

BENTHAM NEWS

BENTHAM SHOW '95

Again the annual Bentham Show is looming on the social calendar, but did you know that it is the 125th Show? More to the point, do you know the date and location of the first Show, or anything about it, as, despite strenuous efforts, nothing has been found out about the origin of the Show.

The main attraction this year, especially for all the young apparently addicted to it, is the Bay Radio Roadshow. Other attractions include a sheepdog handling demonstration by Richard Briggs, Henry Slinger's barrel organ, the Vale of Lune Hunt, and our dog show, from which the profits this year will go to the Horse and Pony Protection Association. Once again we have the exciting ATV Time trials, courtesy of R. Taylor & Sons Ltd., and the Barclays Bouncing Castle, and Show Jumping.

In keeping with our position as one of the leading traditional agricultural shows in the area, we have an outstanding entry of cattle and sheep, helped no doubt by the fact that this year the Show President is Mr. Richard Butterfield, a native of Bentham, and a well known international judge and exhibitor of Holstein Friesian cattle on the show circuit.

In the main marquee there is the exciting Horticultural, Photographic and Handicraft section. There are always many interesting and varied trade stands, so visitors can buy anything from a wax jacket to a tractor, and relax between events in the Catering Marquee or the bar.

We cannot guarantee a dry day but can promise an exciting and interesting view of a cross section of rural life on the farm and in the kitchen. Join us at the 125th Show.

VJ DAY

Commemorative Service

15th August, 1945 marked the end of hostilities with Japan, and the 50th anniversary of this important world event, which also affected the lives of many people from this area, will be commemorated on Tuesday 15th August, 1995.

Following an initiative by the Town Council, a commemorative service will take place at 7.30pm in the Town Hall, combining the efforts of all the local churches. It is hoped that a large number of Bentham people will attend this event, where the emphasis will be on raising our voices together to celebrate the final end of hostilities in the last World War. The service should be an uplifting experience of praise and thankfulness for peace. Refreshments will also be provided to add to the pleasure of the occasion.

Former Bentham Man on T.V.

By Wendy Heigh

Former Bentham man Mr. Reg Suart is to appear on Breakfast T.V., B.B.C.1 on Thursday 3rd August at 7.45 and 8.45am. He will be talking about his experience in India, Burma, Malaya and Japan during the Second World War.

Ex services men were asked to send in accounts of their experiences in the Far East during the war. There were 1000 articles submitted and they have chosen 12, including that sent in by Reg, who now lives in Dinas Powis in South Wales, with his wife Margaret. He has the Bentham News sent to him each month.

RAIL HALT AT LOW BENTHAM

By Celia Mothersole

It is excellent news that British Rail are making positive plans to promote the line from the Leeds conurbation through to Lancaster, (e.g. an extra train timetabled daily each way; electrification of the line up to Skipton; proposed inter-connection of trains at Carnforth, for Windermere etc.). But British Rail don't yet seem to be very concerned about provision for the rural areas in between.

However we are a group of people campaigning for a rail halt at Low Bentham, behind what is now the car park. Apparently there was a stop here in the past, and it should not be a difficult task to set it to rights so that all could board and alight there once again. Just imagine being able to pop on the train in Low Bentham, say to Windermere or Lancaster, or up to

High Bentham to shop, to the Surgery or to friends. Just imagine not having to walk back from High Bentham station to Low Bentham on a cold wet school day!

If you think this is a good idea, then you will have a chance to voice your opinions/suggestions to a member of the campaign group, who will be visiting homes in Low Bentham over the next few weeks. If you live outside the Low Bentham area and support this campaign, then please ring the Bentham Development Trust office, 61030, or Celia Mothersole, 62788.

High Bentham Women's Institute

By Doreen Park

Fifteen members of the HBWI enjoyed their July meeting with Mr. Graham Rennie, the gamekeeper from Barbon, who spoke on the art of stick dressing. This is his hobby and recreation.

The competition for a dressed peg doll was won by Mrs. J. Slinger. A trip has been arranged for the August meeting, and on 7th September Mrs Joan Farrer will speak on Reginald Farrer "The Boy-The Man". The competition will be "Flower arrangement in an egg cup".

Auditions

Hornby Drama Group is looking for actors and back stage helpers, with or without experience for its autumn production of a comedy/farce. Auditions will be held on Wednesdays 30th August and 6th September at 8.00pm in Hornby Institute. All welcome.



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TOWN COUNCIL

By W. Kennedy

Highway Matters

The problem of trees impeding vision at the Tatterthorn/Clapham road junction is still unresolved although a more satisfactory solution now seems possible, following a meeting with Mr.R.Metcalf. The trees concerned are not subject to a protection order. N.Y.C.C. Contract Design Department is to prepare revised plans, for further discussion and hopefully, agreement.

Regarding the proposed new road sign at the A65 Clapham/Bentham junction, it is understood that representatives of Bentham Traders Association will meet Mr. Wealleans of N.Y.C.C. Highways Department to discuss the cost and location of the new sign denoting "Bentham Market Town".

Replacement of Council Seats

Following the recent publicity about the need to replace these seats, offers have been received from three members of the public, including one from Switzerland. This overseas offer comes from a lady whose father once lived at Batty Farm. *She gets a copy of the Bentham News every month.*

Can Bank Arrangements

Craven District Council, which had previously indicated that it could not afford to take over the servicing of the can bank till September, has now written to the Council, confirming that it will accept the responsibility. I understand that refuse men will empty the bank. It is hoped however, that a local organisation will take over the responsibility, and opportunity to raise some money from the recycling. Mr. Atkinson resented the implication that C.D.C. had not honoured its promises regarding can bank arrangements.

Payphone Repairs

British Telecom have replaced the damaged money drawer, and thanks are due to Angus Fire who kindly fitted a steel bar to give added security against vandalism.

VJ Day

The Rev. Martin Bamforth, of St. John's, Low Bentham, wrote confirming that a Commemorative Service will be held on Sunday 10th September at 6.30pm, to which all local people are invited. Another suggestion from Alan Coates, was for a combined service of all denominations at the playing fields on 15th August. This is being discussed with the churches and if it gets the go ahead, should be publicised in the Bentham News.

Dales Railcard

A letter was received from C.D.C. relating to the introduction of the Dales Railcard, for the Leeds-Settle-Carlisle, and the Leeds-Lancaster-Morecambe lines. Regional Railways had scheduled a meeting in the Town Hall on 18th July to discuss the details. *The Bentham News published details of the scheme in the July edition, page 6.*

Bentham Civic Trust

At the invitation of the Council, Mr Nick Love, the newly appointed Director, gave a comprehensive review of the activities and aims of the Trust. These included a self help philosophy whereby changes and regeneration are influenced by the people of Bentham. Mr. Love expressed his thanks for the overwhelming welcome and response he had received on his arrival.

District Council

Dr. Gillian Taylor has been appointed as Chief Executive for Craven District Council and will take up the post in September. She will review how the C.D.C. operates, with a view to improving its efficiency.

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BENTHAM NEWS FAR AND WIDE

By Jean West

Local readers may be interested to know that there are 56 postal subscribers, both in the United Kingdom and worldwide, to the Bentham News. I have recently taken over the job of looking after the subscription list from Kate Steele, who ran an extremely efficient system. The job is very rewarding due to the fact that we receive many complimentary letters from our postal subscribers, and this helps to make the task feel worthwhile.

We have subscribers to the Bentham News from such far flung places as Australia, U.S.A., Africa, Europe as well as those closer to home in the U.K itself. If you have family or friends who know Bentham, but don't live here any longer, perhaps they would like to receive the Bentham News by post each month. For more details call me on 62132.

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AGE CONCERN

Recent activities of Bentham Age Concern Group have included entertaining and informative talks and slide shows at the Monday and Friday sessions. Games, crafts and "quiz" afternoons have been enjoyed by members. This year being the 50th anniversary of "VE Day", one afternoon was devoted to a discussion, recalling events, both serious and humorous which occurred during the turbulent years of 1939-45. We learned from several of the members to where all the parachute silk disappeared.

Numerous outings have taken place during the spring and early summer, with coach trips, to Hayes Garden Centre at Ambleside, ending with afternoon tea at the Bluebell Hotel, Heversham, followed by a journey to the Lakeland Plastics Factory at Windermere, with an enjoyable cup of tea at the Woolpack, Kendal. An outing in May visited the Millstones Restaurant near Harrogate for a special "V.E. Day" lunch. During the afternoon there was entertainment, dancing and a bingo competition in which one of our members gained a "full house" with a reasonable reward. In mid June we went to Liverpool, to the Anglican Cathedral where we had a superb lunch in the Refectory Banquet Room after which there was the opportunity to explore the impressive building. We then visited the Metropolitan Cathedral and the Albert Dock. Thank you to Mrs Ros Elliot and her dedicated helpers for organising these outings.

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COUNCIL CONCERNS

By Councillor Ralph Atkinson



School Buses

The existing school transport contracts are now due for renewal and we hope that local firms will be able to obtain them, primarily because of all the spin-offs in terms of other trips - school sports, swimming, shopping, etc. - which they bring. As forecast the result last time was that some local firms went out of business and we hope that this won't happen again. However, because of technical matters related to the fixing of seat-belts on coaches and buses it isn't a level playing field. From September post 16 students living more than 5 miles from school or college won't get free transport. However, several of the educational establishments are making arrangements to cover this, so let's hope they work.

Postal Addresses

Now that the mechanised postal sorting centre at Preston is in full swing, addressing has changed from a county system to a post town and post code based system. This means that the county should be omitted, as should all punctuation - if commas and full stops are included post may be sorted by hand. In all cases, including overseas letters, the post code should always be the last line of the address. If you have complaints about the postal system, either inform me or the new customer services manager at Lancaster, Fenton St., Mr.G.Storer.

Road Maintenance Etc.

As forecast the reduction in road maintenance grants is beginning to bite and the condition of roads - particularly minor roads, is deteriorating fast. A motion will be put down at County Council this week deploring this but as it is a central govt. matter I don't expect any improvement. Thanks to the cooperation of the Metcalfe brothers the visibility improvement at the junction of Tatterthorn Lane and the B6480 is now going ahead, subject to local

agreement to the design. As indicated last month the improvement at the junction of Laundry Lane and the A 65 is under way and should have been started by now.

County Council Shake Up

Although North Yorkshire retained its double tier system in the recent reorganisation, we are to lose Greater York to a Unitary Authority. This means we lose about 23% of our population and hence 23% of population-related grants from Govt. So the last few months have seen a concentrated effort to streamline our operational structure and committees to take this into account. It is now proposed to subordinate the present departments into a new structure of four 'clusters' (combined departments) Environment; Education; Social Services and Corporate Services, each with its own director and committee (instead of separate ones for each dept.) We've still got problems with the economic size of some departments and cooperative arrangements with York on others but these are now being sorted out.

Quango Land

Unfortunately the Nolan Committee report doesn't question the Govt's use of so many quangos, as they say it is beyond their remit. They do recommend a much more open system of appointments and a more consistent system of accountability. Although I have always believed some quangos are necessary, they should be kept to a minimum and they should be regulated on the same basis as local government.

J. McManus M.B.E.S.

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BUSY WEEKEND FOR PRIMARY SCHOOL

By Hilary Wellgate (PTA)

The first weekend in July was a busy one for children at High Bentham Primary School. On Saturday 1st July, the school choir took part in the celebration of the electrification of the organ at St Margaret's Church. They sang four songs, excelling themselves, singing with enthusiasm and confidence, and sounding very polished and clear. It was good to hear their voices in a bigger space than is normally possible and they and their teachers should be congratulated.

The following day many of the same children, plus dozens of others, stepped out to raise money to provide the school with improved staging for the school hall. The folding staging that we hope to purchase will enhance the use of the hall, by providing more space when not in use, and better staging tailored to each event.

The sponsored walk took place on an overcast but dry day. As part of the seven mile route (up to the moor by Oakhead Farm, across a stile and back to school via Staggarth) the 131 walkers had lots of clues to solve. The clues tested both observation and imagination. The Sedgewicks had the highest number of correct answers, winning a box of gold! (Gold Bars, Gold Blend etc). Once back at school there were hot dogs, burgers and fruit punch to be enjoyed, which turned the afternoon into a very pleasant social occasion as well as a successful fundraiser. (Donations welcome!)

Open Garden Helps Christian Aid

By Kathleen Goldsack

In glorious weather local residents and holiday makers came to enjoy a delightful garden and to support the work of Christian Aid. The excellent amount of £532.73 was raised. Many thanks to all who gave time and money so generously and especially to Mr. & Mrs. C. Atkinson for allowing us to share their garden for a day.

BENTHAM CUB SCOUT PACK

By David Halsall

After a number of year's absence September 1995 will see the re-starting of a cub scout pack in High Bentham. The pack meetings will be at the Youth Club but it is hoped that after some fund raising the scout hut, situated on Duke Street, will be renovated and brought into use. An enthusiastic and determined committee has had a number of meetings; it is hoped to raise enough funds to repair the leaking roof and buy a small amount of equipment for the pack enabling the committee to re-open the hut. The first fund raising venture will be a stall at Clapham Street Market selling take away food; please show your support by coming along to have a snack and a chat. The new cub scout leader, Pat Diamond, is drawing up a list of potential cubs from the local area who would be interested in attending the weekly one hour cub pack meeting. She is interested in finding an assistant leader and helpers, to help in the running of the pack. Pam can be contacted on Bentham 62719.

Ingleton Scout Group

By Christine Hodson.

Ingleton Scout Group is now thriving. There is a Beaver Colony for boys aged 6-8 years, a Cub Scout Pack for boys aged 8-10½, a Scout Troop for boys and girls up to 15½ and a District Venture Scouts aged 15½-20years. If you would like information please contact me on 62251.

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FIRST IMPRESSIONS

By Nick Love

On 1st June I drove from Caistor in North Lincolnshire to Benthams. I was scheduled to attend for interview at 12.00noon the following day. The post I was seeking was that of Project Director with the Benthams Development Trust. I was hoping to arrive in time to stroll around the town and get a "feel" for the location, that after all may well be my new home.

"Benthams 5 miles" the signpost on the A65 was silhouetted against the setting sun. "Beware lambs" the tiny wooden sign said, leaning towards the roadway. This was a scene like those in Donegal, Connemara or the Highlands of Scotland. The distant hills with the distinctive stone walls in the foreground made me feel expectant. What a lovely part of the world to work in!

High Benthams was the next sign and having failed to find a market place, I parked at the rear of the Black Bull where I was booked in for bed and breakfast.

The stroll around the town was very revealing. Bunting and flags were normal sights in rural market towns but why all the different species of birds adorning windows, doorways, lawns etc. The papers next morning provided an explanation and manifested the clear message that here was a community with spirit and a very positive approach to "working together"

Since my arrival in Benthams these impressions have been confirmed; the number of organisations covering all aspects of High and Low Benthams community life, the overwhelming number of individuals who have called into the Trust Office and displayed their enthusiasm and passion for their native towns. For someone in my position - new arrival with a lot of expectations of my performance and impact - the friendship and support has been re-assuring. The lively chats in the Victoria Institute, Low Benthams, the friendly handshakes on the street and the businessman who grasped my hand and said "when are you going to get rid of the toilets?"

I look forward to the challenge with Benthams Development Trust. However the effectiveness of my work depends on the involvement and support of the people in Benthams. People ask me, "what do you do?" I usually reply that I work with people who want to better their lives and their communities. The vehicle for this is community development. Community Development is rather like a bone. There are different types:-

- Jaw Bone Always talking about what they will do.
- KnuckleBone Always knocking progress and change.
- Wish Bone Always dreaming about what they will do.
- Back Bone Always gets stuck in and tackles the issues.

I am confident there are many backbones in Benthams.

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PUBLIC TRANSPORT

BUS TIMETABLE

(from 26th June 1995)

Monday - Saturday

Ingleton	H Ben	L Ben	Lancaster
0720	0738	0741	0827 NS
0730	0748	0751	0830 SO
0900	0918	0921	0955 NS
0925	0943	0946	1025 SO
1025	1043	1046	1125
1125	1143	1146	1225
1255	1313	1316	1355
1355	1413	1416	1455
1450	1508	1511	1545 NS
1455	1513	1516	1555 SO
1555	1613	1616	1655 SO
1755	1813	1816	1855 SO
1855	1913	1916	1955

Lancaster	L Ben	H.Ben	Ingleton
0920	0954	0957	1015
1020	1059	1102	1120
1150	1229	1232	1250
1250	1329	1332	1350
1350	1424	1427	1445
1450	1529	1532	1550 SO
1550	1629	1632	1650
1650	1729	1732	1750
1750	1829	1832	1850

NS - Not Saturdays, SO - Saturdays only

No Sunday bus service to Benthams

TRAIN TIMETABLE

(28th May - 23rd September 1995)

Monday - Saturday

Leeds	Benthams	Lancaster
0901	1028	1058
1301	1430	1500
1631	1800	1831

Sunday

0914	1039	1115
1405	1531	1603

Monday - Saturday

Lancaster	Benthams	Leeds
0704	0747	0927
1152	1223	1357
1528	1557	1726
1947	2016	2146

Sunday

1344	1421	1551
1854	1921	2051
1953	2021	2151

Train Service Information:

Leeds (01532) 448133

Lancaster (01524) 32333

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Lancaster (01524) 841656

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GOODENBER PLAY AREA UPDATE

By Dawn Carter & Tracey Edwards-Midgley

Plans have been sent to Craven District Council, who charged us £160, which was a shock and disappointment as the Architects Surveyors charged us less than the average amount for their work. We are also applying for a 25 year lease for the site, which together with our charitable status, (which we now have) will enable us to apply for funding from charities and trusts. We are in the middle of finding out about insurance, vat maintenance and public liabilities.

We have applied to the National Lotteries Charities Board, for £25000 spread over a 3 year period. We will know in October if this amount has been awarded to us, so keep your fingers crossed.

At the moment we feel we have a good case, as in Bentham, we have poor play facilities for tiny tots and younger children.

We do not have a picnic area in which parents can meet and socialise and watch their children play. We do not have a village green in the centre of the town, or a community centre or full time nursery or any sort of out of school provisions.

The Civic Trust strategy document "vision 2020" published last year drew our attention to the fact that here in Bentham we have a higher rate of families with dependent children than any where else in Craven district area; for these reasons alone Craven Planning Department ought to look upon us more favourably and give us more support as we are trying to respond to the lack of recreational facilities listed above.

We continue to be grateful for the support we've gained from the Town Council and everybody in Bentham who has generously supported our local fund raising events, without which we would not have attempted this daunting task.

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Dear Editor

Crime- Why Suffer?

Do we have to suffer petty (and not so petty) crime in Bentham? I beg the question because I detect a continuing spate of petty and other crime in the town. Gardens damaged, items stolen from gardens, bus stop and other signs damaged within 24 hours of placement, windows broken, hanging baskets stolen, garden tubs up-ended, air guns fired in public rights of way, civil disturbance, fights, burglary etc. Many of these are seemingly minor incidents but all cause distress and cost, both to the individual and to the community.

The Police, who rightly do not rate this type of crime as an emergency, ask you to call 01756-793377 for non urgent matters that require Police attendance. Please use this number if you suffer minor crime or if you see anything unusual or suspicious which you want to report to the Police. You should make a note of date/time/location, persons descriptions and anything particularly unusual in clothing, features, hair etc. Also note van/car/lorry registration numbers, colour, type, number of occupants etc and again anything unusual. Pass this information as soon as you can either to your local Neighbourhood Watch Co-ordinator or try the local Crime Line 01423-539729. For non emergency calls you can also try a call to the local Police at Ingleton on (015242)41217.

You will note that I have used the word "try" with regard to some of the telephone numbers given. I regret to say that I have tried and can rarely get a reply from Ingleton. This station seems not to be manned and the local Police are out and about on the job most of the time. Also the Crime Line Number has certainly been in a disconnected state for at least 48 hours prior to writing this article. Calls to BT result in a statement that they can not check the line! A call to the Police non urgent line which

routes to Harrogate results in the reply that they have no knowledge of the Craven Crime Line! Being routed to Craven Police Control either ends up in a telephone answer loop or a disconnection. Even if you do use the numbers that the Police suggest, their system fails and petty crime continues. So, North Yorkshire Police, sort out your lines of communication. Then perhaps we can play our part as residents of Bentham to reduce the level of petty crime and the distress it causes.

A frustrated Neighbourhood Watch Co-ordinator. (name and address supplied)

Dear Bentham News,

As an "outsider" I have to say how dismayed I was to see that the camp site at the end of Wenning Avenue has been extended into another field on the side of the river.

One of my favourite walks has always been to go down the river side to Camp fields and sit at the river bend by the waterfall and large tree. I did not bother this year. In the past the caravans have been hidden by a stone wall - this is no longer the case.

I appreciate that the holiday makers bring much needed trade to Bentham but there has to be a limit to how much the Town Council will allow the desecration of a once very pretty river valley. I have spent many happy days camping at the site but it is now far too large.

Yours sincerely,

Tom Townson,

11 Risebridge Road, Romford, Essex.



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BENTHAM PEOPLE

Thanks

Carter, the family of Brian and Pat Carter would like to thank uncles, aunts, friends and neighbours for their help and support recently. Special thanks to Dr. Nightingale, District Nurses and everyone who called.

Betty Marriott would like to thank friends and neighbours for help and kindness during her illness and since she came home. It is a great thing to know that you have such friends and neighbours around you. Thanks to all at Age Concern for their quick and kind help that Friday morning. God bless you all. I am improving.

Bill Preston would like to thank family, relations and friends for cards and good wishes received during his stay in hospital.

Ollie and Margaret Taylor would like to say special thanks to their family, the home care service, and all the doctors and nurses who helped to care for Anna at home during her long illness. Thank you to all who sent flowers, cards and donations.

Peggy Dawber - I would like to say thank you to day staff, customers, my little friends and my family for gifts and cards received on my retirement from the Co-op. See you all around. P.S. Jacky says can I have my job back, the Co-op will be too quiet!

Births

Mick and Liz are very happy to announce the much awaited arrival of Becky Marie. Our most sincere thanks to all our friends for their love, kindness and support during these very difficult last few weeks. Love from Mick, Liz, Jamie and Becky.

For Sale

Ford Sierra, red, 1 year's MOT, good condition, C224 WAO, £950 ono, Jan or Ann, Kinder Cottage, Low Bentham.

4-BERTH CARAVAN in good condition with toilet, central heating and fully fitted kitchen. £850 ono. Tel:61008.

For Sale

Saddle Master blue tweed hacking jacket with navy velvet collar. Ladies 34". Good condition. £10. Tel 62254.

Situations Vacant

Gardener required for Abbeyfield House, 3 hours a week. Wages subject to negotiation. Please phone Gwen Jessop 015242-61625.

Reliable and caring person to run the crèche Tuesday afternoons, 1-3pm. at the local Women's Group, "Suit Yourself". Good rate of pay, starting 5th September. Contact Carol Robinson on 01729-860405.

Sue Ryder Shop

If you are having a clear out, don't throw out. Bring it to the Sue Ryder shop. We are desperate for books, Bric-a-Brac, and any household items.

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LOW BENTHAM GALA

By D. Pidgeon

Prompt at 1.15pm. on Saturday 22nd July, the Low Bentham Gala procession left the car-park, led by the West Side Beat Marching Band, resplendent in their smart royal blue and white uniforms. They marched through the village to the school field where Mr. and Mrs. Roland Nicholson judged the floats and individual entries. They awarded first prizes to St. John's Junior Church float and to Melissa Metcalfe (Dutch girl), Philip Brayshaw (Spaceman), Leanne Dixon and Sean Wakefield (Aliens), with the Amy Wilson Cup for the best over-all going to Philip Brayshaw.

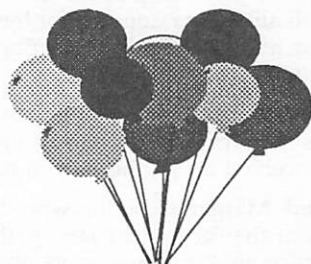
Queen Emma!

The Gala Queen, Emma Hurtley, was crowned and the programme of events was ably commentated on by Mr. Tim Stannard

with his roving mike. The primary school pupils sang and the Marching Band gave an excellent display. Lots of children entered the races and the whole arena buzzed with numerous activities.

Gala sunshine

The sun shone - mostly! Burgers, hot-dogs, teas and ices were in great demand, and thirty four people got lucky in the raffle. Indeed there was something for everyone and hearty congratulations are due to all involved for such a splendid afternoon.



HIGH BENTHAM METHODIST CHURCH FESTIVAL of BANNERS and FLOWERS

**Saturday 26th August
& Monday 28th August, 10am to 6pm.**

Programme £1.00 Children Free

Refreshments served in the schoolroom.

Money raised to be donated to Christian Aid and Save the Children.

Sunday 27th August

10.30am Family Service - 6.30pm Service of Praise



FARMING DIARY

By Our Farming Correspondent

Most of the silage has now been cut and put into pits, or been round-baled and wrapped in black plastic and stacked up near the farm. Some farmers, who got their silage done early, are starting to do a second crop to fill up their silo stores for the winter. We have been able to keep cutting the grass for silage because it has been dry, with just enough rain to keep the grass growing for the sheep and cattle to eat. There hasn't been enough sunshine to make hay, much as last year.

Most sheep have been sheared by now. They are then put through the dipping bath which kills the lice and stops the sheep from being infected by maggot flies.

Farming In Eire

In June I travelled down to Devon and over to Ireland, judging competitions for both cows in herd and cow families. I was very interested to learn about crops, such as maize, which are grown to feed cows in other areas. We are too far north with too high a rainfall to grow maize here. The farming lifestyle in Eire is different to ours, for example they don't milk as early in the morning as we do, but they work later at night instead. The people I stayed with were all very friendly and I enjoyed my time with them.

The long spell of hot, dry weather in July has been very good for getting on with the summer farm work, in fact it has been

too warm to work some afternoons! The river is very low and lots of springs, which we rely on for the sheep and cattle to drink from in the fields, have dried up. In other parts of the country the grass is in very short supply, and cattle are being fed with hay or silage. We are lucky in this area, because our land is on heavier soil over clay, and can therefore withstand dry periods for longer.

The dry weather can also affect sheep and cattle prices at the local markets. Normally cattle are taken down from the hill farms onto the lowlands to fatten up so they can be sold for beef, but as lowland farms are short of grass this can be difficult.

Time for Reseeding

At this time of year we are reseeding grass fields, by ploughing and disc and rolling the new seeds in. We also have to cut the thistles to stop them reseeding, and spray the weeds, as this allows the regrowth of grass on the fields.

June Rainfall

Figures supplied by Mrs M Foster

June has been a very dry month with only 1.02 inches of rain compared with a ten year average rainfall of 2.4 inches. The month began with changeable weather and a lot of cloud, but there was no rain from 20th June onwards and it became increasingly hot.

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Local Events in August

Tue 1st Toy Library in the Youth Centre, 9.30-11.30am.

Bentham Child Health Clinic in the Surgery 1.00-4.00pm.

Wed 2nd N.S.P.C.C Monthly meeting at Lingfield, Robin Lane, at 7.30pm.

Sat 5th Craft Fair and coffee morning in the Town Hall Ballroom 10.00am - 12.00noon, in aid of N.S.P.C.C.

Sun 6th Blood Donors Session all day, Town Hall Ballroom.

Mon 7th Town Council Meeting in the Town Hall 7.30pm.

Thu 10th Bentham Footpath Group walk, Chapel-le-Dale, 5 miles, leader David Asquith, 62819. Please meet at Lairgill at 1.30pm.

Fri 11th Modern & Old Time dancing in the Town Hall, 7.45 -10.45pm. £1.20 includes tea and biscuits.

Sat 12th Arthritis & Rheumatism Council coffee morning in the Town Hall, 10.00am - 12.00 noon.

Sun 13th Bentham Traders Association "Sale" in the Lower Town Hall all day.

Tue 15th Hornby Sheepdog Trials and Sheep Show at Proctors' Farm, Wray. Sheepdog trials from 8.00am, Sheep show 12 noon. In aid of kidney dialysis unit, Preston.

Toy Library in the Youth Centre, 9.30-11.30am.

Bentham Child Health Clinic in the Surgery 1.00-4.00pm.

V.J Day Commemorative Service, inter-denominational, the Town Hall, 7.30pm.

Bentham Footpath group quarterly meeting in the Town Hall, 7.30 pm.

Copy deadline for September Bentham News.

Thu 17th Low Bentham Women's Institute meeting twin/outing. Details from Mrs S.M. Brennan, 61884.

Fri 18th Waste Paper Collection at the Legion Hall, 8.30 -11-30am. Proceeds to N.S.P.C.C.

Sat 19th Bentham Footpath Group walk, Giggleswick - Bentham, 10 miles, leader Verena Smith 61100. Please ring leader for details of arrangements.

St.Boniface coffee morning in Town Hall, 10.00am - 12 noon.

Mon 21st Bentham Agricultural Society closing date for entries in the cattle, sheep, handicraft, photography and stick dressing classes. No late entries accepted.

Sat 26th St. John's coffee morning in the town hall, 10.00am - 12.00 noon.

Bentham Footpath Group walk, Limestone Link, leader Carol Crelin, 61881. Please ring leader for further details.

Listing for Local Events

Day.....Date.....

Event.....

Venue.....

Contact.....Tel.....

Please complete and return to Bill Kennedy, 1 Lakeber Avenue, or hand in to Bentham Sportswear, Station Rd, by 15th.

Tue 29th Bentham Agricultural Society closing date for horticultural entries. No late entries accepted.

Toy Library in the Youth Centre, 9.30-11.30am.

Bentham Child Health Clinic in the Surgery 1.00-4.00pm.

Local Events in September

Fri 1st Bentham News published.

Sat 2nd Horticultural Society coffee morning in the Town Hall, 10.00am - 12 noon.

Bentham Agricultural Society Show at Bellfleckers Field, Low Bentham Road.

Tue 5th Low Bentham Badminton Club at the Victoria Institute, 7.30pm.

Successful Coffee Morning

By D. Lowe

Settle & District Blind Welfare Association held their annual coffee morning on Saturday 8th July. It was well attended as was evidenced by the speed with which the cake stall sold out! The sum of £170 was raised for which we thank all concerned. Raffle winners included Linda Bentham, and D. Lowe. Rhoda Shuttleworth of Burton-in-Lonsdale won the name the doll competition. The doll's name was "Rose"

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HELLO BRIGHT COLOURS!

By Alison Houlsworth (aged 15)

Well, summer is finally here and it is about time for a clear out of all those big chunky woolly jumpers, and time to bring in the shorts and T-shirts. This is supposed to be a warm summer so what is better than having pastel shades such as yellows, pinks, blues, greens and whites, and that is just for starters!

Are you going somewhere summery but not too warm? The best outfit for casual wear is a long flary skirt (always the easiest way out) and why not match up with a light coloured shirt over a halter neck or a cropped top? There you have it, a nice easy outfit with a low risk of getting too hot or too cold.

After getting ideas from some magazines, I noticed that there were some clothes mentioned that I didn't have. Being short on cash I didn't want to go out and

buy a new top or shirt, so I decided to make do with what I already have. I do have a pair of light cotton trousers, so they can be a substitute, and I'll have to wear a cropped top and wrap a sweater around my waist in case it gets a bit nippy later on. Hey presto, there we have it, one cost effective easy casual outfit.

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23rd Nov	Paris Weekend	£105
25th Nov	Mystery Weekend	£47
8th Dec	London Weekend	£92

27/28 OCT - Daniel O'Donnell - Blackburn

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LOCAL VEGETARIAN SOCIETY CONTACT

By Lauraine Palmeri

There are now over three million vegetarians in this country and each week two thousand more people give up meat in their diet. Why?

There are four main reasons; concern for health, animal welfare, the environment and the impoverishment of the Third World.

Human beings have the physiology of the herbivore (teeth, digestion etc), and were not designed by nature to consume meat. Perhaps that is why vegetarians have been found to have 30% less heart disease and 40% less cancer, along with reduced risk of diabetes, osteoporosis, bowel diseases and many others.

1,000 million animals and 450 million poultry are slaughtered annually in the U.K., many of them having been reared in cruel factory-farmed conditions. On average, a meat-eater's diet uses twice as much land (for grazing etc.) as a vegetarian, and almost five times as much as a vegan (who excludes dairy produce). One beefburger costs 55 square feet of rainforest to produce. In fact, most of the fertile land in the world, as well as 80% of the world's water, is used to feed stock animals.

The U.K. alone is estimated to be capable of feeding 130 million people on a vegetarian diet. Yet 80% of land in the U.K. is grazed or used for crops to feed animals that are used for food.

We even import animal feed. In one year alone Britain imported groundnut protein from India to the equivalent of a year's ration for 13 million hungry children.

What is the Vegetarian Society?

The Vegetarian Society is a registered educational charity which works with schools, runs cookery courses and advises health professionals, caterers and manufacturers, and publishes a variety of leaflets and information sheets as well as a quarterly magazine. It was the Vegetarian Society which produced the video "Food without Fear" which won an international prize and is available for showing to secondary school pupils and any local group which may be interested.

For the first time, the Vegetarian Society has a Local Contact and Information Centre in Ingleton. Anyone wishing to find out about vegetarianism or anyone who would like to make contact with others in the area, is invited to ring Lauraine Palmeri on 41328.

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BENTHAM NEWS DIRECTORY 1996

By Bill Kennedy.

New Format

Last year the Bentham News published a one page A4 size local directory, and an outside commercial firm produced a similar guide. For 1996 the Bentham News intends to produce and distribute, with the December edition, a much more complete and useful directory, following the style of "Yellow Pages". This will be in booklet form, the same size as Bentham News. It will contain an alphabetical list of traders, companies, professional services, e.g. Building Societies, Builders, Butchers, with the names listed alphabetically under each category.

Entries for this index type listing will include Name, Address and Telephone number. **There will be no charge for inclusion of this type of entry.** In addition to this, businesses may book a larger space, which will be boxed, and may include text and logo. These entries will cost £5 per column centimetre. Graphics may be included and a small fee, to be negotiated, will be charged if the graphic is not supplied as finished artwork.

Also included will be a 1996 calendar, a map of the Benthams, useful telephone numbers, a history of Bentham (hopefully), a churches page, a major events diary for 1996, and other special features.

The directory will be circulated to all homes in High & Low Bentham, and will also be available in many of the neighbouring villages.

Make sure your entry is included!

If you wish to be included in the directory, please complete the slip below and return it to Bentham Sportswear, as soon as possible. I will contact you in September/October to finalise copy details etc. Copy deadline will be Friday 27th October. If you have any queries please contact me on 62492.

This is a Bentham News community service and should not be confused with commercial concerns from outside Bentham promoting sales of advertising for a one page "directory".

BENTHAM NEWS DIRECTORY 1996

Name of Company/Business _____

Address of Company/Business _____

Telephone number _____

Category of Business _____

Contact name _____

Please tick type of entry required:

Alphabetical listing only (free) _____

Alphabetical listing and boxed advertisement _____

Size of boxed Advertisement (approximately). _____

SCHOOL AND ENVIRONMENT

By Len Moody

On Mrs (Kay) Piper's well earned retirement from High Bentham County Primary School in July, there is scope for appreciation of many aspects of her work at school and in the community.

Here we pay tribute to her enthusiasm, insight and leadership in relation to the local environment and the public footpath network around Bentham. Each summer since 1989 (and on occasions before that) she organised a series of day long class walks into the countryside, in which she was staunchly supported by colleagues, parents and friends of the school. The routes explored included the riversides, woodlands, open fells and farms, to the north, south, east and west, and served as an introduction to various kinds of flora and fauna, as well as to the beauty and interest of local environment. If there was any doubt as to whether children of primary school age can manage walks of 6-7 miles, this was quickly dispensed as their youthful energy carried them along tirelessly. Each walk, undertaken in school time, was planned as a curriculum resource; questionnaires were provided to test observation and collect information on all aspects of "Natural Science", and firm control was exercised over reasonable collection of specimens. Attention was also given to ecological issues, where relevant, and the importance of making friendly contact with members of the countryside community.

The climax of each season was the end of term Open Evening when a wealth of records, reports, illustrations and discoveries, was on display. A much fuller, well illustrated account will hopefully be produced later, and could assure everyone that Bentham is indeed a place worth coming to and getting to know.

Our sincerest thanks to Kay, with very best wishes to her and Frank in whatever other adventures they undertake.

EDITORIAL INFORMATION

BENTHAM NEWS is published at "Latharna", High Bentham, by an editorial committee consisting of Shirley Brown, Tom Cahill, Jane Callus, Keith Cowling, Christine Hodson, Judith Johnson, Ken Robertson, Jean West, Pam Woof, and our co-ordinator, Bill Kennedy, who can be contacted on 62492.

BENTHAM NEWS can be sent anywhere in the UK for an annual subscription of £7, or anywhere in the world for £12. To place an advertisement in the BN please contact our advertising manager Jane Callus on 62277. Items for publication may be left at Bentham Sportswear, Station Road. Please include your name, address and telephone number. The FINAL COPY DATE FOR PUBLICATION IS THE 15TH OF EACH MONTH.

Every effort is made to ensure that information contained in the paper is correct. However BENTHAM NEWS is an open access paper and views and opinions expressed are not necessarily those of the editorial committee. The committee reserves the right to edit contributions, including letters. Please note that although we are willing to withhold names on request, names and addresses must accompany all items for publication. BENTHAM NEWS is printed at LOGO LABELS, Main Street, High Bentham, Telephone (015242) 62180.

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CHURCHES PAGE

(compiled by Judith Johnson)

St. Margaret's

Concert Success - St. Margaret's thanks everyone who contributed to their concert, "Pull out all the stops", and all who packed the church that evening. All the choirs, singers and musicians gave of their very best on what was a memorable occasion, and the audience joined in three roof-raising hymns. Thanks also for all your gifts to our organ fund.

Mothers Union Festival - The Ewecross Deanery Mothers Union Festival will be held at St. Margaret's on Saturday 9th September. A service in the church at 2.00pm will be followed by refreshments in the Town Hall.

St. John's

St. John the Baptist Patronal Festival, 24th June.

St John the Baptist's birthday is for us a
special day,
So we try to celebrate it in a rather special
way.
First a Family Service and the children were
all here
To receive the prizes they had earned
throughout the year.
Next up to the school field for a picnic in
the sun
Before an afternoon of sports which we all
found great fun.
Mums and dads and children in every kind
of race -
To say nothing of our vicar who can go at
quite a pace!
Then with the races over we sat down in a
ring,
Alison strummed on her guitar and we
began to sing.
Everyone agreed that they had had a super
time,
As I hope you will have gathered from
these few words in rhyme.

You will probably already know that we entered a Church Float in the Low Bentham Gala on 22nd July. The Bentham Show is on 2nd September. Several people commented to us last year that they would have liked a quiet sit down, so this year we are hiring a small marquee where anyone can come and rest and browse through photographs of our previous events. Please come and join us and have a cup of tea and homemade biscuits.

Finally something for the more active, a family walk around Bentham on 9th September.

St. Boniface Church

Looking at our Church diary for the coming months reveals that this is a quiet period in term of "activities". We have a coffee morning in the Town Hall on 19th August to which everyone is welcome!

But this season is special in that it is the time when we have the pleasure of welcoming our summer visitors. For some their visit may be their first to our part of the world. But for quite a number this is a time when when they come to live in what amounts to a second home.

I don't know if other churches are graced in this way, but I hope so as it is an encouraging and uplifting experience. Our visitors demonstrate their Christian commitment by their presence with us, and thereby give fresh heart to our own efforts to be faithful to the Gospel way. They often help in very practical ways in the Parish and they remind us of the larger family of faith to which we belong. They help us to broaden our view of the Church and of the wider world in which the church lives, thus they help us to avoid a narrow parochialism.

Perhaps this has relevance for the local community as a whole, and not just "Church people". Those who come to live among us bring us the benefit of their experience and giftedness. This is something to be welcomed. Many local people recognize this and are gracious in their disposition to "new faces". For this reason "outsiders" are often heard to remark on the friendliness of Bentham folk.

The Religious Society of Friends (Quakers)

By Bonnie Mitchell

There are Quakers all over the world who worship in many different ways. Some have music, singing, dancing, some have pastors or pastoral teams, some have silence.

In Britain we worship in silence, punctuated apparently at random by what we call "spoken ministry". This occurs when one or other of us hears, or senses, in the silence, words which must be said. Often your heart thumps and instead of sitting nice and still and good, you find yourself almost compelled to stand up and speak. When this happens to a few people during Meeting for Worship, the messages, like installments, work together, building a whole communication, greater than the individual parts, and more coherent than the sometimes stumbling words we hear. Blended and deepened by silence, our worship is directed and we learn; we see a glimmer of old, steadfast truth.

Friends are probably best known for their testimony against war. This is demonstrated rather than preached, by Friends living and working in war zones and trouble spots such as Bosnia, Palestine Rwanda, South Africa and Northern Ireland. Despite the scepticism with which some people now regard it, you will also find many faithful Friends working for and with the United Nations. We don't always agree, but our Meeting for Worship and the Light we know there gives us the strength and good hope to keep trying.

We're always glad to share our worship - all the world is welcome and free to seek the Light. Meeting for Worship, 10.30am. 2nd and 4th Sundays, Bentham Friends Meeting, Calf Cop.

Christian Aid

The Christian Aid Committee, involving all the local churches, is holding a coffee morning in the Town Hall on Saturday 16th September. Over £1700 has been raised so far this year, and we aim for over £2000.

High Bentham Methodist Church

By John Pilkington

Festival of Banners and Flowers

As in most churches there has been an interest in flower arranging at Bentham Methodist Church for many years. This is demonstrated by the weekly arrangements of flowers on the communion table and the other arrangements at Harvest and other special occasions. More recently banners have been made and displayed in the chapel to enhance worship. A chance remark some months ago led to the suggestion that these two crafts could be combined into a weekend of praise. The idea took hold and after a lot of thought the framework for a "Banners and Flowers" weekend evolved.

Several banners have already been made members and friends and three others are being created by the Junior Church and some of the younger people who attend the weeknight sessions arranged by members of the church. The flower arrangements are being designed to complement each banner and will be created by church members and friends. The banners depict several Christian themes from Creation through the Birth of Christ to his Death and Resurrection. The weekend and the preparation is seen as a sacrifice of praise using the God given talents of the church community. The chapel will be open from 10am to 6pm on Saturday 26th August and Monday 28th August when there will be organ and keyboard music. Admission is by programme (£1.00 - children free) and all money raised is to be donated to Christian Aid and Save the Children Fund.

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RECIPES

By Doreen Park

On a recent Bibby's trip we visited Bakewell to see the well dressings. Some of us bought Bakewell puddings (not tarts). Here is a recipe for you to try.

Bakewell Pudding

6 ozs puff pastry
3 tablespoons strawberry jam
4 ozs melted butter
6 ozs caster sugar
5 egg yolks
3 egg whites
almond essence.

Line an 8" flan ring or baking tin (traditionally oval) with puff pastry. Spread the jam over the pastry base. Cream together the butter and sugar then mix in the egg yolks and whites and add almond essence to taste. Pour over the jam. Bake at 425F, 220C, gas mark 7, for 15 minutes then at 350F, 180C, gas mark 4 for a further 20 to 25 minutes.

Here is another favourite:

Lemon Victoria Sponge

8 ozs butter, softened
8 ozs caster sugar
Finely grated rind and juice of 1 lemon
4 egg size 3, beaten
8 ozs self raising flour, sifted
¼ pint double cream
4-6 tablespoons lemon curd
Icing sugar to dust

Pre heat oven to 375F, 190C, Gas mark 5. Lightly grease 2 x 8" cake tins at least 1½" deep. Line with greaseproof paper.

In a large bowl, cream the butter, caster sugar and lemon rind with a wooden spoon or electric hand whisk. The mixture should be light and fluffy. Gradually beat in the eggs adding a tablespoon of flour every now and again to prevent the mixture

curdling. Using a metal spoon fold in the remaining flour and then the lemon juice.

Divide the mixture evenly between the prepared tins and bake for 20-25 minutes till well risen, golden brown, and the sponge springs back when gently pressed. Cool for 5 minutes and then turn out onto a cooling rack and leave to cool completely.

In a bowl, whip the cream until soft peaks form. Remove the paper lining from the sponges, level the surface of one of the sponges and place cut side up on a serving plate. Spread with the lemon curd then spoon the cream over. Gently place the other sponge on top and dust with the icing sugar. Serve with lemon sauce, if liked. Here is my quick lemon sauce:- Heat ¼ pint single cream, 2 tablespoons honey, 2 tablespoons lemon curd and the grated rind of ½ a lemon. Mix well together and serve cold.



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LIVE AID - THEN AND NOW

By Dr. Peter Nightingale

Ten years ago many people like myself were gripped by the emotion of the Live Aid Concert. We were enthused with a desire to help the starving people of Africa. £40 million was raised, about half being used for emergency feeding programmes and half on long term projects.

The success of Live Aid proved that there are ways in which ordinary people can get involved in combatting local problems. The will to help less fortunate people was then overwhelming and this same concern is a major motivation factor behind the activities of groups like our own Local Action for Justice and Peace (L.A.J.P.)

My experience is that most people in poorer parts of the world desire the opportunity to lift themselves out of poverty by hard work and trade. They do not have a "begging bowl" mentality.

Fair Trade

We can all help them by buying FAIR TRADE products whenever possible. This guarantees the producers, usually farmers, a fair price for their goods. I was delighted to see Café Direct appear on the shelves at Barwise's Bakery shop. Drinking this coffee not only tastes good, but by using our power as consumers we can have a profound and long lasting impact on the economic development of poor communities. Live Aid has supported this Fair Trade campaign.

Tell Us What You Think

L.A.J.P. now hopes to maintain awareness of global issues locally. As Fr. Pat Smythe mentions in his article on 'Local Action for Justice and Peace' on page 26, a stimulating meeting is planned for October 27th in Bentham Town Hall, to debate the world population issue. Most people have an opinion on this so please come and tell us what you think.

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BENTHAM FOOTPATH GROUP

By Maureen Ellis

The Bentham Footpath Group is providing an astounding variety of walks this summer and the numbers attending speak of satisfaction. The walks have ranged from summer evening outings along the Wenning valley through to more strenuous ones on the tops in the Howgills.

What could be better on a Wednesday evening than to walk with friends, old and new, in the lush countryside of the Greystonegill area of the Wenning; a particular pleasure that evening was the sight of a well hidden wren's nest on the bridge.

On a personal reckie in June, for a future walk in the Lawkland area, a misjudgement of route took me through what I can only describe as a superlative of spotted orchids. The public right of way between Middlesber and Bank Head went

through an almost purple field. I returned home to find 7 goldfinches and 2 linnets acrobatically feeding on a field of sorrel at the back of the house.

Len Moody has reported that on 2nd July, the High Bentham Primary School PTA held their annual sponsored 6-7 mile South Bentham circular via Belle View, Burnmoor, Seal Stile and Staggarth. There were 137 children and adults as well as 8 "seniors" on checkpoints. Although it was not a Bentham Footpath walk, use was made of the efforts of that group over the past few years.

Verena Smith is leading a Giggleswick to Bentham walk on Saturday 19th August and in line with healthy transport policies is using the train. Walkers should be ready to catch the 7.50am train at Bentham, to Giggleswick, but a phone call to Verena on 61100 would be helpful.

Similarly, Carol Crellin on the 26th August is leading the "Limestone Link" and will make use of the train. Please phone her on 61881 for details.



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LET'S BODY TALK!

By Our BN Reporter

If you are even a bit interested in, or intrigued by, the advertisement on this page for "Body Talk", which will be opening in August, then read on. Our BN reporter has interviewed the person who is behind this new venture, Heather Guy, to find out what it's all about.

Heather has been interested in various aspects of health and fitness for many years now, and is well-known in the area for her popular step and aerobics classes. She has been working as a fully qualified nurse for many years, and now works part-time as a staff nurse. She has also completed the RSA Fitness Training Course, and, in addition, was recently awarded the National Diploma in Sports and Holistic Therapy.

Central Location

Acquiring the High Street premises, which used to be "Casuals", has given Heather the chance to fulfil a long-held ambition to make a range of fitness and healing treatments readily available to people in the Bentham area. Until now, anyone wanting to use similar services would have had to travel to larger centres of population, often involving expensive, exhausting journeys, which can be stressful in themselves! Now you can "Body Talk" right here, in the centre of Bentham.

Part of "Body Talk" will be open in early August, offering reflexology, aromatherapy, remedial massage, treatment for sports injuries and, hopefully, some beauty treatments. Future plans, for later this summer, involve the provision of a sauna and relaxation suite.

Would You Like To Share These Premises?

If you have appropriate experience and training, and would like to practise locally, you could share these premises with Heather. Why not call her on 63196 and find out more?

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BODY TALK

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MORE?
CALL HEATHER ON
63196**

LOCAL ACTION FOR JUSTICE AND PEACE

By Fr. Pat Smythe

Public Meeting on Population Issues

Everyone knows that the world's population is increasing rapidly. This has the most serious implications. Will the resources of the earth be sufficient to provide for the growing human family? Measures must be taken now to enable future, even present generations to survive. But what should they be?

These concerns are most urgent in respect of the "Third World" where poverty is at its worst. It is in the developing countries that 97% of the population increase will occur. The present dreadful situation experienced by so many people will become even more desperate.

What policies must be adopted to meet this crisis? In particular what should be the response of rich and powerful nations such as ours, to the multiplying needs of the world's poor?

There are two ways of looking at the relationship between population and poverty. Some people believe that the way to reduce poverty is to control population. Others contend that the principle cause of high birth rates is poverty: it is poverty that must be addressed in the first instance.

Of course the issues are more complex than these two alternatives suggest. Many other factors come into play.

Local Action for Justice and Peace have made arrangements for two speakers expert in these matters to address a Public Meeting in Bentham Town Hall later this year. Wendy Thomas (Population Concern) and Julian Filochowski (CAFOD) are both National Directors of agencies involved at a practical level with these issues. Broadly speaking they represent the two different approaches to the problem, but together they will help us to appreciate the many aspects which must be considered.

We are very fortunate that the speakers, both of whom will be travelling from London, are willing and able to

include us in their busy schedules. Hopefully the attendance of local people will be such as to justify their efforts on our behalf.

This is the first public notice of this event which will take place on the evening of 27th October in Bentham Town Hall. Further details will be given in due course. We ask for your support.

ABBNEYFIELD HOUSE

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Lancaster LA2 7HN

Abbneyfield Bentham Society is a charity providing residential care for the active elderly.

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BENTHAM YOUTH CLUB

By Carol, Steve & Pauline

Our summer programme ended with us teaming up with Ingleton Youth Club for abseiling from Twistleton Scar, and two caving trips, all organised and supervised by the Cave Rescue Organisation. Well done to all those who had a go - it was hard, frightening, and fun. Congratulations to Smithy for holding his breath underwater the longest (not much choice though, lad!). Grateful thanks to "Slug" and the rest of the CRO team for their patience with the petrified, and their humour and brute strength for those of us who never got beyond Chapter One of the Hip and Thigh diet!

This is the last of our activity reports; we have enjoyed contributing them but beneath the apparent flippancy runs a strong commitment to Bentham's young people. Problems for today's youth are nationwide, and Bentham is no exception. We have various new ventures in mind to address these during the coming year. Criticism is easy to attract, not so support, and we would like to thank those in Bentham and the Community Section of the North Yorkshire Police, who have listened, guided, tolerated, and given us their time and a shoulder to cry on during the past months.

Have a lovely holiday. See you in September.

TAYLORS

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SPORTS REPORT

Compiled by Janette Richardson

Springfield Bowling Club

The "Home Guard" competition was held at Austwick on Sunday 18th June. Teams competing were from Austwick, Bentham, Burton-in-Lonsdale and Ingleton. The result was a win for Ingleton followed by Bentham, Burton-in-Lonsdale and Austwick. The Bentham team was E. Garlick & P.Taylor, S.Bennington & G.Denby, D.Rose & J.Dawber.

Netball

Wenning Wanderers won two of their matches so far, beating Aireville and Craven College, Skipton. Practice takes place on Wednesday evenings on the playing fields, and all are welcome.

Badminton

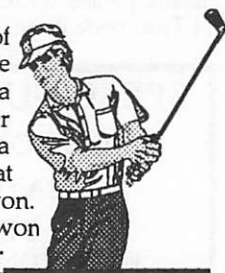
Low Bentham Badminton Club starts its new season on Tuesday 5th September, at 7.30pm in the Victoria Institute. Play begins each Tuesday at 7.30pm and everyone is welcome.

Bentham Junior Golf

The junior golf team U19s play in the South Cumbria league. Results after 3 matches are:- Bentham 7 - Windermere 1, Kirkby Lonsdale 2½ - Bentham 5½, Bentham 8 - Kirkby Lonsdale 0. The squad is Ian Carter, Chris Hodgkinson, Paul Metcalfe, Ben Dawson, Gary Louth (capt.), Graham Kellet, Paul Hodgkinson, Aidan Dawson and Chris Wood.

The junior girls team of Sarah Taylor, Danielle Chappell, Melissa Hodgkinson and Esther Coates, played a friendly match at Kirkby Lonsdale and won. Stuart (Sevvy) Ralph won the second junior medal before jetting off

to Portugal, and there was a good performance from Andy Robinson and Graham Cowgill in their U12 match against Alan and Mark from Kirkby Lonsdale.



LOCAL BARTER SCHEME

By Lauraine Palmeri

An exciting local barter scheme based in Lancaster is now available in the Bentham and Ingleton areas, including Wray, Wennington and Hornby.

Lancaster LETS (Local Exchange Trading System) provides an information service whereby members can exchange goods and services. This is achieved, not by direct "swap" but by use of trading units called "Lunes" which are issued to members. The scheme is community based and is run by a core group who record offers and needs on computer and issue a six-monthly directory. This contains details of hundreds of goods and services which are listed under headings such as Arts & Crafts, Building & Trades, Childcare & Pets, Music, Food & Drink, Gardening, Health, Property & Accommodation, Transport, Education, etc. There are also lots of items for sale and wanted.

Lancaster LETS started in July 1993, but the first one ever was in Canada 10 years earlier, in 1983. In the U.K. there are more than 300 LETS schemes. The largest one, with 1800 members, is in Australia. Sharing skills, energies and ideas can be useful and fun, and the more people join the scheme, the better it becomes. Social events are organised where members can meet to trade and get to know each other. For further details please write to Lancaster LETS, c/o 14 Troutbeck Road, Lancaster, LA1 3HQ.

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ADULT EDUCATION IN BENTHAM

By Catherine Birtwistle

Craven College is continuing to extend its successful programme of vocational courses to Bentham. In the autumn, a range of Qualification courses catering for Basic Skills, Secretarial and Administrative Skills, lots of Word Processing and Computing, Crafts and Academic courses, is on offer. Most of these will be held in the new Craven College Centre in Millers Court, although in a new partnership with North Yorkshire Community Education, other vocational courses are to be held throughout the area.

Courses available include CLAIT 1/2, Spanish (Stage A and A/S Level), Psychology and Sociology, Maths, English, Child Development and PPA course, Accounting and Manicure. Other courses are planned for later in the year. Bentham people are important, and we want to provide what you want. The cost is £5 on most courses, and free to those on benefits.

If you wish to study to enhance your career or just for the pleasure of learning, come to discuss your needs in the Craven College Opportunity Shop in Millers Court. Throughout August the shop will be open on Tuesdays and Wednesdays, 9.30am-2.30pm and 7.00-8.00pm each evening.

Magic for Children at Bentham Library

By Nita Dewar

Children between 7 and 11 years old are invited to come to Bentham Library on Thursday 10th August, 2.00 - 3.00pm for a very special storyline.

The theme for the summer in all North Yorkshire is "Magic in the Air", so as well as stories, puzzles, badges and a prize draw, at Bentham Library children can see David Clarke and his Wonderful World of Magic. Free tickets are available from Bentham Library. For further information contact Nita Dewar, 01756 793751.