27th Conservatives' Antiques & Lunch at Bentham Hall Barn - See advert on page 2.
Guided circular walk round Lowgill (6/7 miles). Leader Keith Wear (tel 61881). Please meet at Lairgill at 1.15pm.

13 Mon 28th Bentham Youth Club - Quiz.
10 - 11am Step with Heather 61008 to book.
6.30 - 8pm Step and Tone, Town Hall 61008 to book.

Tues 29th "Suit Yourself" Alternative Medicine with Mary Swale and Working with Clay 1 - 3.30pm.
Bingo at the Black Bull 7.30pm for Craven Wanderers Junior Football.

Wed 30th Arthritis and Rheumatism Council Open Garden at Parkinsons Farm, Main Street, Bentham. 10am - 4pm.
Bentham Youth Club - Games.

LOCAL EVENTS IN JULY

Thurs 1st N.S.P.C.C. Monthly meeting at 3, Springfield Terrace 1.30pm.

Fri 2nd Bentham News published.
6.15 - 7.15 "Legs Tums and Bums", Town Hall no booking.

Sat 3rd Open Garden for the N.S.P.C.C. at Parkinsons Farm by kind permission of Mr. & Mrs Atkinson. 10am - 4pm.
BENTHAM NEWS coffee morning.

Wed 7th Annual coffee morning / Bring and Buy at Burncroft, Robin Lane 10am.

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THE RANTER

As a consequence of the fortuitous outcome of the 2.30 at Doncaster last week, The Ranter is now solvent and has regained an interest in matters fiscal. And so, once more to the gentle art of shopping in Bentham.

Many of Bentham's residents would enjoy the benefits of shopping locally if the shops would stay open after 5pm occasionally! Those of us who work outside Bentham cannot get home in time to squeeze the peaches before the shutters are rolled down. Many of the shops seem to enjoy revolving the "closed" sign into one's face with "extreme prejudice" at exactly closing time! Some traders seem to take a more enlightened view towards closing time in spite of the early start to their trading days, but they still close too early. The rest of the shops have similarly unsatisfactory arrangements. In fact, Bentham has more variable half-day closing feast days than a humanist can shake a stick at. The bakers always appear to be on the verge of selling their last loaf by nine in the morning!

These trading hours play handsomely into the hands of supermarkets and their awful canned music and three wheeled trolleys. And don't bother writing to me to say "that was an ill-informed and unbalanced remark" because I am happy to take my unbalanced purse to empty into someone else's till. If only Bentham traders would give me the opportunity to do so between 5pm and 7pm on a weekday at least once a week!

The first bank in Bentham to install a cash dispensing machine can look forward to the immediate transfer of my (not inconsiderable) assets to their branch before you can say "Black Wednesday". The remaining branches can conduct their merchant banking without a pot to piss in thereafter.

N.B. Vulgar correspondence from bank managers will be dealt with in my usual brisk, but medically efficacious, way.

Name the Ranter Competition

All of which brings me round to this month's Ranter competition. The identity of the Ranter seems to be creating a small diversion amongst Bentham's chattering classes. Therefore, the competition is to identify the Ranter. To win a cash prize you must approach your suspect whilst in the pub and announce confidently

"You're a fat, ugly Ranter, and I claim the five pounds!"

Please Note:- the Ranter is not a local publican, so please spare his grace Mayor Telford the embarrassment of explaining the error to you.

Good luck everybody!

Next Month:-

Those young men digging up Main Street get what's coming to them! Oh Yes, Oh Yes!



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THE INTERVIEW

by Tom Cahill

This month we interview Peter Nightingale, the newest doctor in the Benthams surgery.

When did you arrive in Benthams, why did you come?

I was born in Manchester and did my GP training in Lancaster. In 1988, we went to Zambia. We had three phone calls in two years, and one of them was for a job in Benthams. So I flew back for an interview and got the job. I was quite keen to stay around Lancaster where we had friends.

What do you like best about Benthams?

The situation, considering our outdoor interests, we were keen walkers, before the children. But I've been most impressed by the community spirit. The network of families in Benthams is quite strong. It can be quite daunting for an outsider to come into, I'm still learning.

If you had to live somewhere else, where would you live?

Africa. Probably rural East Africa. Parts of Malawi were fantastic. Its got the lake, the mountains, it just has very dodgy politics. That aside, it is quite a place to live. The actual people are fantastic. And the elderly were treated as having a wisdom which we don't give old people credit for.

What sort of music do you listen to?

I actually listen to Postman Pat and Thomas the Tank Engine, everywhere. I like Genesis, Dire Straits, Beatles, but recently I'm listening to more classical music, more for relaxation. My favourite piece is Handel's Water Music.

Your favourite walk?

Down by Shaky Bridge. The far side of the Wenning. It actually takes you by Joan Atkinson's seat, which obviously has a special meaning to us.

Favourite viewpoint?

From the top of Ingleborough. Christopher had done all Three Peaks before he was six months old.

If you could spend a million quid to improve Benthams, what would you spend it on?

It would be a community centre, with day care for the elderly, which will be increasingly important. And sports facilities. Maybe a swimming pool, squash courts.

There are a lot of fed-up youngsters who could use a focus of activity.

What are the most serious problems facing Benthams?

Perhaps I get a jaundiced view, but I see an awful lot of lost and somewhat desperate young people. There should be more hope for the youth, something to stop the feeling of drifting. There is also a serious problem of transport, for anyone without a private car. You just can't get anywhere. Its a kind of economic apartheid.

Favourite fruit, vegetable and pudding?

Baked potato, mangos, and Christmas pudding.

Two books for your desert island?

The Bible. That would keep me going for a bit. Its something I would like to have spent more time on, but have never got round to. I am undergoing a bit of change of viewpoint, wrestling with some of the doctrines. I think for my second book I'd probably have an encyclopedia.

What's the best health advice you could give to people?

Probably the most important thing is enough physical activity. Keeping physically fit helps keep you mentally fit and generally helps you cope with life better.

What about "complementary medicine" on the NHS?

Due to changes in the recent past, there is a gap in care, especially in socially supportive work with people like the lonely, bereaved, those with chronic pain or psychological problems. People forget that there are gaps in what traditional Western medicine has to offer. That's where complementary medicine comes in. Acupuncture is important, I already refer people for acupuncture on the NHS. Chiropractors are probably better than doctors at treating lower backs. Things like homeopathy, well, I don't know that much about it. Hypnosis is another one that really does help you. There will be more room for these in the future.

What is the most rewarding aspect of your job in Benthams?

Its when people feel better, that's my business. That feels good. I don't mean getting people back to full health. Very often we can't do that. There are a lot of chronic conditions we can't cure. Just helping people feel better.



CATH MITTON

by Chris Mitton

At the end of April Cath Mitton died after an illness of some months. Cath was born in Barnoldswick in 1954 but moved to Low Bentham in her early childhood. Cath worked as a cook at Harden Bridge Garage and also at Stainforth House.

For 10 years she has lived on Springfield with husband Chris and children, John and Sarah. She will be missed in the neighbourhood. Our sympathies are offered to her family in their sorrow.

JOHN HODGSON REID

by Christopher Reid

John, whose sudden passing at the age of 82 was a great shock to us all, was one of Bentham's "Old timers". He was a happy and cheerful character who will be sadly missed by everyone who knew him.

Born at 5, Tweed Street he then lived at "Lingstead". After finishing his schooling at Bentham Grammar School he became a wireless operator on passenger ships sailing between New York and Rio De Janeiro. Later his thirst for adventure took him to the seas of North Russia, Spitzbergen and Iceland on trawlers.

Returning to Bentham he became the local coal merchant and a haulage contractor. After 25 years he returned to sea as wireless operator with the Royal Fleet Auxiliary, stationed in the Far East.

He later acquired "Meregill Farm", and then moved onto Ingleton where he became relief postman. He returned to Bentham for his retirement and from here he made three trips to South Africa. Later he moved back to Ingleton where he purchased a field and a horse. At the age of 74 he and his two granddaughters hitched up the covered wagon and did the round trip to Appleby Fair.

Were wanderings over? No not John's, one final trip burned in his mind, and at the age of 78 he made the journey to stay with old friends in Australia.

John loved nature and the outdoor life, his daily walks at the crack of dawn took him far and wide meeting people. He enjoyed a good chat, especially about the old days. A true family man, we will miss him dearly.

Mrs F. Reid and family would like to thank John and Pat Mollit, friends and relatives for all their kindness, comforting cards and letters and their donations to the Evangelical Church.

BRIAN COWGILL

Bentham sees the loss of one its stalwart workmen. Brian Cowgill, who died on Tuesday 18th May after being seriously ill with cancer for 6 months, was born in Annan, South West Scotland. Brian had lived and worked in Bentham for 60 years. He came to Bentham from Barnoldswick in 1931 when his father started a plumbing business in the village. Later, Brian ran the business in partnership with his brother Peter. He became very well known in Bentham and the surrounding district, having worked in most houses in the area. His high standard of workmanship and friendly manner were renowned.

He played for Bentham Cricket Club and more recently was a member of the Golf Club. He was a past Chairman of Bentham Conservative Club. Brian was a hard working and considerate person who will be greatly missed.

IN MEMORY OF LEE SHARPE

by Christine Hodson

Lee, who died sadly on May 9th aged 2 years and 10 months, was a very happy, delightful little boy, always full of fun, love and a beaming smile. Lee attended High Bentham Playgroup where he will be greatly missed. The hearts of people in Bentham go out to his parents, Margaret and Norman, and his big brother, Matthew.

AUDREY FORSTER

from Frances Forster

Audrey Forster, who died recently, was born in Whitehaven and later moved to Gretna Green where she was educated at Gretna Public School, Annan Academy. In her youth Audrey was a great walker, belonging to a Church Youth Club which had "hiking" on the agenda. She moved to Station Road in 1925. After a short spell teaching at Hillcroft School she took a secretarial course. Audrey was employed by Settle Lines Ltd and moved to Glasgow to help open an office there. She returned to Bentham and was employed at Telamite Ltd. Finally she went into the business with her brother Frances.

BN OBITUARIES

As you can see this month we have printed a number of obituaries. The deaths of so many Bentham people in the last few weeks have brought sadness into many families, and the lives of most of us have been touched in some way by the passing of those we knew and loved, both young and old.

The appearance of obituaries is a sensitive issue, and we leave it up to the families and friends of the deceased to contact us should they wish something to appear in BN. It is for this reason that obituaries do not appear to mark the passing of each Benthamer, and we do not operate a policy of selection.

HEALTH CENTRE ALTERATIONS

from Dr. Ralph Sullivan

So far the building works at the Health Centre have only affected the consulting rooms and the offices. This has meant we have been rather cramped and some surgery times have changed, but the entrance and waiting room have been unaffected - apart from the arrival of comfortable chairs in the waiting room!

Sadly this state of affairs is about to come to an end. The builders are due to begin work at the entrance to the Health Centre on June 7th. From then, until the alterations are complete, the usual entrance will be in the middle of the building works. We have made a temporary entrance to the building for patients and staff through what we call the annexe. This is reached from the footpath which runs beside the Health Centre from Grasmere Drive to Goodenber Road. A new path of paving slabs has been laid across the grass. There is a slight slope to the door, but no steps to climb. Inside the door is a corridor which leads to reception and the waiting room. The route is clearly marked.

This entrance will be the only way into the Health Centre until the alterations are complete. This is scheduled for November.

Again we apologize for any inconvenience these changes may cause. If you have any difficulties with the temporary arrangements please let us know.

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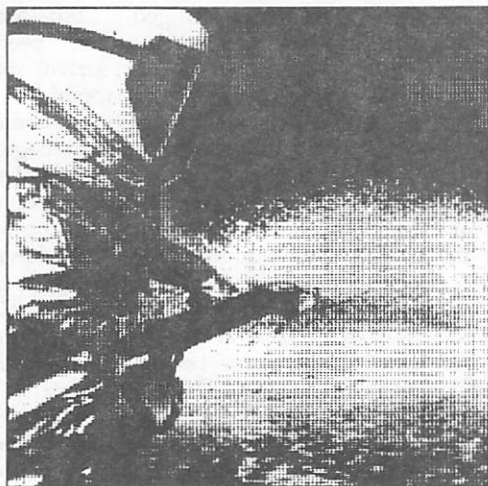
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ANGUS HELPS TO PROTECT THE ENVIRONMENT

by Keith Cowling



It was great to open the building industry trade press recently and see Angus Fire prominently represented among firms backing the Halon Users National Consortium (HUNC), the government sponsored body helping industry wean itself off the use of the halons that are thought to be responsible for damage to the ozone layer.

Product Manager, Jonathan Brittain, says Angus withdrew from supplying Fire Extinguishers containing halons last year. In Bentham the scientists have been developing new halon-free systems that are at least as good as the old products, like the Floatafoam system for protecting large hydrocarbon storage tanks, which has attracted interest from all over the world; and a high-expansion foam system called Turbex, for fire hazards in ships' engine rooms, which was tested with outstanding success recently at the Merchant Navy Fire Training School.

As one of the world's largest manufacturers of foam, Angus have responded rapidly to the scrutiny that foam products now receive in relation to their

environmental properties. Much attention has been focused on AFFF foam because its main ingredient is environmentally harmful detergent, and the search has been on for a less toxic and biodegradable alternative. In an extensive foam test programme carried out by the German government recently the Angus product Petroseal FFFP, made from natural proteins, emerged as the most environmentally friendly of all. This and other Angus products are already finding favour with many environmentally conscious customers like the British Airport Authority, who recently switched over, and the UK end of the Channel Tunnel.

Well done Angus for showing others the way!



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7, Main Street, High Bentham
Tel 61904.

An extremely generous donation was received in appreciation of Meals on Wheels, Bentham News and people who care, from a grateful Bentham Pensioner.

BENTHAM PEOPLE PERSONAL THANKS

Denis and Betty Taylor wish to thank sincerely all relatives and friends who helped to make their Golden Wedding Party a night to remember, also many thanks for the beautiful cards, gifts and generous donations to Bentham Health Centre.

Annie Frankland wishes to thank all her relations and friends for the beautiful cards and flowers received on her 90th birthday. Also many thanks to the Methodist Church friends BWTA and MENCAP Society for cards and flowers. Thanks also to John and Margaret for all their kindness not forgetting the kindness of all the nurses on Harden Ward. Thank you and God Bless.

Chris Mitton would like to thank relatives, friends and neighbours for their support on the occasion of Cath's death. The collections for St. John's Hospice totalled £394 59p.

Marjorie Cowgill and family would like to thank friends and relatives for their cards, expressions of sympathy and kindness received after the death of Brian. Special thanks to Dr. Story and nurses at the Health Centre

Francis Forster would like to thank everyone for their sympathy and cards after his very great loss. He would also like to thank the motorists who took him to the hospital during Audrey's illness.

Margaret, Norman and Matthew would like to thank all family, friends and everyone for their support and love during the past few weeks.

Sincere thanks to everyone for all the cards, gifts, flowers, help and visits. I'll be back - soon. Janette.

FOR SALE

Stable manure for composting, 10 bags £3. Delivered locally 62176.

Boys Mountain bike 6 - 7 years. £45 ONO. Tel 62251. Ex Condition.

EVENTS

In aid of SHELTER - The Annual Coffee Morning/ Bring and Buy at Burncroft. Robin Lane on July 7th at 10am. Items for Clapham Market Stall on 24th July badly needed. Please help Tel 61544.

Lowgill Sheepdog Trials and Sports on Saturday 12th June at Lowgill School. Trials 8am onwards., Fancy Dress 1pm, 7 a-side football 4.30pm, Sports 6.30pm. Tel 61620 for further details.

In aid of LOW BENTHAM PUBLIC HALL

BAR-B-QUE and DISCO with bar and marquee, is to be held at The Punch Bowl, Low Bentham on Friday 9th July 8pm - 1am for 18's and over. Tickets £4 from:-

- ★ Sue Greenfield 61048
- ★ Sharon Haslam 62018
- ★ Pridmores Shop
- ★ Sid the Milkman 61087
- ★ Maxine at Pigtales.

Come on folks and have a night out and let your hair down

INGLETON SWIMMING POOL OPEN

- ★ Weekdays 4.30 - 7pm.
- ★ Weekend - 10am - 12noon & 2pm - 4pm & 4.30pm - 7pm.

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YOUR LETTERS ²⁰

and comments



Dear BN

Re: May - Town Council - Misc.

Tom Cahill mentions a campaign to plant daffodils and crocus. I had the same idea.

For a short while they provided a lovely show of colour but all that has happened is that I have supplied bunches of flowers to brighten other people's homes i.e. Mother's Day and a "doggy loo" for those 3 or 4 inconsiderate and unsociable owners who leave behind the faeces instead of taking it home with them.

A solution to these problems is needed first - any suggestions?

Mrs Gilroy,

Braeside,

Cross Lane, Low Bentham.

Dear Sir/ Madam,

With reference to the article written in the May Edition of the Bentham News by Keith Cowling, relating to Banks and Building Societies in Bentham.

I wish to assure all our customers at the Britannia Building Society that monies paid into our agency are credited to their accounts on the same day.

It might have been better if the writer had made some enquiries from the various Societies before writing the article in question, as I am sure that he will find that they also credit their customers' accounts in the same way as we do.

Another main feature which he omitted to mention was the withdrawal facilities available to customers. We have the facility to make withdrawals of up to £5,000 per day, and we would reiterate that we also are committed to maintaining a good service, as I am sure are all the Building Society Agencies.

Yours Faithfully

H. Wood,

Agent - BRITANNIA BUILDING SOCIETY.

Dear Bentham News

We read with interest Mr. Cowling's letter regarding Building Societies in the town. It would seem that he has not done his homework about the other agencies in the town. The comments about the facilities offered by the others, two in particular have been giving a full same day service for years. Where have you had your head buried Mr. Cowling. You are making near libellous statements. Bentham News Coordinators be more aware of these dangerous statements.

M.A. Bradley,

Main Street, High Bentham.

Keith Cowling replies...

In fact I did not say, and certainly did not mean, ALL building society agencies in Bentham (other than Bradford & Bingley), merely 'other' meaning 'some other', principally in relation to current accounts. Nevertheless, I accept that on a cursory reading the sentence is ambiguous and I'm sorry if anyone got the wrong impression. The point of the article was to acknowledge the fact that some societies are prepared to make an effort to provide a good service in rural areas where turnover is often less than in larger towns, and I am happy to endorse the good service that the Yorkshire and Britannia Societies offer and their proven commitment to Bentham. As for 'libellous' and 'dangerous statements'... even if there had been a mistake it's hard to see how such language would be relevant.

Dear Bentham News,

In recent months the police have received much criticism - rightly so - for response times to calls. Now I would like to congratulate them on their response to a call at about 3.45am on May 17th. By the time my neighbour, also disturbed by the noise, caught up with the wagon on Tatterthorn, the police were already there! A perfectly lawful operation, as it turned out, on this occasion, but N.Y.P. keep up the good work.

Ruth Bridgewood,

Nutgill Cottage, Ingleton.

15th May, 1993.

Dear Editor,

I don't usually have to complain for lack of support in Bentham but the turn-out to the LASJAG Annual Meeting on Thursday, 13th May, was both embarrassing and dangerous. Alright it was a bad night but that's no excuse. It was well advertised both in your columns and in the LASRUG Newsletter No. 10. and the Town Hall is not so far to go. Extra thanks to the three members of the public who did turn up.

Think what impression we made. The Steering Committee comes from Northallerton, Skipton, Preston and Bradford. Mr. Ferro, the British Rail manager who gave the address, came from York. What if he returned there and said, "We might as well cancel the Lancaster/Skipton route. There's simply no interest there"? I know it's difficult. After "the first fine careless rapture" of a fight, and we don't appear to be getting anywhere, people lose interest and become apathetic. But this is just what the powers that be hope for. It is most important to keep up the interest and effort. The next case will be the Post Offices so be on your guard.

Yours sincerely,
Ralph Atkinson.

SETTLE HIGH 200 CLUB

The winners so far are:-

February £25 Mrs E. Neale. £10 Mrs Warren, £5 Mr Ketchell.

March £25 Mrs Morgan, £10 Mr. R. Warham, £5 Mr. T. Warwick.

April £25 Mrs. M. McSherry, £10 Mr A. Shepherd, £5 Mr. B. Pybus.

The Club has room for new members so if you wish to join please ring 0729 822451.

Dear Bentham News,

As you know 22nd May to the 31st May is Environment Week in Bentham and our school is helping to Keep Bentham Tidy.

My mum came in a few weeks ago to help a group of us to pick up rubbish from Robin Lane, by the bus shelter and telephone box and around the school yard. When we got back the rubbish was weighed and we collected 1 kg.

Our school needed some litter bins, so Sharon Taylor and myself held a sale of books, toys and refreshments (most items were 5p-50p) to raise money to help buy them. We raised £2.75p. Claire Earnshaw, Emma Cowgill and Stephen Collinson raised nearly £40 in a sponsored walk of 5 miles.

The litter bins cost £10.63 each and we are hoping to buy three of them thanks to all our efforts.

Yours sincerely

Helen Tebay (10 years) High Bentham C.P.



BN COFFEE MORNING

As many of our readers know in Bentham you have to put your name down for a coffee morning in the Town Hall at birth! BN's coffee morning on the 3rd July has been booked since last year. Since our envelope collection has been so successful we no longer need the coffee morning to be a major fund raising event, more a pleasant opportunity for us to meet our readers.

Appointment of Advertising Manager

We are delighted to announce that Bentham News has appointed Jane Callus to be our first Advertising Manager. Our advertisers can look forward to her contacting them in the near future.

LOCAL STRATEGY SEMINAR

15th - 16th June 1993

After long delays in setting up, Bentham Trust has been able to enlist the expertise of the Civic Trust Regeneration Unit to run a two day conference dedicated to the needs of Bentham. The aims of the event are:-

*To introduce the work of the Regeneration Unit.

*To understand, analyse and debate the problems of Bentham.

*To draw potential partners together for appropriate action.

The Civic Trust is backed by the Rural Development Commission and charitable trusts, and the event offers a rare opportunity to bring ideas and resources into the area.

Bentham Trust has invited a wide range of local authority officers, elected representatives, community organisations, local businesses and financial institutions to take part. The hope is that the event will lead to the emergence of new initiatives for Bentham, including further support from the Civic Trust. Some of the sessions will be mainly for officers from local authorities and local businesses, but the evening session on the 15th June will be devoted to the ideas of local organisations and individuals. It starts at 7.30pm and all BN readers are welcome to come and join in the discussion.

ADVERTISING RATES

Payment must accompany advertisements to ensure publication.

STANDARD COMMERCIAL ADVERTISEMENTS

Local advertisers: (Bentham, Burton in Lonsdale, Ingleton):

Boxed advert (one-eighth of a page) £10.00 each insertion.

Boxed advert on a standing order £9.00 per month.

Non-local advertisers:

Boxed advert (one-eighth of a page) £15 per insertion

BENTHAM PEOPLE PAGE

Thanks and personal notices:

£1.00 per 10 words

Small ads: £2.00 per 10 words

Additional features:

First line in bold type: 50p extra

Box surround: 50p extra

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The BENTHAM NEWS delivery service provides excellent coverage of the area for the distribution of flyers or inserts. Please contact the BENTHAM NEWS Co-ordinator to discuss your requirements. Rates are as follows:

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To place an advert in BENTHAM NEWS contact Jane Callus on tel 62277 or any member of the editorial committee.

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Ingleton 41293

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All local Traders and Businesses welcome!

Bentham Golf Club Saturday 3rd July

Tickets in local shops

RECIPES

from Doreen Park

It's summer, so let's hope for some summer weather, and some OUTDOOR EATING

BACON PICNIC PIE

- 6 back bacon rashers, rinded
- 1lb sausage meat
- 1 apple, peeled, cored and finely chopped
- 2 tblsp finely chopped onion
- 1/2 tspn dried sage
- 3 hard boiled eggs

Finely chop two of the rashers of bacon and mix with the sausage meat, apple, onion and sage.

Spread out the mixture on a floured surface to a 9" square.

Place the eggs in a line on the square then roll up.

Wrap the remaining bacon rashers around the roll, wrap in foil and place on a baking sheet.

Bake in a pre-heated moderate oven (180c/350f, gas mark 4) for about 1hr 15 minutes. After one hour fold back the foil so that the roll can brown.

Cool completely before slicing.

HORSE RADISH COTTAGE DIP



- 2 tblsp redcurrant or mint jelly
- 4 tpsps creamed horseradish
- 8 ozs cottage cheese
- 1/4 pint double cream, whipped
- salt and pepper

Melt the jelly gently then cool slightly, add to the horseradish then mix in the cottage cheese.

Fold in the whipped cream, salt and pepper. Serve with cocktail biscuits, sticks of carrot or celery.

QUICK, ORANGE MOUSSE

- 11 oz can mandarin oranges
- 1/2 oz gelatine
- 2 eggs separated
- 2 ozs castor sugar

Drain the oranges, reserving the syrup.

Make the syrup up to 1/2 pint with warm water.

Dissolve the gelatine in this liquid and cool.

Divide the orange segments between four individual serving dishes reserving a few segments for decoration.

Mix together the egg yolks and sugar and stir in the gelatine mixture.

Whisk the egg whites until stiff and fold in the gelatine mixture.

Pour into the dishes and chill until set.

Decorate with the reserved segments before serving.

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St. Maragret's C of E, High Bentham.

SUNDAY 8am Eucharist. 10am Parish Eucharist & Junior Church. WEDNESDAY 9am Eucharist. Mothers Union 2nd Tuesday each month in the Town hall at 2pm. Enquiries Mrs Field 61084.

St. John the Baptist, Low Bentham.

From 1st September 1992 until further notice. 1st Sunday 9.15am Holy Communion (BCP). 10.30am Family Service. 2nd Sunday 10.30am Holy Communion (ASB). 3rd Sunday 10.30am Morning Prayer with Holy Communion (BCP). 4th Sunday 10.30am Holy Communion (ASB). 5th Sunday Morning Prayer with Holy Communion (ASB).

St Bonifaces Catholic Church

Saturday 6.30pm. Sunday 9.30am (also 11.15am, Easter to September 30th). Holy Days 10am & 7.30pm. Week day services, see times in the porch.

Methodist Church, High Bentham.

Sunday Worship 10.30am & 6.30pm. Junior Church 10.30am. Fellowship Meeting Tuesday 7.30pm. Bright Hour 2.15pm alternate Tuesdays. Springboard 7 - 10 years Monday 6.15pm. Breakout 11 - 13 years Wednesday 7pm. Jam 14 plus Friday 7.30pm.

Methodist Church, Low Bentham.

Afternoon Service 2pm. Friendly Hour 2nd Thursday each month 2.15pm.

Religious Society of Friends, Quakers.

Meeting for Worship, Sunday 10.30am. Enquiries - Tel the clerk on 62933. All welcome.

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