

BENTHAM NEWS



SUMMER AND SUNSHINE - AT LAST



TIME FOR HAY-MAKING, HOLIDAYS, HORTICULTURAL SHOWS, BARBECUES.

BENTHAM SHOW 2ND SEPTEMBER

The Bentham Agricultural Society's 130th Annual Show will take place this year on Saturday 2nd September at the Showground on Low Bentham Road. With a wide variety of events and attractions there is plenty to interest everyone, so come along with your family and friends and enjoy a great day. Nick Henderson from Corio Raptor will be along with some of his birds of prey, and there will be Ferret Bingo and a grand raffle. Refreshments will be available throughout the day as will stalls from local businesses and a Church Lounge tent.

ORDER OF SHOW

9.00am	Horse Section judging commences promptly
11.00am	Pygmy Goat judging
12.30pm	Shire Horse judging
1.00pm	Dog Exemption Show
1.00pm	ATV Bike Competition
1.30pm	Vale of Lune Hunt display
1.30pm	Mounted Fancy Dress Competition
2.00pm	Judging of Childrens Pets
2.00pm	Kirkby Lonsdale and District Dog Club Display
3.00pm	Grand Parade of prize winning animals
3.00pm	President's Address and Presentation of Cups and Trophies
3.30pm	Parade of Vintage Machinery

HORTICULTURAL SHOWS

BURTON-IN-LONSDALE & DISTRICT HORTICULTURAL SOCIETY ANNUAL SHOW, 2.00-4.45PM, SATURDAY 19TH AUGUST, AT RICHARD THORNTON PRIMARY SCHOOL.

LOW BENTHAM HORTICULTURAL SOCIETY ANNUAL SHOW, 2.00-4.30PM, SATURDAY 26TH AUGUST, VILLAGE INSTITUTE.

HIGH BENTHAM HORTICULTURAL SOCIETY ANNUAL SHOW, 2.00-5.00PM, SUNDAY 10TH SEPTEMBER, BENTHAM TOWN HALL.



LOW BENTHAM STREET MARKET, BANK HOLIDAY MONDAY, 28TH AUGUST, 10.00AM-3.00PM.

AUGUST 2000

ISSUE 166

WOMENS' INSTITUTES

High Bentham

By Doreen Park

At the opening of the July meeting of High Bentham W.I. the president welcomed members and two visitors who were considering becoming members.

Miss Wendy Dowbiggin gave us a very amusing report on her visit as delegate to the now very famous Triannual General Meeting at the Wembley Arena. She was thanked by the president who told us that the events which took place at Wembley had prompted two of our members to resign on principle. Members agreed to hold the annual trading stall at Bentham Show on 2nd September.

We were then introduced to Mrs. Ogden, a fellow W.I. member from the Yorkshire Federation, who had us in fits of laughter with her Yorkshire dialect stories. What tales this lady could spin, and her knowledge of this dialect was unique. She was thanked by Mrs. Sheila Brown.

The competition winner, for a hand made bookmark, was Mrs. Mildred Slater. The next meeting will be on the 3rd August when Mrs. J. Wilson will give a talk and demonstration of needlework and the skills involved. The competition is for an embroidered table cloth or sampler. All are welcome.



Low Bentham

By Jennifer Watkinson

Low Bentham W.I. held their June meeting in Bentham Town Hall. As it was Member's Night, member Mrs. Ruth Sephton welcomed the Weekenders party plan fashion group. Members, including visitors from High Bentham and Lowgill W.I.s then enjoyed a fashion experience - "a weekend in a bag", with High Bentham member Sheila Brown acting as model. After tea and biscuits were served the raffle was drawn. As a result of the evening, £100 was donated to St. John's Hospice, Lancaster.

The next meeting will be on 17th August when Mr. A Colan will be talking about "Search and rescue dogs", and the competition - five items to take on a search.

Bentham Sports



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TOWN COUNCIL MEETING

By David Johnson

Everyone attended excepting Cllr. Hurtle and County Cllr. Ireton who missed an interesting and sometimes heated meeting.

First, The Black Bull (or White Elephant?)

The Black Bull Car Park could become one of the largest areas of pristine tarmac in Craven. The Council's share of the cost is £11,000 but this has not been paid. The spirit of the agreement, that the Council would share the cost of improving it in return for its free use by Benthamers, has been apparent to all who have attended Council meetings over the previous 18 months. The Council was very upset about the introduction of charges. Thwaites said they may install a meter but offered the Cllrs. 6 free parking spaces! Initially the Cllrs. were inclined to refuse to pay their share. Cllr. Pilkington pointed out that the auditor would not permit public money to be spent for the sole benefit of private enterprise. After further discussion they decided to seek a meeting with the property manager and the lessee. Most Cllrs. agreed that if a meter was installed people would vote with their wheels and that the pub would be left with a huge bill and a correspondingly huge, empty car park.

Secondly The Town Hall

The situation also became heated when representations were made by the Young Farmer's following a dance on 13th May. It has caused a lot of stress to everyone, and in particular our Mayor, who deserves credit for rolling up her sleeves and helping the caretaker clean the Town Hall after the event. Things were further inflamed by a Westmorland Gazette report that used the word 'trash'. The Mayor has written to the Gazette emphasising that she had never used this word but that she had been saddened by the state of our Town Hall. Everyone felt that all aspects of the incident were regrettable. Cllr. Preston said she would ask the Gazette to print a public apology.

And Finally The Lancaster Guardian was attacked in a letter from Mr. Hartley, Head of Planning Services about an article in the paper linking an accident at the Punch Bowl Cottage with the current development of the site. Mr. Hartley thought both sides of the case should have been investigated to produce a more balanced report.

Other Matters

District Cllr. Pilkington keeps warning Rail Track about erosion by the River Wenning near Shaky Bridge that has brought the river to within a yard or two of the railway embankment. Shaky Bridge is indeed in a shaky condition and a neighbouring kissing gate has been vandalised.

The District Council confirmed that it could not provide additional lighting in Low Bentham Car Park as the lease has only 4 years to run. The bins are positioned to accommodate lorry access. Cllr. Marshall pointed out that there are already 2 lights and that cleaning them and replacing the bulbs may help.

Well Done!

Cllr. Dowbiggin drew everyone's attention to the Quality Award, one of the few in the County, awarded to High Bentham C.P. School. She also expressed appreciation of the wonderful open gardens weekend sponsored by the N.S.P.C.C.

Town Hall Diamond Jubilee

Judith Johnson spoke about plans for the Town Hall Diamond Jubilee Celebrations that will feature local talent in an entertainment on Saturday 11th November.

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DANGER AT NEW PLAYGROUND

Marie Colyer

I have been asked to write a small piece in the Bentham News about our new playground in Wesley Close, High Bentham.

I have been very impressed with the novel, modern and high quality play equipment in the playground and have spent quite a few hours there with my 2 year old son and his friends.

Unfortunately, on Sunday 2nd July we arrived after the rain stopped, to find broken glass on the main entrance paths, and even some smashed on the grass between the big slide and hexagonal swing. Numerous alcopops bottles were found unbroken in the grass round the main sitting area and playground periphery. Parents and older children helped with cleaning this up.

Disappointingly, a week later, on Saturday morning the playground was found in a similar state.

As a parent and physiotherapist, I would like to appeal to those responsible to think of the possible consequences of their actions. A child with a severed tendon may never be able to move properly again. The worst case scenario may be even more frightening. Please think of the children who will be playing at the same playground possibly only hours later. Litter bins are provided so please use them to make the playground safer for all of us who use it.

OPEN GARDENS WEEKEND

By Susan Adams

Ode to a Hanging Basket

Oh hanging basket suspended there,
Strategically placed so that all could share.

What? I ask befell your fate,

When you were stolen from outside that
gate?

The person who took you could not have
known

How patiently you were tended, nurtured
and grown.

So much pleasure to please the eye
For all who admired you as they passed by.

But now a basket of a different hue,
With flowers of pink and white and blue,
Was secretly hung there in your place
Fostering one's faith in the human race.

To the person who took the original one
Perhaps to you it was classed as fun.

We hope you enjoy it for hours and hours
But it will never bring you more pleasure
than

This new one of ours.

Charles and Rose Atkinson of Parkinson Farm would like to thank whoever replaced their hanging basket which was stolen prior to the open gardens weekend. Their anonymous benefactor cannot know how much their gift meant to Charles and Rose.

The weekend was a great success, raising a total of £1325.24. This will be divided evenly between the NSPCC and Christian Aid. Thank you to all who visited the gardens, all who opened their gardens to us, and to those who helped in the background in several of the gardens, selling plants, making tea or manning the gardens of friends and neighbours.

We hope all of you who visited had a good weekend in spite of the wet start to Sunday. We hope to see you again next year.

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CRAVEN DISTRICT COUNCIL MATTERS

By Councillor John Pilkington

Council Housing

Tenants are to be Balloted Next Year. At a Special Meeting in Skipton Town Hall on 19th July the District Council decided to start the process which could lead to the transfer of all Council Housing in Craven to a Housing Association. An application will be made to the DETR (Department of Transport and the Regions) in November asking that Craven be included in the 2001/2002 Transfer Programme. If the application is accepted there will be a ballot of all tenants in the Spring/Summer of next year. The transfer will not go ahead if a majority of tenants who vote in the ballot are against it. An Independent Advisor will be appointed in the near future to advise tenants on all aspects of the proposed transfer. Tenant representatives will be involved with the selection of the Advisor and also with the selection of a suitable Housing Association. It has been made clear during the debates on this matter that the Council provides a good Housing Service which, on the whole, tenants are very satisfied with. But lack of proper funding means that the Council can no longer guarantee to carry out the essential improvements needed during the next ten years. Of the £4 million due to be collected in rent from tenants in 2000/2001 £1.5m will be taken by the Government to fund housing in the more urban parts of the country. The Council has made many representations in the past about this unfair treatment of tenants in rural areas but there has been no change in policy - in fact the situation is steadily getting worse.

Standards Committee

The Local Government Act 2000 which is expected to receive the Royal Assent by the end of July will require the District Council to set up a Standards Committee in 2001. Craven District Council decided to set up a Standards Committee this year so that the full implications of the new Act can be properly assessed.

The functions of the Committee include:-

- ◆ Promoting and maintaining high standards of conduct by Members of the Council.
- ◆ Assisting Members to observe the Craven District Council's Code of Conduct. Monitor the operation of Craven's Code of Conduct.
- ◆ Ensure that Craven's Code of Conduct is consistent with the national model. Town and Parish Councils will also be included in the national framework and all town and parish councillors will be required to sign up to a national parish code of conduct. The Government is to set up a Standards Board which will investigate allegations that a councillor has failed to observe an appropriate Code of Conduct and other allegations of misconduct by a councillor.

Recent Planning Applications 08/2000/508 Mr & Mrs Sayer, 14 Gloucester Road, Old Fletton, Peterborough, PE2 8BJ. Erection of wall and railings to front of property, formation of pedestrian gateway, blocking up of openings, rendering of side wall and new window on side elevation at Collingwood House, Moonsacre, Low Bentham Road. 08/2000/524 Mr & Mrs E Pearson C/O Mason Gillibrand Architects, 16 Willow Mill, Caton, Lancaster Construction of new access and stopping up of existing access at land adjoining Felsteads, Low Bentham Road. 08/2000/539 Co-op Healthcare, Leader House, Greenfield Road, Congleton, Cheshire. Display of internally illuminated fascia and projecting advertisements at Stafford House, Main Street.

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SUNSHINE FOR SCHOOL HILL OPENING

By Keith Wear

"If Sir Christopher Wren had known of the high standard of work of Brown & Whitakers he may have built St. Paul's Cathedral in Bentham!" This was just one of the lines from Tom Guy, compere for the opening held on a sunny if rather cool evening on Friday 14th July.

In February 1999 the Town Council convened a public meeting, at which the idea of celebrating the Millennium with this project was first proposed. Landscape architect Jim Hodson developed plans and from that point onwards it has been a long slog for the Community Committee formed at that meeting, and in particular for Wendy Dowbiggin, who was elected as chairperson.

In declaring officially that the School Hill site was open, Wendy expressed appreciation to everyone who had been involved in the project; too many to list here as one may imagine, but you know you were thanked by Wendy. No one present could doubt her love for the town and the sincerity of her thanks.

The Mayor, Mrs. Jean West, immediately followed by placing the last soil onto the site of the Millennium Tree, and formally declaring the tree planted.

Following this Wendy and Jean were presented with bouquets of flowers by Joseph Lester and Sara Carter on behalf of the Town Council. Our compere, Tom Guy, kept the ceremonies moving and introduced the High Bentham CP School choir, who sang several numbers under the direction of Mrs. Jane Callus-Whitton, and accompanied on the keyboard by Mrs. Libby Wheildon. There was a stiff breeze which resulted in sheet music having to be rescued on more than one occasion, but the keyboard played on! Loud applause indicated how much the singing was appreciated. Headteacher Mr. J. Brown pointed out that the young children would never have sung before to such a large crowd in the open air.

Mr. W. Joel introduced a group of singers who had come together from the churches in the town. Accompanied by Kirkby Lonsdale Brass Band they led the townsfolk and visitors in two hymns, "To God be the glory" and "Onward Christian soldiers". The first two lines of "To God be the glory" are "Praise the Lord, Praise the Lord, Let the earth hear his voice". On that opening night the band and singing were heard three quarters of a mile away!

Kirkby Lonsdale Brass Band continued to play a selection of music, to the delight of the audience. The evening became cooler, prompting some of the audience to visit the mobile caterer for hot drinks.

There was a wonderful final number from the band, which stirred some to sing "Rule Britannia". Not quite as the Last night of the Proms at the Albert Hall in London, but this is BENTHAM and we do it our way - and we can be proud of it.

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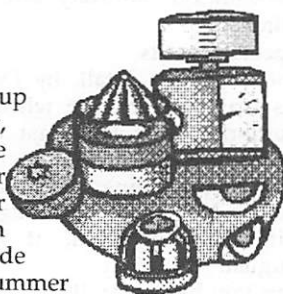
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RECIPES

By Doreen Park

I am not giving up on summer yet, so here are some dressings for enhancing your barbies or when eating outside during the summer holidays.



Vesuvius Relish. Makes about 2 litres (3.5 pints).

- 285 gms - 10 oz jar sun dried tomatoes, in olive oil (oil included)
- 907 gms - 2 lbs fresh tomatoes
- 227 gms - 8 ozs onions, chopped
- 227 gms - 8 ozs leeks, chopped
- 20 garlic cloves
- 10 fresh red chillies, seeds included
- 2 tsp Dijon mustard
- 2 tsp fresh oregano
- 227 gms - 8ozs granulated sugar
- 570ml - 1 pint red wine vinegar
- 1 tsp garlic salt
- 1 tsp black pepper

Chop the sun dried tomatoes into small succulent chunks. Liquidise the fresh tomatoes, skins included, onions, leeks, garlic and chillies and pour into a large pan with all the other ingredients. Cook for 30 minutes and then bottle. It is ready for use

immediately and keeps for about a year. This is a red hot relish, packed with some of Italy's best flavours. It sounds a large amount but it keeps well. It is particularly good with pepperoni pizza or try it spread on toasted French bread, and topped with parmesan cheese. It also makes a marinade, mixed together with one tablespoon each of red wine and olive oil. You can serve it with pasta shells or on a bowl of wholegrain rice, and it works wonders with risotto.

Tuscany Dressing - Makes 1 litre - 1.75 pints

- 4 garlic cloves, peeled and chopped
- 4 strips red pepper
- 4 slices lemon
- 4 sprigs each of rosemary, thyme and fennel
- 4 pinches sea salt
- 2 tsp dried oregano
- 1 tsp pink peppercorns
- 250 ml - 8.75 fl oz olive oil
- 750 ml - 26.25 fl oz white wine vinegar

Divide the ingredients equally between four 250ml - 8.25 fl oz bottles (ask your "local" for tonic water or mineral water bottles with screw tops, they are usually thrown away). Screw the tops on tightly, shake and serve. This is a classic Italian salad dressing, delicious with something a little unusual like radicchio, sorrel or rocket, or on a cold pasta salad. It is also superb on sardines. Just drizzle the dressing over them before putting them on the barbecue.

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WORKING FOR WILDLIFE

By Liz & Roger Neale

An Exhibition

Liz and Roger Neale, with the help of members of the Craven Conservation Group, the Kirkby Lonsdale and District Wildlife Watch Group (the junior wing of the Wildlife Trusts) and the Kirkby Lonsdale Cumbria Wildlife Support Group, are mounting an exhibition with this title at the Ingleborough Community Centre, Ingleton, from 5th - 19th August, to highlight support for wildlife in the NW.

Organisations represented will include Yorkshire Wildlife Trust, Cumbria Wildlife Trust, Yorkshire Dales National Park, English Nature, Wildlife Watch, Farming and Wildlife Advisory Group, Craven Conservation group and others. The exhibition will be open every day from 10.00am-5.00pm. It will be opened at

10.30am on Saturday 5th August by Bill Mitchell.

Special Events

There will be a talk by Dennis Nelson on his walk for wildlife when he walked the Cumbria Coast Path last year and visited many nature reserves en route, and a bat watching evening with Tony Marshall & Dennis Nelson on 12th August at 7.30pm. & with Tony Marshall at 7.30pm on 15th August.

Can you help man it?

Liz and Roger hope that you will be able to visit the exhibition and bring your friends and relatives but they also need some help in manning it, Monday to Friday, morning and afternoon sessions, 10.00am-1.00pm and 1.00-4.00pm. Offers of help for an hour or more would be greatly appreciated. Commitment of dates as soon as possible would greatly assist the planning of the manning timetable. If you could help, they would be delighted to hear from you. Please contact them on 015242 41155 or write to Bank House, Westhouse, via Carnforth, Lancs, LA6 3NP.

MEMO

To:- ALL WOMEN
From:- HOME-MAIDS UNLIMITED
Date:- JULY 2000

It has come to the attention of the management that for the past two thousand years each one of you has worked above and beyond the call of duty.

Henceforth in recognition of your services you may dispense with all tedious household chores.

For further details please ring the following helplines - 61840 and 624901, asking for Wendy and Sue.

Dear Bentham News,
 May I start by
 congratulating
 Bateman Marshall on
 his interesting
 accounts of Bentham
 but I must correct
 him on the day
 Queen Mary visited
 Bentham. We children
 walked from the school to
 Bentham Station and stood
 on the siding between
 Pye's Mill and the down platform. The
 Royal Train pulled up to fill the tender with
 water.



The children started cheering but it was
 quite a while before Queen Mary
 condescended to appear at the open
 window of the door at the end of the
 carriage. She did not at any time alight
 from the train.

It sticks in my mind how cold and
 stony faced she was; no smile, just standing
 there, no wave or anything. I often wonder
 if that was the day the seeds of my
 anti-royalist feelings were sown.

Yours sincerely,
 K.

Dear B.N.

I was disappointed to see that the one
 remaining maple tree in the School Hill
 amenity area has been chopped down.
 There are so few trees in Bentham and the
 area as a whole that it seems a pity that the
 council felt that this was necessary.

We complain about the equatorial
 forests vanishing and yet we do not have
 the will to save this one mature tree and
 work around it. The mosaic is exquisite
 and all the stone work and cobbling
 excellent but so much of it at the expense of
 plants and trees. Nature takes some beating
 and there is very little evidence of this left.

It was said that leaves would be
 slippery and a risk to children; but how are
 children going to cope with the rest of life if
 they cannot cope with leaves for a few days
 of the year. It was also said that less plants
 would be less maintenance. This is true,

but I am sure a community of 2,000 people
 could find some way to maintain one or two
 extra trees and to re-route an extra cable.

The line of plants by the library wall
 which has been there for over 12 years and
 formed a nice approach to the school has
 been flattened. They were planted by a
 local resident and tended by her. She even
 labelled them at one time for the benefit of
 the children. No one even came and told
 her these plants were being cobbled over.
 To my mind, this seems insensitive and
 lacks creative imagination regarding nature
 in what is to be our amenity area.

But I will bow to democracy and if
 people really want a minimalistic, tidy, leaf
 free, maintenance free garden then so be it.
 Maybe the winners of the Chelsea flower
 show and the neat corporate nature of their
 new designs will win the day.

Yours sincerely,
 Kevin G. Watt.

Dear Bentham News,
 The Millennium Project.

I have watched the hard working work
 force, and I would like to thank them for
 their co-operation. I hope that everyone
 takes notice of what Wendy and Tom said at
 the opening about keeping it as *good* as it is
 now and that we all get lots of pleasure out
 of the area. Also, thanks to the committee
 for producing a wonderful place.

Jennifer Carroll (Lollipop Lady)

Dear Bentham News,
 The Nosebag.

Due to expanding my family, I am
 regrettably having to close the Nosebag for
 the foreseeable future, as from 11th August.
 Business and children aren't always
 compatible and I feel that I won't be able to
 devote enough time and energy into what
 has been a much loved coffee shop. I'd like
 to thank the customers and staff who have
 loyally stayed with me and apologise for
 the inconvenience I know this will cause.

With much regret and sadness,
 Emma Bradley.

LETTERS (continued from page 9.)

Dear Bentham News,

The Directors of the Auction Mart would like to point out that the tarmacadam Auction Yard is in fact a Private Car Park for the use of those on Auction Mart business and customers of the Byres (during opening hours).

Whilst not wishing to appear mean minded or less than public spirited, we do obviously have to protect the interests of, and serve our customers to the highest standard and we are afraid that parking in the Auction Mart Yard by the general public is now causing problems and interfering with customers of the Auction. In particular, large wagons and farm vehicles must be able to access the car park and we are concerned that irresponsible parking is now causing problems to the everyday running of the Auction Mart business.

Whilst understanding that the car park is central to the village and is conveniently situated, may we ask that people show some consideration in return for the good will which the Auction has in the past shown and would like to continue to do so.

As Directors, we do not wish to cause any ill feeling in the community with this request for consideration, but hope that the message will be taken on board in the spirit that it is meant, and that the good will of the Auction Mart will be reciprocated and that our Private Car Park is not abused or misused.

The Directors of Bentham & District Farmers Auction Mart Ltd.

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BIBBY'S OF INGLETON

SUMMER HOLIDAY EXCURSIONS

Tuesday, 8 August

CHESTER ZOO - £8.00/£6.00

Wednesday, 9 August

STOCKTON MARKET & REDCAR - £8.50

Thursday, 10 August

8 LAKES - £7.60

Sunday, 13 August

YORKSHIRE WOLDS & BEVERLEY - £9.50

Including Burnby Hall, Gardens & Band

Tuesday, 15 August

YORK - £8.00/£6.00

Wednesday, 16 August

EDINBURGH - £11.00

Thursday, 17 August

SOUTHPORT FLOWER SHOW - £8.00

Tuesday, 22 August

BEAMISH OR GATESHEAD
METROCENTRE - £8.00/£6.00

Thursday, 24 August

CHESTER ZOO - £8.00/£6.00

Wednesday, 30 August

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NATIONAL AWARD FOR HIGH BENTHAM CP SCHOOL

By Jonathan Brown

High Bentham Primary School has become one of the first schools in North Yorkshire to receive the nationally awarded Basic Skills Agency Quality Mark for Primary Schools. The Basic Skills Agency only awards the Quality Mark after a

number of inspections of schools and an audit of a school's provision in English and Maths, so this is a major achievement, and one of which the school is justifiably proud.

The Headteacher, Jonathan Brown, said, "We are delighted that the quality of our provision in the basic skills has received national recognition in this way. It is a testament to the hard work and commitment of the teachers, children and parents in partnership at the school." The Chair of Governors, Michael Horton, added, "We are pleased to be one of the first schools in our Local Authority to receive this award. This reflects not only the hard work of the staff, but also the quality of the provision experienced by the children. I hope other schools follow suit as this has been a very rewarding experience for governors and teachers alike."



This photo shows some of the pupils at the school with the award. Left to right they are: James Tuohy, James Longton, Rebecca Lloyd, Samuel Dennis and David Lester.

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SOLE TO SOUL

By Shirley Brown

Most Bentham people will realise by now that we have an exciting new business down Station Road. Also most will notice that the friendly face of Marie Rayner is seen less frequently in the Post Office. Put these two facts together and you have an answer, that the new business is Marie's own personal contribution to Bentham life.

To find out more I recently interviewed Marie, whose life has taken many interesting twists and turns to arrive where it is today. After leaving school she completed 3 years' full-time training in chiropody at the Salford School of Chiropody. She "likes feet" and was "following in her father's footsteps" because, although recently retired, he had also been a chiropodist. In 1986 she moved to Lancaster to take up the post of chiropodist at the new unit for the elderly in the RLI. The next major change in her life came in 1989 with the onset of ME, which resulted in her having 7 years off work. Her gradual return to health brought her into contact with various complementary therapies such as shiatsu, reflexology, relaxation, meditation and healing. She is a member of the National Federation of Spiritual Healers (which, incidentally, is nothing to do with the Spiritualist church as "it encompasses all religions, and none"). She was also part of a team who ran the ME support group in Lancaster.

In September 1995 the next important phase of her life started when, knowing only one person who lived here, Michael Mann, she moved to Bentham. She was getting better, but working with Michael, his partner Dorothy and fellow healer Pauline Turner, completed the healing. She felt she had "come home" and found Bentham "a very special place with a lovely mix of people". On 8th June 1996 she achieved her ambition of walking across Morecambe Bay on a ME sponsored walk, and this convinced her that she was now well and ready to work again. She began working at the Post Office on 8th July 1996, and "loved working there, meeting so many people". By a happy coincidence her dad had also worked



for the Post Office.

After 4 years she felt ready to take on the next challenge, running her own business. Encouraged by her very good friend, Dorothy Burton, Marie made the decision to combine her skills in chiropody, healing, reflexology and shiatsu in a new business venture. That momentous decision became reality, when, after help from two of her brothers, friend Chrissy and others, the shop conversion was completed for the opening day on 16th June.

Marie has had a lot of support from local traders, including Tricia next door. The two are friends and feel that their businesses will complement each other. People are already coming into this attractive, welcoming shop to experience the whole range of what is on offer, which includes a fascinating array of local crafts. Marie, who now seems to have boundless energy, is also building on Michael Mann's work, (he died a few years ago), by teaching workshops for healing and personal development both locally and further afield, including Southern Ireland. She also finds time to sing with the Langcliffe singers, run classes at the Looking Well, work towards a diploma in crochet and hopes to learn to spin.

Anyone interested to find out more should call in at the shop, where they will receive a warm welcome.

CRAVEN WANDERERS FOOTBALL CLUB



By Louise France

Are you in school year 5 or 6? Do you love football? Do you want to play football?

If so, then this should interest you. Craven Wanderers football club training restarts in early August. If you are interested please contact John Armstrong on 63011 (evenings).

The under 14's training restarted on Wednesday 26th July at Bentham Playing Fields and takes place each Wednesday at 6.30pm. We would gladly welcome new members. For further information please contact Malcolm on 62275.

EWECROSS HISTORICAL SOCIETY

By Jean Butler

On Saturday 12th August the Ewecross Historical Society will pay a return visit to Skipton Historical Society for a day of interesting talks, walks and (optional) Organ Recital. Travelling independently by train or car, arrive at Swadford centre (near Bizzie Lizzie's and opposite the Co-op on Swadford Street) for an 11.00am start. To add your name to our list or to offer or obtain transport please contact Sara Mason (61382) or Jean Butler (61420).

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LOCAL EVENTS IN AUGUST

Tue 1st 10.30am-12.30pm, Town Hall, "Antiques Roadshow" for valuing and buying items.

Looking Well 12.30-1.30pm, relaxation session. 2.0-3.00pm Women's support group. Both every Tuesday.

Thu 3rd High Bentham W.I. meeting, see page 2.

Looking Well from 11.00am - gardening day in Harvest Garden, and every Thursday. See page 16.

Children's Activity Hour "Relay to Adventure" at Bentham Library, 2.00-3.00pm. See page 16.

Fri 4th Age Concern - Margaret Holgate - "Humorous Talk".

Looking Well 6.00-9.30pm, Black Library Wargaming Club, Over 11's. Every Friday.

Sat 5th NSPCC Craft Fair and coffee morning, Town Hall 10.00am-12.30pm. Cake stall, plants, raffle etc. 

Working for Wildlife exhibition opens, see page 8.

Bentham Traders Association Treasure Hunt. Starts 5.30pm from Auction Mart Car Park.

Sun 6th

Bentham Footpath Group walk, Cold Cotes, 6 miles, leader D. Stubbs 61430. Meet at Lairgill 1.30pm.

Mon 7th

Town Council meeting at Town Hall, 7.30pm.

Looking Well, Cancer support group meet for shared lunch, 12.30-2.00pm. See page 25.

Looking Well 10.30am-12.30pm Baby Buckets. Parents and babies group, and every Monday.

Tue 8th

Bentham Child Health Clinic at the Surgery, 2.00-4.00pm.

Wed 9th

Alzheimers' support group meeting at the Looking Well, 7.30-9.00pm. Social.

Citizen's Advice Bureau at the Surgery, 1.30-3.15pm.

Thu 10th

Looking Well trip to Southport. Coach leaves School Hill at 9.15am.

Fri 11th

Age Concern - Video & talks about Benita Moore "Her visit to Bentham W.I."

Sat 12th

Pet Rescue coffee morning at the Town Hall, 10.00am-12.00noon. 

Ewecross Historical Society visit to Skipton, see page 13.

Tue 15th

Copy deadline for September Edition B.N.

Wed 16th

Looking Well 10.30-4.00pm. family kite-making workshop.

Thu 17th

Low Bentham W.I. 7.30pm at Victoria Institute. See page 2.

Bentham Footpath Group walk, Lowgill area, 4-5 miles, leader B. Harrison, 62462. Please meet at Lairgill/Lowgill Church 6.15/6.30pm.

Fri 18th

Waste paper collection at the Legion Hut, 8.30-11.00am. Proceeds to NSPCC.

Listing for Local Events

Day

Date

Event

Venue

Please complete and return to Bill Kennedy, 62492, or hand in at Bentham Sports.

Fri 18th Age Concern - Gill O'Donnell and Elen Beresford "Comical Verse and Poetry".

Sat 19th St. Boniface's coffee morning, in Town Hall, 10.00am-12.00noon. 

Burton-in-Lonsdale & District Horticultural Society annual show, 2.00-4.45pm.

Bentham Footpath Group walk, Kirkby Lonsdale/Whittington, 6 miles, leader J. Clapham, 62326. Please meet at Lairgill at 10.30am.

Mon 21st Bentham Show, closing date for entries in cattle, sheep, handicraft, photography and stick dressing classes.

Tue 22nd Bentham Child Health Clinic at the Surgery, 2.00-4.00pm.

Wed 23rd Looking Well, 10.30am-4.00pm. family dough sculpture workshop.

Citizen's Advice Bureau at the Surgery, 1.30-3.15pm.

Thu 24th Closing date for entries to Low Bentham Horticultural Show to be sent by noon to the Secretary, Judith Johnson (61905).

Fri 26th Age Concern, Phil Haigh - "Cave Rescue with a Search Dog".

Sat 26th Arthritis and Rheumatism Council coffee morning in the Town Hall, 10.00am-12.00noon. All welcome. 

Low Bentham Horticultural Society Show at the Village Institute, 2.00-4.30pm. See page 20.

Mon 28th Bank Holiday Low Bentham Street Market. See page 28.

Tue 29th Bentham Show, closing date for entries in the horticultural classes.

Wed 30th Looking Well, 10.30-4.00pm, family dough sculpture workshop.

Local events in early September

Fri 1st Bentham News published.
Age Concern, Ann Kippox "Promise Box".

Sat 2nd Craven Wanderers Junior Football Club coffee morning in the Town Hall, 10.00am-12.00noon. 

MacMillan Fund event in the Town Hall Ballroom.

Sun 3rd Bentham Footpath Group walk, Smardale variation, 10 miles, leader T. Burnett 63481. Please meet at Lairgill at 9.30am.

Tue 5th Bentham Child Health Clinic at the Surgery, 2.00-4.00pm.

High Bentham Toy Library at the Youth Centre, 9.30-11.30am.

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AUGUST WILL BE DIFFERENT AT LOOKING WELL

By Alison Jones

During the summer holidays we have some exciting and different events planned, which means that in August things are going to be a bit different at Looking Well. We are looking forward to the day trip to Southport on Thursday 10th August - get in touch now (tel: 62672) if you want to come - it only costs £4 per person. We have also organised special family art and craft workshops on Wednesdays throughout August. These include kitemaking on 16th, and dough and bread sculpture on 23rd and 30th. We are hoping to link these workshops with baking bread at Bentham Show on 2nd September. Please check the diary for details of our regular sessions.

We also hope to spend more time outdoors in August, working in the Harvest Garden, and are planning to be there every Thursday, weather

permitting. Thank you to everyone who has donated garden tools, as those have been really useful and we wouldn't have got far without them! Please come and help us with the garden as there's plenty to do, from making flower beds and building compost bins, to creating a rockery and wildlife areas. Keeping the grass under control is quite a challenge, so if you have a petrol strimmer or mower, we would really appreciate some help cutting the grass.

SUMMER ACTIVITIES AT THE LIBRARY

By Diane Chant

Calling all 5-11 year olds! Come to Bentham Library on Thursday 3rd August from 2.00-3.00pm and join our activity hour "relay to Adventure" with Sonia Knoght and the Skipton Group Children's Librarian, Nita Dewar. Pick up your ticket from the library, and while you are there, ask about our summer Reading Relay - read books - collect postcards - earn a medal. A fun holiday project for all ages, so why not get ready, steady and have a go?



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POLICE FILE

By PC Danny Kay

Vandalism.

We seem to have an outbreak of the well known anti social disease of "vandalism" in Bentham at the moment. The outbreak has been confined to the railway station and a couple of other locations in the Main Street. The persons suffering from the disease appear to be local teenage boys probably suffering from the delusion that they are being "hard" and that smashing things up is "cool". Maybe they just aren't man enough to handle their beer on Friday and Saturday nights.

Other persons suffering from the outbreak are those who look after the Station and those persons whose flower arrangements are wrecked on weekend evenings.

The disease is not actually called "vandalism", we know it better as criminal damage, and luckily there is a great cure for it, namely to arrest the persons causing the damage, prosecute them and hopefully bring shame upon them and their families. We will be starting to cure the disease very soon unless the sufferers sort themselves out.

Those parents who let their offspring wander aimlessly around our streets in the evenings whilst they trail off to the pubs and clubs could maybe stop and wonder occasionally as to what their little darlings are up to ? That is if they really are caring parents. Enough said on this issue.

Parking.

Whilst not wishing to get embroiled in any other parking debate that is ongoing, this is an opportune moment to remind one and all that we will continue to prosecute parking offences in Bentham. As I have pointed out before, a £20 fine for £5 of groceries just doesn't make for good economics.

Thank you to all those who have responded to the Bentham.net website and especially the comments on the Police page, an excellent start.

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BENTHAM DEVELOPMENT TRUST COMMUNITY OFFICE

By Amanda Lester

May I take this opportunity to remind you of the facilities which can be found at the Community Office? Many of you who responded to the article in the April Bentham News will already be aware of the fantastic information waiting to be discovered on the Internet. We have had a good increase in people using the computer but there is always room for more.

During the summer months you may find the Internet very useful for all kinds of research on holiday destinations; before you travel you can find out about major attractions, opening and price information. Did you know that you can book train travel and show tickets? You can also surf the net for last minute travel bargains - far less hassle than the travel agents.

For the youngsters there are many sites

of interest on pop bands, T.V. Channels etc. although the kids probably know more about this than we do!

So if you are still in doubt about whether to call in, please remember:-

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At Bentham's Community office.

Please note that the Community Office is located at the Bentham Development Trust, 26 Main Street, High Bentham. Telephone 61030.

The Bentham Website

Have you looked up the Bentham website yet? You'll find it at www.bentham.net and although it is still not complete, there is a lot of useful information already posted. You can also advertise in the classified section, join the chat room etc. We need information on many of the local clubs and associations - similar to the items already available on the site, so please contact us, through the Trust Office on 61030.



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CHURCHES TOGETHER IN BENTHAM

By John Bearpark

Churches Together's next event is the Churches' Lounge at Bentham Show on Saturday 2nd September. Members of all the churches will be providing refreshments and an opportunity to sit-down & chat for people at the show throughout the day.

A new venture this Millennium year will be a joint *Harvest Celebration*, in conjunction with the Looking Well. This will be held on Saturday 30th September starting at 6.00pm, and will include a short service, a Jacob's Join Supper and a barn dance-cum-ceilidh. This will be a real family occasion, and we hope it will be a time for young and old from the whole community to come together. We will have more details in next month's Bentham News.

The beginning of St. Boniface's Parish Mission coincided with the Patronal Festival of St. John the Baptist's Church, Low Bentham, and members of all the churches enjoyed a Family Walk that really became a Pilgrimage. We visited all four of Bentham's churches in turn, enjoying a fact-finding quiz prepared by Alison Hanson and family at each one. A short service followed at St. John's, lead by Fr. Paul, the leader of St. Boniface's Mission, in which he reminded us that St. John's was built when all Christians in Bentham belonged to one church. He movingly encouraged us to go on praying and working for unity among

Christians today. The afternoon concluded with an enjoyable picnic by the river in the Grammar School grounds, by kind permission of the Headteacher. (The present incumbent reflected on the life-style of earlier clergy, as we sat in the garden of the former Rectory!)



The churches were pleased to be invited to sing at the official opening of the new School Hill site. Earlier we had suggested that there should be a Christian symbol in the Millennium Mosaic, and we were delighted that it was agreed that a cross should be included. The beautiful mosaic depicts the local countryside and our community life, the cross is a reminder that the Millennium derives its meaning from Jesus Christ, and speaks of the witness of Christians in Bentham down the centuries. The cross is a challenge to us today to live sacrificial lives, in the service of our Master and of God's people and the whole of His creation.

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THE CARERS RESOURCE

By Sue Clements, Carer Support Officer.

I am the Carer Support Officer for Craven, working alongside Margaret Allen and Kath Beer. (Pat Crewe worked in North Craven until August 1999). I have particular interest in carers' issues in North Craven and until recently worked for Age Concern, North Craven. I continue to organise the monthly Alzheimer's Support Group at the Looking Well in Benthams. I am based at Skipton General Hospital, but have lived and worked in Benthams and Settle area for many years. Living locally means that it will be easier to support carers in North Craven.

Young Carers' Officers

Alex Fox (Young Carer Development Officer) and Gill Gentle (Young Carer Support Officer) are based at Harrogate. "Young carers are children or young people under the age of 18 years who carry out significant caring tasks or assume a level of responsibility for another person, which would usually be taken by an adult". They may be caring for adults, or sisters or brothers. (Dept. of Health definition). Caring responsibilities may include domestic tasks, personal or medical care, and emotional support. Children need time and space to be young and carefree, and to maintain education and career opportunities.

The Carers Resource recognises carers of all ages - who support clients of all ages and needs. Staff provide information, advice

and confidential support, helping people to access services. This benefits client, carer and other family members. Information is available on carer assessments, transport, short breaks and holidays, specific illness, equipment and entitlements. "Choices" is our free newsletter containing wide ranging information on such issues; please contact our Harrogate office for a copy.

I can be contacted at the Skipton office. You can also ask your doctor, health visitor, district nurse or social worker for information or ask them to contact us on your behalf. If you know of anybody who may benefit from this information, please pass it on. Carers Resource, Skipton General Hospital, 01756 700888, or Carers Resource, Harrogate 01423 500555.

LOW BENTHAM HORTICULTURAL SHOW

Low Bentham Show will be held on Saturday August 26th at the Village Institute. Entries for flowers, fruit, vegetables and domestic classes need to be registered with the Secretary, Judith Johnson by noon on Thursday August 24th. Schedules are available from the Secretary or Low Bentham Post Office or Bernard Armstrong's shop in High Bentham.

This year we are featuring new classes for Floral Art and we are hoping for a good display of Art work from Low Bentham School. There are lots of classes to enter and exhibits to view so please come and support us. We are open for viewing between 2pm and 4.30pm on Saturday August 26th.

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GARDENING PAGE

By Dot. Hughes.

A great variety of plant material can be preserved for winter home decoration at this time of year. The easiest methods are by air drying or glycerine treatment; a few examples for drying are delphinium, globe thistle, lavender, statice and helichrysum. For glycerining, try beech, bergenia, fatsia, mahonia, ferns and hydrangea flowers. These can be mixed with other fresh flowers and foliage for decoration.

Now is a good time to take cuttings, to increase the variety of plants in your garden. There are different methods of doing this. Any portion of stem, leaf or root, separated from a plant can be prepared and treated so that it will grow into a complete new plant. Leaf cuttings are mainly used for propagating plants such as begonias, streptocarpus and African violets. Root cuttings are generally used to increase thick rooted plants such as hollyhocks, verbascums etc. Soft stem cuttings are suitable for carnations, lupins and delphiniums, prepared by removing at the base or down the stem and then the lower leaves trimmed. Cut the base just below a joint, insert into compost and cover with a plastic bag to maintain a humid atmosphere. Half-ripe cuttings are not as succulent as soft stem cuttings, but are taken in a similar fashion, e.g. box escallonia, cotoneaster etc. Hormone rooting powder can be a useful aid but is not always necessary.

Remember that local shows at the end of the month will welcome your support.

By Barbara Harrison



July was the month for garden visiting; enjoying the fruits of other peoples' labour, sampling the excellent home-made teas and coming away with ideas and inspiration for our own gardens.

Our garden is a joint effort done in our leisure time simply because we enjoy it. My husband takes care of the projects and tough jobs whilst I look after the plants, many of which are grown from seed. We both agreed that since we invest so much time and energy in the garden it would be logical to share the results as well as generating money for charity. So last year we committed ourselves to open the garden as part of the National Gardens Scheme.

There's nothing quite like the anticipation of visitors to get the adrenalin pumping and the opening of our garden for the first time certainly helped to focus our minds. Jobs previously put off were completed and then, nearing the day, hedges were clipped, paths swept, steps brushed and weeds removed. And then we started to panic a little bit. What if no-one comes? Oh, those first day nerves! But we needn't have worried. The weather was wet on the first day and bright and sunny on the second. So many people visited the garden, they liked what they saw, they said such lovely things, they asked so many questions. They bought plants, they enjoyed the teas and we generated lots of money for the charities involved. Yes, it was hard work but, yes, we will do it again!

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NEW OUT OF SCHOOL CLUBS AND PLAYSCHEMES

By Lin Barrington

Bentham Community Association has recently been granted just under £12,500 to help with setting up Out of School Clubs and Playschemes based at Bentham Community Centre. The bid for this money had been made by Angela Walker, who was until recently Manager of the Community Centre (opposite the SPAR), with help from the Bentham Development Trust and the Out of Schools Worker for Craven.

We had hoped to start with a summer playscheme, but because the new employees will have to be checked by the police, which takes at least four weeks, as well as the need for the building to be checked by the Health and Safety and Fire Officers and be registered by the under 8s worker, we will now be starting with an Out of School Club at the beginning of the Autumn term. The

club will run until 6pm each weekday evening.

There will be a charge of £1.50 per hour for coming to the club, but families who would like to send their children and are eligible for Working Families Tax Credit will be able to get help with the cost. If you think you might be interested in reserving a place, please contact Lynda Rushton at the Community Centre on 61800.

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BENTHAM PEOPLE



Thanks

Mr. & Mrs. J. C. Devitt send their thanks and appreciation to the Mayoress, Town Council and neighbours for their good wishes on the occasion of their diamond wedding which was on 15th June.

Shaun Preston would like to thank relations, friends and colleagues for cards and gifts on his departure to the Army Training Camp for the Royal Signals.

Tooby's would like to thank everybody who supported them on the opening of their new store in Ingleton.

I want to thank my Christian friends from St. John's, Low Bentham, for their kindness, love and generosity in providing me with a new car. Ann Holden.

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Concrete coal bunker. £20. Tel. 61017.

Situation Vacant

Burton under fives playgroup, Burton-in-Lonsdale. A vacancy has arisen for a playgroup assistant to work Mon, Wed and Fri, 11¼ hours per week, starting September. Qualifications not necessary but with a view to training. Please contact Sue Carr, 015242 61675.



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YOU ARE INVITED TO SUPPER!

By Alison Service

What is the point of life?

What happens when we die?

Is Jesus relevant today?

If you would like to explore any of these questions, then Alpha is for you. This September, churches all over the country are inviting the nation to supper.

What is Alpha?

The Alpha course consists of a series of talks looking at topics such as "Who is Jesus?" and "Why and how do I pray?". After each talk we divide into smaller groups and discuss any questions raised from the talk.

◆ Anyone interested in finding out more about the Christian faith.

◆ Learning and laughter. It is possible to learn about the Christian faith and have fun.

◆ Pasta and pudding. Eating together gives people the chance to get to know each other.

◆ Helping one another. Small groups give you a chance to discuss issues raised in the talks.

◆ Ask anything. No question is regarded as too simple or too hostile.

And it's free..and in Bentham!. So come and have supper with us on Wednesday 27th September and see whether you think Christianity is boring, irrelevant or untrue. For more details tel: Liz Whitfield 61230, Rachel Clay 63106 or Alison Service 63496.

LOCAL TRANSPORT SOLUTIONS

By Lin Barrington

At the recent public meeting in the Town Hall, solutions to some of the needs identified in the recent Transport Survey were discussed. It was agreed to develop three schemes; a minibus from Settle to bring back Settle High School pupils who are staying for after school activities; a taxi scheme whereby a local taxi operator would operate scheduled services such as trips to the dentist or a late night Friday service from Settle, and a social car scheme in which people with cars would volunteer to give lifts to others at a fixed cost per mile to cover expenses.

It was agreed that we should recruit volunteers to be on a steering group for the projects and as volunteer drivers. If you are willing to volunteer, please contact Lin at the Bentham Trust Office (61030). There will be a further public meeting to launch the car scheme. Watch for the notices.

OPEN GARDEN RAFFLE WINNERS

By Cliff & Norma Oldfield

The raffle winners at our "open Garden" were:- Mrs. Errington - Tulcan Jumper, Vicki Mulligan - Hanging Basket, Emma Standing - Planter, Mr. Bill Park - Gift Voucher, Mr. Hargreaves - Video Tapes. Thanks to all who took part and we look forward to seeing you next year.

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CANCER SELF HELP GROUP MAGIC

By Barbara Shuttleworth

Can you imagine a world where everyone smiled all the time, everyone helped each other, no one moaned, each and everyone was valued and if you went circle dancing, people only remembered your shoes? This was my first and personal experience at the 16th National Conference of Cancer Self Help Groups.

I joined the Bentham Support Group because I wanted to give my sister the best possible support I could, as she is a breast cancer sufferer. I was asked to go along to the conference with Jean West so that I could glean information on the business side for our group, i.e. lottery funding, money raising, telephone help lines etc. But on the second day I realised the importance of actually saying that I had cervical cancer in 1981, found by a routine smear test. Cancer seems to be a lottery and we who are the lucky ones should be there to give proof of recovery and support to others and that there is hope when people are first diagnosed.

Jean and I had been sponsored to go for two of the four days of the conference. After the first two hours we both wished we had known how good it was going to be as we would have paid for the other two days ourselves. The three speakers were excellent and gave so much to their audience. Welcome Group's facilitators gave lots of information and time for discussion. The range of workshops was amazing and we did not know where to go first. We really wanted to go to them all. The choice of food was excellent and catering staff so helpful and kind too. Unfortunately I had to work early Sunday morning so we had to return. On the train we said that we would be back to reality when we walked down the street and everyone was not smiling. We have hung onto the magic as long as possible by

phoning each other and trying to share our experience with other people.

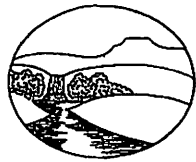
Tony Dougan, who is Therapies Manager of "Slynedales" at Lancaster was also touched by the magic. He thought he was going to an ordinary conference and found it was as extraordinary as we did.

I must apologise to my colleagues at Jenkin's Lodge as the first few days after I was back at work, they must have thought I had arrived from another planet. My sister is now receiving treatment for brain tumours and has been informed she will be attending the conference next year so the magic can touch her too.

If you or a member of your family are facing cancer, our support group meets at the Looking Well just off Main Street, High Bentham, usually on the 2nd Monday of the month at 12.30pm for an informal shared lunch. Our next get together is on Monday 7th August at 12.30pm. If you would rather speak to somebody, phone Barbara (62873), Jean (62132) or Alison (62672).



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THE BIG WALK

By Eluned Russell

At the Anglican Diocese of Bradford's big walk the aim was for relays of parishioners to carry a cross from one Parish Church to another throughout the Diocese between Sunday 4th June and Saturday 15th July. It was to be not only an act of witness to the Church's presence in the community but a chance to meet new people and explore new places. On Friday 23rd June it was our turn to take the cross and the route was from Thornton to Clapham via Benthams. For someone like me who spends a lot of time away from home it was a wonderful opportunity to get to know my neighbours and see more of the area.

The 10.30am start from St. Oswald's was blustery and showery. We were a small but cheerful group of Anglicans and Methodists and the pace was gentle as we learned how to carry the cross, which was longer and heavier than anticipated. At Westhouse we stopped for some moments of prayer at the Methodist Church before continuing to Burton. The stage was completed with prayers at the Methodist and at All Saints where refreshments were served. There was a last and wonderful surprise in store for us at All Saints when we walked into a church full of beautiful flower arrangements newly completed for the festival.

The group which left Burton for Low Benthams at 2.00pm included three babies and a toddler. To get the buggy with a baby and a four year old in it up the hill out of the village needed the efforts of two ladies pushing and a tow from a gentleman with a walking stick. A stop was made near the Friends Meeting House to remember our Quaker friends. From then on we made excellent time to St. John's, especially on the downhill stretches where the buggy thought it was being driven by Damon Hill, and we were ready for the tea awaiting us.

At 4pm the third party set out for High Benthams. This was the shortest stretch of the day and the busiest in terms of traffic. We had to pick our way through afternoon shoppers and school children. Our youngest member developed a sore foot on the edge of

the village and did well to reach St. Margaret's.

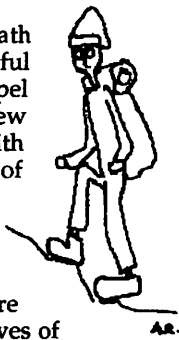
By 5pm the rain had gone, to the relief of the seven who set out on the final leg, a three hour haul to Clapham across fields. Fortunately the ground wasn't muddy and the stiles and footpaths were in good order. This section produced a succession of spectacular views and we enjoyed a tremendous diversity of scenery, as we passed streams, climbed wooden and stone stiles, went through fields and woodland, skirted farms and moved across open moorland. It wasn't always easy to lift the cross over stiles and we arrived at one farmyard full of a bull the size and colour of a steam locomotive, but he seemed far from interested in us and we passed through as quickly as we could without actually sprinting, while the farmer stood on guard. There was a brief picnic at half time and we declined a tempting invitation to stop for tea some while later. We arrived at Clapham in a mellow twilight with the Church clock striking eight, to a very welcome supper at St. James. The end of a great day.

MORE WALKING NOTES

By Maureen Ellis

The Benthams Footpath Group had a wonderful evening walk from Chapel le Dale along a route few of us knew with wonderful views of Whernside and Ingleborough. On returning to the cars we looked at the churchyard where there are many unmarked graves of the men who worked on the railway construction so far from their homes and many of whom died from cholera.

Pat Parrott took us over to where Lancashire borders on Yorkshire, a fitting area for a walker who has worked so hard over the years for the Clitheroe Section of the Ramblers Association. As I write there are still the joys to come of Sheila Hodgson's evening walk and that of Gerald Amos.



JUNIOR GOLF REPORT

By Duncan Stephenson

On Sunday 9th July, the President's Cup was played for by a dozen eager youngsters with a further half dozen playing in the nine hole competition for high handicappers.

The main event was won by Tom Earnshaw with 39 points, after a card playoff with Lisa Stephenson; William Davis was third with 38 points. Both Lisa and Tom are the form players at the moment with Lisa having won the Ladies July Medal the previous week with a 69. Tom took third place in his age group in the Weetabix regional finals at Clitheroe on Tuesday 11th July.

The nine hole event was won by Curtis Wood with Jamie Birchall second. Many thanks to the President, Mr. Nigel Bamford.

Several new sponsorships have been announced recently, for forthcoming competitions. This is a great boost for junior golf as it allows us to have better prizes for each competition. Phil Wright of Grove Hill Garage, who has been a supporter of the juniors for several years, has been joined by Peter Hudson of Oakroyd Bakery, Duncan Thornton of Thornton Garden and Estate Machinery, Mike Reid of Reids Ltd, and M. Cowgill of T. Cowgill and Son, (Plumbers). Your support is appreciated by all in the Junior Section and we hope you enjoy the competition.

Oakroyd Bakeries Junior Golfer of the Year:- L. Stephenson 34 - T. Earnshaw 24 - W. Davis 18 - J.Preston 15 - A. Earnshaw 14.

The picture below shows a group of the junior golfers who took part in the President's competitions on Sunday 9th July, accompanied by the Club president, Mr. Nigel Bamford.



GOOD NEIGHBOUR SCHEME

By Dee Pollitt (Volunteers' Co-ordinator)

Craven Voluntary Action's "Good Neighbour Scheme" would like to hear from you if you could offer support to a young widow in Bentham with a very young family - perhaps to help with shopping, etc. and to be a general all-round friend. Please contact me, Dee Pollitt on 01756 701056.

ABBEYFIELD COFFEE MORNING

By Caroline Woof

Thank you to everyone who supported the coffee morning held at Abbeyfield House. Thanks also to the Traders for giving raffle prizes and to Mrs. Greenfield for her baking. £71.60 was raised for funds.



VICTORIA INSTITUTE NEWS

By Lin Barrington

Low Bentham Street Market

The third annual Street Market will be held on Bank Holiday Monday, 28 August. Teas will be served in the Institute, and there will be stalls inside the building as well as along the streets.

The markets held in the last two years have been regarded as great successes, so we hope that you will come along this time and help to make it another great occasion. To book a pitch, please contact Ann Winnery on 62228 or Mary Burrow on 62143. Pitches are £5 pre-booked or £7 on the day.

Proceeds go towards Institute funds to help to provide for the upkeep of the building.

New booking arrangements

You can now make bookings to use the Institute by calling Heather Carter on Bentham 61949. The cost of hiring the hall is £4 per hour, hall and kitchen together £5 per hour, kitchen only or upstairs meeting room £2.50 per hour.

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